# 2025 Preventive Drug List for Consumer Driven Health Plans Core List

This is a list of **Preventive Medications** that may be covered under your plan. If your plan covers these Preventive Medications, your insurance benefit is applied before you meet your deductible.

This list of drugs is the majority of medications within a covered therapeutic class. Some of these medications might be excluded from benefit coverage. To find out if a drug is covered or if utilization management programs, such as Prior Authorization - Notification, Prior Authorization - Medical Necessity and/or Step Therapy (referred to as First Start in New Jersey) programs apply, please check your plan benefits on the health plan's member website or call the toll-free phone number on your member ID card. This list may not

CDH preventive drug lists may also be used with non-CDH plans

Effective January 1, 2025

be all-inclusive. Brand and generic drugs may not always be available due to market changes.

This list applies to UnitedHealthcare and Oxford medical plans. It is correct as of August 1, 2024 and is subject to change after this date. The next anticipated update will occur with the next PDL cycle.

Therapeutic Drug Classes	
Breast Cancer Prevention	
Anastrozole	
Arimidex	
Aromasin	
Exemestane	
Fareston	
Femara	
Letrozole	
Soltamox	
Tamoxifen	
Toremifene	

Therapeutic Drug Classes
Cardiovascular/Heart Disease: Blood Clot/Platelet Therapy
Arixtra
Aspirin-Dipyridamole
Brilinta
Cilostazol
Clopidogrel
Coumadin
Dabigatran
Dipyridamole
Effient
Eliquis

### Bold type = Brand-name drug

[Plain type = Generic drug]



Therapeutic Drug Classes	Therapeutic Drug Classes		
Enoxaparin	Atenolol-Chlorthalidone		
Fragmin	Avalide		
Fondaparinux	Avapro		
Heparin	Azor		
Jantoven	Benazepril		
Lovenox	Benazepril-Hydrochlorothiazide		
Plavix	Benicar		
Pradaxa	Benicar HCT		
Pradaxa Pak	Betaxolol <sup>1</sup>		
Prasugrel	Bidil		
Savaysa	Bisoprolol		
Ticlopidine	Bisoprolol-Hydrochlorothiazide		
Warfarin	Bumetanide		
Xarelto	Bystolic		
Zontivity	Calan SR		
Cardiovascular/Heart Disease: High Blood Pressure	Candesartan		
Accupril	Candesartan-Hydrochlorothiazide		
Accuretic	Captopril		
Acebutolol	Captopril-Hydrochlorothiazide		
Aldactazide	Cardizem		
Aldactone	Cardizem CD		
Aliskiren	Cardizem LA		
Altace	Cardura		
Amiloride	Carospir		
Amiloride-Hydrochlorothiazide	Cartia XT		
Amlodipine	Carvedilol		
Amlodipine-Benazepril	Carvedilol ER		
Amlodipine-Olmesartan	Catapres TTS		
Amlodipine-Olmesartan-Hydrochlorothiazide	Chlorothiazide		
Amlodipine-Valsartan	Clonidine		
Amlodipine-Valsartan-Hydrochlorothiazide	Clonidine ER		
Atacand	Clonidine Patch		
Atacand HCT	Conjupri		
Atenolol	Coreg		

[Plain type = Generic drug]



Therapeutic Drug Classes	Therapeutic Drug Classes	
Coreg CR	Inderal	
Corgard	Inderal LA	
Cozaar	Inderal XL	
Demadex	Innopran XL	
Dilt XR	Inspra	
Diltia XT	Irbesartan	
Diltiazem	Irbesartan-Hydrochlorothiazide	
Diltiazem ER	Isradipine	
Diovan	Kapspargo	
Diovan HCT	Katerzia	
Diuril	Labetalol	
Doxazosin	Lasix	
Dyrenium	Levamlodipine	
Edarbi	Lisinopril	
Edarbyclor	Lisinopril-Hydrochlorothiazide	
Edecrin	Lopressor	
Enalapril	Lopressor HCT	
Enalapril-Hydrochlorothiazide	Losartan	
Epaned	Losartan-Hydrochlorothiazide	
Eplerenone	Lotensin	
Eprosartan	Lotensin HCT	
Ethacrynic Acid	Lotrel	
Exforge	Matzim LA	
Exforge HCT	Maxzide	
Felodipine ER	Methyldopa	
Fosinopril	Methyldopa-Hydrochlorothiazide	
Fosinopril-Hydrochlorothiazide	Metolazone	
Furosemide	Metoprolol 37.5, 75 mg	
Guanfacine	Metoprolol-Hydrochlorothiazide	
Hydralazine	Metoprolol Succinate	
Hydrochlorothiazide	Metoprolol Tartrate	
Hyzaar	Micardis	
Indapamide	Micardis HCT	

[Plain type = Generic drug]



Therapeutic Drug Classes	Therapeutic Drug Classes	
Minipress	Spironolactone-Hydrochlorothiazide	
Minoxidil	Sular	
Moexipril	Taztia XT	
Moexipril-Hydrochlorothiazide	Tekturna	
Nadolol	Tekturna HCT	
Nadolol-Bendroflumethazide	Telmisartan	
Nebivolol	Telmisartan-Amlodipine	
Nexiclon XR	Telmisartan-Hydrochlorothiazide	
Nicardipine	Tenoretic	
Nifedipine	Tenormin	
Nifedipine ER	Terazosin	
Nimodipine	Thalitone	
Nisoldipine	Tiazac	
Norliqva	Timolol <sup>1</sup>	
Norvasc	Toprol XL	
Olmesartan	Torsemide	
Olmesartan-Hydrochlorothiazide	Trandolapril	
Perindopril	Trandolapril-Verapamil	
Pindolol	Triamterene	
Prazosin	Triamterene-Hydrochlorothiazide	
Prestalia	Tribenzor	
Prinivil	Valsartan	
Procardia XL	Valsartan-Hydrochlorothiazide	
Propranolol	Valsartan Solution	
Propranolol-Hydrochlorothiazide	Vaseretic	
Qbrelis	Vasotec	
Quinapril	Verapamil	
Quinapril-Hydrochlorothiazide	Verapamil ER	
Ramipril	Verelan	
Reserpine	Verelan PM	
Soaanz	Zestoretic	
Spironolactone	Zestril	
Spironolactone Suspension	Ziac	

[Plain type = Generic drug]



Therapeutic Drug Classes	Therapeutic Drug Classes	
Cardiovascular/Heart Disease: High Cholesterol	Nexlizet	
Altoprev	Niacin Extended-Release	
Antara	Niacor	
Atorvaliq Suspension	Omega-3 Acid Ethyl Esters	
Atorvastatin	Pitavastatin	
Cholestyramine	Pravastatin	
Cholestyramine Light	Prevalite	
Choline Fenofibrate	Questran	
Colesevelam Tablets, Powder for Suspension	Questran Light	
Colestid	Rosuvastatin	
Colestipol	Roszet	
Crestor	Simvastatin	
Ezallor Sprinkle	Simvastatin/Ezetimibe	
Ezetimibe	Tricor	
Ezetimibe/Rosuvastain	Trilipix	
Fenofibrate Capsule	Vascepa	
Fenofibrate Tablet	Vytorin	
Fenofibric Acid	Welchol	
Fenoglide	Zetia	
Fibricor	Zocor	
Flolipid	Zypitamag	
Fluvastatin	Immunosuppressant: Organ Rejection	
Fluvastatin ER	Astagraf XL	
Gemfibrozil	Azasan	
Icosapent	Azathioprine	
Lescol XL	Cellcept	
Lipitor	Cyclosporine	
Lipofen	Envarsus XR	
Livalo	Everolimus	
Lopid	Gengraf	
Lovastatin	Imuran	
Lovaza	Mycophenolate	
Nexletol	Mycophenolic Acid	

[Plain type = Generic drug]



Therapeutic Drug Classes
Myfortic
Myhibbin
Neoral
Prograf
Rapamune
Sandimmune
Sirolimus
Tacrolimus
Zortress
Musculoskeletal: Osteoporosis
Actonel
Alendronate
Atelvia
Binosto
Calcitonin (Salmon)
Calcitonin (Salmon)
Calcitonin (Salmon) Etidronate
Calcitonin (Salmon) Etidronate Evista
Calcitonin (Salmon)  Etidronate  Evista  Forteo
Calcitonin (Salmon)  Etidronate  Evista  Forteo  Fosamax
Calcitonin (Salmon)  Etidronate  Evista  Forteo  Fosamax  Fosamax Plus D
Calcitonin (Salmon)  Etidronate  Evista  Forteo  Fosamax  Fosamax Plus D  Ibandronate
Calcitonin (Salmon)  Etidronate  Evista  Forteo  Fosamax  Fosamax Plus D  Ibandronate  Miacalcin
Calcitonin (Salmon)  Etidronate  Evista  Forteo  Fosamax  Fosamax Plus D  Ibandronate  Miacalcin  Raloxifene

#### **Tymlos**

#### **Vitamins**

Pediatric Fluoride Preparations (for example: Florvite, Poly-Vi-Flor, Tri-Vi-Flor) - Brand Name and Generic Products

Prenatal Vitamins (for example: Citranatal Assure, Prenate DHA, Stuartnatal) - Brand Name and Generic Products

#### Bold type = Brand-name drug

[Plain type = Generic drug]



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Online: UHC\_Civil\_Rights@uhc.com

Mail: Civil Rights Coordinator

UnitedHealthcare Civil Rights Grievance

P.O. Box 30608

Salt Lake City, UT 84130

You must send the complaint within 60 days of your experience. A decision will be sent to you within 30 days. If you disagree with the decision, you have 15 days to ask us to look at it again. If you need help with your complaint, please call the toll-free phone number listed on your member ID card, TTY **711**, Monday through Friday, 8 a.m. to 8 p.m., or at the times listed in your health plan documents.

You can also file a complaint with the U.S. Dept. of Health and Human Services.

Online: https://ocrportal.hhs.gov/ocr/portal/lobby.jsf

Complaint forms are available at https://www.hhs.gov/ocr/complaints/index.html

**Phone:** Toll free **1-800-368-1019**, **1-800-537-7697** (TDD)

Mail: U.S. Dept. of Health and Human Services

200 Independence Avenue SW Room 509F, HHH Building Washington, D.C. 20201

We provide free services to help you communicate with us, including letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call the toll-free phone number listed on your member ID card, TTY **711**, Monday through Friday, 8 a.m. to 8 p.m., or at the times listed in your health plan documents.



#### Multi-language interpreter services

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Please call the toll-free phone number listed on your identification card.

ATENCIÓN: Si habla **español (Spanish)**, hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al número de teléfono gratuito que aparece en su tarjeta de identificación.

請注意:如果您說中文 **(Chinese)**,我們免費為您提供語言協助服務。請撥打會員卡所列的免付費會員電 話號碼。

XIN LƯU Ý: Nếu quý vị nói tiếng **Việt (Vietnamese)**, quý vị sẽ được cung cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Vui lòng gọi số điện thoại miễn phí ở mặt sau thẻ hội viên của quý vị.

알림: 한국어(Korean)를 사용하시는 경우 언어 지원 서비스를 무료로이용하실 수 있습니다. 귀하의 신분증 카드에 기재된 무료 회원 전화번호로 문의하십시오.

PAALALA: Kung nagsasalita ka ng **Tagalog (Tagalog)**, may makukuha kang mga libreng serbisyo ng tulong sa wika. Pakitawagan ang toll-free na numero ng telepono na nasa iyong identification card.

ВНИМАНИЕ: бесплатные услуги перевода доступны для людей, чей родной язык является **русском (Russian)**. Позвоните по бесплатному номеру телефона, указанному на вашей идентификационной карте.

تنبيه: إذا كنت تتحدث العربية (Arabic)، فإن خدمات المساعدة اللغوية المجانية متاحة لك. الرجاء الاتصال على رقم الهاتف المجاني الموجود على معرف العضوية.

ATANSYON: Si w pale **Kreyòl ayisyen (Haitian Creole)**, ou kapab benefisye sèvis ki gratis pou ede w nan lang pa w. Tanpri rele nimewo gratis ki sou kat idantifikasyon w.

ATTENTION : Si vous parlez **français (French)**, des services d'aide linguistique vous sont proposés gratuitement. Veuillez appeler le numéro de téléphone gratuit figurant sur votre carte d'identification.

UWAGA: Jeżeli mówisz po **polsku (Polish)**, udostępniliśmy darmowe usługi tłumacza. Prosimy zadzwonić pod bezpłatny numer telefonu podany na karcie identyfikacyjnej.

ATENÇÃO: Se você fala **português (Portuguese)**, contate o serviço de assistência de idiomas gratuito. Ligue gratuitamente para o número encontrado no seu cartão de identificação.

ATTENZIONE: in caso la lingua parlata sia l'**italiano (Italiano)**, sono disponibili servizi di assistenza linguistica gratuiti. Per favore chiamate il numero di telefono verde indicato sulla vostra tessera identificativa.

ACHTUNG: Falls Sie **Deutsch (German)** sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Bitte rufen Sie die gebührenfreie Rufnummer auf der Rückseite Ihres Mitgliedsausweises an.

注意事項:日本語(Japanese)を話される場合、無料の言語支援サービスをご利用いただけます。健康保険証に記載されているフリーダイヤルにお電話ください。

توجه: اگر زبان شما فارسی (Farsi) است، خدمات امداد زبانی به طور رایگان در اختیار شما می باشد. لطفا با شمار ه تلفن رایگانی که روی کارت شناسایی شماقید شده تماس بگیرید.

ध्यान दें: यदि आप **हिंदी (Hindi)** बोलते हैं ,आपको भाषा सहायता सेबाएं ,िन:शुल्क उपलब्ध हैं। कृपया अपने पहचान पत्र पर सूचीबद्ध टोल-फ्री फोन नंबर परकॉल करें।

CEEB TOOM: Yog koj hais Lus **Hmoob (Hmong)**, muaj kevpab txhais lus pub dawb rau koj. Thov hu rau tus xovtooj hu deb dawb uas teev muaj nyob rau ntawm koj daim yuaj cim qhia tus kheej.

ចំណាប់អារម្មណ៍: បើសិនអ្នកនិយាយ**ភាសាខ្មែរ(Khmer)**សេវាជំនួយភាសាដោយឥតគិតថ្លៃ គឺមានសំរាប់អ្នក។ សូមទូរស័ព្ទទៅលេខឥតគិតថ្លៃ ដែលមាននៅលើអត្តសញ្ញាណប័ណ្ណរបស់អ្នក។

PAKDAAR: Nu saritaem ti **Ilocano (Ilocano)**, ti serbisyo para ti baddang ti lengguahe nga awanan bayadna, ket sidadaan para kenyam. Maidawat nga awagan iti toll-free a numero ti telepono nga nakalista ayan iti identification card mo.

DÍÍ BAA'ÁKONÍNÍZIN: **Diné (Navajo)** bizaad bee yániłti'go, saad bee áka'anída'awo'ígíí, t'áá jíík'eh, bee ná'ahóót'i'. T'áá shoodí ninaaltsoos nitl'izí bee nééhozinigíí bine'déé' t'áá jíík'ehgo béésh bee hane'í biká'ígíí bee hodíilnih.

OGOW: Haddii aad ku hadasho **Soomaali (Somali)**, adeegyada taageerada luqadda, oo bilaash ah, ayaad heli kartaa. Fadlan wac lambarka telefonka khadka bilaashka ee ku yaalla kaarkaaga aqoonsiga.

# Learn more



Call the toll-free phone number on your member ID card to speak with customer service.



Visit the member website listed on your member ID card to look up the price of drugs covered by your plan, find lower-cost options and more.



This plan includes plan participants for a self-funded plan administered by Oxford.

If you are not currently enrolled with UnitedHealthcare or Oxford for pharmacy benefit coverage, you may access your health plan's member website for additional information during your open enrollment period or you may contact your employer or health plan for additional information.

Medications are categorized by common therapeutic conditions in this reference guide for ease of reference only. These categories do not determine coverage for the medication for your condition. Exclusions and utilization management programs, such as Prior Authorization - Notification, Prior Authorization - Medical Necessity and/or Step Therapy (referred to as First Start in New Jersey) programs may apply. Please refer to plan benefit documents. Review your benefit plan documents to see what medications are covered under your plan. Where differences are noted between this list and your benefit plan documents, the benefit plan documents will govern. Please refer to myuhc.com for information on specific drugs included in these programs or call the member phone number listed on your health plan ID card.

This document applies to commercial group members of UnitedHealthcare and Oxford New York plans.

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