

# Proximal Gradient Descent Method

## 1 Composite Convex Optimization Problem

In this lecture, we consider the following composite convex optimization problem:

$$\min_{x \in \mathbb{R}^d} \phi(x) \quad \phi(x) = [f(x) + g(x)], \quad (1)$$

where  $g(x)$  may be defined on the convex domain  $C \subset \mathbb{R}^d$ . That is,  $g(x) = +\infty$  when  $x \notin C$ . Here we assume that  $f(x)$  is a smooth convex function defined on  $C$ , and  $g(x)$  may be nonsmooth convex function.

The optimization problem (1) is equivalent to optimizing over  $C$ :

$$\min_{x \in C} \phi(x).$$

An example is

$$g(x) = \mu \|x\|_1, \quad C = \mathbb{R}^d.$$

Another related example is

$$g(x) = 0, \quad C = \{x : \|x\|_2 \leq R\}.$$

Usually  $g(x)$  is a regularizer, which is common in machine learning. If  $g(x)$  is nonsmooth, one may use smoothing to obtain a  $1/\epsilon$ -smooth regularizer up to accuracy of  $\epsilon$ . However, this will slow down the convergence. In this lecture, we consider a different approach called proximal gradient method, which does not suffer from this problem.

## 2 Proximal Mapping

In proximal gradient method, we assume that the following optimization can be solved efficiently:

$$\text{prox}_\eta(x) = \arg \min_{z \in \mathbb{R}^d} \left[ \frac{1}{2\eta} \|z - x\|_2^2 + g(z) \right]. \quad (2)$$

Using proximal mapping, we may form an upper bound of  $\phi(x)$  as follows:

$$\phi(x) \leq Q(x; y) := f(y) + \nabla f(y)^\top (x - y) + \frac{1}{2\eta} \|x - y\|_2^2 + g(x),$$

where  $\eta \leq 1/L$ . We note that  $Q(x; y) = f(y)$ . Therefore similar to gradient descent, we may minimize the right hand side to obtain  $y_+$  from  $y$  so that  $\phi(y_+) \leq \phi(y)$ . It is easy to check that the solution is

$$\text{prox}_\eta(y - \eta \nabla f(y)).$$

This mapping leads to proximal gradient descent algorithm, which is described in Algorithm 1.

---

**Algorithm 1:** Proximal Gradient Descent

---

**Input:**  $f(\cdot)$ ,  $g(\cdot)$ ,  $x_0$ , and  $\eta_1, \eta_2, \dots$

**Output:**  $x_T$

**1 for**  $t = 1, 2, \dots, T$  **do**

**2**     Let  $\tilde{x}_t = x_{t-1} - \eta_t \nabla f(x_{t-1})$

**3**     Let  $x_t = \text{prox}_{\eta_t}(\tilde{x}_t)$

**Return:**  $x_T$

---

**Example 1** Consider the following optimization problem

$$\min_{x \in \mathbb{R}^d} [f(x) + \mu \|x\|_1].$$

It is easy to check that

$$\text{prox}_{\eta}(x) = [\text{prox}_{\eta}(x_j)]_{j=1, \dots, d} \quad \text{prox}_{\eta}(x_j) = \begin{cases} x_j - \eta\mu & x_j > \eta\mu \\ 0 & |x_j| \leq \eta\mu \\ x_j + \eta\mu & x_j < -\eta\mu \end{cases}.$$

**Example 2** Consider the following optimization problem

$$\min_{x \in C} f(x).$$

We may take

$$g(x) = \begin{cases} 0 & x \in C \\ +\infty & \text{otherwise} \end{cases}.$$

Then

$$\text{prox}_{\eta}(x) = \text{proj}_C(x) = \arg \min_{z \in C} \|z - x\|_2.$$

For example, if we take  $C = \{x : \|x\|_{\infty} \leq 1\}$ , then

$$\text{prox}_{\eta}(x) = [\text{prox}_{\eta}(x_j)]_{j=1, \dots, d} \quad \text{prox}_{\eta}(x_j) = \begin{cases} 1 & x_j \geq 1 \\ x_j & x_j \in (-1, 1) \\ -1 & x_j \leq -1 \end{cases}.$$

### 3 Convergence Analysis

**Proposition 1** If we let

$$Q_t(x) = f(x_{t-1}) + \nabla f(x_{t-1})^{\top} (x - x_{t-1}) + \frac{1}{2\eta_t} \|x - x_{t-1}\|_2^2 + g(x),$$

then  $\phi(x) \leq Q_t(x)$  and

$$x_t = \arg \min_x Q_t(x).$$

Moreover, if  $g(x)$  is  $\lambda'$ -strongly convex, then  $\forall x \in C$ :

$$Q(x) - Q(x_t) \geq \frac{\eta_t^{-1} + \lambda'}{2} \|x - x_t\|_2^2.$$

**Proof** Since

$$f(x) \leq f(x_{t-1}) + \nabla f(x_{t-1})^\top (x - x_{t-1}) + \frac{1}{2\eta_t} \|x - x_{t-1}\|_2^2,$$

we have  $\phi(x) = f(x) + g(x) \leq Q_t(x)$ .

Moreover, we know that

$$Q_t(x) = f(x_{t-1}) - \frac{\eta_t}{2} \|\nabla f(x_{t-1})\|_2^2 + \frac{1}{2\eta_t} \|x - x_{t-1} + \eta_t \nabla f(x_{t-1})\|_2^2 + g(x).$$

Therefore by definition, the minimizer of  $Q_t(x)$  is  $x_t = \text{prox}_{\eta_t}(x_{t-1} - \eta_t \nabla f(x_{t-1}))$ . It implies that  $\exists \xi \in \partial Q_t(x)|_{x=x_t}$  such that  $\xi^\top (x - x_t) \geq 0$  for all  $x \in C$ . Since  $Q(x)$  is  $\eta_t^{-1} + \lambda'$  strongly convex, we have

$$Q(x) - Q(x_t) - \xi^\top (x - x_t) \geq \frac{\eta_t^{-1} + \lambda'}{2} \|x - x_t\|_2^2.$$

This proves the proposition. ■

**Theorem 1** Assume that  $f(x)$  is an  $L$ -smooth convex and  $\lambda$ -strongly convex function, and  $g(x)$  is a  $\lambda'$  strongly convex function. Let  $\eta_t = \eta \leq 1/L$ , then for all  $\bar{x} \in C$ :

$$\phi(x_t) \leq \phi(\bar{x}) + (1 - \theta)^t [\phi(x_0) - \phi(\bar{x})],$$

where  $\theta = (\eta\lambda + \eta\lambda')/(\eta\lambda' + 1)$ .

**Proof** We have

$$\begin{aligned} \phi(x_t) &\leq Q_t(x_t) \leq Q_t(x) - \frac{\eta_t^{-1} + \lambda'}{2} \|x - x_t\|_2^2 \\ &\leq f(x) - \frac{\lambda}{2} \|x - x_{t-1}\|_2^2 + \frac{1}{2\eta_t} \|x - x_{t-1}\|_2^2 + g(x) - \frac{\eta_t^{-1} + \lambda'}{2} \|x - x_t\|_2^2 \\ &= \phi(x) + \frac{1}{2} \left( \frac{1}{\eta_t} - \lambda \right) \|x - x_{t-1}\|_2^2 - \frac{\eta_t^{-1} + \lambda'}{2} \|x - x_t\|_2^2. \end{aligned}$$

In the above derivation, the first two inequalities are due to Proposition 1. The third inequality is due to the strong convexity of  $f(x)$ .

Let  $x = x_{t-1} + \theta(\bar{x} - x_{t-1})$  for some  $\theta \in (0, 1)$ , we have

$$\begin{aligned} &(1 - \theta)\phi(x_{t-1}) + \theta\phi(\bar{x}) - \phi(x) \\ &= (1 - \theta)[\phi(x_{t-1}) - \phi(x) - \nabla\phi(x)^\top (x_{t-1} - x)] + \theta[\phi(\bar{x}) - \phi(x) - \nabla\phi(x)^\top (\bar{x} - x)] \\ &\geq (1 - \theta)\frac{\lambda + \lambda'}{2} \|x_{t-1} - x\|_2^2 + \theta\frac{\lambda + \lambda'}{2} \|\bar{x} - x\|_2^2 \\ &= (1 - \theta)\theta\frac{\lambda + \lambda'}{2} \|\bar{x} - x_{t-1}\|_2^2. \end{aligned}$$

The inequality is due to the  $\lambda + \lambda'$  strong convexity of  $\phi(x)$ . Therefore

$$\phi(x_t) \leq (1 - \theta)\phi(x_{t-1}) + \theta\phi(\bar{x}) - \theta(1 - \theta)\frac{\lambda + \lambda'}{2}\|\bar{x} - x_{t-1}\|_2^2 + \frac{\theta^2}{2}\left(\frac{1}{\eta_t} - \lambda\right)\|\bar{x} - x_{t-1}\|_2^2.$$

Taking  $\eta_t = \eta$  and  $\theta = (\lambda + \lambda')/(\lambda' + \eta^{-1})$ , we obtain

$$\phi(x_t) \leq (1 - \theta)\phi(x_{t-1}) + \theta\phi(\bar{x}).$$

This implies the desired bound. ■

**Theorem 2** *Assume that  $f(x)$  is  $L$ -smooth. Let  $\eta_t = \eta \leq 1/L$ , then for all  $\bar{x} \in C$ :*

$$\frac{1}{T} \sum_{t=1}^T \phi(x_t) \leq \phi(\bar{x}) + \frac{1}{2\eta T} \|\bar{x} - x_0\|_2^2.$$

**Proof** Similar to the proof of Theorem 1, with  $\lambda = \lambda' = 0$ , we obtain

$$\phi(x_t) \leq \phi(\bar{x}) + \frac{1}{2\eta} \|\bar{x} - x_{t-1}\|_2^2 - \frac{1}{2\eta} \|\bar{x} - x_t\|_2^2.$$

Summing over  $t = 1$  to  $t = T$ , we obtain the desired bound. ■

Note that the results of this section are similar to those of gradient descent without proximal mapping. The results only depend on the smoothness parameter of  $f(x)$ , but not on the smoothness parameter of  $g(x)$ . If  $g(x)$  is non-smooth, this leads to faster convergence rate.

## 4 Backtracking Line Search

Similar to the case of gradient descent, it is possible to generalize the inexact line search method to deal with proximal mapping. Observe the proof of Theorem 1 holds as long as the learning rate satisfies the condition

$$\phi(x_t) \leq Q_t(x_t).$$

Note that this condition holds as long as  $\eta_t \leq 1/L$ . The condition can be rewritten as:

$$\begin{aligned} f(x_t) &\leq f(x_{t-1}) + \nabla f(x_{t-1})^\top (x_t - x_{t-1}) + \frac{1}{2\eta_t} \|x_t - x_{t-1}\|_2^2, \\ x_t &= \text{prox}_{\eta_t}(x_{t-1} - \eta_t \nabla f(x_{t-1})), \end{aligned} \tag{3}$$

which can be regarded as a generalization of the Armijo-Goldstein condition at  $c = 0.5$ . The larger  $\eta_t$  is, the better convergence rate we will obtain. Therefore backtracking can be performed so that we can find a large  $\eta_t$  that satisfies (3). This leads to Algorithm 2. The convergence follows from the same analysis of Theorem 1.

**Theorem 3** Assume that  $f(x)$  is  $\lambda$ -strongly convex and  $g(x)$  is  $\lambda'$  strongly convex. Moreover,  $\{\eta_t\}$  are obtained in Algorithm 2. Then for all  $\bar{x} \in C$ :

$$\phi(x_t) \leq \phi(\bar{x}) + \prod_{t=1}^T \left( 1 - \frac{\eta_t}{1 + \eta_t \lambda'} (\lambda + \lambda') \right) [\phi(x_0) - \phi(\bar{x})].$$

---

**Algorithm 2:** Proximal Gradient Descent with Backtracking Line Search

---

**Input:**  $f(\cdot)$ ,  $g(\cdot)$ ,  $x_0$ , and  $\eta_0$ ,  $\tau \in (0, 1)$  (default = 0.8)

**Output:**  $x_T$

```

1 for  $t = 1, 2, \dots, T$  do
2   Let  $\eta_t = \eta_{t-1}$ 
3   while true do
4     Let  $\tilde{x}_t = x_{t-1} - \eta_t \nabla f(x_{t-1})$ 
5     Let  $x_t = \text{prox}_{\eta_t}(\tilde{x}_t)$ 
6     if  $f(x_t) \leq f(x_{t-1}) + \nabla f(x_{t-1})^\top (x_t - x_{t-1}) + \frac{1}{2\eta_t} \|x_t - x_{t-1}\|_2^2$  then
7       break
8     Let  $\eta_t = \tau \eta_t$ 
9   if  $f(x_t) \leq f(x_{t-1}) + \nabla f(x_{t-1})^\top (x_t - x_{t-1}) + \frac{\tau}{2\eta_t} \|x_t - x_{t-1}\|_2^2$  then
10    Let  $\eta_t = \tau^{-0.5} \eta_t$ 

```

**Return:**  $x_T$

---

Since the learning rate depends on an estimate of the smoothness of  $f(x)$ . We may generalize the BB method that employs the following estimate of inverse of the smoothness parameter of  $f(x)$ :

$$\frac{\|x_t - x_{t-1}\|_2^2}{(x_t - x_{t-1})^\top (\nabla f(x_t) - \nabla f(x_{t-1}))},$$

which leads to Algorithm 3.

---

**Algorithm 3:** Proximal Gradient Descent with BB Learning Rate

---

**Input:**  $f(x)$ ,  $x_0$ ,  $\eta_0$ ,  $\tau = 0.8$ ,  $c = 0.5$

**Output:**  $x_T$

```

1 Let  $g_0 = \nabla f(x_0)$  be a subgradient
2 for  $t = 1, \dots, T$  do
3   Let  $\tilde{x}_t = x_{t-1} - \eta_{t-1} g_{t-1}$ 
4   Let  $x_t = \text{prox}_{\eta_{t-1}}(\tilde{x}_t)$ 
5   Let  $g_t = \nabla f(x_t)$  be a subgradient
6   Let  $\eta_t = \|x_t - x_{t-1}\|_2^2 / ((x_t - x_{t-1})^\top (g_t - g_{t-1}))$ 

```

**Return:**  $x_T$

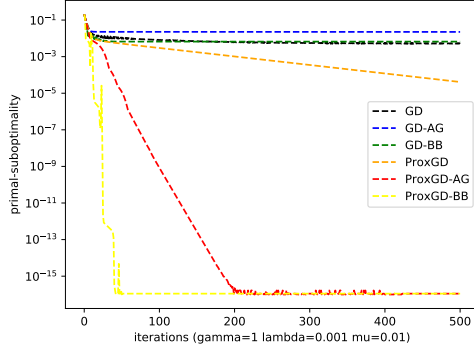
---

## 5 Empirical Studies

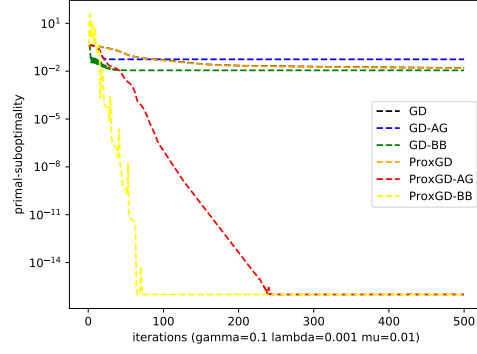
We study the smoothed hinge loss function  $\phi_\gamma(z)$  as the last lectures, with  $L_1$  regularization:

$$\min_w \left[ \frac{1}{n} \sum_{i=1}^n \phi_\gamma(w^\top x_i y_i) + \frac{\lambda}{2} \|w\|_2^2 + \mu \|w\|_1 \right].$$

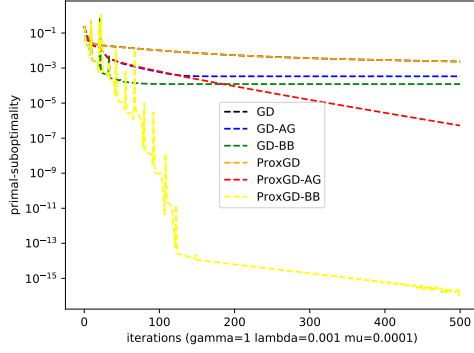
Comparisons are given in Figure 1. We can see that proximal methods work better when  $f(x)$  is smoother and the non-smooth part  $g(x)$  is more important ( $\mu$  is larger). This is consistent with our theoretical results.



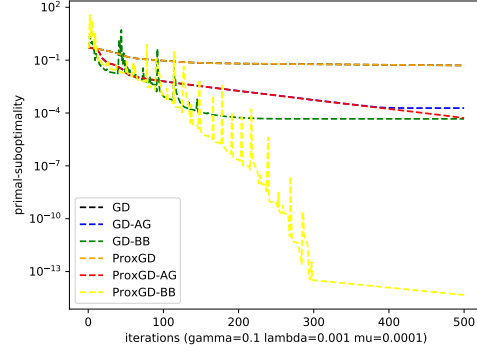
(a)  $\gamma = 1$  and  $\mu = 10^{-2}$



(b)  $\gamma = 0.1$  and  $\mu = 10^{-2}$



(c)  $\gamma = 1$  and  $\mu = 10^{-4}$



(d)  $\gamma = 0.1$  and  $\mu = 10^{-4}$

Figure 1: Convergence Comparisons with Different Smoothing Parameter