

# Accelerated Proximal Gradient Descent

## 1 Composite Convex Optimization Problem

In this lecture, we consider the following composite convex optimization problem:

$$\min_{x \in \mathbb{R}^d} \phi(x) \quad \phi(x) = [f(x) + g(x)], \quad (1)$$

where  $g(x)$  may be defined on the convex domain  $C \subset \mathbb{R}^d$ . That is,  $g(x) = +\infty$  when  $x \notin C$ . Here we assume that  $f(x)$  is a smooth convex function defined on  $C$ , with smoothness parameter  $L$ , and  $g(x)$  may be nonsmooth convex function.

We have shown that in general, we replace the gradient step

$$y - \eta \nabla f(y)$$

by the proximal gradient step

$$\text{prox}_\eta(y - \eta \nabla f(y)), \quad (2)$$

where

$$\text{prox}_\eta(y) = \arg \min_{z \in C} \left[ \frac{1}{2\eta} \|z - y\|_2^2 + g(z) \right]. \quad (3)$$

The smoothness of the system is the smoothness of  $f(x)$ . The strong convexity of the system is  $\lambda + \lambda'$ , where  $f(x)$  is  $\lambda$  strongly convex and  $g(x)$  is  $\lambda'$  strongly convex. In fact, if we define

$$\tilde{f}(x) = f(x) + \frac{\lambda}{2} \|x\|_2^2, \quad \tilde{g}(x) = g(x) - \frac{\lambda}{2} \|x\|_2^2,$$

and define

$$\widetilde{\text{prox}}_{\tilde{\eta}}(y) = \arg \min_{z \in C} \left[ \frac{1}{2\tilde{\eta}} \|z - y\|_2^2 + \tilde{g}(z) \right],$$

then

$$\text{prox}_\eta(y - \eta \nabla f(y)) = \widetilde{\text{prox}}_{\tilde{\eta}}(y - \tilde{\eta} \nabla \tilde{f}(y)),$$

where  $\tilde{\eta} = \eta / (1 + \eta \lambda')$ .

Therefore for an algorithm with composition  $f(x) + g(x)$ , we can get equivalent algorithm with composition  $\tilde{f}(x) + \tilde{g}(x)$ , with  $\tilde{f}(x)$  being  $\lambda + \lambda'$  strongly convex.

## 2 Convergence Checking

In the standard gradient descent methods (including accelerated gradient descent), for smooth optimization, one may simply check the value of gradient  $\nabla f(x)$  for convergence. However, the method fails for composite optimization. This is because  $\nabla f(x)$  may not converge to zero.

If proximal gradient method converges, then we have  $x_t \rightarrow x_*$ . From the proximal iteration, we have

$$x_t = \text{prox}_{\eta_t}(x_{t-1} - \eta_t \nabla f(x_{t-1})).$$

It follows that

$$x_* = \text{prox}_{\eta_t}(x_* - \eta_t \nabla f(x_*)).$$

We may define

$$D_\eta \phi(x) = \frac{1}{\eta} (x - \text{prox}_\eta(x - \eta \nabla f(x))),$$

which can replace the gradient for checking convergence. Note that if  $g(x) = 0$ , then  $D_\eta \phi(x) = \nabla f(x)$  is the gradient. The following result is analogous of the result for gradient descent. We have the following result:

**Proposition 1** *Assume  $f(x)$  is  $L$ -smooth, and  $g(x)$  is  $\lambda'$  strongly convex. Let*

$$x^+ = \text{prox}_\eta(x - \eta \nabla f(x)).$$

*Given a learning rate  $\eta > 0$  such that  $\eta(L - \lambda') \leq 1$ , we have*

$$\phi(x^+) \leq \phi(x) - \eta(1 + \eta(\lambda' - L)/2) \|D_\eta \phi(x)\|_2^2 \leq \phi(x) - 0.5\eta \|D_\eta \phi(x)\|_2^2.$$

**Proof** Let

$$Q(z) = f(x) + \nabla f(x)^\top (z - x) + \frac{1}{2\eta} \|z - x\|_2^2 + g(z), \quad (4)$$

then  $x^+$  is the solution of  $\min_z Q(z)$ , and  $Q(z)$  is  $\eta^{-1} + \lambda'$  strongly convex. This implies that

$$Q(x) - Q(x^+) \geq \frac{\eta^{-1} + \lambda'}{2} \|x - x^+\|_2^2. \quad (5)$$

Moreover, by the smoothness of  $f$ , we have

$$\begin{aligned} \phi(x^+) &= f(x^+) + g(x^+) \leq f(x) + \nabla f(x)^\top (x^+ - x) + \frac{L}{2} \|x^+ - x\|_2^2 + g(x^+) \\ &= Q(x^+) + \frac{L - \eta^{-1}}{2} \|x^+ - x\|_2^2 \\ &\leq Q(x) + \frac{L - \lambda' - 2\eta^{-1}}{2} \|x^+ - x\|_2^2. \end{aligned}$$

The first inequality is due to the smoothness of  $f(x)$ . The second inequality is due to (5). Note that  $Q(x) = f(x)$ , we obtain the desired bound. ■

**Proposition 2** Assume that  $f(x)$  is an  $L$ -smooth convex function and  $\phi(x)$  is  $\lambda_\phi$  strongly convex. Let

$$x^+ = \text{prox}_\eta(x - \eta \nabla f(x)).$$

Given a learning rate  $\eta > 0$ , we have

$$f(x^+) \leq f(x_*) + \frac{\max(1, \eta L)^2}{2\lambda_\phi} \|D_\eta \phi(x)\|_2^2.$$

**Proof** From the fact that  $x^+$  is the solution of (4), we obtain the following first order condition:  $\exists \xi \in \partial g(x^+)$  such that for all  $x_* \in C$ :

$$(\nabla f(x) + \xi + \eta^{-1}(x^+ - x))^\top (x_* - x^+) \geq 0.$$

This implies that

$$\begin{aligned} (\nabla f(x^+) + \xi)^\top (x_* - x^+) &= (\nabla f(x^+) - f(x))^\top (x_* - x^+) + (\nabla f(x) + \xi)^\top (x_* - x^+) \\ &\geq (\nabla f(x^+) - f(x))^\top (x_* - x^+) + \eta^{-1}(x - x^+)^\top (x_* - x^+) \\ &= (\nabla \tilde{f}(x^+) - \tilde{f}(x))^\top (x_* - x^+) \\ &\geq -\max(L, \eta^{-1}) \|x^+ - x\|_2 \|x^+ - x_*\|_2, \end{aligned}$$

where  $\tilde{f}(z) = f(z) - 0.5\eta^{-1}\|z\|_2^2$ , which may not be convex. The last inequality is due to the fact that  $\tilde{f}(x)$  is at most  $\max(\eta^{-1}, L)$  smooth.

The above inequality implies that

$$-\max(L, \eta^{-1}) \|x^+ - x\|_2 \|x^+ - x_*\|_2 \leq (\nabla f(x^+) + \xi)^\top (x_* - x^+) \leq \phi(x_*) - \phi(x^+) - \frac{\lambda_\phi}{2} \|x_* - x^+\|_2^2.$$

The second inequality follows from the strong convexity of  $\phi(x)$ . The above inequality implies that

$$\begin{aligned} &\phi(x_*) - \phi(x^+) \\ &\geq \inf_z \left[ \frac{\lambda + \lambda'}{2} \|z - x^+\|_2^2 - \max(L, \eta^{-1}) \|x^+ - x\|_2 \|x^+ - z\|_2 \right] \\ &= \frac{\max(\eta^{-1}, L)^2}{2\lambda_\phi} \|x^+ - x\|_2^2. \end{aligned}$$

This proves the desired bound. ■

These results imply that for problems with smooth  $f(x)$  and strongly convex  $\phi(x)$ , we obtain convergence when  $D_\eta \phi(x)$  converges to zero. Therefore this quantity can be used to check convergence. Using the same example as that of the last lecture, the convergence can be shown in Figure 1.

### 3 Accelerated Proximal Gradient Descent

In this section, we consider a generalization of Nesterov's accelerated gradient descent (Algorithm 3 of Lecture 07) to handle proximal mapping. The general method is presented in Algorithm 1. A version of the resulting method is also known as FISTA [1].

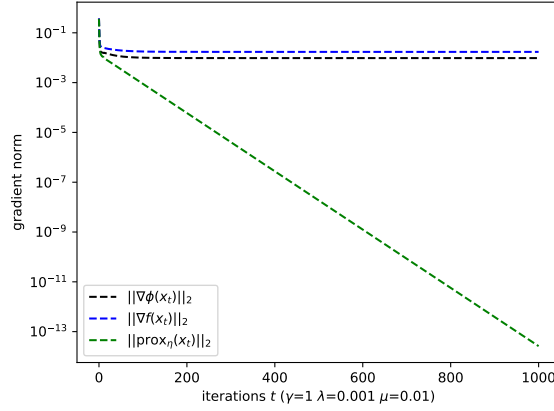


Figure 1: Convergence of Gradients with  $L_1 - L_2$  regularized Smoothed Hinge Optimization

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**Algorithm 1:** Nesterov's General Accelerated Proximal Gradient Method

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**Input:**  $f(x)$ ,  $x_0$ ,  $\{\eta_t\} \leq 1/L$   
 $\lambda \in [0, 1/L]$  (default is  $\lambda = 0$ )  
 $\lambda' \geq 0$  (default is  $\lambda' = 0$ )  
 $\gamma_0 \in [\lambda + \lambda', \eta_0^{-1} + \lambda']$  (default is  $\gamma_0 = \eta_0^{-1} + \lambda'$ )

**Output:**  $x_T$

- 1 Let  $x_{-1} = x_0$
- 2 Let  $\theta_0 = \sqrt{\gamma_0 \eta_0 / (1 + \eta_0 \lambda')}$
- 3 **for**  $t = 1, \dots, T$  **do**
- 4     Solve for  $\theta_t$ :  $\theta_t^2(\eta_t^{-1} + \lambda') = \theta_t(\lambda + \lambda') + (1 - \theta_t)\gamma_{t-1}$
- 5     Let  $\gamma_t = (1 - \theta_t)\gamma_{t-1} + \theta_t(\lambda + \lambda')$
- 6     Let  $\beta_t = (\theta_t^{-1} - 1)(\theta_{t-1}^{-1} - 1)\gamma_{t-1}/(\eta_t^{-1} - \lambda)$
- 7     Let  $y_t = x_{t-1} + \beta_t(x_{t-1} - x_{t-2})$
- 8     Let  $\tilde{x}_t = y_t - \eta_t \nabla f(y_t)$
- 9     Let  $x_t = \text{prox}_{\eta_t}(\tilde{x}_t)$

**Return:**  $x_T$

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We will have the following general Theorem.

**Theorem 1** Assume  $f(x)$  is  $L$ -smooth and  $\lambda$ -strongly convex, and  $g(x)$  is  $\lambda'$  strongly convex. Then for all  $x_* \in C$ , we have

$$\phi(x_t) \leq \phi(x_*) + \lambda_t \left[ \phi(x_0) - \phi(x_*) + \frac{\gamma_0}{2} \|x_* - x_0\|_2^2 \right],$$

where

$$\lambda_t = \prod_{s=1}^t (1 - \theta_s).$$

If we let  $\eta_t = \eta \leq 1/L$ ,  $\gamma_0 = \lambda + \lambda'$ , and  $\theta_t = \theta = \sqrt{\eta(\lambda + \lambda')/(1 + \eta\lambda')}$ . Then we have

**Corollary 1** Assume that  $f(x)$  is  $L$  smooth and  $\lambda$  strongly convex, and  $g(x)$  is  $\lambda'$  strongly convex. We may take  $\eta \leq 1/L$ ,  $\theta = \sqrt{\eta(\lambda + \lambda')/(1 + \eta\lambda')}$ , and  $\beta = (1 - \theta)/(1 + \theta)$ . The following result holds for all  $x_* \in C$ :

$$\phi(x_t) \leq \phi(x_*) + (1 - \theta)^t \left[ \phi(x_0) - \phi(x_*) + \frac{\lambda + \lambda'}{2} \|x_* - x_0\|_2^2 \right].$$

In order for the theorem to be valid,  $\eta_t$  only needs to satisfy the following inequality

$$f(x_t) \leq f(y_t) + \nabla f(y_t)^\top (x_t - y_t) + \frac{1}{2\eta_t} \|x_t - y_t\|_2^2,$$

which is required in the proof of Lemma 1.

Similar to the case of Proximal Gradient Descent with backtracking, one may use backtracking to adjust learning rate  $\eta$  for Nesterov's method. We may also use the observed convergence with  $D_\eta \phi(y_t)$  to determine  $\beta$ , as in Proposition 1.

This leads to the adaptive version in Algorithm 2. A similar generalization can be obtained using the heavy-ball update, where  $\text{prox}_{\alpha_t}(y_t - \alpha_t \nabla f(y_t))$  is replaced by  $\text{prox}_{\alpha_t}(y_t - \alpha_t \nabla f(x_{t-1}))$ .

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**Algorithm 2:** Adaptive Accelerated Proximal Gradient Method with AG Learning Rate

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**Input:**  $f(x)$ ,  $x_0$ ,  $\alpha_0$ ,  $\tau = 0.8$ ,  $c = 0.5$   
**Output:**  $x_T$

- 1 Let  $x_{-1} = x_0$
- 2 Let  $\gamma = 0$
- 3 Let  $y_0 = x_0$
- 4 **for**  $t = 1, \dots, T$  **do**
- 5     Let  $\beta = \min(1, \exp(\gamma))$
- 6     Let  $y_t = x_{t-1} + \beta(x_{t-1} - x_{t-2})$
- 7     Let  $\alpha_t = \alpha_{t-1}$
- 8     Let  $x_t = \text{prox}_{\alpha_t}(y_t - \alpha_t \nabla f(y_t))$
- 9     Let  $\tilde{\eta} = (f(x_t) - f(y_t)) / \|(x_t - y_t)/\alpha_t\|_2^2$
- 10    **while**  $\tilde{\eta} \leq c\alpha_t$  and  $\tilde{\eta} \geq 10^{-4}\alpha_0$  **do**
- 11        Let  $\alpha_t = \tau\alpha_t$
- 12        Let  $x_t = \text{prox}_{\alpha_t}(y_t - \alpha_t \nabla f(y_t))$
- 13        Let  $\tilde{\eta} = (f(y_t) - f(x_t)) / \|(x_t - y_t)/\alpha_t\|_2^2$
- 14    **if**  $\tilde{\eta} \geq \tau^{-1}c\alpha_t$  **then**
- 15        Let  $\alpha_t = \tau^{-0.5}\alpha_t$
- 16    Let  $\gamma = 0.8\gamma + 0.2 \ln(\|(x_t - y_t)/\alpha_t\|_2^2 / \|(x_{t-1} - y_{t-1})/\alpha_{t-1}\|_2^2)$

**Return:**  $x_T$

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## 4 Empirical Studies

We study the smoothed hinge loss function  $\phi_\gamma(z)$  as the last lectures, with  $L_1$  regularization:

$$\min_w \left[ \underbrace{\frac{1}{n} \sum_{i=1}^n \phi_\gamma(w^\top x_i y_i)}_{f(w)} + \frac{\lambda}{2} \|w\|_2^2 + \underbrace{\mu \|w\|_1}_{g(w)} \right].$$

We note that the larger  $\gamma$  is, the smoother  $f(x)$  is, and the larger  $\mu$  is, the more important the non-smooth term  $g(w) = \mu\|w\|_1$  is.

Comparisons of Nesterov's accelerated methods and non-accelerated methods are given in Figure 2.

Comparisons of Nesterov's accelerated methods and Heavy-ball methods are given in Figure 3.

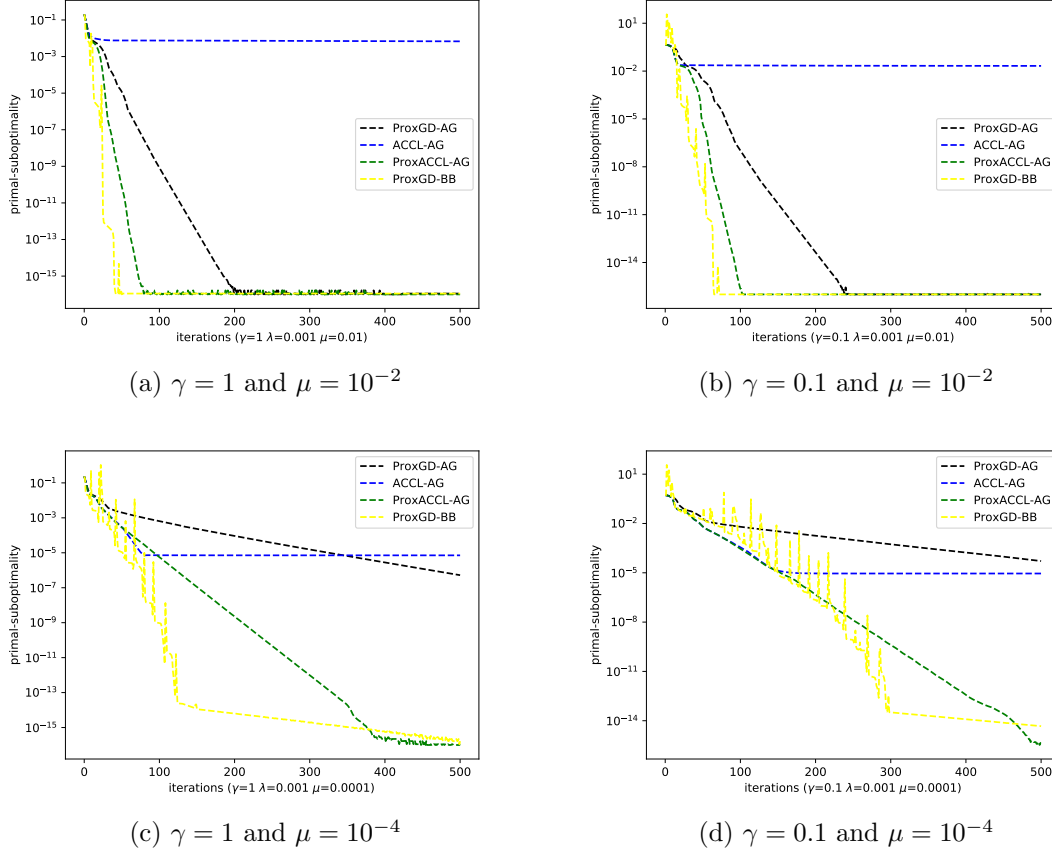


Figure 2: Convergence Comparisons (Acceleration versus non-Acceleration)

## 5 Proof Sketch of Theorem 1

Similar to the analysis of Lecture 7, we can derive the theorem using estimate sequence, which can be constructed as follows.

**Lemma 1** *Let  $x^+ = \text{prox}_{\eta_t}(y - \eta_t \nabla f(y))$ . We define*

$$\psi_t(z; y) = \phi(x^+) - \frac{\eta_t^{-1} + \lambda'}{2} \|x^+ - y\|_2^2 + (\eta_t^{-1} + \lambda')(y - x^+)^\top (z - x^+) + \frac{\lambda + \lambda'}{2} \|z - y\|_2^2.$$

*Then the following inequality holds:*

$$\psi(z; y) \leq \phi(z).$$

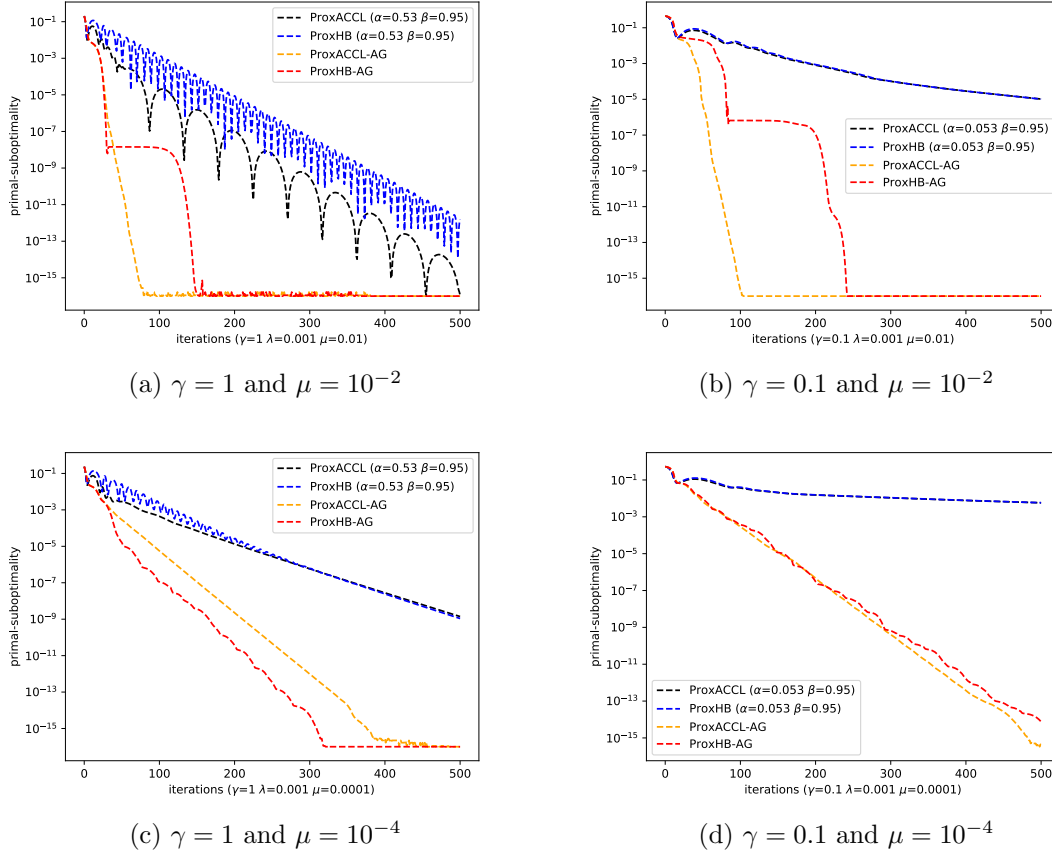


Figure 3: Convergence Comparisons (Acceleration versus Heavy Ball)

**Proof** We have the first order condition:  $\exists \xi \in \partial g(x^+)$  such that for all  $z \in C$

$$(\nabla f(y) + \xi + \eta_t^{-1}(x^+ - y))^\top (z - x^+) \geq 0.$$

Therefore

$$\begin{aligned}
\phi(z) &= f(z) + g(z) \\
&\geq f(y) + \nabla f(y)^\top (z - y) + \frac{\lambda}{2} \|z - y\|_2^2 + g(x^+) + \xi^\top (z - x^+) + \frac{\lambda'}{2} \|z - x^+\|_2^2 \\
&= f(y) + \nabla f(y)^\top (x^+ - y) + (\nabla f(y) + \xi)^\top (z - x^+) + \frac{\lambda}{2} \|z - y\|_2^2 \\
&\quad + \frac{\lambda'}{2} [\|z - y\|_2^2 - \|y - x^+\|_2^2 - 2(z - x^+)^\top (x^+ - y)] \\
&\geq f(x^+) - \frac{\eta_t^{-1} + \lambda'}{2} \|x^+ - y\|_2^2 + (\eta_t^{-1} + \lambda')(y - x^+)^\top (z - x^+) + \frac{\lambda + \lambda'}{2} \|z - y\|_2^2 \\
&= \psi_t(z; y).
\end{aligned}$$

The first inequality uses the strong convexity. The second inequality uses the smoothness with  $1/\eta_t \geq L$ , and the first order condition to  $\nabla f(y) + \xi$  by  $\eta_t^{-1}(y - x^+)$ . ■

Using notations in Lecture 06, we may define an estimate sequence recursively as

$$\phi_t(z) = (1 - \theta_t)\phi_{t-1}(z) + \theta_t\psi_t(z; y_t), \quad \lambda_t = (1 - \theta_t)\lambda_{t-1},$$

with

$$\phi_0(z) = f(x_0) + \frac{\gamma_0}{2}\|z - x_0\|_2^2, \quad \lambda_0 = 1.$$

We prove that for this estimate sequence, the following holds. Results of Lecture 06 then implies the theorem.

**Lemma 2** *We have*

$$\phi(x_t) \leq \phi_t(v_t) = \min_z \phi_t(z).$$

**Proof** The proof is the same as that in Lecture 07, where we replace  $\eta_t^{-1}$  by  $\eta_t^{-1} + \lambda'$  and  $\lambda$  by  $\lambda + \lambda'$ . ■

## References

- [1] Amir Beck and Marc Teboulle. A fast iterative shrinkage-thresholding algorithm for linear inverse problems. *SIAM Journal on Imaging Sciences*, 2(1):183–202, 2009.