

Oxidative Stress Influences *Pseudomonas aeruginosa* Susceptibility to Antibiotics and Reduces Its Pathogenesis in Host

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Abstract

Pseudomonas aeruginosa is a Gram-negative opportunistic pathogen that causes serious infections in humans, notably cystic fibrosis. P. aeruginosa faces various stresses such as oxidative stress either in the environment or within the host during infection. In the present study, the influence of oxidative stress on both Pseudomonas antibiotic susceptibility and host pathogenesis was characterized. Prior exposure to H₂O₂ significantly altered P. aeruginosa susceptibility to tested antibiotics; colistin, ciprofloxacin, tobramycin, and ceftazidime. The minimum inhibitory concentrations (MICs) of tested antibiotics either increased or decreased following H₂O₂ exposure. Importantly, RT-qPCR revealed that expression of quorum sensing genes, that regulate virulence factors production in P. aeruginosa, was significantly higher in unstressed relative to H₂O₂-stressed cells. The impact of P. aeruginosa exposure to oxidative stress by H₂O₂ on bacterial pathogenesis was investigated using in vivo mice infection model. Interestingly, exposure to oxidative stress markedly reduces P. aeruginosa pathogenesis in mice. Unstressed P. aeruginosa was able to kill more mice as compared to H₂O₂-stressed bacteria. In addition, body weight of mice infected with unstressed P. aeruginosa was lower than that of mice inoculated with stressed bacteria. Isolated organs (spleen, liver, and kidney) from mice infected with unstressed bacteria exhibited increased weight as well as bacterial load in comparison with mice infected with stressed bacteria. In summary, current data highlight the impact of oxidative stress on P. aeruginosa antibiotic susceptibility as well as host pathogenesis. These findings could be helpful in treatment of infections caused by this important pathogen.

Introduction

Pseudomonas aeruginosa is a Gram-negative opportunistic pathogen. It is a ubiquitous bacterium that is found and isolated from various environments including plants, animals, soil, and humans [1]. P. aeruginosa accounts for 10–15% of nosocomial infections worldwide [2] and is considered the third most common organism associated with hospital-acquired infections such as urinary catheter-associated infections, ventilator-associated pneumonia, blood, burn, and wound infections. In addition, P. aeruginosa is the causative agent of a wide variety of life-threatening infections,

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Department of Microbiology and Immunology, Faculty of Pharmacy, Zagazig University, Zagazig, Egypt particularly in immunocompromised patients [3, 4]. *P. aeruginosa* acquired its reputation due to having an arsenal of virulence factors that are under regulation by quorum sensing (QS) genes. These virulence factors include hemolysins, pyoverdin, pyocyanin, rhamnolipids, and proteases that largely contribute to the bacterium pathogenesis [5, 6].

The ability of *P. aeruginosa* to tolerate various unfavorable conditions in addition to its increased resistance to antimicrobial agents that highly contribute to the organism's success to be one of the most important opportunistic pathogens [7]. The increased bacterial resistance to commonly used antimicrobial agents encourage the search for alternative techniques to fight infections caused by *P. aeruginosa* such as phage therapy and quorum sensing inhibitors [8].

Environmental stress is generally defined as an external factor that adversely affects the physiological state of bacteria [9]. Bacteria are exposed to various stressful conditions, either in natural environments or within the host during infection such as osmotic pressure, extremes of temperature, pH, and starvation [10]. Moreover, many food-borne pathogens have to survive various stresses during food



processing such as pH and high salt concentration [11]. In addition to previously mentioned stresses, the exposure to growth-inhibitory compounds such as disinfectants and antibiotics represents another type of stresses that bacteria have to survive [9].

Bacterial exposure to stress could lead to reduction in growth rate, inhibition of metabolic functions or even death, in more severe circumstances, at individual cell or population levels [9]. Stresses adversely affect bacterial physiology through inducing many metabolic changes in bacterial cells in order to respond to such stressful conditions [12]. For instance, bacteria can reduce the damages caused by many stresses through both phenotypic and genotypic adaptations [12].

Aerobically growing bacteria including *P. aeruginosa* are routinely exposed to oxidative stress in the form of Reactive Oxygen Species (ROSs) such as peroxide and superoxide. These ROSs are unavoidable by-products of aerobic respiration and capable of causing severe damage to various cellular macromolecules [13]. During host infection, phagocytic cells generate ROSs, such as superoxide, that are involved in antibacterial activity in order to limit bacterial infection [14]. In addition, being a nosocomial pathogen, P. aeruginosa is at high risk of exposure to various disinfectants and detergents that create oxidative stress and consequently a harmful environment for bacterial survival [15]. Therefore, many bacteria possess defense mechanisms that enable their survival under such stressful conditions. These mechanisms include DNA-repair systems, scavenging substrates in addition to antioxidant enzymes such as superoxide dismutase and catalase [14].

Importantly, adaptation to a specific stress could affect bacterial response to other stresses as well as bacterial susceptibility to antimicrobial agents in a process termed "cross-protection" [9]. A link between exposure to various stresses such as oxidative stress and bacterial susceptibility to antimicrobial agents has been previously reported [15]. For instance, exposure to oxidative stress influence the expression of many bacterial multidrug efflux systems which contribute to ameliorating adverse effects associated with stress exposure [16]. Similarly, induction of antioxidant mechanisms within bacterial cells in response to exposure to antimicrobial agents has been previously demonstrated. Many antimicrobials exhibit their bacterial inhibitory activity through the generation of ROSs which could account for the observation that bacterial response to oxidative stress largely affects its susceptibility to various antimicrobials [16].

The current study aimed to characterize the influence of oxidative stress on the susceptibility of *P. aeruginosa* to antibiotics. Moreover, the contribution of oxidative stress to *P. aeruginosa* pathogenesis was also investigated using murine infection model. Treatment of *P. aeruginosa* infections is

highly difficult due to the increased bacterial resistance to commonly used antimicrobial agents. Therefore, the findings of this study could expand our familiarity with *P. aeruginosa* and consequently help us in controling infections caused by this opportunistic pathogen.

Materials and Methods

Bacterial Strains

Pseudomonas aeruginosa PAO1 and six clinical isolates of *P. aeruginosa* collected from infected patients attending the University Hospital and El Ahrar General Hospital, Zagazig, Egypt according to standard methods of sample collection. *P. aeruginosa* clinical isolates were recovered from patients suffering from wound and eye infections (1DF & 3OP), respiratory tract infection (2SP & 6SP), and urinary tract infection (4U & 5U) and were used in this study. Bacterial isolates were identified morphologically and biochemically according to [17]. Stock cultures of bacterial isolates were stored at – 80 °C in glycerol.

Killing Curve of P. aeruginosa to H₂O₂

Pseudomonas aeruginosa PAO1 was grown overnight in Müller–Hinton (MH) broth at 37 °C. Cells were harvested by centrifugation (6000 rpm for 10 min), washed twice in sterile phosphate-buffered saline (PBS) and exposed to $\rm H_2O_2$ (3.5 and 5 mM) in MH broth. The percent bacterial survival was determined immediately and at 5, 10, 15, 20, 25, and 30 min after $\rm H_2O_2$ exposure. Samples were taken at specified times, numbers of viable cells were determined by serial dilution in PBS (pH 7.4), plating on MH agar plates, and incubation for 24–48 h at 37 °C under aerobic conditions. Bacterial survival following exposure to $\rm H_2O_2$ was expressed as the percent survival at time zero represents 100%). The results are expressed as the means \pm standard errors from three independent biological experiments.

Preparation of Unstressed and H₂O₂-Stressed Bacteria

Unstressed and $\rm H_2O_2$ -stressed bacteria were prepared according to McMahon et al. [9] with some modifications. *P. aeruginosa* was cultured in MH broth and incubated at 37 °C for 14 h with shaking at 250 rpm. Cells were harvested by centrifugation at 6000 rpm for 10 min and washed twice in sterile PBS. Washed bacterial cells were resuspended in PBS to form standard inocula with an optical density at 600 nm ($\rm OD_{600}$) of 0.1 which corresponds to $\rm 10^8$ CFU/mL. $\rm H_2O_2$ -stressed bacteria were prepared as follows: a total



volume of 0.5 mL of bacterial culture prepared as mentioned above for unstressed bacteria was added to 50 mL of MH broth containing 3.5 mM $\rm H_2O_2$ and incubated at 37 °C for 30 min. Next, bacterial cells were harvested by centrifugation at 6000 rpm for 10 min and washed twice in sterile PBS. Washed cells were resuspended in PBS of to achieve a bacterial count of approximately 10^5 – 10^6 CFU/mL.

Determination of Minimum Inhibitory Concentration (MIC) by Dilution Method

The minimum inhibitory concentrations (MICs) of tobramycin, colistin, ceftazidime, and ciprofloxacin were determined for both unstressed and H₂O₂-stressed bacteria as described before by Jo"rgensen and Ferraro [18] using microtiter plate. Antibiotics were dissolved in MH broth following the manufacturer's recommendations. Stock antibiotic solutions were stored at - 20 °C and used within 5 days to determine MICs for both standardized stressed and unstressed control bacterial cells as follows: serial twofold dilutions of each antibiotic were prepared in MH broth in sterile 96-well microdilution plates. Fixed amount of bacterial suspension was added to each well containing antibiotic. Both negative control wells containing broth but no bacteria as well as positive control wells containing broth and bacteria were included in the experiment. MIC plates were incubated in a humidified chamber at 37 °C for 24 h and results were taken. MIC for selected antibiotics was defined as the lowest concentration of antibiotic that is needed to inhibit the growth of stressed or unstressed bacteria after 24 h. MICs were determined in triplicate and the presence of significant differences (P < 0.05) between unstressed and stressed P. aeruginosa was examined by Mann–Whitney U analysis using the GraphPad Prism 5 software package.

Total RNA Extraction for qRT-PCR

 $\rm H_2O_2$ -stressed and unstressed *P. aeruginosa* PAO1 were prepared exactly as described above. RNA of $\rm H_2O_2$ -stressed and unstressed *P. aeruginosa* PAO1 was extracted using GeneJET RNA Purification Kit (Thermoscientific, USA) following the manufacturer instructions. Briefly, bacterial cells of both $\rm H_2O_2$ -stressed and unstressed bacteria were collected by centrifugation (6000 rpm for 10 min, 4 °C). Bacterial pellets were resuspended in 100 μL of Tris–EDTA buffer containing lysozyme and incubated for 5 min at 25 °C. Next, lysis buffer supplemented with β-mercaptoethanol was added and mixed thoroughly. The obtained RNA was further purified using a Qiagen RNeasy minikit (Qiagen, Valencia, CA). Following purification, 100 μL of nuclease-free water was added to elute RNA which is stored at -70 °C until use.

Quantitative RT-PCR

The expression levels of quorum sensing genes *lasI*, *lasR*, *rhlI*, *rhlR*, *pqsR*, and *pqsA* in both unstressed and H_2O_2 -stressed *P. aeruginosa* PAO1 were analyzed by qRT-PCR. The expression level of each gene was normalized to *ropD*, a gene for which the expression levels remained unchanged in both unstressed and H_2O_2 -stressed bacteria. Primers used in this study are listed in Table 1 [19]. The analysis was conducted following the protocol described in SensiFASTTM SYBR® Hi-ROX One-Step Kit (Bioline, UK) using StepOne Real-Time PCR system (Applied Biosystem, USA). Specific PCR amplification was confirmed by both agarose gel electrophoresis and a melting curve analysis of products according to the manufacturer recommendation. The relative gene expression was calculated by the $2^{-\Delta\Delta CT}$ method.

In Vivo Mice Infection

The influence of oxidative stress on the pathogenesis of P. aeruginosa PAO1 was characterized using mice infection models. The experiment was performed as described before [20–22] with modifications, considering animal welfare guidelines of Medical Research Center, Zagazig University. Three-week-old healthy albino mice ($Mus\ musculus$) were used in this study. Briefly, unstressed and H_2O_2 -stressed bacteria were prepared as mentioned before. Bacterial pellets were resuspended in PBS (pH 7.4) to the desired bacterial density $(2.5 \times 10^7\ CFU/mL)$ that was confirmed by plate colony counting. One hundred μL of suspended bacterial cells of both unstressed and H_2O_2 -stressed cells

 Table 1
 Primers used in qRT-PCR [19]

Gene name	Primer sequence	Amplicon size (bp)		
ropD (F)	CGAACTGCTTGCCGACTT			
ropD (R)	GCGAGAGCCTCAAGGATAC			
lasI (F)	CGCACATCTGGGAACTCA	176		
lasI(R)	CGGCACGGATCATCATCT			
lasR (F)	CTGTGGATGCTCAAGGACTAC	133		
lasR (R)	AACTGGTCTTGCCGATGG			
rhlI (F)	GTAGCGGGTTTGCGGATG	101		
rhlI (R)	CGGCATCAGGTCTTCATCG			
rhlR (F)	GCCAGCGTCTTGTTCGG	160		
rhlR (R)	CGGTCTGCCTGAGCCATC			
pqsA (F)	GACCGGCTGTATTCGATTC	74		
pqsA (R)	GCTGAACCAGGGAAAGAAC			
pqsR (F)	CTGATCTGCCGGTAATTGG	142		
pqsR(R)	ATCGACGAGGAACTGAAGA			

F forward, R reverse

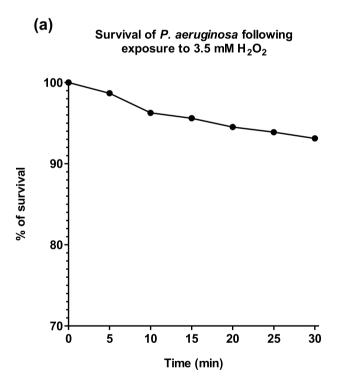


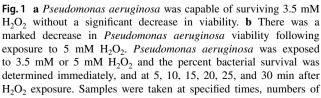
were aseptically injected into the abdominal cavity of each mouse using 1 mL-insulin syringe, G28½ needle (AMECO, Egypt). Mice were divided and allocated randomly into four groups (6 mice each). Mice in the first and second groups were injected with H₂O₂-stressed and unstressed bacteria, respectively. As negative controls, a cohort of 6 mice was injected with 100 µL of sterile PBS, and another 6 mice were left uninfected. Infected and control mice were maintained at room temperature under aerobic conditions with feeding. Mice survival in each group was monitored every 24 h for 4 days, plotted using Kaplan–Meier method and significance was calculated using Log-rank test, GraphPad Prism 5 at P < 0.05. In addition, mice body weights were determined for each group just before bacterial challenge and every 24 h over the experiment period. The body weight gain for mice in each group was calculated and expressed as the mean percent of body weight ± standard errors considering body weight just before bacterial challenge as 100%. Bacterial burden from mouse tissues was determined as follows: two groups; 6 mice each were injected with H₂O₂-stressed and unstressed bacteria. Control mice were included exactly as mentioned above. Control and bacteria-infected mice were anesthetized by inhalation of ether at 24 h postinfection.

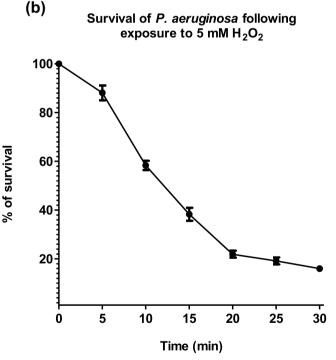
Mice were sacrificed and spleen, liver, and kidney samples were obtained aseptically and weighed. In order to calculate bacterial burden in each organ, isolated organs were homogenized by hand in a sterile glass plate containing 5 mL of PBS buffer. Serial tenfold dilutions were made for homogenized tissue samples in PBS (pH 7.4) and 0.1 mL aliquots were plated on cetrimide agar plates. The plates were incubated at 37 °C for 24 h under aerobic conditions to determine the bacterial loads for each organ and expressed as (CFU/g). The bacterial load in each organ was calculated and expressed as means \pm standard errors. The statistical analysis was examined by Mann–Whitney U analysis using the GraphPad Prism 5 software package with a P value of < 0.05 was considered significant.

Results

The capacity of P. aeruginosa to survive different concentrations of H_2O_2 was characterized. Bacteria were exposed to various H_2O_2 concentrations (3.5 and 5 mM) followed by determining the number of viable cells at different time points over 30 min of exposure. As shown in Fig. 1, P.







viable cells were determined by serial dilution in PBS (pH 7.4), plating on MH agar plates, and incubation for 24–48 h at 37 °C under aerobic conditions. Bacterial survival was expressed as the percent survival as a function of the duration of exposure to $\rm H_2O_2$ (survival at time zero represents 100%). The results are expressed as the means \pm standard errors from three independent biological experiments. Error bars are present but too small when are not seen



aeruginosa was capable of surviving 3.5 mM $\rm H_2O_2$ over 30 min without a significant decrease in viability (Fig. 1a). On the other hand, the number of viable bacteria markedly decreased upon exposure to higher concentration (5 mM) of $\rm H_2O_2$ (Fig. 1b). Therefore, the oxidative stress experiments were conducted using 3.5 mM $\rm H_2O_2$ which exhibits the required oxidative stressful environment without drastically affecting bacterial viability.

Next, the minimum inhibitory concentrations (MICs) of tested antibiotics; colistin, ciprofloxacin, tobramycin, and ceftazidime were determined against *P. aeruginosa* PAO1 and 6 Pseudomonas isolates recovered from different clinical sources. As shown in Table 2, there was a significant difference (P < 0.05) in MICs for tested antibiotics between unstressed (control) and stressed-bacteria. All Pseudomonas clinical isolates, on contrast to P. aeruginosa PAO1, showed at least twofold decrease in MIC For ceftazidime following H₂O₂ exposure as compared to unstressed bacteria. All tested bacteria (*P. aeruginosa* PAO1 and clinical isolates) showed two to > fourfold decrease in MIC for ciprofloxacin following H₂O₂ exposure. For colistin, all oxidative stressed bacteria, except two clinical isolates (4U and 5U), showed two to > fourfold increase in MIC as compared to unstressed cells. Finally, two clinical isolates; 1DF and 2 SP exhibited twofold increase in MIC for tobramycin, while other clinical isolates as well as PAO1 showed at least twofold decrease in MIC following H_2O_2 exposure.

Furthermore, the contribution of H₂O₂ stress to bacterial virulence was investigated. The expression levels of QS genes; *lasI*, *lasR*, *rhlI*, *rhlR*, *pqsR*, and *pqsA*, that regulate production of *P. aeruginosa* virulence factors, were determined in both unstressed and H₂O₂-stressed *P. aeruginosa* using qRT-PCR. As shown in Fig. 2, the transcript levels of QS genes were significantly higher in unstressed *P. aeruginosa* relative to H₂O₂-stressed bacteria. These results clearly indicate that exposure of *P. aeruginosa* to H₂O₂ negatively affects the expression of QS genes and consequently would decrease the production of virulence genes in *P. aeruginosa*.

In addition, the contribution of oxidative stress to *P. aeruginosa* pathogenesis was further evaluated using mice

infection models. As shown in Fig. 3, no death was recorded for the control groups, either uninoculated or PBS-injected mice. Unstressed *P. aeruginosa* PAO1 killed significantly more mice than H_2O_2 -stressed bacteria (P < 0.01).

Moreover, as compared to mice infected with stressed bacteria, the mice inoculated with unstressed *Pseudomonas* exhibited a significant decrease in body weight over the infection course (Fig. 4).

Furthermore, organs weights were determined for both mice infected with H₂O₂-stressed and unstressed bacteria. Spleen,liver, and kidney samples obtained from mice infected with unstressed bacteria showed a significant increase in weight relative to those obtained from both control mice as well as mice injected with H₂O₂-stressed bacteria (Fig. 5).

Finally, bacterial load in each organ was determined for control and bacteria-inoculated mice. The numbers of unstressed bacteria were significantly higher in examined mice tissues as compared to H_2O_2 -stressed bacteria (Fig. 6).

Discussion

Pseudomonas aeruginosa is challenged by many stresses and similar to other human pathogens, it has to overcome these unfavorable conditions [2]. While, there was more focus on foodborne pathogens, the impact of various stresses on P. aeruginosa has not been adequately demonstrated [9]. In addition, the effect of oxidative stress on bacteria has been characterized only using standard bacterial strains and did not include clinical isolates of bacteria. Investigating the impact of oxidative stress on clinical isolates, as performed in the current study, is important in order to investigate the contribution of environment on bacterial response to oxidative stress.

Currently, the antibiotic susceptibility of six clinical isolates of P. aeruginosa recovered from different sources in addition to the standard strain PAO1 was characterized before and after exposure to H_2O_2 stress. Primarily, it was important to optimize the experimental conditions in order

Table 2 MICs of P. aeruginosa before and after exposure to H₂O₂ stress

Antibiotic	MIC (μg/mL) Unstressed bacteria						MIC (µg/mL) Stressed bacteria ^a							
	PAO1	1DF	2 SP	3OP	4 U	5 U	6 SP	PAO1	1DF	2SP	3O	4U	5U	6SP
Colistin	1	1	0.5	1	4	4	4	+	+	+++	+	_		+++
Ciprofloxacin	0.5	1	0.125	0.25	128	512	512			_				
Tobramycin	2	0.125	0.5	1	1024	4096	4096	_	+	+		_	_	_
Ceftazidime	0.5	1	4	1	1024	4096	4096	+	-		_		_	_

^a(+) 1.5- to 2-fold increase in MIC (P < 0.05); (++) 2.1- to 4-fold increase in MIC (P < 0.05); (+++) greater than fourfold increase in MIC (P < 0.05); (-) 1.5- to 2-fold decrease in MIC (P < 0.05); (--) 2.1- to 4-fold decrease in MIC (P < 0.05); (---) greater than fourfold decrease in MIC (P < 0.05)



(a) Expression of quorum sensing genes was higher in unstressed P.aeruginosa relative to H₂O₂-stressed bacteria

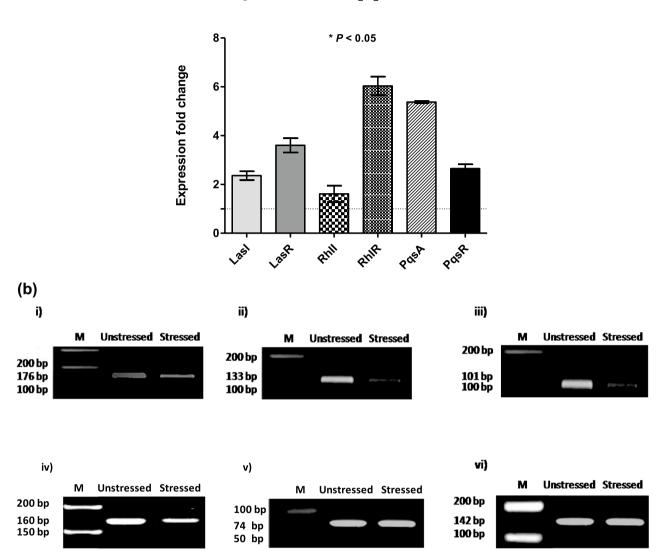


Fig. 2 a RT- qPCR revealed increased expression of quorum sensing genes in unstressed *P. aeruginosa* relative to H_2O_2 -stressed bacteria. The expression levels of *lasI*, *lasR*, *rhII*, *rhIR*, *pqsA*, and *pqsR* in both unstressed and H_2O_2 -stressed *P. aeruginosa* PAO1 were analyzed by qRT-PCR. The expression level of each gene was normalized to *ropD*. Expression fold change in gene expression in unstressed *P. aeruginosa* was calculated by the $2^{-\Delta\Delta CT}$ method compared to

 ${
m H_2O_2}$ -stressed *P. aeruginosa*. The data shown are the means \pm standard errors from three biological experiments with three technical replicates each. * P < 0.05 was considered significant using Student's t test. **b** Agarose gel electrophoresis of; (i) lasI amplicon (176 bp), (ii) lasR amplicon (133 bp), (iii) rhlI amplicon (101 bp), (iv) rhlR amplicon (160 bp), (v) pqsA amplicon, (74 bp), and (vi) pqsR amplicon (142 bp)

to achieve the required stressful environment without drastically affecting bacterial survival. Characterization of the impact of oxidative stress on bacterial cells was conducted herein using 3.5 mM $\rm H_2O_2$ that offers the required stressful environment without affecting bacterial survival. On the other hand, there was a higher mortality in bacteria following exposure to 5 mM $\rm H_2O_2$.

Prior exposure of *P. aeruginosa* to oxidative stress by H_2O_2 significantly affected bacterial sensitivity to tested

antibiotics when compared with unstressed bacteria. The difference between clinical and P. aeruginosa PAO1 standard strain in their susceptibility to some antibiotics such as ceftazidime following H_2O_2 could be attributed to the influence of environment on clinical isolates. As mentioned before, clinical isolates were recovered from patients suffering from various infections. Clinical isolates have already faced many challenges in their environment either within or outside the host such as pH fluctuations, osmotic, or even



Oxidative stress reduces *P. aeruginosa* pathogenesis in mice infection model

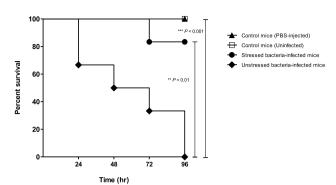


Fig. 3 Prior exposure to oxidative stress (3.5 mM $\rm H_2O_2/30$ min) significantly reduced *P. aeruginosa* pathogenesis in mice. Mice (n=6 mice/ group) were inoculated intraperitoneally with 100 μL of suspended bacterial cells (2.5×10⁷ CFU/mL) of $\rm H_2O_2$ -stressed and unstressed *P. aeruginosa*. As negative controls, 6 mice were injected with 100 μL of sterile PBS, and another 6 mice were left uninfected. Mice survival in each group was monitored every 24 h for 4 days and plotted using Kaplan–Meier survival curve. Unstressed *P. aeruginosa* killed more mice than $\rm H_2O_2$ -stressed bacteria (**P<0.01; log-rank test). No death was recorded for mice in negative controls; either uninfected or PBS-injected mice.

Reduction in mice weight following infection with H_2O_2 -stressed P. aeruginosa

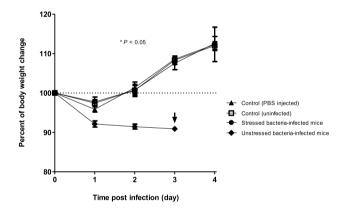


Fig. 4 Mice infected with unstressed Pseudomonas aeruginosa exhibited a significant decrease in body weight as compared to mice infected with H_2O_2 stressed-bacteria. Mice (n=6 mice/group) were inoculated intraperitoneally with 100 µL of suspended bacterial cells $(2.5 \times 10^7 \text{ CFU/mL})$ of H₂O₂-stressed and unstressed *Pseudomonas* aeruginosa. Two mice groups; one contained 6 mice injected with 100 µL of sterile PBS, and the other one contained 6 mice left uninfected, were included as negative controls. Body weights were determined for mice in each group just before bacterial challenge and every day over the experiment period. The body weight gain for mice in each group was calculated and expressed as the mean percent of body weight ± standard errors considering body weight just before bacterial challenge as 100%. There was a significant reduction (*P<0.05; Mann–Whitney U analysis) in body weight of mice inoculated with unstressed Pseudomonas aeruginosa as compared to mice infected with H2O2-stressed bacteria decrease over the infection course. The arrow indicates that all mice infected with unstressed Pseudomonas aeruginosa died after this time point.

oxidative stress [10]. All these stresses could have affected bacterial physiology and structure more as compared with standard strain which was just exposed to experimental H₂O₂ stress [16]. However, this variation between *P. aeruginosa* clinical isolates and PAO1 was not seen in bacterial response to ciprofloxacin. Similar to ciprofloxacin, stressed bacteria (PAO1 and most of clinical isolates) showed similar changes in MIC, either increase or decrease in MIC, for both colistin and tobramycin in comparison with unstressed cells.

Change in *Pseudomonas* susceptibility to antibiotics following exposure to oxidative stress observed herein is in agreement with that has been shown before. Exposure to stressful conditions was found to noticeably affect bacterial susceptibility to antibiotics [9]. Moreover, there is a link between *Pseudomonas* response to oxidative stress and both antibiotic susceptibility and host pathogenesis [23, 24]. For instance, constitutive expression of the redox-active regulator OspR (oxidative stress response regulator) alters β -lactam resistance in *P. aeruginosa*. In addition, OspR was found to regulate additional genes involved in quorum sensing and consequently could affect bacterial survival and pathogenesis [25].

Exposure to stress could direct bacteria to develop highly regulated adaptive mechanisms that in addition to protecting bacteria against such stress, these mechanisms induce changes in bacterial cells that largely affect their antimicrobial susceptibility [16]. In addition, stress could alter cell physiology or promote physiological changes that may interfere with bacterial response to various antimicrobials [16]. Bacteria usually respond to environmental stresses by developing either phenotypic or genotypic adaptations [26]. Phenotypic alterations include expression of shock proteins that protect bacteria against subsequent challenge with the same stress in a process known as stress hardening [27]. Similarly, bacterial resistance to antibiotics can be induced following bacterial exposure to certain stress in a phenomenon known as cross-protection [9, 28–31]. On the other hand, genetic plasticity which means increased rates of mutagenesis as well as intra- and inter-cellular genes transfer, is considered an example for genotypic alterations that take place in bacteria upon stress exposure [31, 32]. Genotypic alterations enhance population diversity, increasing the possibility that some cells become more capable of surviving harsh conditions. Environmental stresses such as oxidative stress, pH extremes, starvation in addition to heat and osmotic shock were shown to induce mutation in bacterial cells [32]. These adaptive mutations in bacterial cells are associated with changes in bacterial response to antibiotics either by increase or decrease in bacterial sensitivity [33].

Other studies further demonstrated that stress impact on bacterial response to antibiotics could be either directly or indirectly. The direct influence could occur through many mechanisms. For example, it could result from recruitment



Increased organ weight of mice infected with unstressed *P. aeruginosa*

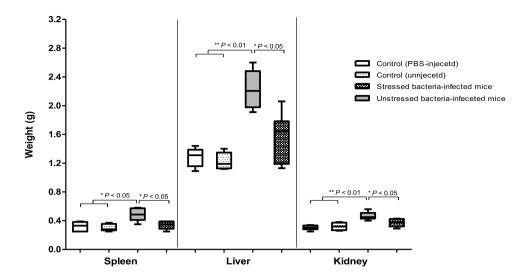


Fig. 5 Mice infected with unstressed bacteria showed increase in organs weights as compared with mice infected with H_2O_2 -stressed bacteria. Mice (n=6 mice/group) were inoculated intraperitoneally with 100 μ L of suspended bacterial cells (2.5×10⁷ CFU/mL) of H_2O_2 -stressed and unstressed *Pseudomonas aeruginosa*. As negative controls, 6 mice were injected with 100 μ L of sterile PBS, and another 6 mice were left uninfected. Bacteria-infected and control

mice were anesthetized by inhalation of ether 24 h postinfection. Spleen, liver, and kidney samples were obtained aseptically and weighed. There was a significant increase (*P<0.05; Mann–Whitney U analysis) in weight of organs obtained from mice infected with unstressed bacteria relative to those obtained from both control mice as well as mice injected with H_2O_2 -stressed bacteria. Organs weights were calculated and expressed as the mean \pm standard errors

of resistance determinants such as antimicrobial efflux upon exposure to stress condition [34, 35]. Moreover, changes in antimicrobial targets [34, 36, 37] and induced formation of resistant biofilms [38, 39] following stress exposure could play a role in bacterial susceptibility to antibiotics. For instance, enhanced biofilm formation was observed in P. aeruginosa following exposure to oxidative hypochlorite through the activation of c-di-GMP synthesis [40]. Finally, alterations to the membrane structure and/or function [41–43] under stress conditions were shown to affect bacterial sensitivity to antibiotics. Since antimicrobial agents act on growing cells [44], the stress-induced growth cessation or dormancy [45–47], could indirectly affect bacterial susceptibility to antimicrobials. Furthermore, it has been shown that antimicrobial agents can induce bacterial resistance mechanisms since these compounds themselves are growth-inhibiting stressors that trigger bacteria to develop protective responses [48].

Current data clearly demonstrate that prior exposure of *P. aeruginosa* to oxidative stress adversely affects expression of virulence genes. Expression of QS genes in H₂O₂-stressed *P. aeruginosa* was significantly reduced as compared to unstressed bacteria. In addition, exposure of *P. aeruginosa* to oxidative stress largely affects its pathogenesis in mice infection models. As previously shown, the QS machinery systems are connected in a hierarchical manner and play

an important role in the pathogenesis of *P. aeruginosa*. For instance, lasI/R (regulate the production of elastase, protease, and exotoxin A), rhII/R (regulate the production of elastase, pyocyanin, rhamnolipids, protease, and biofilm formation), and pqsA/R (regulate the production of pyocyanin) [6, 49]. The las system is present at the top of the signaling hierarchy and considered as the chief regulator, once it is stimulated it activates both rhl and pqs systems [50]. Reduced expression of the las system results in inhibition of the subsequent cascade including the rhl and pqs systems, and in turn las, rhl, and pqs-dependent virulence factors production would be depressed [50, 51]. As mentioned before, bacterial exposure to stress conditions could result in severe damage to cell components [10, 52–56].

Bacteria exhibit a significant decline in ATP production following H₂O₂ exposure [30]. It was shown that bacteria have H₂O₂-sensitive sites in ATP production machinery or that H₂O₂ disrupts bacterial energy-production pathways [57]. In addition to interfering with bacterial membrane permeability and ATP production, oxidants were found to be capable of causing substantial harms to bacterial proteins. For instance, exposure to oxidants leads to extensive protein unfolding and aggregation as these oxidants rapidly oxidize a variety of bacterial amino acid side chains [53, 58, 59]. In addition, excessive ROSs generated within bacteria following exposure to various oxidants could result in oxidizing

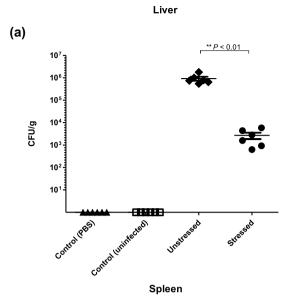


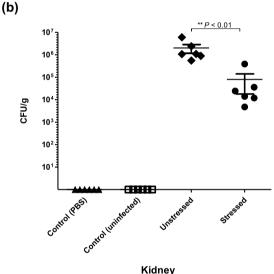
Fig. 6 Organs isolated from mice infected with unstressed Pseu- domonas aeruginosa showed increased bacterial load as compared to mice injected with H_2O_2 -stressed bacteria. Two groups (6 mice each) were injected with H_2O_2 -stressed and unstressed bacteria. Control mice were included exactly as mentioned before. Infected and control mice were anesthetized by inhalation of ether at the designated time point (24 h postinfection) and mice were sacrificed. Liver (a), spleen (b), and kidney (c) were obtained, homogenized, serially diluted in PBS, and aliquots were plated on cetrimide agar plates. The plates were incubated at 37 °C for 24 h under aerobic conditions to determine the bacterial loads for each organ and expressed as (CFU/g). The bacterial load in each organ was calculated and expressed as means \pm standard errors. Bacterial load of unstressed Pseudomonas aeruginosa in mice organs was significantly higher than H_2O_2 -stressed bacteria (*P<0.05; Mann-Whitney U test)

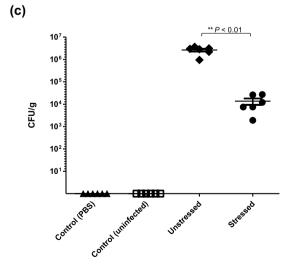
of membrane fatty acids, lipid peroxidation [60], and DNA damage [61, 62]. Finally, bacterial uptake of glucose and amino acids was found to be inhibited by exposure to various oxidizing agents. Oxidants most likely target and damage membrane-bound transport proteins that are responsible for uptaking of these valuable nutrients [63]. Therefore, we suggest that upon exposure to oxidative stress, *P. aeruginosa* directs its machinery towards fixing and repairing the damage that takes place in cellular structures at the expense of enhancing bacterial virulence capability. Moreover, bacterial attenuation upon stress exposure could facilitate bacterial clearance by the host immune especially when cells are phagocytosed and encounter further phagocyte-produced oxidants.

In contrast to current findings, a correlation between oxidative stress response and increased P. aeruginosa host virulence has been previously reported [64, 65]. These studies indicated that exposure to certain levels of oxidative stress could render P. aeruginosa more resistant to killing by immune cells through enhancing bacterial defense mechanisms [25, 66]. In fact, the difference between present outcomes and those previous studies is not surprising. This difference could be attributed to many reasons such as variations in experimental conditions including bacterial growth phase, level, and exposure time to oxidative stress employed in each study. In support of this explanation and in light of the hierarchical oxidative stress model, it has been shown that low level of oxidative stress could just enhance bacterial defense machinery, while at increased levels, the excessive production of ROSs drastically damage bacterial cells [67].

In conclusion, the current study highlights the influence of exposure to oxidative stress on both *P. aeruginosa* antibiotic susceptibility and host pathogenesis. *P. aeruginosa* sensitivity to commonly used antibiotics was found to be significantly affected upon exposure to oxidative stress. In addition, a difference in antibiotic susceptibility following exposure to oxidative stress between *P. aeruginosa* clinical isolates and the standard strain has been demonstrated herein. This finding sheds light on the importance of









environment in reshaping bacterial response to antimicrobial agents. More attention should be paid to patients suffering from *Pseudomonas* infections both during treatment by antibiotics and bacterial control using disinfectants and/or antiseptics. To our knowledge, this is the first study to illustrate that *P. aeruginosa* pathogenesis is significantly reduced upon exposure to oxidative stress using mice as infection model. The current results are valuable and could broaden our understanding of virulence mechanisms of *P. aeruginosa* and hence help us control and treat infections caused by this important pathogen.

Authors' contributions MMA and GHS conceived and designed the experiments; FAM performed the experiments; MMA designed the tables & figures, interpreted the results, analyzed the data and wrote the paper. All authors read and approved the final manuscript.

Compliance with ethical standards

Conflict of interests The authors declare that they have no competing interests.

Ethical approval All applicable international, national, and/or institutional guidelines for the care and use of animals were followed. All procedures performed in animal study were in accordance with the ethical standards of The Institutional Animal Care and Use Committee, Zagazig University (ZU-IACUC) with approval number ZU-IACUC3/F/138/2019. All animals were handled according to guidelines from the Animal Ethics Board (Zagazig University). All participants provided written informed consent prior to enrolment in the study.

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