Tono-Pen XL® calibration curves for cats, cows and sheep

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Abstract

The objective of this study was to provide calibration curves for correcting intraocular pressure (IOP) measurements obtained using the Tono-Pen XL® tonometer in cats, cows and sheep. Twelve eyes from 9 cats, 13 eyes from 7 cows, 10 eyes from 5 sheep were used. The anterior chamber of the eye was cannulated in vivo, in situ (immediately post mortem) or ex vivo with a fine needle and IOP was varied from 10 to 90 mmHg in steps of 10 mmHg by adjusting the height of a saline reservoir connected to the needle. For each pressure setting, several readings of IOP were made using the tonometer. The relationship between Tono-Pen® reading and manometer setting was linear over the full range of measurement. However, the slope of the data regression line deviated significantly from 1 and indicated that the instrument systematically underestimated IOP. For cats the average slope was 0.62 and for cows and sheep it was 0.72 and 0.69, respectively. For the latter animals, the regression line also had a nonzero intercept of ≈ 4.5 mmHg. Similar results were obtained from in vivo and ex vivo eyes and with different Tono-Pen XL® tonometers. Although developed for use on humans, the Tono-Pen XL® can provide reproducible and accurate measurement of IOP in cats, cows and sheep when suitably calibrated by manometry. The calibration curves provided here, and by implication those reported for other animals using this tonometer, differ in slope from those measured with earlier models of the Tono-Pen®. The reproducibility of the curves we obtained implies that they can be used to correct IOP readings from the Tono-Pen XL® when manometry is not possible.

Key Words: cat, cow, glaucoma, intraocular pressure, sheep, tonometer

INTRODUCTION

The Tono-Pen[®] is a handheld electromechanical device that measures intraocular pressure (IOP) without penetrating the eye. To take a pressure reading, the 3.2 mm tip of the device is gently placed in contact with the cornea. The contact slightly flattens the corneal surface, which resists the deformation and presses against a 1.2 mm plunger housed in the tip. A strain gauge attached to the plunger converts the pressure into an electrical signal that is analyzed for acceptability and is digitally displayed. Current models of the device have a microprocessor that stores several IOP readings and displays the mean and coefficient of variation of those readings.

Although the Tono-Pen[®] was developed for human subjects, the principles of its operation apply to eyes of many species and so a growing number of researchers and veterinary clinicians are using it to measure IOP in nonhuman animals.

For the pressure measurements to be accurate the device should be calibrated properly because the mechanical properties of an animal eye could differ from those of the human eye. A common method of tonometer calibration is to cannulate the eye with a needle and vary IOP by constant pressure perfusion (i.e. manometry). Although this is not practical in a clinical setting, researchers have found that the Tono-Pen® underestimates IOP in a variety of animals by an amount that scales linearly with pressure. $^{\rm I-10}$ The scaling factor was shown to be reproducible for a given animal but ranged from 0.5 to 0.8 across animal species. The reason for the diversity of scaling factors is unclear. It could reflect species differences in corneal thickness, rigidity and angle of curvature, and perhaps the experimental condition of the eyes (i.e. in vivo vs. ex vivo). Factory changes in tonometer design might also be involved. One study noted that in rats the scaling factor of the Tono-Pen XL® was less than that of the Tono-Pen 2[®], an earlier model. ⁹ A comparison of scaling factors reported for these models in two studies utilizing rabbits supports this finding.^{2,3}

Our aim was to measure IOP in cat, cow and sheep eyes using the Tono-Pen XL®. Because recent literature indicates that pressure readings from this tonometer might differ from that of earlier models and that the performance of the device might differ across animal species, we set out to calibrate the device by direct manometry. To assess the reliability of the calibration curves we also measured IOP in cow and sheep eyes using different Tono-Pen XL® tonometers.

MATERIALS AND METHODS

All experimental procedures were approved by Northwestern University Animal Care and Use Committee and were in accordance with National Institutes of Health guidelines. To manipulate IOP a 25-gauge needle was inserted through the peripheral cornea into the anterior chamber of the eye. For several eyes (n = 5) cyanoacrylate glue was applied around the needle to prevent possible leakage of aqueous fluid. A Seidel test was performed on 10 eyes and no sign of leakage was evident. Connected to the needle via polyethylene tubing and a three-way stopcock were a reservoir of physiological saline (Sigma Diagnostics, St. Louis, MO USA) and a mercury manometer (Fig. 1). During IOP measurement, the stopcock was left open to maintain constant perfusion pressure and the height of the saline reservoir was varied so as to raise or lower the mercury level in steps of 10 mmHg over the range of 10-90 mmHg. For each of the steps, which were sampled in random order, 10 valid readings of mean IOP were made with a Tono-Pen XL® tonometer (Medtronic Solan, Jacksonville, FL, USA). A reading was

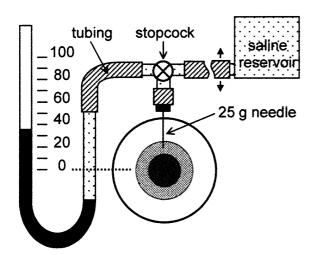


Figure 1. Schematic diagram of the experimental set-up. A 25-gauge needle was inserted into the peripheral cornea of one eye. Connected to the needle via tubing were a mercury manometer and a saline reservoir. By varying the height of the reservoir, IOP could be lowered or raised. Care was taken to remove air bubbles from the tubing and to position zero pressure on the manometer level with the center of the eye (dotted line).

considered valid only if the coefficient of variation provided by the tonometer was < 5%. Between pressure steps, or as needed, the eye was bathed in saline to keep the cornea moist. For some eyes (n = 4) we also attempted to take IOP measurements with the stopcock closed but found that the readings were unstable using this approach, declining over time in a pressure-dependent rate. As a result, we did not pursue the closed stopcock arrangement further.

IOP measurements were made on 12 eyes from 9 cats (8-15 months of age), 13 eyes from 7 cows (20–22 weeks of age) and 10 eyes from 5 sheep (6-8 months of age). All of the feline pressure readings were taken at the end of experiments investigating the physiological properties of retinal ganglion cells. In none of the experiments was the eyeball penetrated by the recording electrode; ganglion cell responses were accessed from the optic tract. The experiments lasted up to 3 days during which the animal (3-5 kg) was continually maintained under anesthesia with ethyl carbamate (200 mg/ kg loading dose, 15-50 mg/kg/h infusion rate, IV) and paralyzed with pancuronium bromide (0.2 mg/kg/h infusion rate, IV). 12 Because IOP was set manometrically, the anesthetic and paralytic agents should not have affected the results. For most of the cat eyes (n = 9), IOP was measured while the animal was alive (in vivo). For the others it was measured in situ immediately after sacrifice (n = 2) or ex vivo 24 h later (n = 1). All cow and sheep pressure readings were taken from ex vivo eyes within 4-24 h of enucleation. For three cat eyes, four cow eyes and three sheep eyes, IOP measurements were also made with a second Tono-Pen XL® to assess the generality of calibration curves. The significance of results from different animal species and tonometers was tested using Student's t-test.

RESULTS

Figure 2(a) displays Tono-Pen XL[®] readings taken from one eye of a living cat subjected to varying levels of IOP. The tonometer systematically underestimated IOP for this and all other cat eyes. Linear regression analysis (thick lines) gave intercepts ranging from -3-2 mmHg and slopes ranging from 0.58 to 0.66 across the ensemble of cat eyes. The mean \pm SD intercept was 0.3 ± 1.8 mmHg, which is statistically indistinguishable from 0, and the mean \pm SD slope was 0.62 ± 0.03 , which is significantly < 1 (thin lines, P < 0.001). This means a tonometer reading of, for example, 20 mmHg actually corresponded to an IOP of \approx 32 mmHg in cat. The underestimation of IOP was unlikely to be caused by leakage around the needle as no loss of fluid was evident even for the highest pressure setting.

It is apparent in Fig. 2(a) that the Tono-Pen XL^{\circledast} readings exhibit a moderate degree of variability. At best, the standard deviation of IOP measurements from a given cat was ≈ 1 mmHg and at worst ≈ 4 mmHg. In an attempt to reduce variability the stopcock was closed, eliminating the possibility of fluid backflow through the needle during applanation. This generally reliable technique^{3,4} did not work for us,

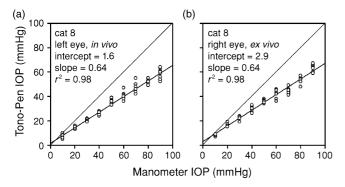


Figure 2. Tono-Pen XL[®] readings of IOP as a function of manometric pressure setting for an *in vivo* (a) and *ex vivo* (b) cat eye. Measurements on the *ex vivo* eye were taken 24 h post mortem. Thick lines are linear regression fits of the data. The intercept and slope of the regression line are provided for each eye. Thin lines with a slope of 1 indicate what an appropriately calibrated tonometer would read. r^2 = correlation coefficient.

however, because the eye failed to hold constant pressure (data not shown). Because no leakage was observed around the needle, we presume fluid left the eye via its normal outflow pathway. Some measurement variability may, therefore, have been related to small changes in intraocular volume associated with the open stopcock arrangement. It was not, however, associated with natural processes of a living animal. Figure 2(b) displays Tono-Pen XL^{\circledast} readings taken from the opposite eye of the cat one day after enucleation. For this and two additional eyes the standard deviation of IOP measurements (≈ 2 mmHg) fell within the range obtained when the animals were alive. The data regression lines for $ex\ vivo$ and $in\ vivo$ cat eyes were essentially identical as well.

To further evaluate the performance of the device, Fig. 3 displays pressure readings taken from an enucleated cow eye and sheep eye with two different Tono-Pen XL® tonometers. Both of the tonometers underestimated IOP by the same amount for these and all other eyes that were tested with the two tonometers (n=10). Across the ensemble of cow and sheep eyes the mean \pm SD intercept was 4.6 ± 2.0 and 4.2 ± 1.7 mmHg, respectively, and the mean \pm SD slope was 0.72 ± 0.05 and 0.69 ± 0.05 , respectively. For both species, the intercept is statistically different from 0 and the slope is significantly < 1 and greater than that for cat eyes (P < 0.001). Data presented in Fig. 3 suggest that the tonometers gave more accurate readings over the range of 10–30 mmHg than at higher pressure settings, especially for cow eyes.

DISCUSSION

The Tono-Pen® tonometer has been shown by direct manometry to accurately measure IOP in human cadaver eyes, ^{13–15} although with a slight tendency to overestimate pressures < 20 mmHg and underestimate pressures > 25 mmHg. Such a tendency was also noted with rat eyes. ^{1,9} We find that the

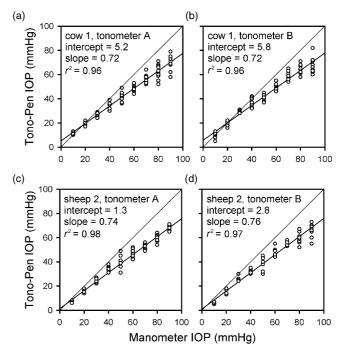


Figure 3. Tono-Pen XL® readings of IOP from $ex\ vivo$ cow (a, b) and sheep (c, d) eyes. The pressure readings were taken using two different Tono-Pen XL® tonometers. Thick lines are linear regression fits of the data. All measurements were taken within one day of enucleation. r^2 = correlation coefficient.

Tono-Pen XL[®] underestimates IOP at every pressure setting in cats and, like dogs^{7,8} and horses,⁸ at mainly high settings in cows and sheep. The underestimation may be conveniently described by the slope of the tonometer—manometer regression line, which differed significantly between cats and the other two species. Why the calibration curve for these and other nonhuman animals should have a nonunity slope is unclear. Whatever the reason it does not appear to be related to physiological processes, such as blood pressure or aqueous outflow regulation, because the mean and variance of IOP measurements were the same for *in vivo* and *ex vivo* eyes.

Table 1 provides the intercepts and slopes of calibration curves reported for different models of the Tono-Pen® for various animal species that have been examined. Measurements made with the Tono-Pen 1® give slopes for nonhuman animals that are similar (≈ 0.72); as do measurements made with the Tono-Pen 2®, although the slope for this model appears greater (≈ 0.81). The slopes for cow and sheep that we obtained using the Tono-Pen XL® are comparable with those reported for the Tono-Pen 1® in other animal species. Our results in cats are similar to those published for birds using the Tono-Pen XL® but differ from previous findings in two regards. First, the previously reported slope for cat (0.73, Tono-Pen 1®) is well outside the range of variability in our measurements (> 3 SD or P = 0.00013), implying that modifications in tonometer design over the

Table 1 Tono-Pen[®] calibration curves as previously reported for various animal species and as measured here for cat, cow, and sheep eyes (last three entries)

Animal	Tono-Pen [®] model	Intercept (mmHg)	Slope
human	1	0	0.94 ¹³
	1	0	1.06^{14}
dog	1	2	0.70^{7}
	1	1	0.73^{10}
horse	1	2	0.72^{6}
	1	-2	0.72^{10}
rat	2	5	0.79^{1}
	XL	7	0.50^{9}
rabbit	1	-1	0.79^{2}
	2	-1	0.82^{2}
	XL	1	0.65^{3}
chicken	XL	5	0.62^{11}
duck	XL	4	0.67^{11}
parrot	XL	5	0.62^{11}
pigeon	XL	7	0.65^{11}
monkey	unknown	1	0.69^{4}
cat	1	-1	$0.73^{5,10}$
	XL	0	0.62
cow	XL	5	0.72
sheep	XL	4	0.69

past two decades have had a measurable effect on the output of the device. Second, the slope we obtained for the cat is significantly different from that for cow and sheep (P < 0.001), implying that differences in the calibration curve of these animal species are real. This means that, if a generic curve having a slope of 0.72 were used to correct Tono-Pen XL® output in cat, an IOP of 40 mmHg would be underestimated by ≈ 4 mmHg. Hence, to attain the most accurate estimate of cat IOP, which was an aim of this study, one should divide the tonometer output by 0.62 (or multiply it by 1.6). Because of measurement variability, some uncertainty will inevitably remain about the IOP of a given animal in question. This uncertainty can be quantified from the standard deviation of the tonometer output, which for sedated cats was ≈ 5 mmHg after rescaling. Such variability implies that, to estimate the IOP of a sedated cat to a precision of ± 3 mmHg, at least 10 pressure readings would need to be averaged.¹⁶ What a suitable number would be for an awake cat cannot be determined from our results because variability caused by movements of the eye and animal might overwhelm the noise observed here under controlled conditions and could also bias tonometer output towards higher readings. It is presumably for these reasons that some have suggested that the lowest reproducible reading from the instrument be considered the most accurate one.

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