

## **Learn How to Tie a Tie**

**Introduction:** These instructions were created to help people learn how to tie a tie onto a button down shirt. This skill is very useful when going to parties, meetings, or any professional setting

There are many ways to tie a tie, but I'm going to give my way.

**Supplies:** You will need,

1. A normal tie (any size)
2. Any collared button down shirt (Dress shirt preferred)

**Audience:** These instructions are written for anyone who can read, and is interested in wearing a button down dress shirt with a tie.

### **Procedure:**

Step 1: Pick the tie and shirt you want to use

1. Go to wherever you keep your shirts and ties and pick one of each.
2. Make sure the tie and shirt should complement each other.

Step 2: Put the shirt on

1. Make sure your shirt is ironed. If it's wrinkled then iron it.
2. Grab shirt and stick one arm into it.
3. Bring the shirt behind your back and put your other arm in by reaching for the hole
4. Adjust your shirt so the buttons are lined up and ready to be buttoned
5. Start from the bottom and button the first button into its button hole
6. Continue this process until you reach the last button
7. When you reach the last button, flip your collar up like a vampire
8. Now button the final button

### Step 3: Put the tie on

1. Grab your tie and put it over your collar.
2. Make sure the side with that tag is facing your body and not the front. (The fat side of the tie should be on the right side, and the skinny side should be on the left. The should be parallel to each other over your chest.)
3. Pull the fat side down until the skinny side is a little less than half the length of the fat side.
4. Now, using your thumb, your index finger, and your middle finger grab the fat side with your right hand, and do the same with the skinny side and your left hand.
5. Take the fat side and cross it over the skinny side. When you do this your hands will switch places. The crossing should be done right below your neck, so you should feel it.
6. Now take the fat side (which should be in your left hand now) and slip it through the hole that you made by crossing both sides.
7. The fat side should still be in your left hand and your right hand should be holding the knot you just created by putting the fat side through the hole.
8. Use your left hand to wrap the fat side around the knot. You should wrap it by going around from the left and bringing it around the back of the knot.
9. While making the wrapping motion, you should use the thumb on your right hand to guide the wrap, and to keep it tight.
10. Wrap it around to the front, now you should be back to the position you were in when you first started wrapping. You should now be using your right hand to keep the wrap in place with the knot.
11. Now bring the fat side around again using the wrapping motion, but stop when it reaches the back of the knot, which should be close to your throat.
12. Once the fat side is behind the knot, pull it through the hole that is around your neck. (Your right hand should still be holding the knot together).
13. Now use your index finger to open a small hole in between the knot and the wrap that was made when the fat side went around the knot.
14. Pull your tie up and put it through the small hole that was just made and pull that fat side down so that it's straight.
15. Use your right hand to pinch the knot and your left hand to pull the skinny side down, while you use your right hand to pull the knot up. This will adjust your tie. When you're done, tuck the skinny side behind the fat side on the tag.

You should be done now.