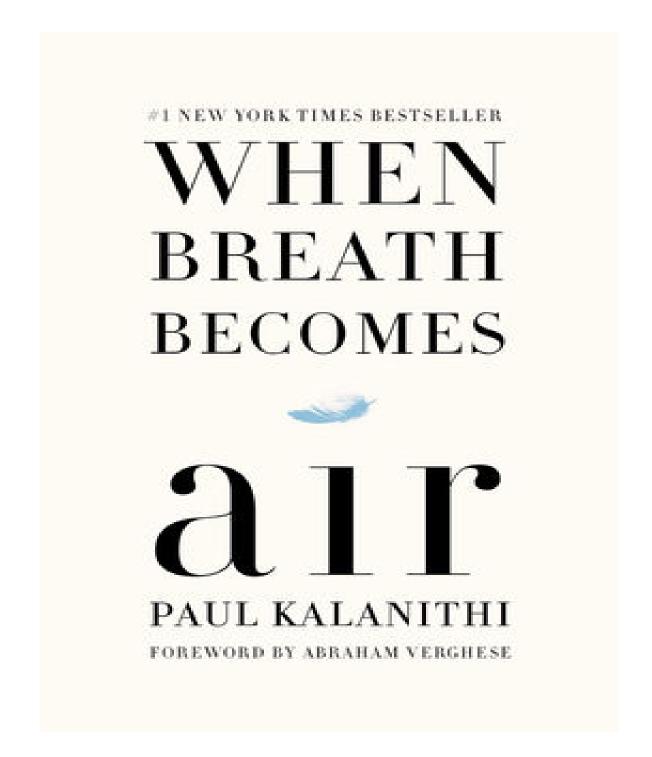
When Breath Becomes Air



Author: Paul Kalanithi & Abraham Verghese

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#1 NEW YORK TIMES BESTSELLER • For readers of Atul Gawande, Andrew Solomon, and Anne Lamott, this inspiring, exquisitely observed memoir finds hope and beauty in the face of insurmountable odds as an idealistic young neurosurgeon attempts to answer the question What makes a life worth living?

NAMED ONE OF THE BEST BOOKS OF THE YEAR BY THE WASHINGTON POST • THE NEW YORK TIMES • NPR

BOOKS FOR A BETTER LIFE AWARD FINALIST

At the age of thirty-six, on the verge of completing a decade's worth of training as a neurosurgeon, Paul Kalanithi was diagnosed with stage IV lung cancer. One day he was a doctor treating the dying, and the next he was a patient struggling to live. And just like that, the future he and his wife had imagined evaporated. When Breath Becomes Air chronicles Kalanithi's transformation from a naïve medical student "possessed," as he wrote, "by the question of what, given that all organisms die, makes a virtuous and meaningful life" into a neurosurgeon at Stanford working in the brain, the most critical place for human identity, and finally into a patient and new father confronting his own mortality.

What makes life worth living in the face of death? What do you do when the future, no longer a ladder toward your goals in life, flattens out into a perpetual present? What does it mean to have a child, to nurture a new life as another fades away? These are some of the questions Kalanithi wrestles with in this profoundly moving, exquisitely observed memoir.

Paul Kalanithi died in March 2015, while working on this book, yet his words live on as a guide and a gift to us all. "I began to realize that coming face to face with my own mortality, in a sense, had changed nothing and everything," he wrote. "Seven words from Samuel Beckett began to repeat in my head: 'I can't go on. I'll go on.'" When Breath Becomes Air is an unforgettable, life-affirming reflection on the challenge of facing death and on the relationship between doctor and patient, from a brilliant writer who became both.

Praise for When Breath Becomes Air

"I guarantee that finishing this book and then forgetting about it is simply not an option. . . . Part of this book's tremendous impact comes from the obvious fact that its author was such a brilliant polymath. And...

Title : When Breath Becomes Air

Author : Paul Kalanithi & Abraham Verghese

Category : Biographies & Memoirs

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First it was a media sensation. Then it became the #1 international bestseller A Long Way Home . Now it's Lion , a major motion picture starring Dev Patel, Nicole Kidman, and Rooney Mara. This is the miraculous and triumphant story of Saroo Brierley, a young man who used Google Earth to rediscover his childhood life and home in an incredible journey...

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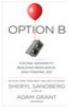
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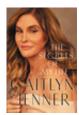
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In this remarkable memoir-written during her pivotal first years of becoming her authentic self-Caitlyn Jenner reflects on her past as she looks to her future. "Imagine denying your core and soul. Then add to it the most impossible expectations that people have for you because you are the personification of The American Male Athlete." Bruce Jenner,...

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[PDF | ePub | MOBI] Just Like Someone Without Mental Illness Only More So Author Mark Vonnegut, M.D.



More than thirty years after the publication of his acclaimed memoir The Eden Express, Mark Vonnegut continues his story in this searingly funny, iconoclastic account of coping with mental illness, finding his calling, and learning that willpower isn't nearly enough. Here is Mark's life childhood as the son of a struggling writer,...

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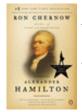
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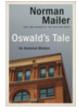
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People ask Kelly Osbourne all the time: "What's your secret?" Kelly Osbourne may not always have been a typical role model, but no one can say that her perspective isn't hard won after spending three decades in the spotlight: from growing up completely exposed to the heavy metal scene—replete with crazy antics most readers have only begun to hear about—to...

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