

Mountain Hikes

Mountain hiking embodies what hiking is all about: breathtaking views, fresh air, and a good workout. Here's your guide on how to hike the mountains safely.

Trail Maps

Planning a Mountain Hike

The first hiking tip has more to do with expectation setting than technique. If you normally hike at about a 2-3mph pace (which is pretty normal), expect to cover 0.5-1.5 mph when hiking up a mountain.

“Don't forget
your alarm clock”

Mountain Weather

Things you will need.

You're going to want to check the weather for the mountain that you're hiking. A simple Google search will usually do the trick. The important thing to note is that the weather is often colder and windier in the mountains, and the weather can change quickly.

Things to say no to.

Unless you have experience hiking mountains in the snow and ice, don't do it.

Download App

Sign Up!

Mountain Views

If you're doing an out and back route, remember that the trail can look different going down in the opposite direction. Be aware of the trail and periodically check that you're in the right place on your GPS or map.