

1. arm in arm	When two people are __ __ __, they both have one arm bent at the elbow and passing around and supporting, or being supported by, the arm of the other person We walked __ __ __ along the river bank.	9. empower	(v.) to give someone official authority or the freedom to do something This amendment ____s the president to declare an emergency for a wide range of reasons. The first step in ____ing the poorest sections of society is making sure they vote.
2. aspire to	to have a strong wish or hope to do or have something As a child, he ____ed __ be a great writer.	10. extraordinary feat	(n.) something difficult needing a lot of skill, strength, courage, etc. to achieve it The Eiffel Tower is a ____ of engineering.
3. cordially	(adv.) used when politely inviting someone somewhere, agreeing to something, asking something, etc. (adv.) used to end a letter in a way that is friendly, but formal and polite You are ____ invited to attend our annual wine-tasting evening. We look forward to seeing you again in six months. _____, William Green.	11. fill in for	to do someone else's work for them because they cannot or will not do it themselves She will __ __ him while he's at the conference.
4. degrade	(v.) to cause people to feel that they or other people have no value and do not have the respect or good opinion of others (v.) to spoil or destroy the beauty or quality of something Pornography ____s women. Every day the environment is further ____ed by toxic wastes.	12. forage	(v.) to go from place to place searching for things that you can eat or use (n.) food grown for horses and farm animals The children had been living on the streets, ____ing for scraps. winter ____/ ____ crops
5. delicate	(adj.) needing careful treatment, especially because easily damaged Peaches have ____ skins which are easily bruised. Molly's health has always been ____ (= she gets sick easily).	13. gratis	(adv.) (adj.) without charge or payment; free They gave us the film rights ____. All food is ____, but they charge for the drinks.
6. deploy	(v.) to use something or someone, especially in an effective way (v.) to move soldiers or equipment to a place where they can be used when they are needed The company is reconsidering the way in which it ____s its resources/staff. The decision has been made to ____ extra troops/more powerful weapons.	14. heighten	(v.) to increase or make something increase, especially an emotion or effect (v.) to increase, esp. an emotion or effect The strong police presence only ____ed the tension among the crowd. The high winds ____ed concerns about forest fires.
7. dignitary	(n.) a person who has an important position in a society His responsibilities included welcoming visiting ____s from foreign countries.	15. hurdle	(n.) an obstacle; a problem that you have to deal with before you can make progress (n.) a frame or fence for jumping over in a race (v.) to run in a race in which there are ____s to be jumped over, or to jump over something while running The cost of this exercise is proving to be a major ____. She cleared (= jumped over) all the ____s easily and raced to the finishing line. He ____ed the gate and scrambled up the hill.
8. disorient	(v.) to make people confused about where they are and where they are going It's easy to get ____ed because all the streets look alike.	16. immensity	(n.) the extremely large size of something The ____ of the task is daunting.
		17. incumbent	(n.) officially having the named position The ____ president faces problems which began many years before he took office.

18. in defiance of	behavior in which you refuse to obey someone or something — _____ the ceasefire, rebel troops are again firing on the capital.
19. irreversible	(adj.) not possible to change; impossible to return to a previous condition (adj.) impossible to change or to return to a previous condition Smoking has caused _____ damage to his lungs. Technology has had an _____ impact on society.
20. lingering	(adj.) lasting a long time She gave him a long, _____ kiss. The defeat ends any _____ hopes she might have had of winning the championship.
21. lose oneself in	to be thoroughly absorbed in sb or sth; to become engrossed in sb or sth When I _____ myself _____ my work, time just rushes by.
22. miscellaneous	(adj.) consisting of a mixture of various things that are not usually connected with each other; various His bedroom is full of guitars, keyboards, and _____ instruments.
23. namely	(adv.) that is to say, specifically I learned an important lesson when I lost my job, _____ that nothing is a hundred percent guaranteed.
24. pass up	to fail to take advantage of an opportunity I can't believe she _____ the chance to go to South America. He's never one to _____ a free meal.
25. pavilion	(n.) tent or light building used for shelter or exhibitions _____s may be small garden outbuildings, similar to a summer house or a kiosk; small rooms on the roof of a large house, reached only via the roof may also be called _____s.
26. plunge	(v.) to (cause someone or something to) move or fall suddenly and often a long way forward, down, or into something (v.) a sudden and large fall in value or level I really enjoyed my _____ (= jumping in and swimming) in the pool. We are expecting a _____ in profits this year.

27. preach	(v.) to give unwanted advice, especially about moral matters, in a boring way (v.) (especially of a priest or minister in a church) to give a religious speech My mother's always _____ing at/to me about keeping my room tidy. During the sermon, he _____ed about the need for forgiveness.
28. push back	to delay something so that it happens later than planned The target date for construction has been _____ed _____.
29. put in for	to make an official request to have or do something I'm _____ing _____ a job at the hospital. Richard's finally _____ his driving test
30. rear	(n.) the back part of something (adj.) at the back of something We walked round to the _____ of the house. There's a sticker on the _____ door/window.
31. reinstate	(v.) to give someone back their previous job or position, or to cause something to exist again A month after being unfairly dismissed, he was _____ed in his job. The Supreme Court _____ed the death penalty in 1976.
32. ritual	(n.) a set of fixed actions and sometimes words performed regularly, especially as part of a ceremony Coffee and the newspaper are part of my morning _____. The birds were performing a complex mating _____.
33. scheme	(n.) an officially organized plan or system (v.) to make clever, secret plans that often deceive others There's a new _____ in our town for recycling plastic bottles. For months he had been _____ing to prevent her from getting the top job.
34. scuff	(v.) to make a rough mark on a smooth surface, especially on a shoe or floor (n.) a rough mark made on a smooth surface, especially on a shoe or floor Please wear trainers in the gym, to avoid _____ing the floor. They wear soft overshoes to protect the floor from _____s.

35. shred	<p>(v.) to destroy a document by tearing it into strips, especially in a machine</p> <p>(n.) a very small amount of something</p> <p>(n.) a very small, thin piece that has been torn from something</p> <p>He ordered his secretary to ___ important documents when government inspectors started investigating his business affairs.</p> <p>There isn't a ___ of evidence to support her accusation.</p> <p>Cut the radishes into ___s to garnish the plates.</p>
36. speck	<p>(n.) a very small mark, piece, or amount</p> <p>He'd been painting the door and there were ___s of paint all over the floor.</p> <p>There's not a ___ of (= not any) dust/dirt in their house.</p>
37. take early retirement	<p>to retire early</p> <p>He took over his post in January 2006, when his predecessor ___ _ _ _ _.</p>
38. underpass	<p>(n.) a road or path that goes under something such as a busy road, allowing vehicles or people to go from one side to the other</p> <p>So far they have made no specific proposals for ___s for pedestrians in their design.</p>
39. unwind	<p>(v.) to relax</p> <p>(v.) unfasten</p> <p>A glass of wine in the evening helps me to ___ after work.</p> <p>In a nearby medical tent, a US Army doctor gently ___s Metruk's bandage.</p>
40. upbeat	<p>(adj.) full of hope, happiness, and good feelings:</p> <p>Live music and a parade set an ___ mood for the official opening.</p> <p>The company was ___ at its annual meeting, saying turnover and profit are higher than at this time last year.</p>