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**My own interpretation of happiness**

It is obvious that happiness is difficult to define, for different people have different ideas. Especially in the modern society, more and more people pursue money、power and high social status.

There are many kinds of happiness, how to chose is our decision. In my opinion, happiness is an attitude and status. There is no doubt that wealth can bring us short-term happiness, but there are things more important than wealth, such as affection with our families, love with someone we love, friendship, virtue. I feel happy when I do what I like. Helping others as I can is also a kind of happiness, and I will receive two copies of happiness. So I prefer to participate with some volunteer activities.

As President Xi said, “happiness comes from struggle, and struggle itself is a kind of happiness” . So we must develop correct outlook on life. Don't get lost in the flow of materialism. Only in this way can we obtain true happiness.

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**A life I dream about**

We all have something which we want to do, but we can’t do for various reasons. For example, the rural lifestyle of Li Ziqi, who is very popular on Weibo and Youtobe.

I have different dreams at different stages. When I was a child, I dreamed of becoming a scientist in future, although I don’t know what scientists do. Now, I am a graduate student majoring in transportation planning and management. My research interests are computer vision, target detection, and railway active safety. My dream is to find a relevant and stable job after three years. Although may not make a lot of money, I can spend more time with my family and friends. In my spare time, I can do some things I like, such as cook、fish and plant.

I think this dream is deeply rooted in my mind. I will contribute to make my common dreams come true.

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**The important of self-reliance**

Self-reliance is vital to us because we can not depend on others all the time. It is one of the key factors that make us successful in life.

From my point of view, self-reliance means doing whatever we can by ourselves, and trying our best to deal with the problems rather than relying on others when facing difficulties. However, it is increasingly common for the young to depend on their parents because they are unable to support themselves even though they have grown up. Instead of increasing efficiency, over-reliance on others slows everything down. When we expect others to do something for us, we stop learning and innovating, which is what we really need.

Self-reliance is also a sign of growing-up, which means that we can take the responsibilities for the family and the society. we should have a conscious effort of replacing an “I need help” attitude with an “I can do it myself” attitude.