

# **AVAILABLE TOPICS FOR PROFESSIONAL DEVELOPMENT**

### **Coaching and Mentoring**

- "Introduction to Coaching"
- "Coaching and the Personal Story"

### **Self Management and Independence Coaching**

- "Planning, Goal Setting and Strategy"
- "Emotional Intelligence"
- "Personality and Intelligence Preference"
- "Habits of Success and Weaknesses"
- "Values, Visions, Interests and Abilities"

#### **Student Success and Transition**

- "Critical and Creative Thinking"
- "Coaching Students in a Tough Economy"
- "Coaching the Developmental Student"
- "Coaching for Gifted and Talented Students"
- "Coaching for Teachers and Faculty in STEM Fields"

### For more information

on **professional development**, to sign up for **Academic Coaching** or to schedule **on-site training**:

♦ Visit: <u>www.lifebound.com</u>

Call toll free: 1-877-737-8510

◆ Email: contact@lifebound.com

### **Teamwork & Leadership**

- "Establishing Effective Communication to Resolve Conflict"
- "Creating a Vision and Plan for Leadership"
- "Empowering Men to Become Leaders"
- "Grit, Persistence and Follow-Through"

## **Diversity & Understanding Differences**

- "Cultural Competency and Overcoming Biases"
- "Diversity in the Workplace"
- "Empowering Men for Leadership, Vision and Impact"

## **Career Planning & Advancement**

- "Professionalism in the Workplace"
- "Employability and Advancement"
- "Money Sense and Financial Literacy"

#### Life Skills & Balance

- "Health, Stress & Well-Being"
- "Finding the Work-Life Balance"