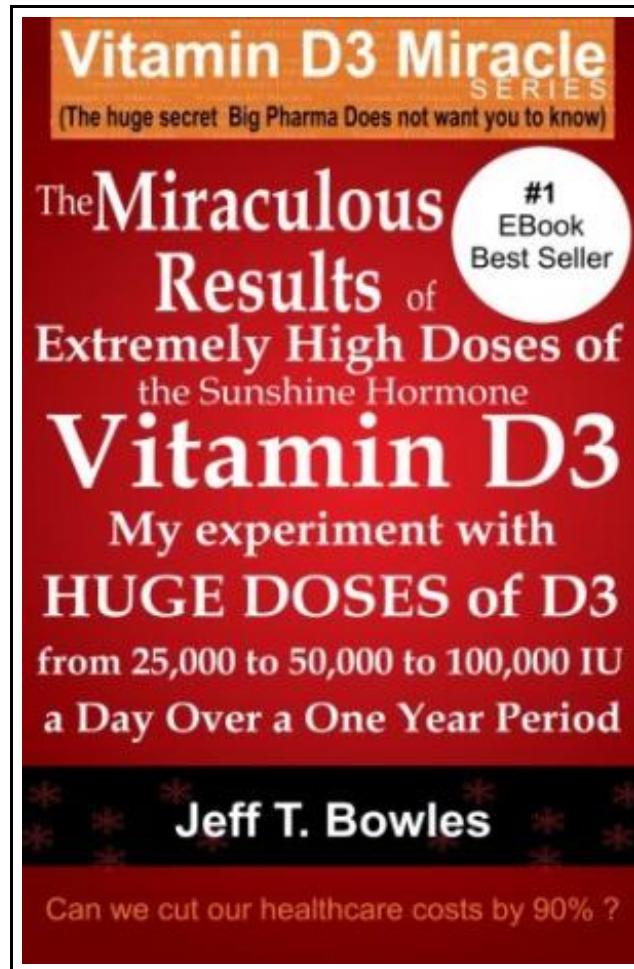


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CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 196 pages. Dimensions: 8.4in. x 5.5in. x 0.6in. This updated edition has a fascinating new look at diabetes as an evolved defense to freezing damage in winter gone out of control- Dont miss it! 144 Pages of Fact-Packed Science Based Information-But FUN to read- Upon realizing that taking 4,000 IU of Vitamin D3 a day was not enough for me, I decided to embark on a dangerous experiment that directly contradicted everything MDs had told me for years: DONT TAKE TOO MUCH VITAMIN D IT IS DANGEROUS!! I started taking 20,000 IU a day-50X times the recommended dose of 400 IU a day. After about 4 months upped the dose to 50,000 IU a day or 150X the old recommended safe dose I then boosted it to 100,000 IU a day or 300 x TIMES the old maximum safe dose! What happened over these last 10 months Did I die get sick No! Just the opposite!! High dose Vitamin D3 therapy over the last year-CURED ALL MY CHRONIC CONDITIONS-SOME THAT I HAD FOR 20 YEARS! A painful snapping hip syndrome which I had been suffering from for 23 years and no Dr could help me- It is now 100 gone. No pain and NO SNAPPING!! Yellow fungus infected toenails (under the nail)- I tried everything over 20 years and nothing worked-10 months of high dose Vitamin D3 and they are clear as a bell! 100 cured. A knobby bone spur on my elbow that made me look like Popeye the sailor man-It has now 100 dissolved and my elbow is back to the way it used to be 20 years ago. Painful, clicking, popping, stiff Arthritic shoulders that prevented me from even throwing a ball...

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