Dr. Blaylock s Prescriptions for Natural Health: 70 Remedies for Common Conditions (Hardback)

By Russell L Blaylock

Humanix Books, United States, 2016. Hardback. Book Condition: New. 231 x 155 mm. Language: English . Brand New Book. There are two important aspects to natural cures specific remedies for ailments and a diet/lifestyle that allow your body to function properly. A health condition, whether long-term or temporary, is a sign that things aren t working as they should. When this occurs, you need to make changes. This book addresses both points: relieving symptoms as well as identifying and correcting underlying diet and lifestyle habits that contribute to the particular problem. Dr. Blaylock believes that many health conditions can be improved and symptoms alleviated through nutritional intervention. While he often recommends supplements, in many cases, a change of diet will have a dramatic impact on improving your well-being. The book discusses diagnosis and treatment of hundreds of medical conditions for both men and women from digestive issues, skin problems, brain health, eyesight, pain, prostate disorders o respiratory conditions. Chronic ailments from arthritis, obesity, high blood pressure and diabetes are also explained. In this breakthrough health book by a doctor who is expert in the use of nutrition as therapy, Dr. Blaylock demonstrates how natural cures have two equally important aspects:...

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Reviews

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