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The Racer: The Inside Story of Life on the Road

By David Millar

Vintage Publishing, United Kingdom, 2016. Paperback. Book Condition: New. 198 x 129 mm. Language: English . Brand New Book. What is it really like to be a racer? What is it like to be swept along at 60kmh in the middle of the pack? What happens to the body during a high-speed chute? What tactics must teams employ to win the day, the jersey, the grand tour? What sacrifices must a cyclist make to reach the highest levels? What is it like on the bus? In the hotels? What camaraderie is built in the confines of a team? What rivalries? How does it feel to be constantly on the road, away from loved ones, tasting one more calorie-counted hotel breakfast? David Millar offers us a unique insight into the mind of a professional cyclist during his last year before retirement. Over the course of a season on the World Tour, Millar puts us in touch with the sights, smells and sounds of the sport. This is a book about youth and age, fresh-faced excitement and hard-earned experience. It is a love letter to cycling.



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