



# Habits of Grace: Enjoying Jesus Through the Spiritual Disciplines

By David Mathis

CROSSWAY BOOKS, United States, 2016. Paperback. Book Condition: New. Student Manual/Study Guide. 235 x 187 mm. Language: English . Brand New Book. Designed as a supplement to Habits of Grace: Enjoying Jesus through the Spiritual Disciplines by David Mathis, this study guide helps readers engage more deeply with the spiritual disciplines (Bible study, prayer, and fellowship) as channels of God's grace. Intended for individuals and small groups alike, this 31-day guide includes relevant Scripture readings, discussion questions tied to assigned readings from the book, and prompts for applying each lesson to daily life. Mathis rehearses key principles and practices outlined in the book, equipping readers to stay focused on the gospel as they cultivate habits that awaken their souls to the glory of God and stir their hearts for joyful service.



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