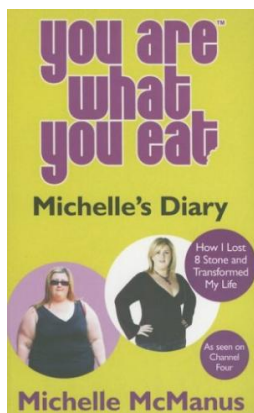


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## YOU ARE WHAT YOU EAT: MICHELLE'S DIARY



Michael O'Mara Books Ltd. Paperback. Book Condition: new. BRAND NEW, You Are What You Eat: Michelle's Diary, Michelle McManus, When Michelle McManus won Pop Idol in 2003, she became as famous for her size as for her singing voice. At first she ignored the catty comments in the press, but when she realized that her weight had crept up to a potentially life-threatening 22 stone, she finally decided enough was enough. Enter Channel 4's top-rated show, You Are What You...

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