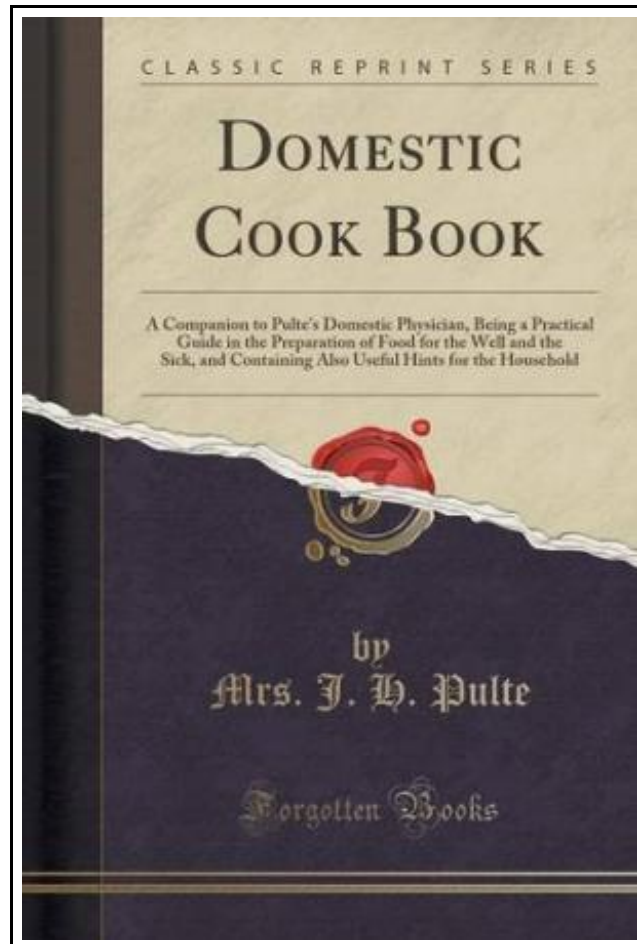


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Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Excerpt from Domestic Cook Book: A Companion to Pulte s Domestic Physician, Being a Practical Guide in the Preparation of Food for the Well and the Sick, and Containing Also Useful Hints for the Household This work was originally a suggestion of the late Dr. Pulte, and was intended as a companion to Pulte s Domestic Physician, to be a practical guide in the preparation of food for the well and the sick; for the former that he might remain well, and for the latter that he might be aided to recover his health. It is a fact, too little understood, that many of the ills that afflict mankind are directly traceable to the use of poorly prepared and unsuitable food. The poor cook is the modern Pandora, and her kitchen is the box from which are issuing dyspepsia, gout, rheumatism and a host of other evils. Your energetic business man, of happy mood and contented at home and abroad, will be found to have a good digestion; whereas, your sour, morose and irritable man for whom there is no music in this life, will as surely be found to be a miserable dyspeptic. About the Publisher Forgotten Books publishes hundreds of thousands of rare and classic books. Find more at This book is a reproduction of an important historical work. Forgotten Books uses state-of-the-art technology to digitally reconstruct the work, preserving the original format whilst repairing imperfections present in the aged copy. In rare cases, an imperfection in the original, such as a blemish or missing page, may be replicated in our edition. We do, however, repair the vast majority of imperfections successfully; any imperfections that...



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