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FAST VEGETARIAN



Wilkinson Publishing. Paperback. Book Condition: new. BRAND NEW, Fast Vegetarian, Connie Hatzikalimnios, What's the first thing that comes to mind when you hear fast food? Cheeseburgers? French Fries? Sodas? Late-night curry cravings? Pleasure? Satisfaction? Fast food can be a fun and delicious indulgence once in a while, but think about how often and how soon the enjoyment of giving in to convenient temptation recedes into stomach aches, indigestion, and regret. If you are lured by the ease of access and...

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- Authored by Connie Hatzikalimnios
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