

Hypertension High Blood Pressure: How to Lower Blood Pressure Permanently in 8 Weeks or Less the Hypertension Treatment Diet and Solution



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Reviews

*This ebook is wonderful. It really is written in simple words and phrases rather than difficult to understand. Your daily life span will be changed the instant you complete looking at this pdf.
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HYPERTENSION HIGH BLOOD PRESSURE: HOW TO LOWER BLOOD PRESSURE PERMANENTLY IN 8 WEEKS OR LESS THE HYPERTENSION TREATMENT DIET AND SOLUTION

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Createspace, United States, 2014. Paperback. Book Condition: New. 234 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The Risks of Hypertension High Blood Pressure. No warning, no significant early symptoms are trademarks of one of the deadliest diseases on earth commonly known as hypertension or high blood pressure. It is no longer an old person s disease because thousands of strokes occur in people under the age of 65 years. Dr. W. Lee Cowden, M.D says: High blood pressure often occurs due to a strain on the heart, which can arise from a variety of conditions, including diet, atherosclerosis [hardening of the arteries], high cholesterol, diabetes, environmental factors, as well as lifestyle choices. When these factors combine with a genetic predisposition, hypertension can occur in two out of three individuals. The undue pressure in the arteries slowly erodes the arteries and organs and increases the risk of stroke, congestive heart failure, kidney failure and heart attack. If high blood pressure is combined with factors such as obesity, smoking, high cholesterol or diabetes, the risk of heart attack or stroke increases dramatically - as much as 400 and more! The Silent Killer is No Longer an Old Person s Disease Some Facts and Figures: Hypertension also known as High Blood Pressure is the leading cause of strokes and heart disease in the world. Globally more than 1 billion people are suffering from high blood pressure. Stroke is the No. 3 cause of death in the U.S. About 780,000 Americans will have a new or recurrent stroke this year because of hypertension About 150,000 Americans will die from a stroke this year About 73.6 million people in the USA age 20 and older have high blood pressure 33 in other words one in three adult Americans have...



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