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# LOSE WEIGHT NOW!: AN EFFECTIVE AND BALANCED WEIGHT LOSS PROGRAM



Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.LOSE WEIGHT NOW! Simple. Balanced. Healthy. In an age where becoming overweight has never been so easy, it s important to get back to the basics to lose weight and become healthy again. Losing weight is certainly not about trying another new diet program or buying another new exercising machine. Too many people go from diet to diet,...

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- Authored by Antonio Macerata
- Released at 2015



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