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## Courage for the Rest of Us: Going from Ordinary to Extraordinary

By Jim Eschrich

Morgan James Publishing. Paperback. Book Condition: New.

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0.4in. Courage. When that word is uttered, more often than not its in connection with heroic deeds involving someone running into a burning building to rescue someone or stepping into the line of fire to protect a buddy. And while such selfless acts certainly reflect great courage, there is another level of courage that lies beneath the surface waiting to emerge.

Though not as extreme, its a critical element necessary for successful living. In his book *Courage for the Rest of Us*, author, speaker, entrepreneur, and former member of the U. S. National Bobsled Team, Jim Eschrich explains that ultimate success and deep satisfaction comes only when we are living life authentically and with passion. Doing that takes courage. Circumstances, people, and life in general have ways of keeping us locked into expectations. Whether its in our careers, businesses, or personal lives, it takes courage to step out from the norm, and often against the tide, to live the life that we know deep inside that we were meant to live. Through Jims first hand, and often outrageous experiences, he demonstrates what it means to reach...



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