

What is Anthroposophy?: Three Perspectives on Self-knowledge



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Reviews

This written publication is wonderful. It is probably the most incredible publication i actually have read through. Its been written in an extremely basic way in fact it is merely following i finished reading this publication where basically transformed me, alter the way i believe.
(Adan Fritsch)

WHAT IS ANTHROPOSOPHY?: THREE PERSPECTIVES ON SELF-KNOWLEDGE

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Anthroposophic Press Inc, United States, 2002. Paperback. Book Condition: New. 198 x 127 mm. Language: English . Brand New Book. This is one of those books that can change your life. Radical, thought-provoking, and indeed mind-boggling, it leads to a completely new way of looking at what it means to be human - a spiritual being in a universe that itself is not just physical, but psychic and spiritual as well. These three previously untranslated lectures are a masterly introduction to what Rudolf Steiner means by anthroposophy. They explain why Steiner describes this path-which means literally the wisdom of the human being - as one that unites what is spiritual in the human being with what is spiritual in the universe. Steiner begins by describing what happens when we die. He shows the relationship between our physical life on earth and the etheric, astral, and spiritual life of the cosmos. He also explains how physical lives are completely interwoven with cosmic existence, and how the missing links in evolution are spiritual in nature. Steiner then demonstrates what he calls the dilettantism and soullessness of mainstream psychology. He points out that since the second half of the nineteenth century the idea of the soul has been lost, and that, consequently, understanding of our inner lives is without a sure foundation. A quite different view, however, emerges from a truly spiritual perspective. In the third lecture, Steiner takes as his guide our three states of being - waking, dreaming, and sleeping. He describes in detail what happens in these three states, and how each is bound up with our lives as physical, psychic, and spiritual beings. With the profound insights in this book, the world becomes a much larger, richer, and more exciting place to live.



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