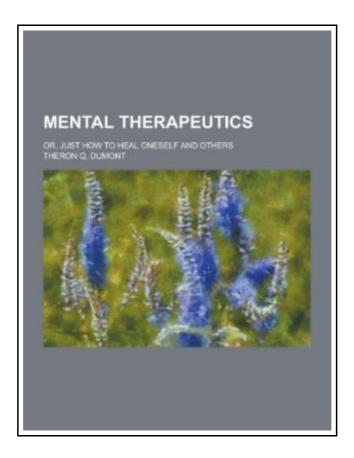
# Mental Therapeutics; Or, Just How to Heal Oneself and Others



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### **Reviews**

The book is straightforward in read through better to recognize. it absolutely was writtern quite completely and valuable. Its been printed in an exceptionally simple way which is only after i finished reading this book where really altered me, alter the way i believe. (Kenyatta Berge DDS)

## MENTAL THERAPEUTICS; OR, JUST HOW TO HEAL ONESELF AND OTHERS



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Theclassics.Us, United States, 2013. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This historic book may have numerous typos and missing text. Purchasers can usually download a free scanned copy of the original book (without typos) from the publisher. Not indexed. Not illustrated. 1916 edition. Excerpt: to conceive of a successful result not being obtained. It is for this reason that in later lessons of this course we shall indicate the principal classes of physical disorders and diseases, giving the physiological and psychological characteristics of each. By an acquaintance with these principal classes of diseases, the student of Mental Therapy is enabled to diagnose the root of the trouble, and then to direct his suggestion directly to the mind in the affected parts, without scatteration of force, or waste of energy. This does not mean that he should, like drug doctors, keep his thought fixed on the diseased condition (for this is contrary to all the principle of mental healing); but on the other hand he should direct his attention to the affected part so that he may begin building up in his own mind, and that of the patient, a picture and ideal of the normal and healthy condition of the organ and part, and to play upon that organ or part all of the mental power at his command, to the end that normal and natural conditions and functioning may be restored and firmly established, the result being Health and Cure. In studying the later lessons just referred to, the student will discover that imperfect functioning of the main organs of nutrition, and those of elimination, is the real cause of a multitude of physical ills, many of which are seated at points in the body far removed...



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