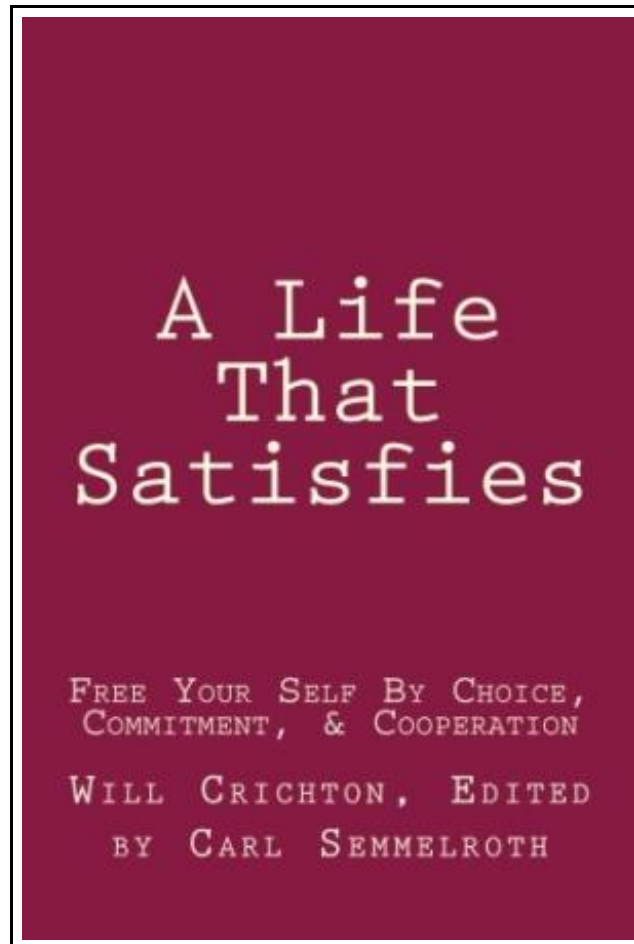


A Life That Satisfies: Free Your Self by Choice, Commitment, Cooperation



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Reviews

It is great and fantastic. I actually have read and so i am certain that i am going to going to go through once again yet again in the future. I realized this ebook from my dad and i encouraged this book to find out.

(Dr. Kayden Gerlach)

A LIFE THAT SATISFIES: FREE YOUR SELF BY CHOICE, COMMITMENT, COOPERATION



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Voluntary Living Press, United States, 2012. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.What is the good life? East meets West in search of an answer to this question in this highly engaging book. Starting with advice from ancient Buddhist teachings for self discovery, Canadian philosopher, Will Crichton, blends this advice with very Western notions of what it means to be and to have a self. He reaches a view of self that informs us what we are looking for, how to find it, and how to change what we find. Crichton establishes a convincing case for accepting satisfaction as a supreme criterion for a good life. Thus, the good life is A Life That Satisfies. He shows how we can lay claim to satisfaction even in the face of life's unpleasant exigencies, including losses ordinarily linked to depression. The more typical life goals of pleasure and happiness can not serve this central role in our lives. The book is a celebration of a life policy that leads to A Satisfying Life; a policy that includes individual freedom and commitments along with voluntary social cooperation. He names this policy Cooperative Individuality. His summary of the meaning of Cooperative Individuality is [It] means living uniquely but not alone. It means being literally, not just metaphorically, a part of a larger individuality. It means grasping the opportunity to share in a creative enterprise in which, far from losing your individuality, you will create it in the shared process of creating those many larger individualities, for there are many levels of community. It means being the design, the shuttle, and the thread in a developing fabric in the creation of which your freedom and your security are the same thing. For,...



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