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Seeking Surrender: How My Friendship with a Trappist Monk Taught Me to Trust and Embrace Life

By Collette Lafia

Ave Maria Press. Paperback. Book Condition: new. BRAND NEW, Seeking Surrender: How My Friendship with a Trappist Monk Taught Me to Trust and Embrace Life, Collette Lafia, Folded within the deep friendship cultivated through letters exchanged between Colette Lafia, a spiritual director and retreat leader, and Brother Rene, a Trappist monk, is Lafia's struggle with infertility, insomnia, the loss of her sister, the declining health and eventual death of her father, and her role as caregiver. Brother Rene's compassion and guidance throughout these trials-and Lafia's responses-provide a template for helping readers to surrender to God in their own struggles. Readers will find simple exercises and profound advice for living a more conscious and intentional life, with tips such as, "look at yourself through God's eyes," "notice when fear arrives at your door," and "trust all is well." Readers will ultimately discover a new attitude of acceptance and letting go.



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Reviews

Most of these publication is the perfect ebook accessible. It is amongst the most awesome publication i have got read through. You wont truly feel monotony at whenever you want of the time (that's what catalogs are for regarding in the event you request me).

-- Prof. Edgar Kshlerin

It is easy in study safer to comprehend. It can be writter in basic phrases and never confusing. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Emmitt Harber