



Bordeaux and Bicycles

By Steven Herrick

Createspace, United States, 2013. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.Award-winning author Steven Herrick journeys across south-western France from the Atlantic Ocean to the Mediterranean Sea on a bicycle, following the canals and rivers and sampling the delights of the region. Accompanied by his wife, Cathie and their two hardy bikes christened Jenny and Craig, this is a whimsical adventure beside the iconic Canal des deux Mers, through small villages and along quiet back roads. Spending almost as much time in restaurants and cafes as in the saddle, the author explores the pleasures and pathways of a region renowned for history, food and wine and natural wonders. From croissants, cake and confit de canard to bordeaux, beer and bicycles, Steven Herrick never loses sight of his life's mantra, cycling is just an interlude between meals. The author also tackles some of the legendary mountain climbs of the Pyrenees including Col du Tourmalet and Col d'Aubisque, in search of cycling heaven. and a perfect excuse to eat more cheese. bordeaux and bicycles is a canal adventure, a restaurant safari and a handbook for those who enjoy slow...



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