



Stroke Survivor: A Personal Guide to Recovery

By Andy McCann

Jessica Kingsley Publishers. Paperback. Book Condition: new. BRAND NEW, Stroke Survivor: A Personal Guide to Recovery, Andy McCann, 'Having had a stroke aged 37 years, Andy McCann has written this clear, easily readable account of his experiences, showing insight and the value of his learning along his personal journey. This book would be invaluable for any health professional, including technicians and students, with any level of experience, to increase his or her knowledge and awareness of a patient's perspective, and would act as a useful departmental resource. Stroke survivors and carers would also benefit, particularly when needing to participate in a rehabilitation goal setting programme. This book is educational and motivational, and has an excellent practical section which could be an inspirational read for professionals, patients and carers.' -British Journal of Occupational Therapy 'Andy says 'I hope that reading this book has proved to be an uplifting, interesting and at times educational experience.' It certainly was for me; I read it in 3 days, and at times could not put it down.' - The Acquirer (Acquired Brain Injury Newsletter) 'Andy McCann tells his own story of experiencing a sudden stroke at the age of 37. The book is both a personal story...



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Reviews

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