



Cultivating the Empty Field: The Silent Illumination of Zen Master Hongzhi (Revised edition)

By Taigen Dan Leighton

Tuttle Publishing. Paperback. Book Condition: new. BRAND NEW, Cultivating the Empty Field: The Silent Illumination of Zen Master Hongzhi (Revised edition), Taigen Dan Leighton, First to articulate the meditation method known to contemporary Zen practitioners as Shikantaza ('just sitting'), Chinese Zen master Hongzhi is one of the most influential poets in all Zen writings. This revised translation of Hongzhi's poetry treats the reader to his profound wisdom and beautiful literary gift. In addition to dozens of poems, translator Daniel Leighton offers an introduction that places the master's work in a historical context, as well as charts and other information.



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