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## Clean Eating Blueprint: A New Start for Your Healthy Body

By Cathy Wilson

Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Clean Eating Blueprint: A New Start for Your Healthy Body by Cathy Wilson shows you how to stay lean and healthy for good. Thousands of celebrities and superstars have used this no-fuss healthy eating and lifestyle strategy to get over their weight loss issues and life obstacles permanently and **ENERGETICALLY!** Three simple steps ----- Detoxify Restore Re-energize **OUT** with the environmental toxins and **IN** with the natural essential vitamins and minerals your body needs for optimal function. Results happen **FAST!** The only thing you have to lose is pesky **FAT!** This book takes an eating and lifestyle strategy that works and personalizes it. If you are serious about . . . Zapping Cellulite Gaining Energy Boosting Metabolism Deterring Serious Disease Improving Chronic Conditions Crisper Thinking Boosting Self-Confidence Alleviating Mood Swings This is the solution for you - Time to take the first step! You only win if you read what Wilson has to offer!.



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