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# YOU AREN'T WHAT YOU EAT: FED UP WITH GASTROCULTURE (PB REISSUE)



Union Books. Paperback. Book Condition: new. BRAND NEW, You Aren't What You Eat: Fed Up with Gastroculture (PB Reissue), Steven Poole, We have become obsessed by food: where it comes from, where to buy it, how to cook it and - most absurdly of all - how to eat it. Our televisions and newspapers are filled with celebrity chefs, latter-day priests whose authority and ambition range from the small scale (what we should have for supper) to large-scale public schemes...

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- Authored by Steven Poole
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