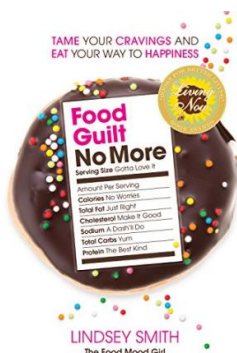


Food Guilt No More: Tame Your Cravings and Eat Your Way to Happiness



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