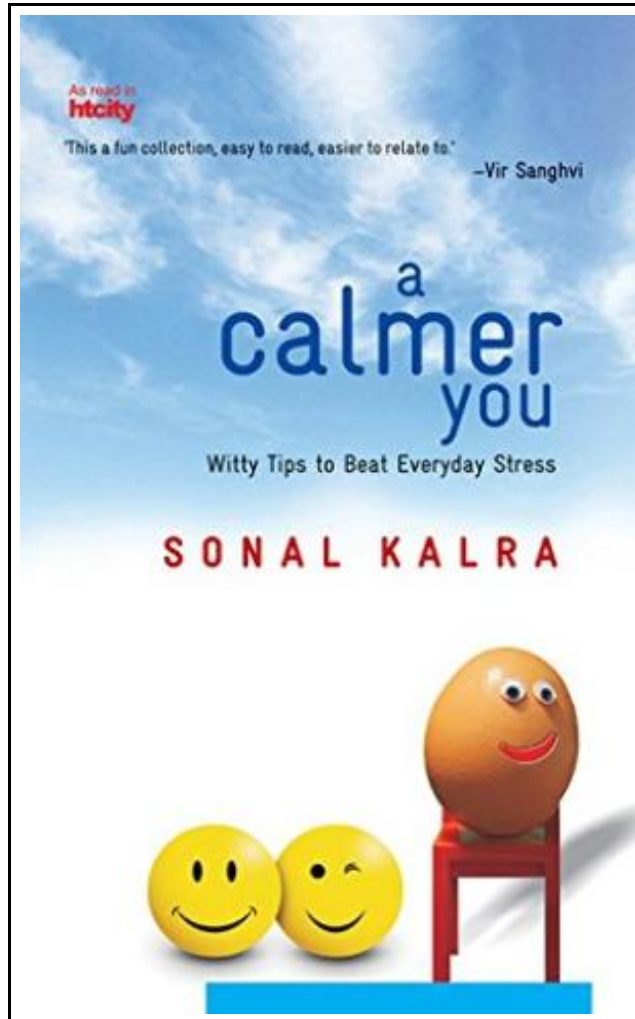


## Calmer You: Witty Tips to Beat Everyday Stress



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