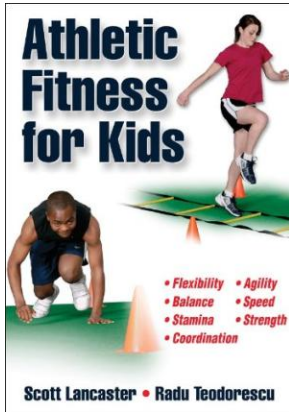


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ATHLETIC FITNESS FOR KIDS



Human Kinetics Publishers. Paperback. Book Condition: new. BRAND NEW, Athletic Fitness for Kids, Scott B. Lancaster, Radu Teodorescu, Develop the top athletes of tomorrow with the only system proven to fully develop children's physical capabilities without drop-out, injury or burnout. The foundation for athletic success is established early through a well-rounded programme incorporating a variety of movement skills instead of concentrating on one sport."Athletic Fitness for Kids" develops movement skills and fitness for 8 to 12 year olds using an...

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- Authored by Scott B. Lancaster, Radu Teodorescu
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