



## Sub Nine: History's Fastest Ironwomen

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By Timothy John Moore

Createspace, United States, 2011. Paperback. Book Condition: New. 202 x 132 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Every generation is defined in part by the achievements of its athletes. Triathlon is one of the youngest and one of the fastest growing sports around the world. In the last four seasons in particular, professional women triathletes have been pacing each other to faster and faster finishing times. This book profiles the fastest iron-distance women professionals-ever. In all, 22 women have finished an iron-distance race in less than 9 hours. Make no mistake, these are the elite of the elites. This book contains snapshots into what drives these athletes. Foreword by managing editor Kevin Mackinnon An extraordinary and inspirational reckoning of women's athletic excellence, Sub Nine is an excellent contribution to collections focusing on women's accomplishments in sports. - Midwest Book Review It's an interesting, well-researched read for someone who'd like to learn more about the background of triathlon - and how far women have come in racing. - Triathlete magazine.



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