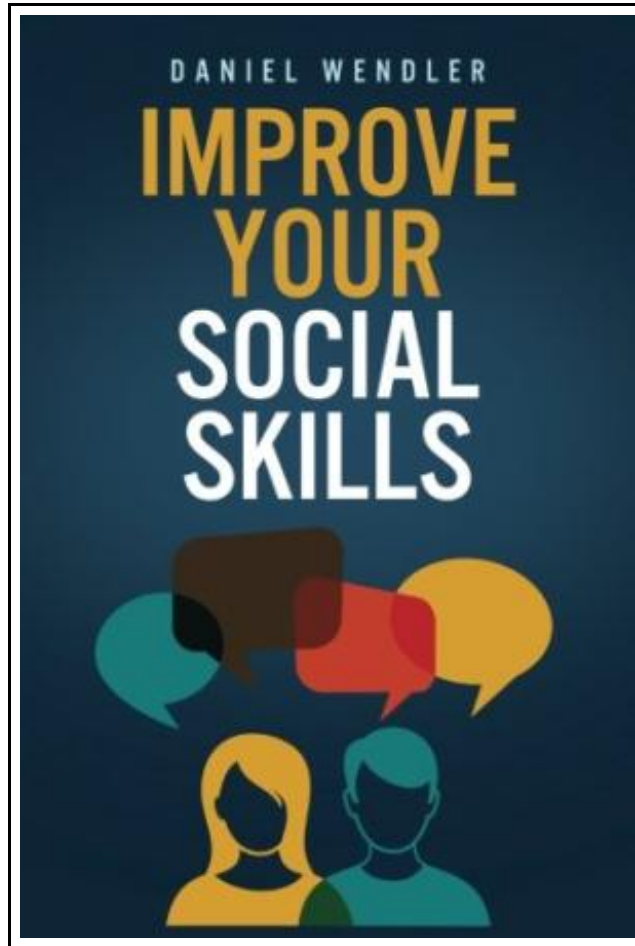


Improve Your Social Skills



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Reviews

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Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Improve Your Social Skills is a comprehensive, practical guide to social skills. It contains 200] pages of step-by-step, easy-to-understand explanations of social interaction, written by a professional social skills coach whose TEDx talk on overcoming the social challenges of Asperger s Syndrome has been viewed over 180,000 times. You ll learn how to: Make Conversation (and keep conversation flowing smoothly!) Read Body Language (and send positive signals with your own body language!) Meet New People (and make friends with them!) Tell Stories In Conversation (that don t bore your audience!) Combat Shyness And Social Anxiety (a little courage every day adds up!) Date Successfully (without manipulation or sneaky tricks!) And More! (lots more!) Ok, enough with the bullet points. I m Dan Wendler, and I wrote the book. I wrote it because I believe everyone deserves a place to belong and I didn t want poor social skills to hold anyone back from friendship and community. even if they struggle with social skills. I know firsthand how hard it is to struggle socially. Growing up, I was bullied, harassed, and excluded -- no matter how hard I tried to fit in. It wasn t until I was diagnosed with Asperger s Syndrome that I put the puzzle pieces together. I realized I struggled socially because I didn t have any social skills -- and just like any other skill, social skills can be learned. So I started to learn them. It took hard work, but I soon started to see improvement in my ability to interact with others. Eventually I was able to start making wonderful friends and today I feel comfortable and confident in all sorts of...

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