



## The Art of Hearing: Seven Practical Methods for Improving Your Hearing

By Richard A Bowen

Ariadne Publishers, United States, 2013. Paperback. Book Condition: New. 224 x 150 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The Art of Hearing -- a holistic approach to hearing problems. In an increasingly noisy world, hearing can be a genuine battle. If you are one of the estimated 16 million Americans who have trouble hearing, consider The Art of Hearing. It is one of the first books to take a holistic approach toward healing less-than-optimum hearing. Methods include acupressure, the psychology of not hearing, affirmations, natural foods, detoxification, and yoga. Rather than accept the terminal diagnosis offered by his doctor, and having found that a hearing aid and speech reading could not cure his own hearing loss, author Richard A. Bowen set out to research healing methods. This book is the result of his efforts and the record of his success. The simple techniques documented in The Art of Hearing cost next to nothing and can be done in the privacy of your home. Let them help you regain your birthright - the clarity and assurance of optimum hearing.



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