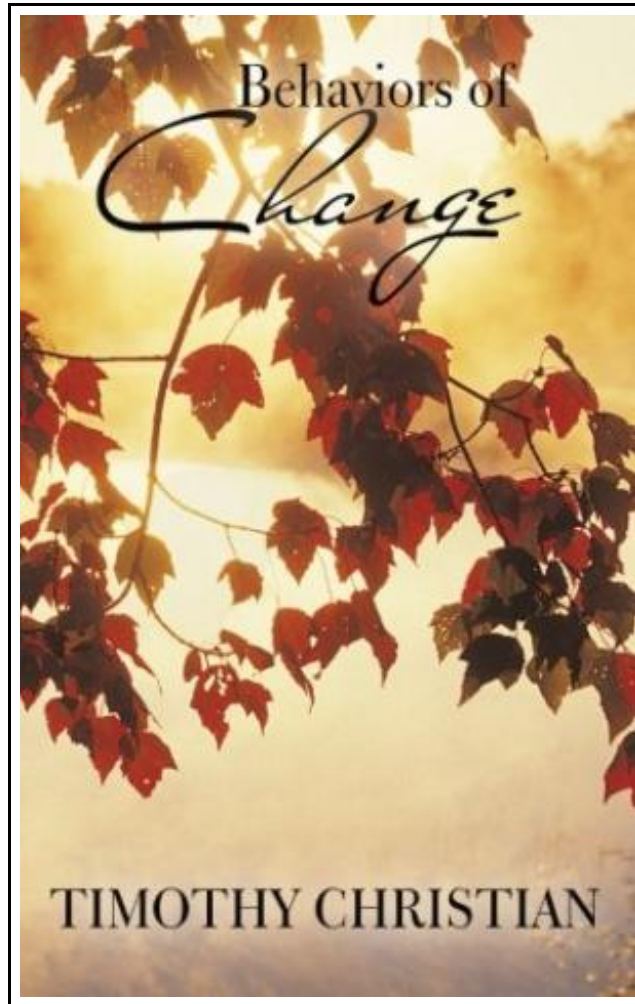


## Behaviors of Change



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WestBow Press, United States, 2013. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.In 1993, the culmination of a lifelong dream to play pro football was well within Tim s reach. But then, a convergence of events changed Tim s course dramatically, and his dream was squandered, resulting in depression and failure. What happened next was a miraculous, immediate transformation, a change in behavior that converted Tim s life from despair to hope. A spiritual awakening had enabled a physical transformation, a one hundred-plus pound weight loss, in three months time. But the physical transformation on the surface provided only a glimpse of the spiritual and mental transformation Tim underwent on the inside. Over the course of the next twenty years, he validated and documented that the transformation he endured during the summer of 1993 was legitimate and permanent. Tim s growing relationship with the Lord inspired and guided the transformational 180 twenty years ago, and this book details the strategies he developed and executed not only to change but to ensure that the behaviors of change are permanent. These strategies are presented in such a way as to enable the reader to apply them to his or her life, touching on many change facets across spiritual, mental, and physical realms, establishing a credible foundation for success.



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