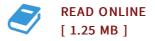




# 90-Day Immune System Makeover

By Janet Maccaro

Siloam Press, United States, 2006. Paperback. Book Condition: New. Revised, Updated. 213 x 137 mm. Language: English. Brand New Book. GIVE YOURSELF 90 DAYS TO. Build and strengthen your immune system. Bring your body s system into proper balance Experience disease-free living. No matter what your health has been in the past, there is something you can do right now to give your entire body a complete makeover!Dr. Janet explains how you can improve the quality of your life with: Valuable, interesting and easy self-test that help your monitor how well your body is functioning Vital news about which food heal and which vitamins and supplements build and restore your health Amazing facts- how your immune system is your miraculous internal pharmacy Charts that help you see your progress at 30, 60 and 90 days Delicious, healthenhancing recipies Imagine what your life could be like with a complete immune system makeover! You best days of health are ahead of you. What are you waiting for?.



#### Reviews

Very useful for all type of individuals. This is certainly for all who statte there was not a worthy of reading through. I realized this publication from my dad and i advised this book to discover.

-- Zakary Fay

The book is straightforward in study better to comprehend. It is really simplistic but unexpected situations in the fifty percent of the ebook. Its been written in an exceptionally simple way which is simply after i finished reading through this ebook in which basically altered me, affect the way i really believe.

-- Letha Corwin

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