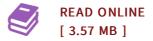




# A Sheep Falls Out of the Tree And Other Techniques to Develop an Incredible Memory and Boost Brainpower

By Christiane Stenger

McGraw-Hill. Paperback. Book Condition: New. Paperback. 224 pages. Dimensions: 8.9in. x 5.9in. x 0.6in.SUPERCHARGE YOUR BRAIN! Discover the secrets of a world memory champion. By the age of eighteen, Christiane Stenger had won the annual Youth World Memory Training Championship-three times! Now she shares her proven brain-boosting program to help you think smarter, faster, and better than you ever thought possible. Youll learn how to: REMEMBER lists, names, numbers, and more INCREASE your overall intelligence ENHANCE creativity and performance SCORE higher grades in school SUCCEED in work and in life Packed with interactive exercises, activities, and quizzes, this fun-filled guide shows you simple everyday ways to improve your memory and sharpen your mental skills, using odd phrases, silly stories, and visual images youll never forget. (The books title, A Sheep Falls Out of the Tree, is a trick for remembering numbers!) Best of all, your new memory powers will benefit every part of your life, from home to school to work. So grab a pen and get started on improving your memory-with the training program of champions. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



#### Reviews

This composed book is excellent. This really is for all who statte that there had not been a worth reading through. Your life period will probably be change as soon as you total looking over this ebook.

### -- Cheyanne Barrows

The book is fantastic and great. I have go through and i also am certain that i will planning to read through once more once more down the road. Its been printed in an exceedingly simple way and is particularly simply after i finished reading through this publication through which really changed me, change the way i think.

## -- Hank Powlowski

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