



Autobiography of a Yogi

By Paramahansa Yogananda

Self-Realization Fellowship. Paperback. Book Condition: New. Paperback. 503 pages. Dimensions: 8.9in. x 6.0in. x 1.1in.This quality paperback edition of Autobiography of a Yogi from Self-Realization Fellowship includes a bonus audio CD with clips from SRFs rare archival recordings of Paramahansa Yogananda. Autobiography of a Yogi is at once a beautifully written account of an exceptional life and a profound introduction to the ancient science of Yoga and its timehonored tradition of meditation. Profoundly inspiring, it is at the same time vastly entertaining, warmly humorous and filled with extraordinary personages. Self-Realization Fellowships editions, and none others, include extensive material added by the author after the first edition was published, including a final chapter on the closing years of his life. Selected as One of the 100 Best Spiritual Books of the Twentieth Century, Autobiography of a Yogi has been translated into more than 30 languages, and is regarded worldwide as a classic of religious literature. Several million copies have been sold, and it continues to appear on best-seller lists after more than sixty consecutive years in print. With engaging candor, eloquence, and wit, Paramahansa Yogananda tells the inspiring chronicle of his life: the experiences of his remarkable childhood, encounters with many...



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