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THE WONDER OF AGING: A NEW APPROACH TO EMBRACING LIFE AFTER FIFTY



BRILLIANCE AUDIO, United States, 2014. CD-Audio. Book Condition: New. Unabridged. 173 x 137 mm. Language: English . Brand New. The New York Times bestselling author of The Wonder of Boys offers a holistic and uplifting look at the emotional, spiritual, and cognitive dimensions of aging and how to celebrate life after fifty. The years after fifty are generally discussed in terms of health: what are the physical symptoms that come with advancing age, and what can we do about them?...

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- Authored by Michael Gurian
- Released at 2014



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