



Sleep is for Everyone (New edition)

By Paul Showers, Wendy Watson

HarperCollins Publishers Inc. Paperback. Book Condition: new. BRAND NEW, Sleep is for Everyone (New edition), Paul Showers, Wendy Watson, Bedtime often seems to come too early, but what would happen if you never went to sleep? When scientists decided to find out, they discovered that your brain needs a rest after a long day of thinking, just as your muscles would need a rest after a long day of work. A different kind of bedtime story, this book is the perfect response to the question 'Can't I stay up a little longer?'.



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