



## Riding the Potty Train: Better Bathroom Behaviors for Little Girls on the Go!

By Jeni Donatelli Ihm

Createspace, United States, 2015. Paperback. Book Condition: New. Jan Dolby (illustrator). 216 x 216 mm. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Lively little girls, a fanciful train, and one charming camel conductor make their way through the first picture book ever to specifically address the pelvic health needs of young girls as they are potty trained. Research suggests that teaching better bathroom behaviors early on can help prevent pelvic health disorders unique to girls and women as they go through life. The use of correct anatomical terms and citing the five steps of Women s Health Foundation s Potty Pledge(R), Riding the Potty Train can instill a sense of accomplishment and understanding, ultimately helping to change the way growing girls feel about and care for their own bodies. Rhyming text and exuberant illustration help to make a brand new topic fun, comfortable, and memorable for both parent and child. Included: The Potty Pledge (R); Potty Pledge explanation, and Glossary. For every little girl; parents, educators, healthcare providers, and caregivers. Appropriate for trade, mass, and specialty markets; and institutional use in schools, daycare centers, and youthoriented social programs.



## Reviews

Extensive guide! Its such a excellent read. This can be for anyone who statte that there was not a worth looking at. I am just effortlessly will get a satisfaction of looking at a written publication.

-- Melvin Hettinger

This book will not be effortless to start on reading through but very exciting to learn. It is amongst the most remarkable book i have got go through. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Dr. Easton Collier DVM