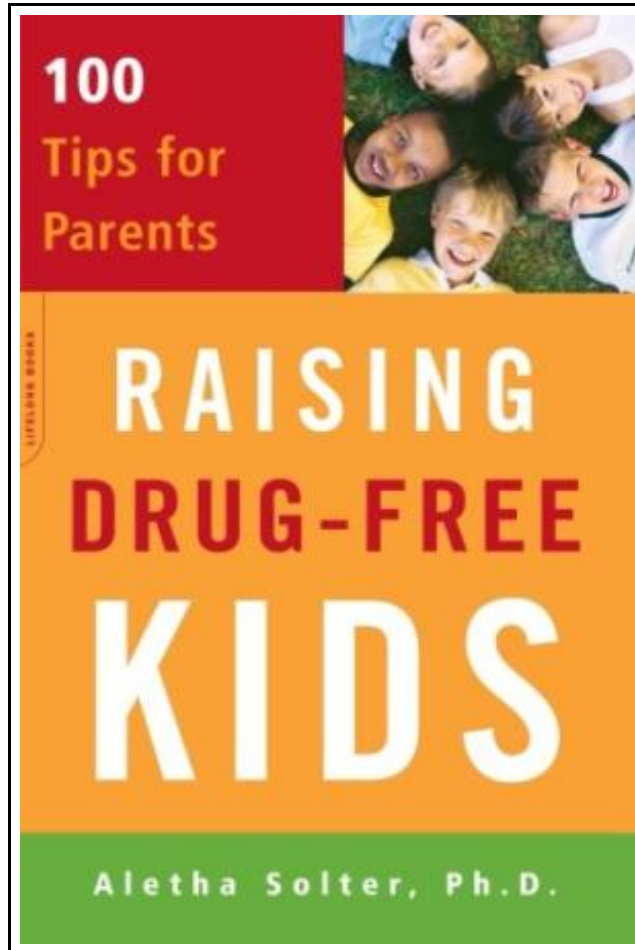


Raising Drug-free Kids: 100 Tips for Parents



Filesize: 6.52 MB

Reviews

Merely no terms to spell out. We have read through and i also am confident that i will gonna read yet again again in the future. You will not sense monotony at anytime of your own time (that's what catalogs are for about should you question me).

(Pasquale Larkin I)

RAISING DRUG-FREE KIDS: 100 TIPS FOR PARENTS



The Perseus Books Group. Paperback. Book Condition: new. BRAND NEW, Raising Drug-free Kids: 100 Tips for Parents, Aletha Solter, In a nation where an estimated 25 percent of high-school seniors use illegal substances on a monthly basis, parents are wise to be concerned about setting their children on a drug-free course. While much advice handed out these days focuses on teen behavior and on what to do once drugs have become a problem in the home, Raising Drug-Free Kids takes an innovative approach and focuses instead on preventative measures that can be followed early on in a child's life. Developmental psychologist and parent educator Aletha Solter provides parents with simple, easy-to use tools to build a solid foundation for children to say "no" to drugs. Organized by age group, from preschool through young adulthood, the handy 100 tips will show parents how to help their children to: Feel good about themselves without an artificial high. Cope with stress so they won't turn to drugs to relax. Respect their bodies so they will reject harmful substances. Have close family connections so they won't feel desperate to belong to a group. Take healthy risks (like outdoor adventures) so they won't need to take dangerous ones.



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