

# Thought for Food

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TERRI PARKER

## **Reviews**

The book is fantastic and great. It is definitely basic but shocks in the 50 percent in the pdf. Its been printed in an remarkably basic way and it is just soon after i finished reading this publication in which really changed me, change the way i believe.

(Dr. Lukas Hills DDS)

#### THOUGHT FOR FOOD



Xulon Press, United States, 2008. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.FINALLY, a nutrition guidebook that is clear, comprehensive and written in lay terms by a professional nutritionist! THOUGHT FOR FOOD is a unique concept combining a manual on nutrition basics with devotionals for quiet time. Each chapter explores a specific nutritional area, such as protein, and looks at the physical as well as the spiritual needs. The author uses a conversational writing style to convey sound Biblical wisdom for spiritual parallels or in her words, mirror images, of the scientific principle being reflected, bringing the reader into an awareness of the multi-dimensional person he or she is. You are a soul. You have a spirit. You live in a physical body. This book shows you how all three dimensions of who you are Need nourishment Need exercise Need to discern distortions and half-truths Need God .and then it shows you how to get them! After earning a bachelor s degree in Family and Consumer Sciences (area concentration in Nutrition), at East Tennessee State University, Terri Parker worked as a clinical nutritionist in hospitals in the Chicago area and in Connecticut. Her love of nutrition led her to pursue a Master of Science degree in Nutritional Biochemistry from The University of Bridgeport. Then after a life-changing experience with Jesus Christ, she returned to school, driven by a thirst for knowledge of God's Word, and received a Master of Arts degree in Theology from Fuller Theological Seminary, in Pasadena, California. Currently, Terri works as a college professor of both Human Nutrition and Comparative Religions. She has the unique ability to combine her seemingly incompatible professional fields of Science and Religion, not only in her teaching, but also inher...



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