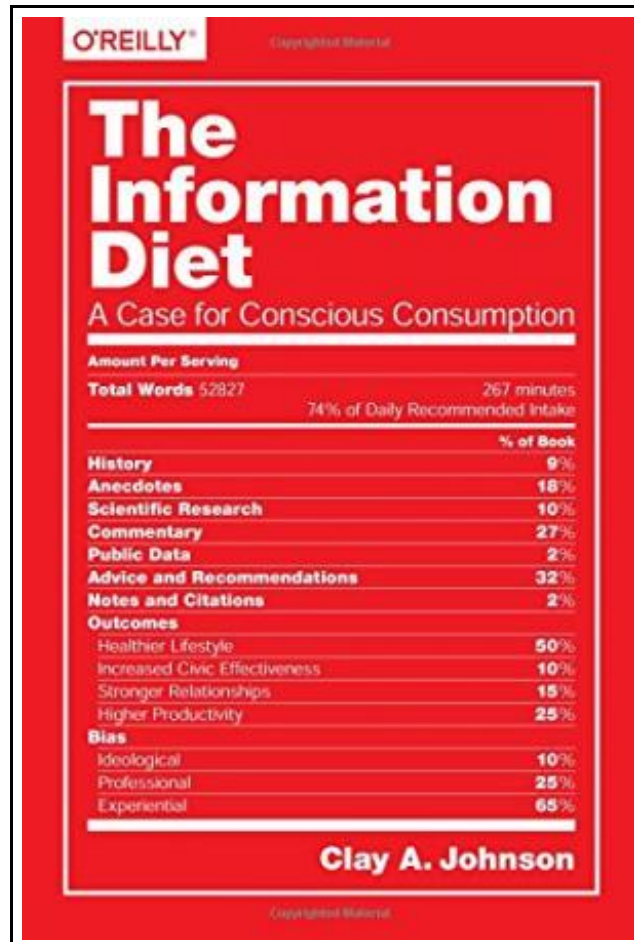


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THE INFORMATION DIET: A CASE FOR CONSCIOUS CONSUMPTION

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