



The Essential Oils of the Mind Body Spirit: The Holistic Medicine of Clinical Aromatherapy

By Mrs Elizabeth Ashley

Createspace, United States, 2014. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.Number #1 best seller in US Kindle Philosophy category Dec 14 Essential Oils for Mind Body Spirit The Holistic Medicine of Clinical Aromatherapy Healing the skin, easing the tummy ache or getting someone to sleep is easy with essential oils. Anyone can do it. The joy of healing, though, comes from peeling back the layers of the disease, almost like a detective to find out exactly what caused it in the first place. Consider this book to be lesson 2 in The Secret Healer Series. You have mastered which oil to use for what and why. this book takes you step by step though the ancient healing mechanisms of the aura, the chakras and meridians but also explores how that ties in with the latest scientific discoveries into how the emotions affect our health. Using Candace Pert's remarkable Molecules of Emotion research, The Secret Healer shows you where to look for healing links and why. Uncover how a certain recurrent negative emotion can be the trigger to make you ill? Understand internal processes that mean that psychology, neurology...



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