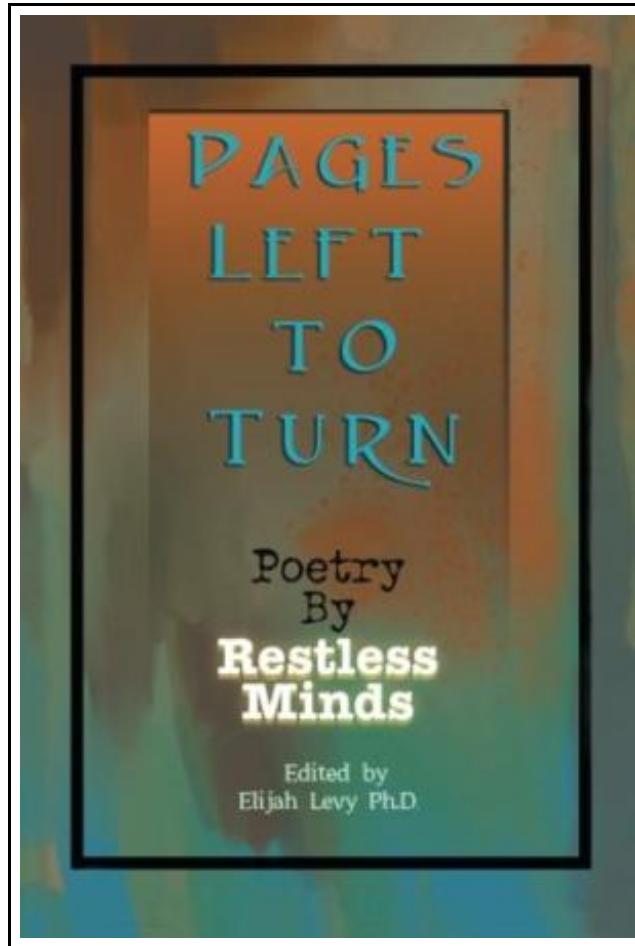


Pages Left to Turn: Poetry by Restless Minds



Filesize: 2 MB

Reviews

Extensive guideline! Its such a great go through. It is definitely basic but surprises in the 50 % of the pdf. It is extremely difficult to leave it before concluding, once you begin to read the book.
(Fernando Hahn)

PAGES LEFT TO TURN: POETRY BY RESTLESS MINDS

[DOWNLOAD](#)

XLIBRIS. Paperback. Book Condition: New. Paperback. 206 pages. Dimensions: 9.0in. x 6.0in. x 0.5in. In this collection of poetry, individuals living with mental illness convey in an intimate, evocative and vivid style their longing for acceptance, meaning and recovery. The therapeutic benefits for the mentally ill writing poetically is a journey of self-discovery and the writing process organizes and clarifies their situation in life. For the mentally ill, writing poetically by using imagery and metaphor is a safe passage to reclaim who one was before the illness emerged. The metaphor relies on an analogy or symbol to create new meaning by expanding the imaginative mind that ultimately pushes one into a new reality that generates insight. The metaphor is fascinating because of its power to silently express a complete picture in an instant. Individuals living with symptoms of Schizophrenia and Bipolar Disorder are a vessel of truth and writing poetically about suffering transforms that truth in a way that makes it meaningful and amenable to healing. What is dormant, and undoubtedly shameful to disclose is awakened, and although it describes the limitations the illness imposes in their lives, it energizes one to act in some way to heal the pain, overcome and defeat ongoing devaluation, loneliness, stigmatization and alienation. In the end, it is hope that gives life meaning and sustains faith for the good life. Without hope, one lives in despair and futility. Meaning gives one the strength to overcome. The evocative nature of poetry transforms silence, alienation and insignificance to sound. The mentally ill live in their safe, beautiful, intimate and private world. The written word-- the poem, allows one to share this experience in a public forum for others to identify with and ultimately connect them to the larger world to reduce alienation and increase integration. At some...

[Read Pages Left to Turn: Poetry by Restless Minds Online](#)[Download PDF Pages Left to Turn: Poetry by Restless Minds](#)

Relevant eBooks



Deep Justice in a Broken World: Helping Your Kids Serve Others and Right the Wrongs around Them (Youth Specialties)

Zondervan/Youth Specialties. Book Condition: New. 0310273773 BRAND NEW!! MULTIPLE COPIES AVAILABLE. NEW CONDITION!! 100% MONEY BACK GUARANTEE!! BUY WITH CONFIDENCE! WE SHIP DAILY!!EXPEDITED SHIPPING AVAILABLE. It doesn't take a long list of statistics to convince...

[Save Book »](#)



TJ new concept of the Preschool Quality Education Engineering the daily learning book of: new happy learning young children (3-5 years) Intermediate (3)(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2005-09-01 Publisher: Chinese children before making Reading: All books are the...

[Save Book »](#)



TJ new concept of the Preschool Quality Education Engineering the daily learning book of: new happy learning young children (2-4 years old) in small classes (3)(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2005-09-01 Publisher: Chinese children before making Reading: All books are the...

[Save Book »](#)



My Life as an Experiment: One Man s Humble Quest to Improve Himself by Living as a Woman, Becoming George Washington, Telling No Lies, and Other Radical Tests

SIMON SCHUSTER, United States, 2010. Paperback. Book Condition: New. Reprint. 212 x 138 mm. Language: English . Brand New Book. One man. Ten extraordinary quests. Bestselling author and human guinea pig A. J. Jacobs puts...

[Save Book »](#)



Dog on It! - Everything You Need to Know about Life Is Right There at Your Feet

14 Hands Press, United States, 2013. Paperback. Book Condition: New. 198 x 132 mm. Language: English . Brand New Book ***** Print on Demand *****.Have you ever told a little white lie? Or maybe a...

[Save Book »](#)



How to Live a Holy Life

1st World Library, United States, 2005. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.Purchase one of 1st World Library's Classic Books and help

[Download Document »](#)



Born Fearless: From Kids' Home to SAS to Pirate Hunter - My Life as a Shadow Warrior

Quercus Publishing Plc, 2011. Hardcover. Book Condition: New. No.1 BESTSELLERS - great prices, friendly customer service â" all orders are dispatched next working day.

[Download Document »](#)



The Official eBay Guide: To Buying, Selling and Collecting Just About Everything

Simon & Schuster Ltd. Paperback. Book Condition: new. BRAND NEW, The Official eBay Guide: To Buying, Selling and Collecting Just About Everything, Laura Fisher Kaiser, Michael Kaiser, Omidyar, Pierre, HAPPY HUNTING(TM) ON eBay Aunt Fannie's

[Download Document »](#)



Read Write Inc. Phonics: Yellow Set 5 Storybook 7 Do We Have to Keep it?

Oxford University Press, United Kingdom, 2016. Paperback. Book Condition: New. Tim Archbold (illustrator). 211 x 101 mm. Language: N/A. Brand New Book. These engaging Storybooks provide structured practice for children learning to read the Read

[Download Document »](#)



Singing to the End of Life: Life's Outtakes - Year 5

Createspace, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.52 Humorous And Inspirational Short Stories! - Life's Outtakes Volume 5 From

[Download Document »](#)