



## The Power of You: Why You Have the Potential to Change Your Life in an Instant

By Ian Lawton

Rational Spirituality Press, United Kingdom, 2014. Paperback.

Book Condition: New. 2nd Revised edition. 216 x 142 mm.

Language: English . Brand New Book. Have you ever felt like you re not in control? That you re a victim of circumstance, or of your partner or family or boss? That your karma is catching up with you, or even that you have a life plan that involves suffering? But what if you re actually in control as you create your reality afresh in each moment? \* Even if your greater self chooses certain circumstances in your life. you still create your reaction to them. \* Time isn t continuous, so the past has no bearing on the present. unless you let it. \* Physical reality is nothing more than a mirror. it only reflects what you put out. \* If you re unhappy with any part of your life. what underlying belief must you hold to be creating it? \* You don t have to look outside yourself for answers. because the best person to help you is you. \* You don t have to create the life you desire. it already exists among infinite possibilities. \* Abundance is not selfish...



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