



Olives: A Book of Recipes

By Helen Sudell

Anness Publishing. Paperback. Book Condition: new. BRAND NEW, Olives: A Book of Recipes, Helen Sudell, This is a book of recipes. It is a wonderful collection of 30 recipes featuring the Mediterranean's best-loved ingredient. It includes classic olive recipes such as Tapenade, Baked Cod with Tomatoes and Olives, Baba Ganoush, and Potatoes, Feta and Olive Salad, plus dishes that feature olive oil as a main ingredient like Pistou, Bagna Cauda, and Bouillabaise. It is a concise introduction describes the different types of olive, the olive harvest and how best to select perfect olives for eating. It features tasty appetizers and snacks, refreshing salads, fish and shellfish, and meat and poultry dishes. It includes step-by-step instructions, cooking tips and techniques will ensure complete success. It clearly illustrated with over 75 photographs. It is a nutritional breakdown for each recipe is included. Olives are one of the most ancient foods. Both the fruit and its oil continue to nourish people and add interest to cuisines all over the world. Although olives are delicious on their own as a tasty and nutritious snack, many superb recipes exist using olives as a key ingredient, and this attractive book includes the very best selection of...



Reviews

Extensive guide! Its such a excellent read. This can be for anyone who statte that there was not a worth looking at. I am just effortlessly will get a satisfaction of looking at a written publication.

-- Melvin Hettinger

This book will not be effortless to start on reading through but very exciting to learn. It is amongst the most remarkable book i have got go through. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Dr. Easton Collier DVM