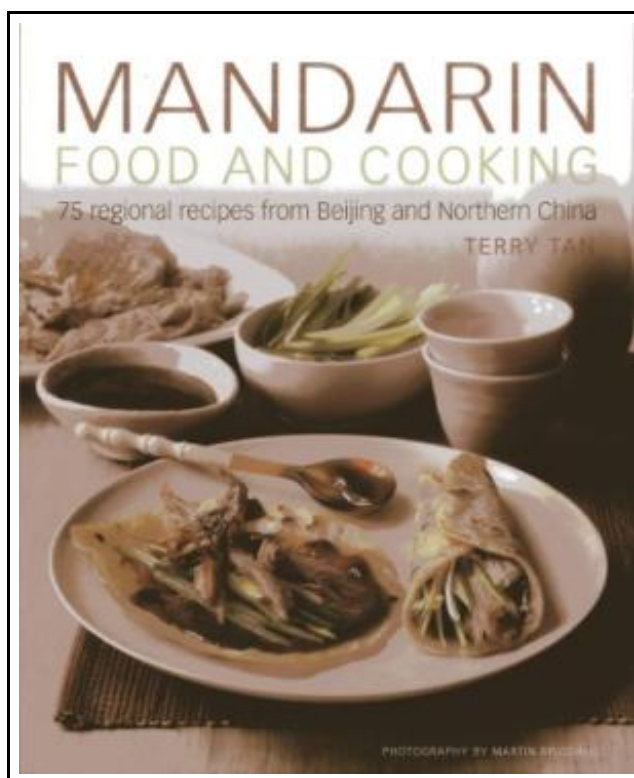


## Mandarin Food and Cooking: 75 Regional Recipes from Beijing and Northern China



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## MANDARIN FOOD AND COOKING: 75 REGIONAL RECIPES FROM BEIJING AND NORTHERN CHINA



Anness Publishing. Hardback. Book Condition: new. BRAND NEW, Mandarin Food and Cooking: 75 Regional Recipes from Beijing and Northern China, Terry Tan, This title features 75 regional recipes from Beijing and Northern China. From the modern restaurants of Beijing to the home kitchens of Heilongjiang, Jilin, Liaoning, Hebei, Shanxi and Shandong, this book brings together traditional Mandarin cuisine and the foods of the northern provinces. You can discover world-famous dishes and unusual local recipes, including Lotus Leaf Dumplings, Braised Quails, Stewed Spare Ribs, Sliced Beef and Bamboo Shoots, Mandarin Pancakes and Caramelized Apples. A concise introduction provides all the information you need to understand the origins and history of Mandarin food and cooking, with a helpful guide to the essential ingredients, tools and equipment you will need. 370 delightful photographs by Martin Brigdale include a mouthwatering picture of each finished dish, making it easy to achieve success with every recipe. Nutritional information is provided throughout. From majestic Beijing and the awe-inspiring Great Wall to ancient Buddhist temples and the vast Yellow River, northern China is historically, geographically and culturally diverse. The Beijing school of cooking contains recipes from the imperial kitchens of the Forbidden City, but is also influenced by the vast, unforgiving lands to the north. In this fascinating new book, Terry Tan explores the varied dishes that make up the menus of northern China. There are 75 authentic recipes from Beijing and the surrounding provinces, with chapters covering soups and dim sum; fish and shellfish; poultry; meat and game; pancakes, breads and noodles; vegetables, and sweet things. This sumptuous book makes Chinese food accessible to every cook.



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