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Angela Porter s Zen Doodle Animal Tangles

By Angela Porter

Perseus Distribution Services, United Kingdom, 2016.
 Paperback. Book Condition: New. 277 x 216 mm. Language: English . Brand New Book. Zentangle is a fun and relaxing art form that has emerged in the last decade. Its free-form style, abstract images, and repetitive patterns all unite to create elaborate and soothing illustrations. This method has been said to increase mindfulness and aid in relaxation while simultaneously expressing creativity an ideal remedy for stress. Animals and nature are believed to have similar antistress properties. Combining this idea with the Zen style, bestselling illustrator Angela Porter takes you on a relaxing journey through the wilderness in this breathtaking collection that will help you de-stress and decompress. Featured are forty-nine beautiful designs for you to color and decorate each weaving together intricate swirling patterns and other geometric shapes to form some of your favorite members of the animal kingdom. As an added bonus, the pages are perforated and printed on one side, making it simple for you to remove and display your finished masterpieces. Instead of wasting your time with generic designs, color on the wild side with Angela Porters Zen Doodle Animal Tangles. Whether you love cats, dogs, fish, birds, or even bears, this coloring book...



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Reviews

It is great and fantastic. Better then never, though i am quite late in start reading this one. Your life period will likely be transform once you comprehensive reading this book.

-- **Blanca Davis**

An extremely wonderful book with lucid and perfect information. It is one of the most awesome publication i have read. Your life period will probably be enhance the instant you total looking at this pdf.

-- **Prof. Dan Windler MD**