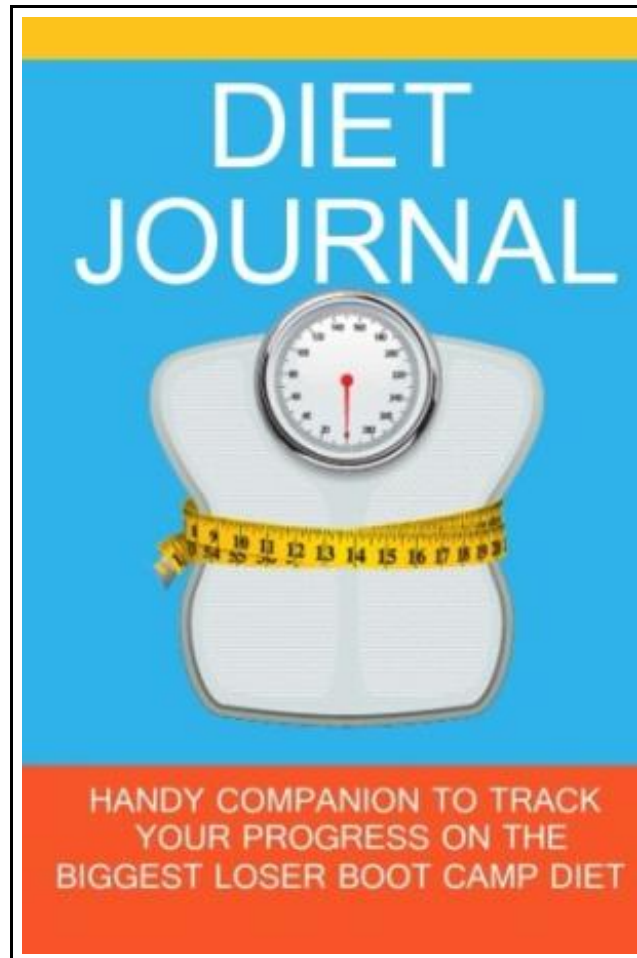


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(Dr. Barney Robel Jr.)

DIET JOURNAL: THE HANDY COMPANION TO TRACK YOUR PROGRESS ON THE BIGGEST LOSER DIET



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