



Northumberland Walks: You Take the High Road with Alternative Routes to Suit All Abilities

By Anne Leuchars, Debby Waldron

Sigma Press. Paperback. Book Condition: new. BRAND NEW, Northumberland Walks: You Take the High Road with Alternative Routes to Suit All Abilities, Anne Leuchars, Debby Waldron, This book proves that the tortoise and the hare can set off and finish at the same time, and enjoy each other's company along the way. Anne Leuchars is the tortoise, a slow walker who likes to stop for a breather, and Debby Waldron is the hare, fit enough for any outdoor challenge. Together they have devised walks which bring equal pleasure to both types of walker. Each walk splits into harder sections for fitter people and easier tracks for slower walkers. In most cases you all set off together, then separate part way through and meet up again to complete the walk together. The walks also accommodate differences in approach to a day in the countryside. Some people like the satisfaction of several miles or a steep hill conquered, others prefer to stroll along, taking rests along the way to relish the views.



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