



## Parenting Without Power Struggles: Raising Joyful, Resilient Kids While Staying Cool, Calm, and Connected

By Susan Stiffelman MFT

Tantor. No binding. Book Condition: New. MP3 CD. Dimensions: 7.4in. x 5.3in. x 0.6in. Do you ever find yourself asking . . . How can you get your children to do their homework without meltdowns, threats or bribes? How can you have a drama-free morning where the kids actually get out the door in time for school? How can you better manage your kids screen time without making them want to hide what they're doing from you? Family therapist Susan Stiffelman is here to help. While most parenting programs are designed to coerce kids to change, *Parenting Without Power Struggles* does something innovative, showing you how to help your children awaken their natural instincts to cooperate, rather than employing threats or bribes, which inevitably fuels their resistance. By staying calm and being the confident Captain of the ship your child needs, you will learn how to parent from a place of strong, durable connection, and you'll be better able to help your kids navigate the challenging moments of growing up. Drawing upon her successful practice and packed with real-life stories, *Parenting Without Power Struggles* is an extraordinary guidebook for transforming the day-to-day lives of busy parents and the children they love. This item ships from...



**READ ONLINE**  
[ 8 MB ]

### Reviews

*This kind of pdf is every thing and made me seeking ahead plus more. It is probably the most amazing ebook i have study. I am quickly can get a enjoyment of reading a composed pdf.*

-- **Florence Rutherford DDS**

*Definitely among the best ebook I actually have possibly read through. It is really simplified but unexpected situations in the 50 % from the publication. You wont truly feel monotony at at any time of the time (that's what catalogues are for concerning in the event you ask me).*

-- **Jerald Champlin II**

## You May Also Like



**Becoming Barenaked: Leaving a Six Figure Career, Selling All of Our Crap, Pulling the Kids Out of School, and Buying an RV We Hit the Road in Search Our Own American Dream. Redefining What It Meant to Be a Family in America.**

Createspace, United States, 2015. Paperback. Book Condition: New. 258 x 208 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This isn t porn. Everyone always asks and some of our family thinks it is for sure.but it s not....



**Learning to Walk with God: Salvation: Stories and Lessons for Children about the Timeless Truths Revealed in the Bible**

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The Ultimate Book of Lessons and Stories about the Ageless Truths in God s Word The best way to teach...



**Growing Up: From Baby to Adult High Beginning Book with Online Access**

Cambridge University Press, 2014. UNK. Book Condition: New. New Book. Shipped from US within 10 to 14 business days. Established seller since 2000.



**A Little Wisdom for Growing Up: From Father to Son**

Wipf Stock Publishers, United States, 2007. Paperback. Book Condition: New. 193 x 119 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Description: A Little Wisdom for Growing Up is an ancient form of storytelling, of passing on wisdom between...



**Read Write Inc. Phonics: Grey Set 7 Non-Fiction 5 a Place in Space: The Moon**

Oxford University Press, United Kingdom, 2016. Paperback. Book Condition: New. 197 x 88 mm. Language: N/A. Brand New Book. These decodable non-fiction books provide structured practice for children learning to read. Each set of books is carefully levelled to match childrens growing...



**Christian Children Growing Up in God s Galaxies: Bible Bedtime Tales from the Blue Beyond**

Createspace, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Christian Children Growing up in God s Galaxies is a group of ten children s stories, set on far off...