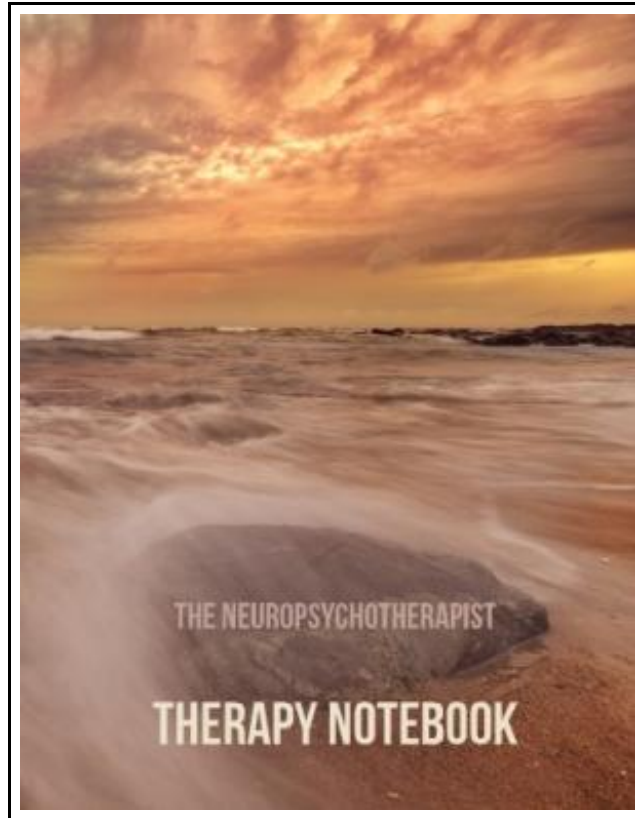


## The Neuropsychotherapist Therapy Notebook: Client Clinical Record



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## THE NEUROPSYCHOTHERAPIST THERAPY NOTEBOOK: CLIENT CLINICAL RECORD



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Createspace, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This client record notebook has been designed to work hand-in-hand with the companion publication, The Neuropsychotherapist Client Workbook, which provides clients with corresponding spaces to record their therapeutic journey with you. This case notebook can alternatively be used on its own, as an open framework, for you to record the biopsychosocial position of your client and take session notes-all in the one document. It is assumed that you are using your own intake form for new clients; however, an example of a comprehensive intake form is reproduced in the appendix and you may use this form or a variation of it if you wish. You may even like to have your clients fill out the form in this notebook itself prior to your first session. The layout of the notebook has been designed to encourage you to explore a bio-psycho-social-spiritual perspective of your client's state and circumstance while keeping in mind basic neurobiological underpinnings of behaviour. The neuropsychotherapeutic approach is founded on the fundamental concept that the protection and enhancement of basic psychological needs is driven by learned schemas, or models of reality. These motivational schemas are either approach or avoidance oriented. This notebook draws your attention to behaviour that is either approach or avoidance orientated (by taking note on page 11) and encourages you to record how well the basic psychological needs are being serviced (page 15). The concept of safety is critical in this perspective of mental wellbeing (as noted also on page 15). This introduction is not the place to fully develop the theoretical basis for the neuropsychotherapy approach, but a step-by-step explanation of the theory and rationale for this notebook, and the corresponding...



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