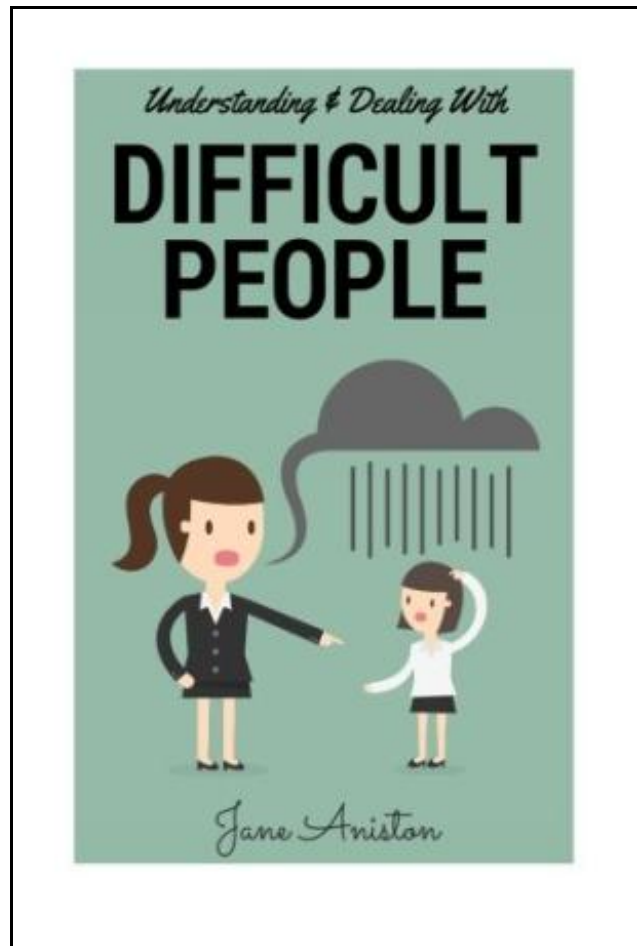


## Difficult People: Understanding Dealing with Difficult People, Bullying Emotional Abuse at Home in the Workplace



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### ***Reviews***

*Very helpful for all category of men and women. It is rally fascinating throgh studying period. It is extremely difficult to leave it before concluding, once you begin to read the book.*  
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Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Do You Want Feel Empowered In A Position Of Control When Dealing With The Difficult People In Your Life? - NOW INCLUDES A BONUS FREE BOOK! Are there people in your life that youre finding difficult to deal with? Perhaps a bullying boss or an overbearing college at work? A "friend" who somehow seems to have a way of bringing you down every time you see them? A family member who constantly oversteps the mark? A neighbor who seems intent on making your life miserable? Whatever the case, this book has will help you first understand these individuals, and then, perhaps more importantly, will guide you in exactly how to deal with them. Difficult people can make our lives a living hell, but by understanding them and then following a few simple guidelines we can take back control and empower ourselves when communicating with these individuals. Whether the difficult people in your life are arrogant, overly-critical, haughty, bullying, bossy, negative, whiners, complainers, overly-"nice", show offs, bitchy, pessimistic, passive aggressive or simply downright difficult, this book has the answers youre looking for! In this book well look at: The different types of difficult people and why they are the way that they are. The most effective methods to use when dealing with each of the different types of difficult people. Why its important to understand the "Drama Triangle", and its role in all relationships. How to identify the signs of bullying and emotional abuse How to deal with bullying and emotional abuse at home and in the work place What to do in the moment when another person "oversteps the mark". The changes we can make...



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