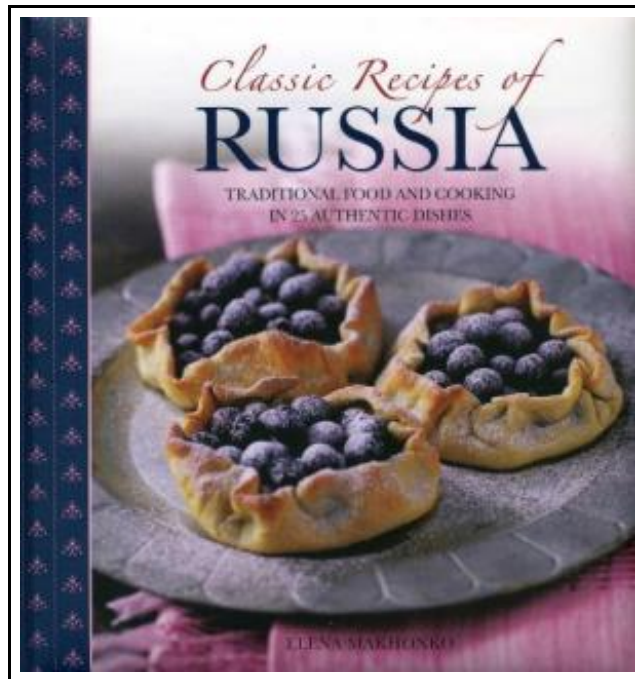


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Anness Publishing. Paperback. Book Condition: new. BRAND NEW, Classic Recipes of Russia: Traditional Food and Cooking in 25 Authentic Dishes, Elena Makhonko, This title explores the rich and varied delights of Russian cuisine from Georgian meat soup to the fresh cheese and fruit dessert, Pashka. It features a fabulous collection of recipes that will introduce you to the very essence of Russian food: simple dishes cooked from local ingredients. It features a variety of dishes from warming Russian soups, filling dumplings and spicy pastries to wholesome main courses and irresistible sweets and desserts. It explores the geography and key cooking ingredients of Russia along with its eating traditions and seasonal food celebrations. It includes over 85 glorious photographs, showing key techniques and a tempting image of each finished dish. Complete nutritional information is given for every recipe to help with dietary planning. Russia is a vast country and its cuisine is a melting pot of myriad cultural and geographical influences. Russian people love uncomplicated food, cooked from fresh country ingredients including fish, poultry, game, mushrooms, honey, home-grown vegetables, and berries plucked from hedgerows. This wonderful collection of recipes offers a taste of this rich, varied and culturally diverse cuisine with such dishes as the much-loved Borscht soup, Pelmeni (delicious little stuffed pastries), and Pirozhki (vegetable dumplings). There is Shashlyk, a kind of shish kebab, and imperial recipes such as Veal Orloff, Beef Stroganoff, and Charlotte Russe. The introduction gives an insight into the background of Russian regional cooking, while stunning photographs of every finished dish are sure to inspire you to recreate the authentic taste of Russia in your own home.



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