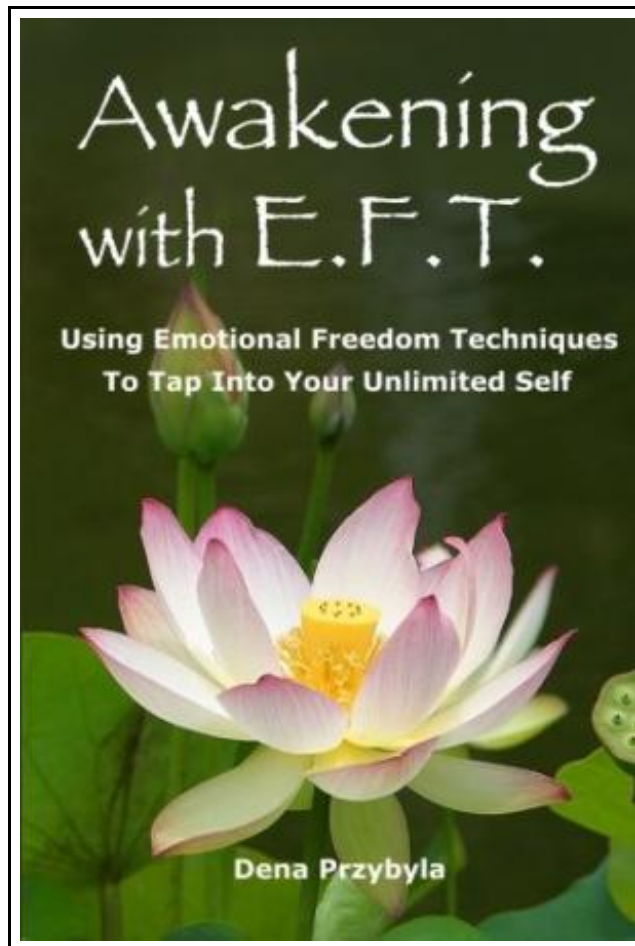


## Awakening with Eft (Emotional Freedom Techniques): Using Emotional Freedom Techniques to Tap Into Your Unlimited Self



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## **AWAKENING WITH EFT (EMOTIONAL FREEDOM TECHNIQUES): USING EMOTIONAL FREEDOM TECHNIQUES TO TAP INTO YOUR UNLIMITED SELF**



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Createspace, United States, 2012. Paperback. Book Condition: New. 228 x 150 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Those familiar with EFT know that it is very effective in helping to quiet down mind-chatter and reduce the hold that negative conditioning and memories have had upon us. Not everyone knows that EFT can also be a catalyst for remembering and Awakening to our true spiritual nature as Consciousness. Near-Death Experiencers have reported that the energy flowing through our meridians is the same energy found in the higher dimensions -- soul or Source energy. The EFT tapping points can literally become portals to the dimension of our unlimited self. The author's hope is that this book and the scripts within will help to facilitate this Awakening in all who read and tap through it.



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