



Feelings Can be Friends (2nd)

By Gail Maisel

Panoma Press. Hardback. Book Condition: new. BRAND NEW, Feelings Can be Friends (2nd), Gail Maisel, For children, feelings may be hard to identify, and can sometimes seem confusing or be misunderstood. The ability to recognize and understand our own feelings, as well as the feelings of others, is necessary for social development. This ability builds the foundation for empathy, problem solving, and self control. Through simple language and appealing illustrations this book helps children envision feelings as friends that they can search for and get to know. Knowing and understanding their feelings can empower children and help them figure out their world.



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