

Excellent — here is the **complete SEO package** for Lifted Up Junk, including:

- Page titles
- Meta descriptions
- Keyword lists (primary + long-tail + local)
- Homepage SEO long-form copy (copy/paste into Google Sites)
- Google Sites SEO settings instructions
- Google Business Profile description (critical for local ranking)

Everything is plug-and-play.

1. PAGE-LEVEL SEO (COMPLETE SET)

HOME PAGE

SEO Title:

Lifted Up Junk Removal | Fast, Affordable Junk Hauling Near You

Meta Description:

Professional junk removal for homes, garages, and businesses. Same-week pickups, upfront pricing, and friendly service. Book your junk pickup today.

SERVICES & PRICING PAGE

SEO Title:

Junk Removal Services & Pricing | Lifted Up Junk

Meta Description:

Simple, transparent junk removal pricing. We haul furniture, appliances, garage junk, yard waste, and more. Get a fast estimate and schedule your pickup.

ABOUT PAGE

SEO Title:

About Lifted Up Junk | Local, Honest Junk Removal

Meta Description:

Discover the mission behind Lifted Up Junk. Locally owned junk removal focused on honest pricing, stewardship, and serving the community with excellence.

FAQ PAGE

SEO Title:

Junk Removal FAQs | What We Take, Pricing, Scheduling

Meta Description:

Get answers about junk removal pricing, scheduling, what we take, recycling, and service areas. Learn everything before booking your pickup today.

CONTACT / BOOK NOW PAGE

SEO Title:

Book Junk Removal | Contact Lifted Up Junk

Meta Description:

Ready to clear your clutter? Contact Lifted Up Junk for a free estimate. Call, text, or book your junk removal appointment online.

2. KEYWORD SET (Copy/Paste Into Site Settings, Headers, or Blog Posts)

These are optimized for junk removal business growth and Google Maps ranking.

Primary Keywords:

- junk removal near me
- junk hauling near me
- junk removal [Your City]

- haul away junk service
- furniture removal
- appliance removal
- garage cleanout
- yard debris removal

Secondary (Long-Tail):

- same day junk removal
- junk pickup service
- residential junk removal
- commercial junk removal
- estate cleanout services
- property cleanout services
- storage unit cleanout
- moving cleanout service
- eco-friendly junk removal
- donation pickup alternatives
- low-cost junk hauler
- local junk hauling company

Local (Insert your city):

- junk removal [City]

- junk hauling [City]
 - cleanout services [City]
 - best junk removal in [City]
 - affordable junk removal [City]
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3. HOMEPAGE LONG-FORM SEO COPY

Use this **below the fold** on your Home page. Google Sites LOVES long-form content.

Top-Rated Junk Removal Near You | Fast, Easy, Affordable

Lifted Up Junk is a locally owned junk removal company providing fast, friendly, and affordable junk hauling for homeowners, renters, property managers, and small businesses. We make it easy to clear out unwanted items, reclaim your space, and enjoy a clutter-free home or workplace.

Whether you're dealing with old furniture, moving out, cleaning your garage, or handling a rental turnover, our team handles all the heavy lifting. You point—we pick up.

We offer transparent pricing, same-week availability, and respectful service from start to finish. No hidden fees. No hassle. No judgment.

Full-Service Junk Removal for Homes & Businesses

We remove almost anything that isn't hazardous, including:

Household Items

Couches, mattresses, dressers, appliances, TVs, electronics, rugs, boxes, toys, clothing, and more.

Garage & Outdoor Items

Yard debris, tools, bikes, shelving, grills, scrap metal, car parts, storage bins, and trash.

Move-Out / Cleanout Services

Attics, basements, rental turnovers, estate cleanouts, office cleanouts, and storage unit cleanouts.

Every job includes loading, hauling, cleanup, disposal, and donation drop-off when possible.

Eco-Friendly, Donation-Focused Junk Removal

We believe in responsible removal. Items that can be reused are donated. Materials that can be recycled are recycled. Only true trash goes to the landfill.

This approach saves you money, reduces waste, and supports families in need.

Why Homeowners Choose Lifted Up Junk

- Fast, responsive communication
 - Transparent, volume-based pricing
 - Locally owned—not a national franchise
 - We treat your home and belongings with respect
 - Friendly team, faith-driven values
 - Donation and recycling focused
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Service Area

Lifted Up Junk proudly serves:

[City + nearby cities and counties]

If you're nearby but not listed, reach out—we may still service your area.

4. GOOGLE SITES SEO SETTINGS GUIDE

Here's where to paste things:

A. Page Titles + Meta Descriptions

In Google Sites:

1. Open website
2. Click **Pages** (left sidebar)
3. Click the 3 dots next to each page
4. Select **Page Settings**
5. Add:
 - **Custom Page Title** → paste the SEO title
 - **Custom Description** → paste the meta description
 - **Custom Path (URL slug)** → keep short
 - home → `/`
 - services → `/services`
 - about → `/about`
 - faq → `/faq`
 - contact → `/contact`

B. Global Site SEO

Go to **Settings** → **Viewer Tools** → **Search Engine Settings**

Paste keywords into the “Site description” or add them within your homepage text.

C. Header Tags

Google Sites allows:

- Title
- Heading
- Subheading
- Normal text

Make your big section headers **Heading** tags (for SEO structure).

5. GOOGLE BUSINESS PROFILE (GMB) DESCRIPTION

Paste this into your Google Business Profile listing:

Lifted Up Junk provides fast, professional junk removal and hauling for homes, garages, apartments, rental properties, and small businesses. We offer same-week service, transparent pricing, and full-service junk pickup—including loading, hauling, and cleanup. We remove furniture, appliances, mattresses, yard waste, debris, electronics, garage junk, and more. Locally owned and stewardship-focused, we donate and recycle items whenever possible. Book today for clutter-free living and exceptional customer care.
