Autonomy at Work

Be the CEO of Your Own Life

Autonomy at Work

1. What is autonomy at work ?
2. Why need autonomy ?
3. Case studies
4. How to apply ?

1. What is Autonomy at Work?

“Owner of yourself”

4 Key components:

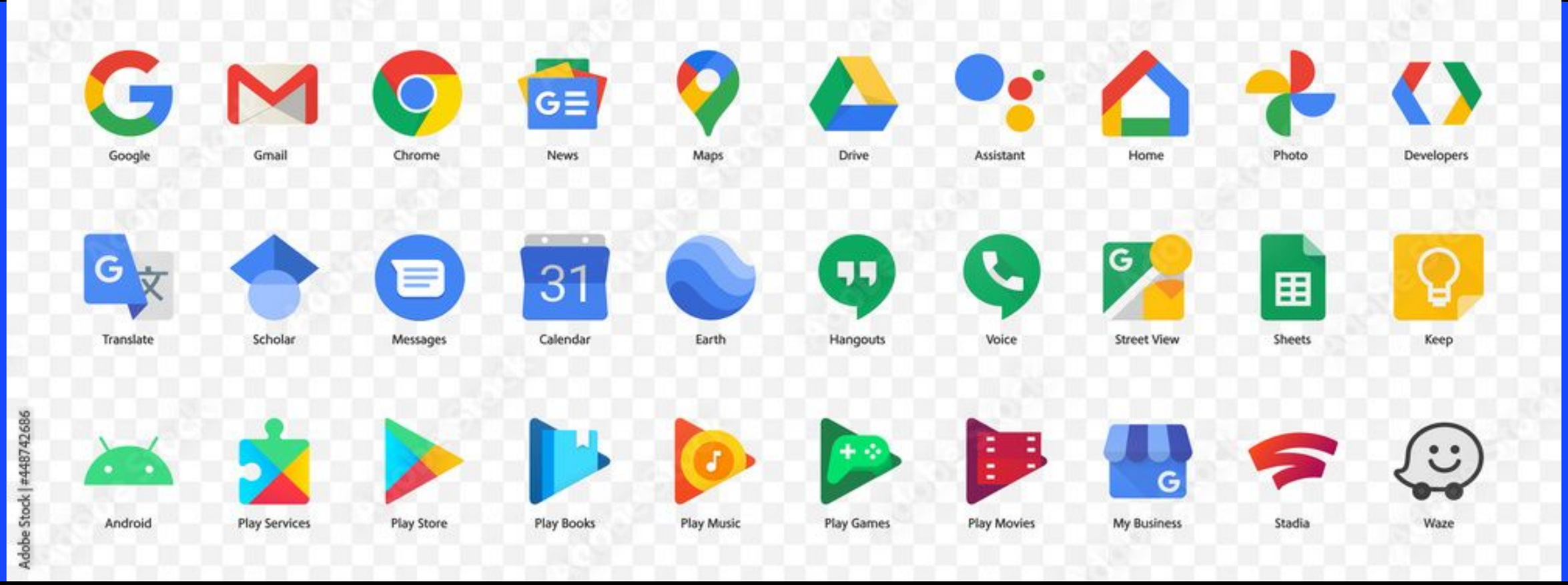
1. Decision making
2. Task management
3. Time management
4. Resource allocation

2. Why need autonomy ?

Creativity

Productivity

Innovation



3. Case study - Google

Flexible work environment allows 20% of employee time on personal project.

This autonomy lead to the development of innovative products such as **Gmail, Google maps**

4. How to apply at work ?
“New mindset, New results”

- Personal responsibility and accountability
- Embracing change
- Goal, boundaries settings
- Continuous learning

- What are you doing well?
- What sets you apart?
- What are your good qualities?

S
STRENGTHS

O
OPPORTUNITIES

- What are your goals?
- Are demands shifting?
- How can it be improved?

- Where do you need to improve?
- Are resources adequate?
- What do others do better than you?

W
WEAKNESSES

T
THREATS

- What are the blockers you're facing?
- What are factors outside of your control?

THANK YOU!

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