# Client: Create GitHub Repo and Project Document

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## Project objectives and goals

The goal of this project is to build a habit-tracking website that helps users build and maintain positive habits through consistent tracking, reminders, and data visualization. By making habit formation visualization, people can build long-term habits with encouragement and motivation. This is important because many people struggle with consistency.

- Help users build and maintain positive habits through simple tracking and motivation.
- Provide visualization of habit consistency records over time.
- Encourage accountability and self-improvement through visual progress tracking and reminders.
- Offer customization to build different habits.

## Target users and their needs

- General Users (Self-Improvers)
  - Easy habit tracking (daily/weekly)
  - Motivation to stay consistent
  - Reminders and visual progress feedback
- Mental Health-Conscious Users
  - Mood & mental wellness habit tracking
  - Encouragement

#### **Key deliverables**

- User registration and login
- Custom habit creation
- Habit check-ins (daily/weekly)
- Streaks and calendar view
- Progress dashboard with graphs/charts

#### Installation Instructions:

- Web-based: hosted via cloud platform
- Users access via standard browsers

# **Development Roadmap:**

- Week 1–2: Wireframes, tech stack selection, user flow design
- Week 3–4: Build core features (login, habit tracking)
- Week 5–6: Add progress visualization and notifications
- Week 7-8: Polish UI/UX, user testing
- Week 9-10: Final review, deployment, documentation

# **Expected outcome**

By the end of the project, users will be able to create accounts, define personal habits, and track their progress over time through an interactive dashboard.