

Sex	Age Range	Energy (kcal/day)				Protein (g/day)				Fat (g/day)				Calcium (mg/day)				Iron (mg/day)			
		Actual Individual Consumption	Requirement	Inadequacy Frequency	Inadequacy Severity	Actual Individual Consumption	Requirement	Inadequacy Frequency	Inadequacy Severity	Actual Individual Consumption	Requirement	Inadequacy Frequency	Inadequacy Severity	Actual Individual Consumption	Requirement	Inadequacy Frequency	Inadequacy Severity	Actual Individual Consumption	Requirement	Inadequacy Frequency	Inadequacy Severity
Female	1-3	568.11	1060.00	90.3%	-56.7%	17.93	16.70	62.2%	-45.5%	9.11	27.00	98.4%	-75.9%	106.19	600	98.5%	-85.5%	3.25	9	98.2%	-67.3%
Male	1-3	551.26	1060.00	92.9%	-54.2%	15.83	16.70	57.6%	-47.6%	7.74	27.00	98.5%	-75.3%	93.75	600	99.7%	-84.8%	3.18	9	97.4%	-66.9%
Female	4-6	916.99	1350.00	88.6%	-41.5%	25.93	20.10	33.4%	-27.6%	13.14	25.00	98.2%	-63.3%	119.28	600	99.9%	-80.2%	5.10	13	99.3%	-61.6%
Male	4-6	955.03	1350.00	86.5%	-40.0%	30.16	20.10	28.7%	-28.9%	12.12	25.00	96.5%	-62.1%	132.68	600	99.8%	-78.6%	5.62	13	98.4%	-59.7%
Female	7-9	1184.40	1690.00	90.1%	-36.7%	33.97	29.50	38.2%	-24.9%	13.43	30.00	98.4%	-62.2%	150.53	600	99.9%	-75.0%	6.58	16	99.3%	-59.5%
Male	7-9	1209.90	1690.00	86.2%	-36.9%	34.80	29.50	37.7%	-23.2%	14.31	30.00	96.7%	-60.5%	158.61	600	99.8%	-73.8%	6.83	16	98.9%	-58.3%
Female	10-12	1394.34	2010.00	88.8%	-38.7%	39.84	40.40	57.5%	-27.3%	17.38	35.00	98.5%	-62.1%	171.48	800	99.9%	-78.7%	7.76	27	99.9%	-71.3%
Male	10-12	1428.40	2190.00	92.2%	-39.1%	41.75	39.90	49.5%	-24.1%	14.21	35.00	99.1%	-60.1%	179.29	800	100.0%	-77.6%	8.12	21	99.4%	-61.7%
Female	13-15	1537.92	2330.00	91.3%	-38.8%	45.16	51.90	70.5%	-28.8%	15.24	40.00	99.0%	-63.0%	191.80	800	99.9%	-76.1%	8.84	27	99.8%	-67.4%
Male	13-15	1717.99	2750.00	92.7%	-41.9%	49.97	54.30	63.6%	-28.3%	16.65	45.00	99.6%	-63.5%	208.25	800	99.7%	-74.2%	9.64	32	100.0%	-69.9%
Female	16-17	1636.85	2447.17	91.4%	-37.9%	48.10	55.97	69.7%	-29.7%	16.22	35.00	97.9%	-55.2%	200.75	800	100.0%	-74.9%	9.27	26	100.0%	-64.3%
Male	16-17	1935.68	3020.00	94.3%	-39.8%	56.18	61.50	67.2%	-27.1%	22.18	50.00	98.6%	-63.0%	239.91	800	100.0%	-70.0%	10.89	28	100.0%	-61.1%
Female	18-120	1669.39	2427.63	86.1%	-38.1%	49.29	58.56	74.2%	-31.1%	17.00	24.49	87.5%	-41.3%	224.27	600	99.5%	-65.4%	10.82	21	98.6%	-55.4%
Male	18-120	1996.71	3096.26	90.4%	-40.6%	59.08	60.00	59.9%	-26.6%	20.06	34.92	93.4%	-47.6%	267.09	600	98.4%	-58.8%	13.53	17	87.9%	-40.0%

Note:
Inadequacy Frequency is Proportion of Sex/Age group that consumed below the requirement.
Inadequacy Severity is the percent of below the requirement of the average intake.
Means are weighted using IFPRI sample weights.