

ALL DAY MENU SERVING UNTIL 2:30PM DAILY

Sonoma Sourdough Toast & Condiments -butter-vegemite-jams-peanut butter	7
Eggs on Toast Poached, scrambled, or fried, Sonoma sourdough GFO/	12 V
B&E Roll Free range bacon, fried egg, choice of sauce GFO	8.5
Make it a BELTA Bacon, egg, lettuce, tomato, avocado, choice of sauce	15
Banoffee Waffles Butterscotch sauce, banana, burnt caramel and pecan gelato V	18
Mushroom Medley Sauteed and lightly seasoned with double cream and to sourdough V/GFO -add poached eggs	18 thyme 5
Eggs Benny Sonoma sourdough, poached eggs, baby spinach, leg ham, hollandaise GFO/VO	20
Plumb Big Brekkie Bacon, eggs your way, miso mushrooms, hash brown,	24

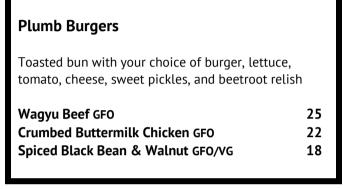
chorizo, roast tomato, Sonoma sourdough GFO

Free range eggs, free range bacon, chorizo,

smashed avocado, hash brown, button mushrooms,

Extras

smoked salmon, fries



Green Goddess Bowl

Quinoa tabouli, broccolini, spinach, avocado, edamame, almond, pita bread & green goddess dressing GFO - VG

ADD A PROTEIN

Grilled Chicken

GF

Fried Calamari

GF

Grilled Haloumi

GF/V

Grilled Tempeh

GF/VG



5

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House made dips	10
With warm flat bread GFO	
Tapas Taster	10
Please check today's selection GFO	
Fresh Fettucine Arrabiata Semi dried tomato, roast mushrooms, sourdough pangrattato, fresh chilli and parmesan V	22
Opor Tahu Mild Indonesian curry with tofu, tempeh, chickpeas, and potato, with steamed brown rice GF/VG	22
Coconut and Almond Crumbed Flathead Smashed avocado, fresh lime, shoestring fries GF	24
Pork Milanese Spicy tomato sauce, crispy capers, rocket, tomato and parmesan salad GF	27
Chicken Scallopini Grilled chicken breast, button mushroom and white wine sauce, baby spinach, rosti GF	27
Tasmanian Smoked Salmon Sweet potato and feta caked, green pea ricotta GF	28
Salt and Pepper Squid Salad Szechuan pepper, chilli, cucumber, rocket GF	19
Classic Niçoise Salad Baby coz, tuna, tomato, olives, green beans, potato, egg, red wine vinegar dressing GF/VGO	20
Chips & Aioli	8

MILKSHAKES

7.5

WINE, BEER, SPIRITS

EVERYDAY EVOLUTION		Chocolate, vanilla, strawberry, banana, caramel		SPARKLING	
EVOLUTION		FRESH SQUEEZED JUICES	8	Lock & Key Chardonnay Pinot Noir Kerralee Sparkling Merlot	9/45 10/50
VENEZIANO CRAVE		Daily Greens		Kerratee Sparkting Mertot	10/30
COFFEE ROASTERS THE BEST		Green apple, celery, pear, kale, lemon, ginger Heartbeat		ROSE	
Milk Coffee How You Like It	5	Beetroot, apple, carrot, ginger, lime		2020 Four Winds Mataro	10/55
Black Coffee How You Like It	4.5	Pine Orange			·
Cold Brew Coffee	4.5	Australian Valencia oranges, pineapple		WHITE WINE	
Ethiopia Single Origin, Blood Orange		Watermelon			
		Watermelon, apple, mint, lime		2017 Collector Riesling	10/55
Coffee Extras	.50			2020 Wickhams Road Chardonnay	9/45
Lactose free, Almond, Soy, Oat, Caramel, Vanilla, Hazelnut		HOUSEMADE SMOOTHIES	9	2020 The Dirty Chardy	55
		A Breakfast Date		RED WINE	
Tea Drop Spiced Chai	5.5	Banana, rolled oats. black chia seeds, dates,			
Aromatic spices and comforting black tea		maple, coconut yoghurt, oat milk		2016 Collector Sangiovese	10/55
		Matcha Man		2018 Kerralee Merlot	9/45
Plumb Hot Choccie Made using 45% premium chocolate. GF & [5.5)F	Coconut water, coconut yoghurt, matcha powder, mint, spinach		2017 Four Winds Westerly Shiraz	55
		Hot Tropic		BEER/ CIDER	
Matcha Latte	4.5	Pineapple, coconut, mango, banana		,	
Golden Turmeric Latte	4.5			Bentspoke Barley Griffin	8
		Soft Drinks	4	Bentspoke Crankshaft	10
Iced Latte	5	Coke, coke no sugar, diet coke, solo		Rover Gilbert Road Lager	7
Ice, milk, espresso		Karma Soft Drinks	5	Kickstart My Heart IPA	11
		Cola, Raspberry, Lemon Lime Bitter, Ginger		Batlow Cloudy Apple Cider	8
Iced Coffee	7	Remedy Kombucha	5	, , , ,	
Ice, milk, vanilla ice cream, espresso		Sparkling Water	5/7.5	SPIRITS	9
Tea Drop Loose Leaf Tea	5			Canberra Distillery Signature Gin/ Vo	dka
English Breakfast, Earl Grey, Peppermint,		Discountill to a self-ball staffet as he as a self-ball		with fever tree soda/ tonic or soft dri	
Green, Lemongrass & Ginger		Please talk to our friendly staff if you have any sp requests or dietary requirements.	ecial		