

## **Minutes of Guildford Health Walks AGM, 12/10/23**

**Venue:** Shere Village Hall

### **Attendees:**

Annelize Kidd\* (AK), Dave Hughes\* (DH), Brigitte Ahier\*(BA), Roger Philo\* (RP), Georgina Churchlow\*(GC), Roger Bowen\* (RBo), Clive Mingo, Nick Trier, (NT) David Pegg, Ray Beard (RBe), Kevin Jenkins (KJ), Qing Landsborough, Melanie Naclerio, Karen Garcka, John Tucker (JT), Richard Mead, Sue Pollard, Margo Forsyth, Kaye Moseley, Linda Hack

Present committee members are indicated by \*

### **Apologies:**

Martyn Parker\*(MP), Andy Wilson\*(AW)

#### **1. Minutes from 2022 AGM**

No questions raised.

Accepted unanimously.

#### **2. Treasurers Report:**

See attached report.

Total spending since last AGM: £722.32

Projected spending commitments to May 2024 £274.36 (website and insurance).

Estimated minimum annual spend £300 in 2024.

AK to arrange meeting at NatWest to remove old signatories and add the new Treasurer (see below) so signatories will be AK, RP and the new Treasurer.

#### **Action AK**

DH is stepping down at this AGM. AK recorded our thanks to him, and to BA, for their help and support in the Committee over several years.

#### **3. Update on Guildford Health Walks (GHW).**

- a. GHW separated from the Ramblers as the Management Committee decided the membership fee (£750) was not good value for money. GHW became an independent Association on 1.4.2023.
- b. Currently there are approximately 135 registered walkers who have completed the new registration forms.
- c. To support the new organisation a revised Constitution has been created by BA and GC for approval at the AGM. See 4 below.

#### **4. Agreement of the Constitution**

- a. The Constitution was circulated prior to the AGM and some queries were received and addressed.
- b. The final constitution is attached to these minutes.
- c. The final version was proposed by BA, seconded by GC and agreed unanimously.

#### **5. Committee Members**

- a. All members of GHW are invited to become committee members or to take on other roles:

- i. Chairperson: AK proposed by BA and seconded by GC. Approved unanimously.
  - ii. Treasurer: NT has volunteered to take over this role from DA. Proposed by RBe and seconded by JT. Approved unanimously.
  - iii. Secretary: AW proposed by BA and seconded by RBo. Approved unanimously.
  - iv. Boxgrove: GC proposed by BA and seconded by DH. Approved unanimously.
  - v. Worplesdon: MP proposed by NT and seconded by DH. Approved unanimously.
  - vi. Shalford: AW proposed by GC and seconded by AK. Approved unanimously.
  - vii. Shere: RBo proposed by AK and seconded by KJ. Approved unanimously.
  - viii. Whitmoor: RP proposed by BA and seconded by DH. Approved unanimously.
  - ix. BA is stepping down from the Committee.
- b. Other responsibilities:
  - i. Enquiries AK
  - ii. Data, Membership and Webmaster RP
  - iii. Fundraising, volunteers and safeguarding MP
  - iv. Incidents, Accidents and Near Misses GC
  - v. Publicity AK.

## **6. Website**

AK advertised for a website designer in August. Amreen Hanware of “Coding for Girls” has agreed to design one free as a community project. The website is still under construction but we hope it will be ready for review shortly.

## **7. Fundraising and Funding**

MP will approach SCC Councillors for funding in 2024, as needed.

## **8. Volunteers**

- a. We do not have a full quota of volunteers. We currently have 31 with several volunteers doing more than one:
  - i. Boxgrove 5
  - ii. Worplesdon 7
  - iii. Shalford 8
  - iv. Shere 10
  - v. Whitmoor 8
- b. We have had no new volunteers this year but some existing walkers willing to be trained.
- c. MP gets alerts from Better Impact, VASWS’ service to find volunteers. He contacts them immediately. This year he has contacted 6 but 4 have not responded although the last enquiry was last week. He has made contact with 2: Mark Ingersoll and Suzanne Strong, and they have come to walks but will not be trained until late Autumn.

- d. There is a WhatsApp group for all leaders (currently 29 of 31 have joined) which are mainly used for filling rotas if there are urgent vacancies. NT reminded us that on WhatsApp your phone details are visible to other members.
- e. Walk Leaders have had a training update this year and 27 have attended. This has enabled MP to refine the training materials.
- f. The Training Policy and Process has been updated and there is "Guidance for Guildford Health Walks Walk Leaders" as well as a bespoke training Powerpoint that MP will test with NT shortly.
- g. 16 volunteers undertook First Aid training this year and qualified as outdoor first aiders. Please note other Leaders may have qualifications already.

#### **9. Socials**

- a. End of year lunches are being organised for all groups. Worplesdon is joining with Whitmoor for this event while the others are being held after their walks.
- b. Separate WhatsApp groups have been set up for each walk with walkers invited to join.

#### **10. Publicity**

- a. We currently have 15 A4 posters and 100 A5 fliers.
- b. AK has been emailing fliers to GPs.
- c. Walkers have been asked to give leaflets to their GPs and NT suggested we get business cards and leave these with GPs.
- d. Free publicity in Facebook, Nextdoor, Merrow Pages, Vantage Point and Roundabout. An article on the benefits of walking is planned for the New Year.

#### **11. AOB**

- a. NT queried whether holding a central AGM might generate better attendance. After debate, it was decided that we would continue with the current approach but that the walk representatives on the Committee would hold an informal AGM with their walkers to determine what their ideas are and then to play these back at the AGM.

#### **12. Date of next AGM** Monday 22/10/2024 at Horse and Groom, Merrow at 4.30 pm.