

Activity sheet by Lily Jensen

DRAW YOUR MENTAL MAP!
Imagine you were giving a newcomer a tour of the city. Trace the route you would take them on. What are your personal "points of interest"?

DRAW YOUR MENTAL MAP!

Pick one of your favorite places in the city. Beginning from your neighborhood trace as many routes to get there as you can think of. Why might you take one route over another? What factors matter to your decision?

INVITATIONS FOR SPATIAL PRACTICE

- > Ride a bus you don't often (or ever) ride. Take it all the way to the end of its route, or get off at a random stop and take a new bus, or explore around.
- > Take the alleys rather than streets. What trash and treasure is left out?
- > Choose a sense - touch, taste, sight, smell, sound - and map it over the course of your commute. What remains predictable day to day, & what changes?
- > Sit with an intersection for 15 minutes. What rhythms emerge?
- > Follow the daily migration of crows - visit the still creek cooking

Spatial conversation starters

- > share your mental map
- what was lost in transcription? were you surprised by your ability to render the city from memory?
- > Ask: when was the last time you were lost? How did disorientation feel? How did you find your way again?
- > Are there parts of the city you know really well? Areas less familiar? When do you use Google maps & what for?

Spatial conversation Starters

- > share your mental map. What was challenging to transcribe - how do you and your counter-part's maps differ?
- > Ask: How often do you venture into unfamiliar parts of the city? How do you cultivate spatial awareness of your surroundings?

INVITATIONS FOR SPATIAL PRACTICE

- > Take the alleyways rather than main streets. What trash & treasure has been left out?
- > Follow the drift of a sticker/ graffiti; tag around the city. On what surfaces does it most often appear? Is it localized or dispersed?
- > choose a sense - sight, sound, smell, taste, touch, - and map it over the course of your daily commute. What changes day-to-day & what remains constant?