### 英语学习手册

**前言：**

多学一门语言，就多了一种认识世界的方式，多了一种理解世界的思维。

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作者：李茂福

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**★第0章、英语发音**

|  |  |  |
| --- | --- | --- |
| vowel | [ˈvaʊəl] | 元音 |
| consonant | [ˈkɒnsənənt] | 辅音 |
| phoneme | ['fəʊniːm] | 音素 |
| phonetic symbol | [fəˈnetɪk ˈsɪmbl] | 音标 |
| syllable | [ˈsɪləbl] | 音节 |
|  |  |  |

**★英语国际音标**

英语有48个音标（phonetic symbol），其中元音有20个，辅音有28个

**元音vowel（20个）**

|  |  |  |
| --- | --- | --- |
| 长元音 | ɑ: ɔ: ɜ: i: u: æ | 6 |
| 短元音 | ʌ ɒ ə ɪ ʊ e | 6 |
| 双元音 | eɪ aɪ ɔɪ ɪə eə ʊə əʊ aʊ | 8 |

**辅音consonant（28个）**

|  |  |  |
| --- | --- | --- |
| 轻辅音 | p t k f θ s ʃ h ts tʃ tr | 11 |
| 浊辅音 | b d g v ð z ʒ r dz dʒ dr | 11 |
| 鼻音 | m n ŋ | 3 |
| 半元音 | j w | 2 |
| 边音 | l | 1 |

**新旧国际音标对照**

以上为英语新国际音标，之前还使用过旧版本的，新旧对照如下：

|  |  |  |
| --- | --- | --- |
| 长元音 | 新标准 | ɑ: ɔ: ɜ: i: u: æ |
|  | 旧标准 | ə: |
| 短元音 | 新标准 | ʌ ɒ ə ɪ ʊ e |
|  | 旧标准 | ɔ i u |
| 双元音 | 新标准 | eɪ aɪ ɔɪ ɪə eə ʊə əʊ aʊ |
|  | 旧标准 | ɔi iə εə uə əu au |

**元音分类**

元音按照舌位区分前中后：

|  |  |  |
| --- | --- | --- |
| 前元音 | i: ɪ e æ | 4 |
| 中元音 | ɜ: ə ʌ | 3 |
| 后元音 | u: ʊ ɔ: ɒ ɑ: | 5 |

|  |  |  |
| --- | --- | --- |
| 开合双元音 | eɪ aɪ ɔɪ aʊ əʊ | 5 |
| 集中双元音 | ɪə eə ʊə | 3 |

**辅音分类：**

|  |  |  |  |
| --- | --- | --- | --- |
| 爆破音（塞音） | 清辅音 | p t k | 3 |
| 浊辅音 | b d g | 3 |
| 摩擦音 | 清辅音 | f θ s ʃ h | 5 |
| 浊辅音 | v ð z ʒ | 4 |
| 破擦音（塞擦音） | 清辅音 | ts tʃ tr | 3 |
| 浊辅音 | dz dʒ dr | 3 |
| 鼻音 | 浊辅音 | m n ŋ | 3 |
| 舌侧音 | 浊辅音 | ǀ r | 2 |
| 半元音 | 浊辅音 | j w | 2 |

**成音节辅音**共有 [l]、[n]、[m] 三个，它们也可以与前面的辅音拼在一起，形成音节。

/l̩/：bottle

/n̩/：button

/m̩/：rhythm

**辅音单词示例：**

|  |  |  |  |
| --- | --- | --- | --- |
| 爆破音（塞音） | 清辅音 | p  t  k | pen cap  tall foot take  luck cap kite |
| 浊辅音 | b  d  g | big job  desk do word  game bag egg |
| 摩擦音 | 清辅音 | f  θ  s  ʃ  h | phone enough off  think thank three  sit speak boss  fish ship chef  help hand head |
| 浊辅音 | v  ð  z  ʒ | move vegetable love  they this there that  zoo size dessert  usually decision |
| 破擦音（塞擦音） | 清辅音 | ts  tʃ  tr | cats gets  much each church  tree try train |
| 浊辅音 | dz  dʒ  dr | woods besides towards  page bridge orange  drink dress |
| 鼻音 | 浊辅音 | m  n  ŋ | make arm  now know  long sing |
| 舌侧音 | 浊辅音 | l  r | long glad  rain rice write |
| 半元音 | 浊辅音 | j  w | you young yellow  we want |

**元音单词示例：**

|  |  |  |
| --- | --- | --- |
| 长元音 | ɑ:  ɔ:  ɜ:  i:  u:  æ | car fast class arm glass  door more sport short horse four  girl earth her shirt nurse serve  sea see he she me tea tree  good who soup food moon true  bad stamp bag hat back flag land |
| 短元音 | ʌ  ɒ  ə  ɪ  ʊ  e | cup come blood trouble supper  hot lot fox lost box hop loss  ago forget doctor actor  sit bit miss  look put could good foot book  bed desk head yes |
| 双元音 | eɪ  aɪ  ɔɪ  ɪə  eə  ʊə  əʊ  aʊ | day cake face name pay  pie bike ice I  boy toy coil oil  hear dear near beer  air care chair pair  tour pour cure pure  go so no boat  now cow how |

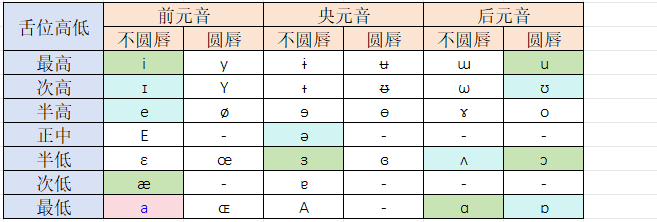
**★国际音标表**

国际音标（英语：International Phonetic Alphabet，缩写：IPA），早期又称“万国音标”，是一套用来标音的系统，以拉丁字母为基础，由国际语音学学会设计来作为口语声音的标准化标示方法。

**辅音：**



**元音：**



长i，长ɔ，长u 要高一些

长ɑ，长ɜ 要低一些

**★英语口语音变现象**

在日常口语中由于语速较快，常常会出现连读、略读、弱读、变读及缩读 等现象

**①连读**

前面一个单词的尾音和后面一个单词连在一起读了，2个单词合成一个单词了

This is ==> Thisis

Have a ==> hava /hævə/

It is ==> Itis

Is it ==> Isit

**②略读**

单词中的尾音或首音丢弃

Good day ==> Goo day

Excuse me ==> 'scuse me

Shall we go ==> 'shwe go

That's fine ==> 'Sfine

I didn't want to ==> I didn wan /tə/

Go and ==> gowan #略读了and中的d，go和and连起来时多了w

do it ==> dowit #do和it连起来时多了w（o与后面元音相连时生出了w）

**③弱读**

元音弱化了

for ==> fə

to ==> tə

do ==> də

are ==> ə

you ==> jə

**④变读**

2个单词合成一个单词了，音变较大（英语中称之为**reduction**，约简，减薄）

want to do ==> wanna do #想要做某事

be going to do ==> be gonna do #将要，准备做某事

try to do ==> tryna do #尝试做某事

have got to do==> gotta do #不得不

**⑤缩读，缩写**

be动词及情态动词跟在人称代词后可缩写，中间用'撇号连接起来（英语中称之为**contraction**，收缩，缩写）

I am ==> I'm

He is ==> He's

They are ==> They're

How is ==> How's

I will ==> I'll

I would ==> I'd

I have done sth ==> I've done sth

was not ==> wasn't

do not ==> don't

I should have ==> I should've

I would have ==> I'd've

以上音变常常会混合使用

示例：

can you ==> cn you ==> /'knjə/ #略读+连读+弱读

how is it going ==> how's it going ==> howsit going #缩读+连读

I have to go ==> I avda go #略读+变读

**★第1章、必备基础单词**

★英语字符

The quick brown fox jumps over the lazy dog. #（用了所有的英文字母）

**★亲属称谓**

|  |  |  |  |
| --- | --- | --- | --- |
| 英语称谓 | 汉语意思 | 英语称谓 | 汉语意思 |
| grandparents | 祖辈（祖父母，外祖父母） | parents | 父母 |
| grandfather | 祖父，外祖父 | father | 父亲 |
| grandmother | 祖母，外祖母 | mother | 母亲 |
| grandpa | 祖父，外祖父（口语） | dad（daddy） | 爸爸（口语） |
| grandmo | 祖母，外祖母（口语） | mom（mummy） | 妈妈（口语） |
| uncle | 与父母同辈的男性：  叔叔，伯父，舅舅 | father-in-law | 岳父 |
| aunt | 与父母同辈的女性：  姑姑，阿姨 | mother-in-law | 岳母 |
| uncle-in-law | 姑父，姨父 | step-father | 继父 |
| aunt-in-law | 婶婶，伯母，舅母 | step-mother | 继母 |
| brother | 兄弟 | adoptive parents | 养父母 |
| older brother | 哥哥 | biological parents | （被领养的孩子）称呼自己的亲生父母 |
| younger brother | 弟弟 | step-brother | 继父或继母的孩子 |
| sister | 姐妹 | step-sister | 继父或继母的女孩 |
| older sister | 姐姐 | half-brother | 生父/生母与继母/继父 共同生育的孩子 |
| younger sister | 妹妹 | half-sister | 生父/生母与继母/继父 共同生育的女孩 |
| cousin | 表兄弟姐妹，堂兄弟姐妹 | brother-in-law | 姐夫，妹夫，小叔子，小舅子 |
| husband | 丈夫 | sister-in-law | 嫂子，姨子，姑子 |
| wife | 妻子 | niece | 侄女，外甥女 |
| child | 孩子 | nephew | 侄子，外甥 |
| son | 儿子 | grandchild | 孙子，孙女，外孙，外孙女 |
| daughter | 女儿 | grandson | 孙子，外孙 |
|  |  | granddaughter | 孙女，外孙女 |

**★国家语言人**

|  |  |  |  |
| --- | --- | --- | --- |
| 国家 | 国家 | 语言 | 人 |
| 英国 | Britain，Englan，the United Kingdom | English | British people,British |
| 法国 | France | French | French |
| 中国 | China | Chinese | Chinese |
| 日本 | Japan | Japanese | Japanese |
| 美国 | America | English | American |
| 加拿大 | Canada | English，French | Canadian |
| 澳大利亚 | Australia | English | Australian |
| 新西兰 | New Zealand | English，Maori | New Zealander |
| 爱尔兰 | Ireland | English，Irish | The Irish |
| 韩国 | Korea，South Korea | Korean | Korean |
| 朝鲜 | North Korea | Korean | Korean |
| 越南 | Vietnam | Vietnamese | Vietnamese |
| 泰国 | Thailand | Thai | Thai |
| 新加坡 | Singapore | English，中，马，泰 | Singaporean |
| 马来西亚 | Malaysia |  | Malaysian |
| 印度尼西亚 | Indonesia |  | Indonesian |
| 菲律宾 | the Philippines | Filipino，English | Pilipino |
| 蒙古 | Mongolia | Mongolian | Mongolian |
| 俄罗斯 | Russia | Russian | Russian |
| 德国 | Germany | German | German |
| 荷兰 | the Netherlands，Holland | Dutch | Dutch |
| 瑞士 | Switzerland | German | Swiss |
| 芬兰 | Finland | Finnish | Finnish |
| 意大利 | Italy | Italian | Italian |
| 希腊 | Greece | Greek | Greek |
| 西班牙 | Spain | Spanish | Spaniard |
| 葡萄牙 | Portugal | Portuguese | Portuguese |
| 挪威 | Norway | Norwegian | Norwegian |
| 奥地利 | Austria | German | Austrian |
| 瑞典 | Sweden | Swedish | Swede |
| 丹麦 | Denmark | Danish | Danish |
| 波兰 | Poland | Polish | Pole |
| 比利时 | Belgium | Dutch，French，German | Belgian |
| 乌克兰 | Ukraine | Ukrainian | Ukrainian |
| 土耳其 | Turkey | Turkish | Turkish people，Turks |
| 巴西 | Brazil | Portuguese | Brazilian |
| 阿根延 | Argentina | Spanish | Argentine，Argentinean |
| 智利 | Chile | Spanish | Chilean |
| 秘鲁 | Peru | Spanish | Peruvian |
| 哥伦比亚 | Colombia | Spanish | Colombian |
| 古巴 | Cuba | Spanish | Cuban |
| 印度 | India | Hindi，English | Indian |
| 巴基斯坦 | Pakistan | Urdu，English | Pakistani |
| 沙特阿拉伯 | Saudi Arabia | Arabic | Saudi Arabian |
| 埃及 | Egypt | Arabic | Egyptian |
| 缅甸 | Myanmar /ˈmaɪænˌmɑː/ /ˈmjænmɑː/ | Burmese | Burmese |
|  |  |  |  |
|  |  |  |  |

**大洲大洋**

|  |  |  |  |
| --- | --- | --- | --- |
| Asia | 亚洲 | the Pacific Ocean | 太平洋 |
| Europe | 欧洲 | the Atlantic Ocean | 大西洋 |
| Africa | 非洲 | the Indian Ocean | 印度洋 |
| North America | 北美洲 | the Arctic Ocean | 北冰洋 |
| South America | 南美洲 | the Southern Ocean | 南冰洋，南大洋 |
| Oceania | 大洋洲 |  |  |
| Antarctica | 南极洲 |  |  |

continent 地理学中的大陆，洲

mainland 大陆，国家或地区中的主体陆地部分，通常与岛屿相对

**★数字**

**★时间日期星期**

**时间（几点几分）：**

**星期：**

|  |  |  |
| --- | --- | --- |
| 星期几 |  | 缩写 |
| 周日 | Sunday | Sun |
| 周一 | Monday | Mon |
| 周二 | Tuesday | Tue |
| 周三 | Wednesday | Wed |
| 周四 | Thursday | Thur |
| 周五 | Friday | Fri |
| 周六 | Saturday | Sat |
| 周末 | weekend | 一般指周六和周日 |
| 工作日 | weekday | 一般是指周一至周五（也可说workday, working day） |
| 非工作日 | non-working day | （也可说non-workdays） |

在星期几用介词on

on Monday

**谜语：**Which days are the strongest days of the week?

**答：**Saturday and Sunday, because the other days are week(weak) days.

**月份：**

|  |  |  |  |
| --- | --- | --- | --- |
| 几月份 |  | 缩写 |  |
| 一月 | January | Jan |  |
| 二月 | February | Feb |  |
| 三月 | March | Mar |  |
| 四月 | April | Apr |  |
| 五月 | May | May |  |
| 六月 | June | Jun |  |
| 七月 | July | Jul |  |
| 八月 | August | Aug | 英语中一开始只有10个月，这2个月是新插入的 |
| 九月 | September | Sept |
| 十月 | October | Oct | 对应原来的8月（Oct为八） |
| 十一月 | November | Nov | 对应原来的9月（Nove为九） |
| 十二月 | December | Dec | 对应原来的10月（Dec为十） |

在几月份用in in July

在几月几日用on on June 6th

**季节**

|  |  |
| --- | --- |
| 春天 | spring |
| 夏天 | summer |
| 秋天 | autumn/fall |
| 冬天 | winter |

在某个季节用介词in in spring

在某个季节的某天用on on a certain day in summer

**★节假日**

**★方位方向**

**★颜色**

**★形状**

**★计量单位**

**★自然**

**★场所**

**★蔬菜**

**★肉类**

**★水果**

**★职业工作**

**★穿着首饰**

**★常见缩写及其原义**

|  |  |  |
| --- | --- | --- |
| 缩写 | 原单词 | 含义 |
| etc. | [拉丁语]et cetera [ˌet'setərə] | adv.等等及其它;诸如此类abbr.（常读作 and so forth） |
| sth. | something | 某事或某物 |
| sb. | somebody | 某人 |
|  |  |  |

**英语词性缩写**

|  |  |  |  |
| --- | --- | --- | --- |
| 缩写 | 原单词 |  | 含义 |
| n. | Noun | [naʊn] | 名词 |
| v. | Verb | [vɜːb] | 动词 |
| vi. | intransitive verb | [ɪnˈtrænzətɪv] | 不及物动词 |
| vt. | transitive verb | [ˈtrænzətɪv] | 及物动词 |
| adj. | Adjective | [ˈædʒɪktɪv] | 形容词 |
| adv. | Adverb | [ˈædvɜːb] | 副词 |
| pron. | ProNoun | [ˈprəʊnaʊn] | 代词，代名词 |
| prep. | Preposition | [ˌprepəˈzɪʃn] | 介词，介系词；前置词 |
| conj. | Conjunction | [kənˈdʒʌŋkʃn] | 连词 |
| num. | Numeral | [ˈnjuːmərəl] | 数词 |
| int. | Interjection | [ˌɪntəˈdʒekʃn] | 感叹词 interj. |
| art. | Article | [ˈɑːtɪkl] | 冠词 |
| abbr. | abbreviation | [əˌbriːviˈeɪʃn] | （略）略语；缩写词 |
| pref. | prefix | [ˈpriːfɪks] | 字首；前缀 |

**★第2章、词法**

**★名词可数性**

**★形容词比较级**

**★动词时态**

英语动词共有16种时态

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | 现在时 | 过去时 | 将来时 | 过去将来时 |
| 一般～ | do | did | will do | would do |
| ～进行 | is doing | was doing | will be doing | would be doing |
| ～完成 | have done | had done | will have done | would have done |
| ～完成进行 | have been doing | had been doing | will have been doing | would have been doing |

**#现在时**

|  |  |  |
| --- | --- | --- |
| 一般现在时 | do | 做；表达习惯性、规律性的动作或状态 |
| 现在进行时 | is doing | 正在做； |
| 现在完成时 | have done | 做完了； |
| 现在完成进行时 | have been doing (for时长) | （到现在）做了（多久） |

示例：

一般现在时（simple present tense）

I (usually) do my homework in the morning. #我一般在上午做作业。

I study English every evening. #我每天晚上学习英语

现在进行时（present continuous tense）

I am doing my homework (now). #我现在正在做作业。

现在完成时（present perfect tense）

I have (already) done my homework. #我已经做完作业了。

They have never visited London. #他们没有去过伦敦（参观）

I have traveled to Dubai twice. #我去过2次迪拜（旅游）

现在完成进行时（present perfect continuous tense）

I have been doing my homework for 3 hours (till now). #我到现在做作业3个小时了。

**#过去时**

|  |  |  |
| --- | --- | --- |
| 一般过去时 | did | 做了；过去某个时间做了某事 |
| 过去进行时 | was doing | （过去）那时正在做～； |
| 过去完成时 | had done | （过去）那时就做完了； |
| 过去完成进行时 | had been doing (for时长) | （到过去）那时做了（多久） |

示例：

一般过去时（simple past tense）

I did my homework yesterday. #我昨天做了作业。

过去进行时（past continuous tense）

I was doing my homework yesterday. #我昨天正在做作业。

过去完成时（past perfect tense）

I had done my homework yesterday. #我昨天就做完作业了。

过去完成进行时（past completion in progress）

I had been doing my homework for 3 days till yesterday. #我到昨天做作业3天了。

**#将来时**

|  |  |  |
| --- | --- | --- |
| 一般将来时 | will do | （在之后的时间）将会做～； |
| 将来进行时 | will be doing | （在之后的时间）将会在做～； |
| 将来完成时 | will have done | （在之后的时间）就会做完； |
| 将来完成进行时 | will have been doing (for时长) | （到之后的某个时间）就做了（多久） |

示例：

一般将来时（future indefinite tense）

I will do my homework tomorrow. #我将会在明天做作业。

I will practice more English after this lesson. #课后我将会练习更多的英语。

be going to do #也表示一般将来时

I am going to meet my friend this afternoon. #今天下午我将去见个朋友。

将来进行时（future continuous tense）

I will be doing my homework tomorrow. #我明天将会在做作业。

将来完成时（future perfect tense）

I will have done my homework tomorrow. #我明天就会做完作业。

将来完成进行时（future perfect progressive tense）

I will have been doing my homework for 3 days till tomorrow. #到明天我就做作业3天了。

**#过去将来时**

|  |  |  |
| --- | --- | --- |
| 一般过去将来时 | would do | 【在过去的时间】说过将会做/发生～； |
| 过去将来进行时 | would be doing | 【在过去的时间】说过（在～之后）将会在做～； |
| 过去将来完成时 | would have done | 【在过去的时间】说过（在～之后）就会做完； |
| 过去将来完成进行时 | would have been doing (for时长) | 【在过去的时间】说过（到～时）就做了多久； |

从过去的某个时间点看将要发生的动作和状态，经常使用在 讲述过去的计划或意愿。

过去将来时 常用于从句中。主句用一般过去时，从句用过去将来时

**①一般过去将来时**（past future indefinite tense）

would也可可用could/might替代，表示将能够、将会。

一般过去将来时还可用： was/were + going to do （和would do相比，这个表示计划或即将发生的事）

**（1）would do 表意愿：**

When we first met, you said you would love me forever. #我们刚认识时，你说过会永远爱我的

He said he would leave for London the next day. #他说他第二天要动身去伦敦（想去）

**（2）would do 表预测：**

She also said last week that it would rain yesterday. #上周她还说(过)昨天会下雨呢

**（3）was/were + going to do 表计划：**

She also said last week that she was going to study yesterday. #上周她还说(过)昨天会/要学习呢。（上周她原本打算在昨天去学习的）

I was going to lose weight, #我原本打算减肥的，

Were they going to plant trees the next day? #他们第二天会去植树吗？

**（4）was/were + going to do 表即将发生的事：**

It seemed as if it was going to rain. #看来好像要下雨了（也是表预测，但含有即将的意思）

（5）某些表示移动的动词，可以用 过去进行时 表示 过去将来时，如：come, go, leave, arrive, start

He said the train was leaving at six the next morning. #他说火车第二天早晨6点出发。

She told me she was coming to see me. #她告诉我她要来看我。

（6）条件状态从句和时间状语从句中的 过去将来时，只能用一般过去时 表示：

I didn't know when she would come, but when she came, I would let you know.

（7）过去将来时 需要用过去的时间暗示

He will leave here next week. #他下周要离开这儿（一般将来时）

He would leave here the next week. #他下周要离开这儿（过去将来时）

**②过去将来进行时**（Past future continuous tense）

They said they would be coming. #他们说了他们将要来的。

He asked me what I should be doing at six o'clock tomorrow. #他问我明天6点将正在做什么。

He said that he could not come because he would be having a meeting. #他说他不能来因为即将要开会了。

John told us that Mary would be coming next day. #约翰告诉我们玛丽第二天来。

I never realized that some day I would be living in China. #我从未想到将来有一天会在中国居住。

The new name he would be using was Jack Jones. #他将使用的新名字是 杰克・琼斯

**③过去将来完成时**（past future perfect tense）

I thought I could have finished my homework in two days. #我（之前）认为我能在2天内完成作业。

I should have done it earlier, it's too late now. #我之前本应该早点做（完）的，现在太晚了。

He knew by the time he arrived Tom would have gone home. #在他到那时，他才知道Tom已经回家了。

I guessed that Mother would have made some sandwiches by the time we got back. #我猜我们回来时，妈妈已经做好三明治了。

The day was drawing near when we would have completed the reservoir. #我们建成水库的日子不远了。

**④过去将来完成进行时**（past future perfect progressive tense）

I heard by July you'd have been teaching here for ten years. #我听说到7月份，你就在这儿教了10年书了。

He said that by the end of the spring term he would have been studying English for three years. #他说到了春季学期末，他就学了3年英语了。

I knwe by that time he would have been working there for 30 years. #我知道到那时他就在那儿工作满30年了。

**★动词搭配不同人称**

古英语时期，同一个动词搭配第一、二、三人称的单、复数时，其形式是不一样的

例如“eat”的古英语接不同人称的形态变化：

|  |  |  |  |
| --- | --- | --- | --- |
| Ic ete | 我吃 | Wē etaþ | 我们吃 |
| þū etst 或 þū itst | 你吃 | Gē etaþ | 你们吃 |
| Hē/Hēo/Hit iteþ | 他/她/它吃 | Hīe etaþ | 他们吃 |

现代英语中简化为：

|  |  |  |  |
| --- | --- | --- | --- |
| I eat | 我吃 | We eat | 我们吃 |
| You eat | 你吃 | You eat | 你们吃 |
| He/She/It eats | 他/她/它吃 | They eat | 他们吃 |

只有第三人称单数有区别，需要在动词末尾加s，其他人称时，都使用原型。

过去时态不论人称，都是ate

只有be动词不一样，它基本保留了古英语的规则

be动词的古英语接不同人称的形态变化：

|  |  |  |  |
| --- | --- | --- | --- |
| Ic eom | 我是 | Wē earon | 我们是 |
| þū eart | 你是 | Gē earon | 你们是 |
| Hē/Hēo/Hit is | 他/她/它是 | Hīe earon | 他们是 |

现代英语中书写形式变了：

|  |  |  |  |
| --- | --- | --- | --- |
| I am | 我是 | We are | 我们是 |
| You are | 你是 | You are | 你们是 |
| He/She/It is | 他/她/它是 | They are | 他们是 |

过去时态：

am, is → was

are → were

**★used to**

**be used to do**

含义：被用来做某事

后接动词原形。

例句：Wood is used to make paper.

**used to do**

含义：过去常常做某事”

仅用于一般过去时，描述过去习惯或状态。

例句：I used to play football after school.

**be used to doing**

含义：习惯于做某事

后接动名词或名词。

例句：It's very different to what I'm used to.

be used to doing so 习惯这样做

**★xxx**

**★第3章、句法**

**★句子成分**

句子由词或词组按一定的语法关系构成，根据不同的语法关系，句子成分可以分为 主语、谓语、宾语、定语、状语、补语、表语、同位语。

|  |  |  |
| --- | --- | --- |
| I | saw | a cat |
| 主 | 谓 | 宾 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| I | saw | a cute | cat | running | in the part |
| 主 | 谓 | 定 | 宾 | 宾补 | 状语 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| The mother | gave | her lovely | daughter | a present | at Christmas |
| 主 | 谓 | 定 | 间接宾语 | 直接宾语 | 状语 |

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| He | saw | his | daughter | Alice | dancing | in the yard | and | she | was | happy |
| 主 | 谓 | 定 | 宾 | 同位语 | 补 | 地点状语 | 连词 | 主 | 系 | 表 |

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Alice | and | my | two | cute | cats | play | the | ball | happily | in the yard |
| 主 | 连词 | 定 | 定 | 定 | 主 | 谓 | 冠 | 宾 | 状 | 状 |

8种句子成分：

|  |  |  |
| --- | --- | --- |
| Subject | 主语 | 被描述的对象，动作的发出者;  主语是句子所论的主题，或动作的主体。 |
| Predicate | 谓语 | 表示主语发出的动作，动作本身;  谓语论述主语的行为动作或所处的状态。 |
| Object | 宾语 | 动作的目标、对象、承受者;宾语表示动作、行为的对象。直接宾语表示动作的承受者或结果，一般指物。间接宾语表示动作是对谁做的，一般指人。 |
| Predicative | 表语 | 说明主语的品质、状态或特征 |
| Attribute | 定语 | 修饰主语或宾语，多为形容形；定语是用来修饰或限定名词或代词的成份，表示人或事物的性状、数量、领属等 |
| Adverbial | 状语 | 表示动作发生的时间、地点、原因、目的、结果、方式等；  状语是修饰动词、形容词或其他副词的，也可以修饰整个句子。状语根据表达的特征可以分为时间状语、地点状语、方式状语、原因状语、目的状语、结果状语。 |
| Complement | 补足语 | 又称“宾语补足语”，对宾语的进一步说明；  补语是用来补充说明动作和行为的情况、程度、性质等。放在动词或形容词后。汉语中的补语和英语中的补语不太一样。 |
| Appositive | 同位语 | 对主语、宾语的进一步解释 |

**★系动词**

系动词又称连系动词，本身有词义但不能单独作谓语，必须与后面的表语连用，形成系表结构 说明主语的状态或特征。

例如：

He is a teacher. （be作为系动词，与表语a teacher一起构成谓语）

The cloth feels soft. （feel作为系动词，与后面的soft形容词一起构成谓语）

|  |  |  |
| --- | --- | --- |
| I | am | a student |
| 主 | 系 | 表 |

**★5大基本句子结构**

**①主 + 谓**

表明主语做了什么动作

示例：She cried.

**②主 + 谓 + 宾**

表明主语对宾语所做的动作

示例：She write a book.

**②主 + 系 + 表**

表明主语的身份或特征

示例：She is a student.

**②主 + 谓 + 双宾**

表明主语把某物给某人

示例：She bought me a gift.

**②主 + 谓 + 宾 + 宾补**

表明主语让宾语怎么样（宾补说明状态、身份）

示例：She made me happy.

**★4大特殊句式**

**①There be 结构**

表明有……，动词be和第一个主语的数保持一致

示例：There is a library in our school.

**②It is …… that 强调句**

强调除谓语以外的句子成份（it is + 被强调部分，that ……）

示例：It was my iphone that I lost last week.

**②省略句**

可省略主语、谓语等

示例：（You）Don't touch me.

**②倒装句**

为了强调突出目的 而颠倒原有语序（谓语在主语之前）

示例：Only in this way can you solve this problem.

**★虚拟语气**

**★yyy**

**★第4章、常用句型、句子**

**★常用口语600句**

必须每天都练习，变成肌肉记忆

不可直接修改这里，得去“常用英语口语xx句--常用短语等.xlsx”这个文档修改

|  |  |  |
| --- | --- | --- |
| 序号 | 英语 | 汉译 |
| 1 | You hungry? | 你饿吗？ |
| 2 | A little bit. | 有一点 |
| 3 | You're up early. | 你起得很早 |
| 4 | I couldn't sleep. | 我睡不着 |
| 5 | Feel better? | 感觉好点了吗？ |
| 6 | Did you sleep okay? | 睡得好吗？ |
| 7 | Yeah, you? | 好，你呢？ |
| 8 | I slept in. | 我睡懒觉了 |
| 9 | I woke up at 10. | 我10点起的 |
| 10 | You got a tissue? | 你有纸巾吗？ |
| 11 | Here you go. | 给你 |
| 12 | I like these pants. | 我喜欢这条裤子 |
| 13 | Try them on. | 穿上试试 |
| 14 | How much? | 多少钱？ |
| 15 | 20 bucks | 20块 |
| 16 | One second. | 马上 |
| 17 | No hurry. | 不急 |
| 18 | It hurts a little. | 有点痛 |
| 19 | Hold on | 坚持一下，忍一下 |
| 20 | Let's keep going. | 我们继续 |
| 21 | All right | 好的 |
| 22 | Want me to help? | 需要我帮忙吗 |
| 23 | No, I got it. | 不，我行的 |
| 24 | I need some more milk. | 再给我加点牛奶 |
| 25 | Go get it yourself. | 自己去拿，买吧 |
| 26 | You look stressed. | 你好像压力很大 |
| 27 | I need to relax. | 我需要放松 |
| 28 | You going out tonight? | 今晚出去吗 |
| 29 | I'm staying home | 我待在家里 |
| 30 | Is it cold outside? | 外面冷不？ |
| 31 | It's warm in here. | 里面很暖 |
| 32 | Let's go get lunch. | 我们去吃午饭吧 |
| 33 | What can I get you? | 你要吃什么？ |
| 34 | A hamburger, plase. | 一个汉堡包 |
| 35 | Anything else? | 还要其他的吗 |
| 36 | No cheese. | 不要放奶酪 |
| 37 | Who is it? | 是谁？ |
| 38 | It's me. | 是我 |
| 39 | You don't look so good. | 你看起来不太好 |
| 40 | I feel terrible. | 我感觉很差 |
| 41 | Any advice? | 有啥建议吗 |
| 42 | Just be yourself. | 做你自己，保持自我 |
| 43 | Anyway ... | 反正... |
| 44 | Never mind. | 算了，没关系 |
| 45 | Are You tired? | 你累不 |
| 46 | Let's take a rest. | 我们休息下 |
| 47 | More milk, plase. | 再给我加点牛奶 |
| 48 | Here's your order, sir. | 你是您点的，先生。 |
| 49 | Veggies are good for you. | 蔬菜对你有好处。 |
| 50 | No, thanks. | 不用了，谢谢 |
| 51 | What do you do? | 你做什么工作的？ |
| 52 | Some part-time stuff. | 一些兼职之类的 |
| 53 | You got a minute? | 有时间吗？ |
| 54 | Sure, What's up? | 有，怎么了？ |
| 55 | Where were you? | 你去哪了？ |
| 56 | Just out. | 刚出去了 |
| 57 | Make me something to eat. | 给我做点吃的 |
| 58 | Go away. | 滚 |
| 59 | You want some soup? | 你要喝汤不？ |
| 60 | No, It's too spicy. | 不，太辣了 |
| 61 | You look refreshed | 你看起来精神很好 |
| 62 | I'm feeling good. | 我感觉不错 |
| 63 | Where did you get that? | 你在哪买的 |
| 64 | I got it on eBay. | 在eBay上买的 |
| 65 | I'm bored. | 我很无聊。 |
| 66 | Let's do something. | 我们做点什么 |
| 67 | What do you wanna see? | 你想看什么？ |
| 68 | How about Titanic? | 泰坦尼克怎么样？ |
| 69 | The food here is really good. | 这儿吃的真可以 |
| 70 | I agree. | 我同意 |
| 71 | Do I look fat? | 我看起来胖不？ |
| 72 | No, except for your belly. | 不，除了你的肚子。 |
| 73 | You didn't even look at me. | 你都没看我。 |
| 74 | You're not fat. | 你不胖 |
| 75 | How's work? | 工作怎么样？ |
| 76 | Not bad. | 还不错 |
| 77 | Do you come here a lot? | 你经常来这儿吗？ |
| 78 | Yeah, I do, actually. | 是的，经常 |
| 79 | Don't crowd. | 不要挤。 |
| 80 | Be careful. | 小心；保重 |
| 81 | Up to you. | 随便你 |
| 82 | I don't mind. | 我不介意 |
| 83 | Aren't these shoes nice? | 这双鞋不错吧 |
| 84 | Yeah, the price is so cheap. | 好，价格很便宜 |
| 85 | Why didn't you text me? | 你怎么不给我发短信 |
| 86 | Sorry, I was busy. | 抱歉，我当时在忙。 |
| 87 | You are right? | 你没事吗？ |
| 88 | I'm dizzy. | 我头晕。 |
| 89 | I want you home by 10. | 我要你10点前回家。 |
| 90 | No problem. | 没问题 |
| 91 | Don't move. | 不要动 |
| 92 | Easy. | 慢点，轻点。 |
| 93 | I hope you feel better. | 希望你感觉好点了 |
| 94 | I'll be fine. | 我会没事的 |
| 95 | I'm taking a dump. | 我在拉屎 |
| 96 | I just need a minute. | 一会儿就好 |
| 97 | When are you free? | 你啥时有空？ |
| 98 | I'm free today at 5. | 我5点有空 |
| 99 | I'm busy tonight. | 我今晚要忙了 |
| 100 | Maybe some other time. | 那再挑时间了 |
| 101 | Where's the washroom? | 厕所在哪里 |
| 102 | Down that way. | 往那边 |
| 103 | Where are my books? | 我的书呢？ |
| 104 | I put them away. | 我收起来了 |
| 105 | I'm getting fat. | 我变胖了 |
| 106 | You need to lose weight. | 你需要减肥 |
| 107 | Where do you live? | 你住哪儿？ |
| 108 | Right over there. | 就在那边 |
| 109 | Let's take a picture. | 我们拍个照吧 |
| 110 | Delete it. | 删了它 |
| 111 | You want me to throw this out? | 这个要扔了吗？ |
| 112 | No, put it in the fridge. | 不，放冰箱里 |
| 113 | Is it good? | 好吃吗？ |
| 114 | A little bland. | 有点淡 |
| 115 | Pretty much. | 差不多 |
| 116 | That depends. | 看情况 |
| 117 | Going somewhere? | 要去哪吗？ |
| 118 | I'm heading out. | 我出个门 |
| 119 | Where're you going? | 你去哪？ |
| 120 | I'm going over to Mike's. | 我去迈克家 |
| 121 | Did you ride this morning? | 早上骑车了吗？ |
| 122 | No, I got up late. | 没，我起晚了 |
| 123 | Where are you? | 你在哪？ |
| 124 | I'm still at work. | 我还在上班 |
| 125 | Can you call him? | 你能打他电话吗？ |
| 126 | My phone's charging. | 我手机在充电 |
| 127 | I called you 3 times. | 我打你3次电话了 |
| 128 | Sorry, I was asleep. | 对不起，我睡着了 |
| 129 | You are too close to the TV. | 你离电视太近了 |
| 130 | Your eyesight is gonna get bad. | 你的视力会变差的 |
| 131 | He, guys. | 大家好 |
| 132 | Nice day. | 天气不错 |
| 133 | Who's that? | 那是谁啊？ |
| 134 | She's new. | 她是新来的 |
| 135 | Where were you last night? | 你昨晚去哪了？ |
| 136 | I went to bed early. | 你睡得很早 |
| 137 | Where are you off to? | 你要去哪里？ |
| 138 | I'm going to the gym. | 我去健身房 |
| 139 | How was the flight? | 航班怎么样？ |
| 140 | Pretty nice, actually. | 还不错 |
| 141 | Honestly. | 说实话， |
| 142 | You know, ... | 你知道的， |
| 143 | When did you get back? | 你啥时候回来的 |
| 144 | Just yesterday. | 刚回，昨天刚回 |
| 145 | Can I give you a hand? | 要我搭把手吗？ |
| 146 | No, I'm fine. | 不用，没事 |
| 147 | Hold this. | 扶一下 |
| 148 | Put it down. | 放下来 |
| 149 | It's not mine. | 这不是我的 |
| 150 | Keep it. | 拿着吧 |
| 151 | Do you have time? | 你有空吗 |
| 152 | I got time for pizza. | 我有空吃披萨 |
| 153 | What's that smell? | 什么味道 |
| 154 | I'm making bacon. | 我在做培根 |
| 155 | What did you have for lunch? | 午餐吃了什么？ |
| 156 | I had salad. | 我吃了沙拉 |
| 157 | Take it easy. | 放松点 |
| 158 | Calm down. | 冷静点 |
| 159 | I agree with you 100%. | 我百分百同意 |
| 160 | I understand what you're saying. | 我明白你的意思 |
| 161 | This is a mess. | 这真是一团糟 |
| 162 | Let's tidy up. | 我们来收拾一下吧 |
| 163 | You're joking, right? | 你在开玩笑吧 |
| 164 | I'm not kidding. | 我不是在开玩笑 |
| 165 | It's ok. | 没关系 |
| 166 | Don't worry about it. | 别担心 |
| 167 | I like this. | 我喜欢这个 |
| 168 | That's great. | 太棒了 |
| 169 | I'm really sorry. | 我真的很抱歉 |
| 170 | Sorry about that. | 很抱歉 |
| 171 | Catch you later. | 待会见 |
| 172 | I don't believe it. | 我不相信 |
| 173 | Amazing, isn't it. | 太令人震惊了，不是吗？ |
| 174 | What's your opinion? | 你觉得呢 |
| 175 | I have no idea. | 我不知道 |
| 176 | Keep trying. | 别放弃 |
| 177 | You get this. | 你可以做到的 |
| 178 | You're the best. | 你是最棒的 |
| 179 | I'm not so good. | 我没那么好 |
| 180 | I'm very proud. | 我感到很自豪 |
| 181 | I'm disappointed. | 我感到失望 |
| 182 | I'm really enjoying this. | 我非常喜欢 |
| 183 | I'm tired of this. | 我已经厌倦了 |
| 184 | I'm working on it. | 我正在处理 |
| 185 | I forgot about that. | 我忘了那件事 |
| 186 | It's not bad. | 还不错 |
| 187 | It could be better. | 可以更好 |
| 188 | Let me think about it. | 让我想想 |
| 189 | Just a moment. | 给我一点时间 |
| 190 | I like this song. | 我喜欢这首歌 |
| 191 | Turn the volume up. | 把音量调高 |
| 192 | I feel good. | 我感觉很好 |
| 193 | Life is wonderful | 生活真美好 |
| 194 | This is fun. | 这很有趣 |
| 195 | I'm having a good time. | 我玩得很开心 |
| 196 | I made a mistake. | 我搞砸了 |
| 197 | Everyone makes mistakes. | 我们都会犯错 |
| 198 | This is difficult. | 这很难 |
| 199 | Keep going. | 继续努力 |
| 200 | What are we having for dinner? | 晚餐吃什么 |
| 201 | Should we get pizza or sushi? | 吃披萨还是寿司？ |
| 202 | I miss you so much. | 我想你了 |
| 203 | When can we meet up? | 我们什么时候能见面 |
| 204 | I'm so bored right now. | 我好无聊啊 |
| 205 | Let's find something fun to do. | 我们找点有意思的事做吧 |
| 206 | Are you ready for an adventure? | 准备好冒险了吗 |
| 207 | Let's jump in the car. | 我们上车吧 |
| 208 | That's preety cool. | 那很酷 |
| 209 | That's not really for me. | 不过我不感兴趣 |
| 210 | I trust you. | 我相信你 |
| 211 | Show me the proof. | 证明给我看 |
| 212 | That's very true. | 太对了 |
| 213 | That makes sense to me. | 有道理 |
| 214 | I have to pee. | 我要尿尿 |
| 215 | I have to poop. | 我要拉屎 |
| 216 | Can you hold it? | 你能憋住吗 |
| 217 | Did you flush? | 你冲水了吗 |
| 218 | Careful, it's hot. | 小心烫 |
| 219 | Blow on it. | 吹一吹 |
| 220 | Yummy. | 好吃 |
| 221 | Eat some more. | 多吃点 |
| 222 | What's for lunch? | 午饭吃什么 |
| 223 | Dinner's ready. | 晚餐好了 |
| 224 | Don't be picky. | 不要挑剔 |
| 225 | Finish your food. | 把饭吃完 |
| 226 | Vegetables are good. | 蔬菜很好 |
| 227 | Have some fruit. | 吃点水果 |
| 228 | Eat slower. | 吃慢点 |
| 229 | Don't eat too much. | 别吃太多 |
| 230 | What's on TV? | 电视在播什么？ |
| 231 | Switch to channel 3. | 换到3台 |
| 232 | Who wants yogurt? | 谁要酸奶？ |
| 233 | Who wants some cake? | 谁要吃蛋糕？ |
| 234 | This half is for you. | 这一半是给你的 |
| 235 | Eat it with a spoon. | 用勺子吃 |
| 236 | Don't spill it. | 不要洒出来 |
| 237 | Do we have snacks? | 有零食吃吗？ |
| 238 | No more snacks. | 不能吃零食 |
| 239 | No more TV. | 不许看电视 |
| 240 | It's messy. | 很乱 |
| 241 | Don't make so much noise. | 别那么吵 |
| 242 | We're out of butter. | 我们没有黄油了 |
| 243 | How about some jelly? | 来点果酱怎么样 |
| 244 | Do the dishes. | 洗碗 |
| 245 | Your hands are dirty. | 你的手脏了 |
| 246 | I'll go wash my hands. | 我去洗手 |
| 247 | My hands are sticky. | 我的手很黏 |
| 248 | You okay? | 你还好吗 |
| 249 | Mom, I have a fever. | 妈，我发烧了 |
| 250 | Take my temperature. | 量下我的体温 |
| 251 | Your fever broke. | 你退烧了 |
| 252 | The fever went down. | 退烧了 |
| 253 | I feel a lot better. | 我感觉好多了 |
| 254 | Wipe your nose. | 擦鼻子 |
| 255 | Let me get a tissue. | 我去拿张纸巾 |
| 256 | Blow your nose. | 擤鼻子 |
| 257 | One more time. | 再来一次 |
| 258 | It's itchy. | 很痒 |
| 259 | Don't scratch it. | 不要挠它 |
| 260 | My tooth hurts. | 我牙痛 |
| 261 | Let's go to the dentist. | 我们去看牙医吧 |
| 262 | Slow down. | 慢一点 |
| 263 | Watch out. | 小心 |
| 264 | Don't go so fast. | 别走那么快 |
| 265 | Follow me. | 跟着我 |
| 266 | We need some milk. | 我们需要一些牛奶 |
| 267 | Let's get some cheese. | 买点奶酪吧 |
| 268 | Put it back. | 放回去 |
| 269 | We're going up. | 我们要上楼去 |
| 270 | Keep moving. | 继续走 |
| 271 | Hurry home. | 快回家 |
| 272 | I'm on my way. | 我在路上了 |
| 273 | Be safe. | 注意安全 |
| 274 | It's gonna rain. | 要下雨了 |
| 275 | It's starting to rain. | 开始下雨了 |
| 276 | What's wrong. | 怎么了 |
| 277 | Your fly is open. | 你裤子拉链开了（你拉链没拉上） |
| 278 | Zip up your pants. | 拉上你的裤子（拉链） |
| 279 | Tie your shoes first. | 先系好 |
| 280 | Put your shoes on. | 穿上鞋子。 |
| 281 | I forgot to put on my shoes. | 我忘记穿鞋了 |
| 282 | We'll be late. | 我们快迟到了 |
| 283 | Try it on. | 穿上试试 |
| 284 | Does it fit? | 合身吗，合适吗？ |
| 285 | Yeah, it fits. | 合适 |
| 286 | How do I look? | 我看起来怎么样？ |
| 287 | Do I look okay? | 我看起来还好吧 |
| 288 | Your shirt is on backwards. | 你的衬衫反了 |
| 289 | That's better. | 这样好点了 |
| 290 | Get in the car. | 上车 |
| 291 | Hold on tight. | 抓紧（扶手） |
| 292 | The bus is late. | 公交车晚点了 |
| 293 | We'll take a taxi. | 我们坐出租车 |
| 294 | This is our stop. | 我们到站了 |
| 295 | Take the next elevator. | 坐下一趟电梯 |
| 296 | I'm sleepy. | 我困了 |
| 297 | Sit on my lap. | 坐我腿上 |
| 298 | It's time for your bath. | 你该洗澡了 |
| 299 | The water's getting cold. | 水要凉了 |
| 300 | Turn off the TV. | 关掉电视 |
| 301 | Put your things away. | 把你的东西收好 |
| 302 | Who made this mess? | 谁弄乱的 |
| 303 | Put it in the garbage. | 把这个扔进垃圾桶里 |
| 304 | I'm on the phone. | 我在打电话 |
| 305 | I'm on my phone. | 我在玩手机 |
| 306 | You have the wrong number. | 你打错号码了 |
| 307 | My phone's dead. | 我的手机没电了 |
| 308 | I got a text. | 我收到一条短信 |
| 309 | What's the smell? | 什么味道 |
| 310 | You farted. | 你放屁了 |
| 311 | I sneezed. | 我打了个喷嚏 |
| 312 | He just burped. | 他刚打了个嗝 |
| 313 | Did you sleep well? | 你睡的好吗 |
| 314 | Yeah, I slept well. | 嗯，我睡得很好 |
| 315 | Are you asleep? | 你睡着了吗 |
| 316 | No, I'm awake. | 没，我醒着 |
| 317 | Lay down | 躺下（生活中常用），但正确的说法是 Lie down. |
| 318 | Take a rest. | 休息一下。 |
| 319 | I wasn't born yesterday. | 我又不是三岁小孩。 |
| 320 | How do I address you? | 我怎么称呼您？ |
| 321 | She turns me off. | 她使我厌烦。 |
| 322 | So far so good. | 目前为止，一切都好。 |
| 323 | Be my guest. | 请便、别客气。 |
| 324 | That was a close call. | 太危险了/千钧一发。 |
| 325 | Far from it. | 一点也不。 |
| 326 | It's a pain in the neck. | 麻烦的人（事） |
| 327 | We are in the same boat. | 我们处境相同。 |
| 328 | My mouth is watering. | 我在流口水了。 |
| 329 | I ache all over. | 我浑身酸痛。 |
| 330 | I have a runny nose. | 我流鼻涕。 |
| 331 | Do you have any openings? | 你们有空缺吗？ |
| 332 | Think nothing of it. | 别放在心上。 |
| 333 | I'm not myself today. | 我今天心神不宁。 |
| 334 | I have a sweet tooth. | 我喜欢吃甜食。 |
| 335 | For the time being. | 暂时，暂且，目前。 |
| 336 | Don't beat around the bush. | 别拐弯抹角了。 |
| 337 | It's up on the air. | 悬而未决/尚未确定。 |
| 338 | It slipped my mind. | 我忘了。 |
| 339 | You can't please everyone. | 你不可能讨好每一个人。 |
| 340 | I'm working on it. | 我正在努力。 |
| 341 | You bet! | 当然。 |
| 342 | Drop me a line. | 写封信给我。 |
| 343 | Are you pulling my leg? | 你在开我玩笑吗？ |
| 344 | I'll keep my ears open. | 我会留意的。 |
| 345 | Neck and neck. | 不分上下。 |
| 346 | I'm feeling under the weather. | 我觉得不舒服，情绪低落。 |
| 347 | Don't get me wrong. | 不要误会我。 |
| 348 | You are the boss. | 听你的。 |
| 349 | If I were in your shoes. | 如果我是你的话。 |
| 350 | Over my dead body! | 休想。 |
| 351 | It'll come to me. | 我会想起来的。 |
| 352 | I will pay it by ear. | 我会见机行事的，到时候再说。 |
| 353 | Let's talk over coffee. | 我们边喝边谈。 |
| 354 | Take it easy. | 轻松一点，别紧张。 |
| 355 | Let's give him a big hand. | 让我们热烈鼓掌。 |
| 356 | As far as I'm concerned. | 就我而言。 |
| 357 | I'm up to my ears in work. | 我忙死了。 |
| 358 | You can't do this to me. | 你不能这么对我。 |
| 359 | Just to be on the safe side. | 为了安全起见。 |
| 360 | It's been a long time. | 好久不见了。 |
| 361 | It's about time. | 时间差不多了。 |
| 362 | I can't imagine why. | 我想不通为什么。 |
| 363 | That's really something. | 真了不起。 |
| 364 | Excuse me for a moment. | 失陪一会儿。 |
| 365 | I'm dying to see you. | 我真想见你。 |
| 366 | I'm flattered. | 过奖了。 |
| 367 | You can never tell. | 不知道/谁也没把握。 |
| 368 | I won't buy your story. | 我不信你那一套。 |
| 369 | It hurts like hell. | 疼死了。 |
| 370 | It can't be helped. | 无能为力。 |
| 371 | Sorry to bother you. | 抱歉打扰你一下（事前） |
| 372 | Sorry to have bothered you. | 抱歉打扰你一下（事后） |
| 373 | Stay out of this matter, please. | 请别管这事。 |
| 374 | I'll make it up to you. | 我会赔偿的。 |
| 375 | Let's forgive and forget. | 让我们摈弃前嫌。 |
| 376 | I've heard so much about you! | 久仰大名 |
| 377 | She gives me a headache. | 她让我头疼。 |
| 378 | You're wasting your breath. | 你在白费口舌。 |
| 379 | Don't get on my nerves! | 不要搅得我心烦。 |
| 380 | His argument doesn't hold water. | 他的论点站不住脚。 |
| 381 | You've got to do something. | 你一定要想办法。 |
| 382 | Don't look wise. | 别自作聪明。 |
| 383 | You're going too far! | 你太过分了！ |
| 384 | Don't bury your head in the sand. | 不要逃避现实。 |
| 385 | Money will come and go. | 钱乃身外之物。 |
| 386 | You have my word. | 我保证。 |
| 387 | He hit the ceiling at the news. | 他听到那消息暴跳如雷。 |
| 388 | You're too outspoken. | 你太直率了。 |
| 389 | Every dog has his day. | 凡人皆有得意时。 |
| 390 | Are you out of mind? | 你疯了吗？ |
| 391 | He's been everywhere. | 他到处都去过了。 |
| 392 | Who is to blame? | 该怪谁？ |
| 393 | There're a lot of rumors going around. | 很多流言流传着。 |
| 394 | I don't feel up to that. | 我觉得不能胜任那工作。 |
| 395 | I'm mad at myself. | 我生自己的气。 |
| 396 | It's raining cats and dogs. | 下着倾盆大雨。 |
| 397 | What the hell are you doing? | 你到底在做什么？ |
| 398 | I can't seem to get to sleep. | 我好像睡不着。 |
| 399 | You look very serious about something. | 你似乎有很严重的事。 |
| 400 | I hope I'm not in the way. | 我希望我没有造成妨碍。 |
| 401 | A fool never learns. | 傻瓜永远学不会。 |
| 402 | What brings you to Beijing？ | 什么风把您吹到北京来了？ |
| 403 | She looks blue. | 她满面忧伤。 |
| 404 | Opportunity knocks but once. | 机不可失，时不再来 |
| 405 | Beauty is only skin deep. | 美貌不过是肤浅的 |
| 406 | Time works wonders. | 时间可以创造奇迹 |
| 407 | Actions speak louder than words. | 行动胜过语言。 |
| 408 | Don't put off what you can do tody till tommorow. | 今日事，今日毕。 |
| 409 | I don't deserve such praise or honor. | 岂敢岂敢 |
| 410 | You flatter me. | 你过奖了 |
| 411 | Have a nice day. | 祝你今天愉快 |
| 412 | Take it or leave it. | 要就要，不要拉倒。 |
| 413 | Keep it up. | 继续努力，加油 |
| 414 | Good for you. | 好，做得好。 |
| 415 | Time flies! | 时光如梭 |
| 416 | That's life. | 这就是人生 |
| 417 | Now you're talking. | 这才对嘛。 |
| 418 | You asked for it. | 你自找的 |
| 419 | Read between the lines. | 言外之意 |
| 420 | The rest is history. | 众所周知 |
| 421 | A little bird told me. | 我听说的 |
| 422 | It never rains but it pours. | 祸不单行 |
| 423 | Mind your own business. | 不关你的事 |
| 424 | Hang in there. | 坚持下去 |
| 425 | Could be worse. | 可能更糟 |
| 426 | Money talks. | 金钱是万能的 |
| 427 | Count me out. | 不要算我 |
| 428 | You said it! | 你说对了 |
| 429 | Look who's talking. | 看看你自己吧 |
| 430 | It's Greek to me. | 这我完全不懂 |
| 431 | Take my word for it. | 相信我的话 |
| 432 | Not one's cup of tea. | 不感兴趣，不合胃口 |
| 433 | Get real. | 别闹了，不开玩笑了 |
| 434 | Head over heels. | 深陷，完全地 |
| 435 | Suit yourself. | 随你高兴 |
| 436 | What's the catch. | 有什么意图 |
| 437 | Let the cat out of bag. | 泄漏秘密，走漏风声 |
| 438 | Sth is touch and go. | 危险的情况，一触即发的 |
| 439 | Beat a dead horse. | 白费劲 |
| 440 | The sky's the limit. | 没有限制 |
| 441 | Once in a blue moon. | 千载难逢，难得一次 |
| 442 | Be prepared. | 准备好 |
| 443 | It's easier said than done. | 说的比做的简单 |
| 444 | Have second thought. | 考虑一下 |
| 445 | Behind someone's back. | 背着某人 |
| 446 | Better luck next time. | 下次运气更好 |
| 447 | Come inhandy. | 派得上用场 |
| 448 | It's not my day. | 今天运气真糟 |
| 449 | There's no way to tell. | 没办法知道 |
| 450 | Read sb like an open book. | 清楚某人心里的想法 |
| 451 | You've got me there. | 你考到我了 |
| 452 | Easy does it. | 慢慢来，小心一点 |
| 453 | On the tip of one's tongue. | 差一点儿就想起来了 |
| 454 | The more the better. | 多多益善 |
| 455 | Let someone off the hook. | 让某人摆脱麻烦，解脱困境 |
| 456 | Beside the point. | 离题的，不是重点 |
| 457 | Burn the candle at both ends. | 白天晚上都要忙 |
| 458 | Meet a deadline. | 截稿 |
| 459 | Out of sight out of mind. | 眼不见心不烦 |
| 460 | Rub someone the wrong way. | 惹恼某人 |
| 461 | Stop on one's toes. | 触怒到某人 |
| 462 | Be fed up with | 对……感到厌烦 |
| 463 | Go from bad to worse. | 每况愈下 |
| 464 | Hit the jackpot. | 中大奖，走运 |
| 465 | Accidentally | 不小心 |
| 466 | On purpose | 故意的 |
| 467 | In one's book. | 对某人而言 |
| 468 | No pains, no gains. | 一份耕耘，一份收获 |
| 469 | You ain't seen nothing yet. | 你还没见过更好的/你还没见过更差的 |
| 470 | That's what friends are for. | 这就是好朋友啊 |
| 471 | It's the thought that counts. | 心意最重要 |
| 472 | The tip of the iceberg | 冰山一角，危险的细微的征兆 |
| 473 | Jump down someone's throat. | 粗暴地回答某人 |
| 474 | Save sth for a rainy day. | 以备不时之需 |
| 475 | Behind the scenes. | 在幕后 |
| 476 | By the skin of one's teeth. | 刚好，勉强侥幸 |
| 477 | Don't rock the boat. | 不要破坏现状，不要捣乱 |
| 478 | Worth its weight in gold. | 很有价值的 |
| 479 | Speak for the devil. | 说曹操，曹操到 |
| 480 | Right down/up someone's alley. | 某人的专长 |
| 481 | You never know what you can do until you try. | 你帮我，我帮你 |
| 482 | A penny saved is a penny earned. | 省一分就是赚一分 |
| 483 | Get away fm it all. | 远离这一切 |
| 484 | Make a mountain out of a molehill. | 大惊小怪，小题大做 |
| 485 | Two heads are better than one. | 三个臭皮匠， |
| 486 | Get/have cold feet. | 紧张 |
| 487 | Have someone's sight on sth | 看好了某样东西决心要... |
| 488 | Honesty is the best policy. | 诚实为上策 |
| 489 | No sooner said than done. | 说做就做 |
| 490 | Sleep like a log. | 睡得很沉 |
| 491 | Through thick and thin. | 共同经历 |
| 492 | All in the day's work. | 习以为常，不足为奇（不用客气，这是我分内之事） |
| 493 | Curiosity killed the cat. | 好奇心害死人 |
| 494 | Great minds think alike. | 英雄所见略同 |
| 495 | Some people never learn. | 有些人总是学不乖 |
| 496 | Wrap things up. | 把事情整理一番，做个了结 |
| 497 | At the drop of a hat. | 立即随时 |
| 498 | It takes two to tango. | 一个巴掌拍不响 |
| 499 | Never put off until tomorrow what you can do today. | 今日事，今日毕。 |
| 500 | Some people have all the luck. | 有些人就是那么幸运 |
| 501 | Don't be such a poor loser. | 不要输不起 |
| 502 | No hard feelings. | 别介意 |
| 503 | Don't cry over split milk. | 覆水难收 |
| 504 | It wouldn't hurt to ask. | 问人又不会怎么样 |
| 505 | Have one's head in the clouds. | 心不在焉 |
| 506 | Never say die. | 决不要灰心 |
| 507 | Seeing is believing. | 眼见为实 |
| 508 | Talk is cheap. | 光说没有用 |
| 509 | Turn over a new leaf. | 重新开始 |
| 510 | The same to you. | 同样祝福你 |
| 511 | Sth is better than nothing. | 有总比没有强 |
| 512 | Opposites attract. | 异性相吸 |
| 513 | The feeling is mutual. | 有同感 |
| 514 | Bury the hat chet. | 言归于好，和好了 |
| 515 | A good man is hard to find. | 好人难找 |
| 516 | In the nick of time. | 及明 |
| 517 | There's no such thing as a free lunch. | 天下没有免费的午餐 |
| 518 | A wolf in sheep's clothing. | 披着羊皮的狼 |
| 519 | Haste makes waste. | 欲速则不达 |
| 520 | Easy come, easy go. | 来得快，去得也快 |
| 521 | I don't have a clue. | 我不知道 |
| 522 | Practice makes perfect. | 熟能生巧 |
| 523 | For crying out loud. | 哎呀拜托 |
| 524 | He can't come to the phone now. | 他现在没法接电话 |
| 525 | I apologize on behalf of him. | 我替他道歉 |
| 526 | This is so meant to be. | 这就是天意 |
| 527 | What is the fuss. | 吵什么 |
| 528 | Still up? | 还没睡啊 |
| 529 | It doesn't make any difference. | 没关系；都一样没差别 |
| 530 | Don't let me down. | 别让我失望 |
| 531 | Don't take ill of me. | 别生我的气 |
| 532 | Why are you so sure. | 怎么这样肯定 |
| 533 | Is that so. | 是这样吗？ |
| 534 | That rings a bell. | 听起来耳熟 |
| 535 | I am the one wearing pants in the house. | 我当家 |
| 536 | Help me out. | 帮帮我 |
| 537 | Let's bag it. | 先把它搁一边 |
| 538 | Talk truly. | 有话直说 |
| 539 | He is the pain on neck. | 他真让人讨厌 |
| 540 | That is a boy. | 太好了，好极了 |
| 541 | The line is engaged. | 占线 |
| 542 | My hands are full right now. | 我现在很忙 |
| 543 | Don't make up a story. | 不要捏造事实 |
| 544 | Absence makes the heart grow fonder. | 小别胜新婚 |
| 545 | She made a mess of things. | 她把事情搞得一塌糊涂 |
| 546 | Get an eyeful. | 看个够 |
| 547 | He has a quick eye. | 他的眼睛很锐利 |
| 548 | Shoot the breeze. | 闲谈 |
| 549 | Tell me when. | 随时奉陪 |
| 550 | Let's play it by ear. | 让我们随兴所至 |
| 551 | To see is to believe. | 眼见为实 |
| 552 | It is hard to please all. | 众口难调 |
| 553 | More hasty, less speed. | 欲速则不达 |
| 554 | Look before you leap. | 三思而后行 |
| 555 | All roads lead to Rome. | 条条大路通罗马 |
| 556 | Well begun is half done. | 好的开端是成功的一半 |
| 557 | Strike while the iron is hot. | 趁热打铁 |
| 558 | Health is better than wealth. | 健康胜于财富 |
| 559 | It's never too old to learn. | 活到老学到老 |
| 560 | Rome was not built in a day. | 罗马不是一天建成的 |
| 561 | Facts speak louder than words. | 事实胜于雄辩 |
| 562 | Time and tide wait for no man. | 时不我待 |
| 563 | Failure is the mother of success. | 失败是成功之母 |
| 564 | A friend in need is a friend indeed. | 患难见真情 |
| 565 | When in Rome, do as Romans do. | 入乡随俗 |
| 566 | Time is money. | 时间就是金钱 |
| 567 | Saving is getting. | 节约就是获得 |
| 568 | Knowledge is power. | 知识就是力量 |
| 569 | Waste not, want not. | 不浪费，不愁缺 |
| 570 | Better late than never. | 迟做总比不做好 |
| 571 | All is well that ends well. | 一切都好就是结果好 |
| 572 | Never put off till tomorrow. | 今日事，今日毕。 |
| 573 | Time lost cannot be recalled. | 光阴一去不复返 |
| 574 | It is no use crying over spilt milk. | 打翻牛奶，哭也没用 |
| 575 | Every man is his own worst enemy. | 每个人最大的敌人就是他自己 |
| 576 | He laughs best who laughs last. | 谁能笑到最后谁就是赢家 |
| 577 | Take time while time is, for time will be away. | 机不可失，时不再来 |
| 578 | A bird in the hand is worth two in the bush. | 双鸟在林不如一鸟在手 |
| 579 | It is the early bird that catches the worm. | 早起的鸟儿有虫吃 |
| 580 | All work and no play makes Jack a dull boy. | 不工作不玩耍，联盟孩子也变傻 |
| 581 | There is no royal road to learning. | 求学无坦途 |
| 582 | Live to learn, not learn to live. | 活着就要学习，不是只为了生活而学 |
| 583 | God helps those who help themselves. | 天助自助者 |
| 584 | Activity is the only road to knowledge. | 行动是通往知识的唯一道路 |
| 585 | Nothing is impossible for a willing heart. | 心之所愿，无所不成 |
| 586 | Labor is often the father of pleasure. | 劳动常常是快乐之父 |
| 587 | Wisdom in the mind is better than money in the hand. | 脑中有知识胜过手中有钱 |
| 588 | Living without an aim is like sailing without a compass | 生活没有目标，就像航海没有罗盘。 |
| 589 | Modesty helps one progress, and conceit makes on lag behind. | 谦虚使人进步，骄傲使人落后。 |
| 590 | Don't jinx it. | 别乌鸦嘴，别咒我/它 |
| 591 | Shame on you. | 真不要脸 |
| 592 | What's it to you. | 关你什么事 |
| 593 | Where'd you pick that up? | 你从哪儿学来的？ |
| 594 | Pick upon that? | 你从哪儿学来的？ |
| 595 | Snap out of it. | 振作起来，清醒一点。 |
| 596 | I'm nearsighted. | 我近视。 |
| 597 | No, I'm all set. | 不用了（拒绝别人的）我已经够了，不用再…… |
| 598 | Mess it up. | 搞砸了 |
| 599 | That'll do. | 够了，行了，可以了，不错，也行，就这了。 |
| 600 | You'll do. | 就你了 |
| 601 | It'll do. | 就它了 |
| 602 | It's a steal. | 真便宜。 |
| 603 | That's news to me. | 我才知道，刚知道 |
| 604 | So, I'll take a rain check. | 改天吧 |
| 605 | Rain check. | 改天吧 |

**★30个美式生活短语**

**get moldy**

含义：发霉

例句: It kind of got moldy.

翻译：它有点发霉了

**go bad**

含义：（食物）变质

例句: The milk went bad.

翻译：牛奶坏了

**not plugged in**

含义：没插上

例句: It's not plugged in properly.

翻译：电源没插好

**choppy**

含义：卡顿

例句: Why is the video so choppy?

翻译：视频怎么这么卡

**breaking up**

含义：断断续续

例句: You're breaking up.

翻译：你信号不好（时断时续的）

**won't open**

含义：打不开（门、窗）

例句: The door won't open.

翻译：门打不开

**drip**

含义：滴水

例句: The faucet is dripping.

翻译：水龙头在滴水

**not charging**

含义：充不进电（电器，手机等）

例句: My phone's not charging.

翻译：我手机充不进电

**go out**

含义：断电，熄灭

例句: The power went out.

翻译：停电了

**come off**

含义：脱落

例句: My button came off.

翻译：我的扣子掉了

**expired**

含义：过期

例句: Is it expired?

翻译：这个过期了吗？

**clogged**

含义：堵住了

例句: The sink is clogged.

翻译：水槽堵了

**out of**

含义：用完了，用尽了

例句: We're out of toilet paper.

翻译：我们卫生纸用完了

例句: The pen is out of ink.

翻译：钢笔没水了

**wait in line**

含义：排队

例句: I'm waiting in line.

翻译：我在排队

**cut in line**

含义：插队

例句: You're cutting in line.

翻译：你插队了

例句: Don't cut in line.

翻译：别插队

**out of battery**

含义：（手机）没电了

例句: My phone's out of battery.

翻译：我手机没电了

例句: The remote is out of batteries.

翻译：遥控器没电了（有多节电池的那种）

**super slow**

含义：很慢（网速）

例句: The internet is super slow.

翻译：网速很慢

**spill ... on ...**

含义：将……洒在……上

例句: I spilled coffee on my shirt.

翻译：我把咖啡洒在衬衫上了

**not responding**

含义：没反应

例句: The app's not responding.

翻译：这个应用（软件）没反应

**won't turn on**

含义：（电器）打不开，开不了机

例句: Your TV won't turn on.

翻译：你家的电视打不开

**leak**

含义：漏水

例句: The pipe's leaking.

翻译：管道在漏水

例句: There's a gas leak in the kitchen.

翻译：厨房煤气泄漏了

**smells weird**

含义：异味

例句: The fridge smells weird.

翻译：冰箱有异味

**scratch**

含义：划痕

例句: There's a scratch on my screen.

翻译：我的屏幕有一道划痕

**cut out**

含义：（网络）断线

例句: It keeps cutting out.

翻译：它总是断线

**broken**

含义：（设备）坏了

例句: My mic is broken.

翻译：我的麦克风坏了

**cramp**

含义：抽筋

例句: I got a cramp in my leg.

翻译：我腿抽筋了

**get stuck**

含义：卡住

例句: A pill got stuck in my throat.

翻译：药丸/药片卡在我喉咙里了

**burn out**

含义：烧坏

例句: The bulb burned out.

翻译：灯泡烧坏了

**stain**

含义：污渍

例句: There's a stain on the sheet.

翻译：床单上有污渍

**out of stock**

含义：卖完了，缺货了

例句: This item is out of stock.

翻译：这个货卖完了

**in the nick of time**

含义：在紧要关头，关键时刻

例句: They arrived in the nick of time to save us.

翻译：在紧要关头他们正好赶到来救我们。

例句: You got here in the nick of time -- the train's just leaving.

翻译：你来的正是时候，火车正要开走。

**run some errands**

含义：为某人办事，跑腿

例句: I'm gonna go and run some errands.

翻译：我要出门办点事。

例句: It's the children's job to run some errands for the parents.

翻译：为父母跑跑腿是孩子们应该做的事情。

**Example**

含义：这

例句: X

翻译：这

**★50个万用句型**

**I'm not entirely sure if ……**

含义：我不完全确定……是否会……

例句: I'm not entirely sure if this project will meet the deadline.

翻译：我不完全确定这个项目是否能按时完成。

**What's your take on ……**

含义：你对……有什么看法

例句: What's your take on the new policy?

翻译：你对这个新政策有什么看法？

**Cloud you clarify ……**

含义：你能澄清、讲清楚……吗

例句: Cloud you clarify what you meant by that?

翻译：你能澄清 你那是什么意思吗？

**I'd like to highlight ……**

含义：我想强调……

例句: I'd like to highlight the progress our team has made.

翻译：我想强调我们团队取得的进展

**The key issue is ……**

含义：关键问题是/关键是……

例句: The key issue is how me allocate resources.

翻译：关键问题是我们该如何分配资源。

**From my perspective, ……**

含义：从我的角度来看，……

例句: From my perspective, this approach is more efficient.

翻译：从我的角度来看，这种方法更有效率。

**Would it be possible to ……**

含义：是否有可能……

例句: Would it be possible to reschedule the meeting?

翻译：是否有可能重新安排会议？

**The reason I ask is ……**

含义：我问（这个问题）的原因是……

例句: The reason I ask is to avoid miscommunication.

翻译：我问的原因是为了避免误解。

**To put it simply, ……**

含义：简单来说，……

例句: To put it simply, we need better coordination.

翻译：简单来说，我们需要更好的协调。

**What concerns me is ……**

含义：让我担心的是……

例句: What concerns me is the lack of transparency.

翻译：让我担心的是缺乏透明度。

**The challenge we face is ……**

含义：我们面临的挑战是……

例句: The challenge we face is balancing quality and speed.

翻译：我们面临的挑战是平衡质量和速度。

**It's worth noting that ……**

含义：值得注意的是……

例句: It's worth noting that this issue has been raised before.

翻译：值得注意的是这个问题之前已经提出过。

**Coud you elaborate on ……**

含义：你能详细说明……吗

例句: Could you elaborate on the next steps?

翻译：你能详细说明接下来的步骤吗？

**The bottom line is ……**

含义：底线是……

例句: The bottom line is we must reduce costs.

翻译：底线是我们必须降低成本。

**I just wanted to check if ……**

含义：我只是想确认……是否……

例句: I just wanted to check if you received my email.

翻译：我只是想确认你是否收到了我的邮件。

**To be frank, ……**

含义：坦白地说

例句: To be frank, this strategy might not work.

翻译：坦白说，这个策略可能行不通。

**Would you mind if ……**

含义：你是否介意……

例句: Would you mind if I joined your discussion?

翻译：你介意我加入你们的讨论吗？

**It might be helpful to ……**

含义：可能会有帮助

例句: It might be helpful to compare last year's data.

翻译：比较去年的数据可能会有帮助。

**The purpose of this is ……**

含义：这样做的目的是……

例句: The purpose of this is to ensure clarity.

翻译：这样做的目的是确保清晰度。

**Have you considered ……**

含义：你考虑过……吗？

例句: Have you considered an alternative solution?

翻译：你有考虑过替代方案吗？

**I'm confident that ……**

含义：我有信心/我确信……

例句: I'm confident that the team can deliver on time.

翻译：我确信团队能按时交付。

**What I suggest is ……**

含义：我建议……

例句: What I suggest is breaking the task into phases.

翻译：我的建议是将任务分阶段进行。

**I'd like your input on ……**

含义：我想听听你对……的看法

例句: I'd like your input on the upcoming proposal.

翻译：我想听听你对即将提出的建议的看法。

**The way I see it, ……**

含义：在我看来/我觉得……

例句: The way I see it, we should adjust priorities.

翻译：在我看来，我们应该调整优先顺序。

**This reminds me of ……**

含义：这让我想起……

例句: This reminds me of a similar project last year.

翻译：这让我想起去年的一个类似项目。

**One thing to keep in mind is ……**

含义：需要记住的一件事是……

例句: One thing to keep in mind is the budget constraint.

翻译：需要记住的一件事是预算限制。

**I'd recommend that ……**

含义：我建议

例句: I'd recommend that we simplify the process.

翻译：我建议我们简化流程。

**It's important to recognize that ……**

含义：重要的是要认识到……/认识到……很重要

例句: It's important to recognize that not everyone agrees.

翻译：重要的是要认识到并非所有人都同意。

**Let's make sure that ……**

含义：让我们确保……

例句: Let's make sure that all details are correct.

翻译：让我们确保所有细节都是正确的。

**I can't help but notice ……**

含义：我不禁注意到……

例句: I can't help but notice the drop in attendance.

翻译：我不禁注意到出席率下降。

**The best approach might be to ……**

含义：最好的方法可能是……

例句: The best approach might be to pilot the idea first.

翻译：最好的方法可能是先试行这个想法。

**The feedback suggests that ……**

含义：反馈表明……

例句: The feedback suggests that clients prefer a simpler design.

翻译：反馈表明客户更喜欢简单的设计。

**It would be wise to ……**

含义：明智的做法是……

例句: It would be wise to test this before launch.

翻译：明智的做法是在发布前测试。

**What we need to focus on is ……**

含义：我们需要关注的是……

例句: What we need to focus on is customer retention.

翻译：我们需要关注的是客户保留率。

**Let me clarify ……**

含义：让我澄清一下……

例句: Let me clarify what was discussed earlier.

翻译：让我澄清之前讨论的内容。

**I'd rather not ……**

含义：我宁愿不……

例句: I'd rather not rush into a decision.

翻译：我宁愿不仓促做出决定。

**The results indicate that ……**

含义：结果表明……

例句: The results indicate that sales are rising steadly.

翻译：结果表明销售额稳步上升。

**To avoid confusion, ……**

含义：为了避免混淆，……

例句: To avoid confusion, let's use one platform only.

翻译：为了避免混淆，我们只用一个平台。

**I just wanted to follow up on ……**

含义：我只是想跟进……

例句: I just wanted to follow up on our last conversation.

翻译：我只是想跟进我们上次的谈话。

**I'd like to emphasize ……**

含义：我想强调……

例句: I'd like to emphasize the importance of teamwork.

翻译：我想强调团队协作的重要性。

**The fact remains that ……**

含义：事实仍然是……

例句: The fact remains that deadlines must be respected.

翻译：事实仍然是必须遵守截止日期。

**It seems to me that ……**

含义：在我看来……

例句: It seems to me that we're overcomplicating things.

翻译：在我看来，我们把事情复杂化了。

**One possible solution is ……**

含义：一个可能的解决方案是……

例句: One possible solution is outsourcing part of the task.

翻译：一个可能的解决方案是将部分任务外包。

**I'd be happy to ……**

含义：我很乐意……

例句: I'd be happy to share more details with you.

翻译：我很乐意与你分享更多的细节。

**What worries me is ……**

含义：让我担心的是……

例句: What worries me is the lack of preparation.

翻译：让我担心的是缺乏准备。

**The priority right now is ……**

含义：现在的优先事项是……

例句: The priority right now is finalizing the budget.

翻译：现在的优先事项是敲定预算。

**I strongly believe that ……**

含义：我坚信……

例句: I strongly believe taht communication is key.

翻译：我坚信沟通是关键。

**Let's not forget that ……**

含义：我们不要忘记……

例句: Let's not forget that the client expects regular updates.

翻译：我们不要忘记客户期待定期更新。

**It's essential that ……**

含义：至关重要的是……

例句: It's essential that we document every step.

翻译：至关重要的是我们记录每一步。

**I am dying to ……**

含义：我非常想/迫不及待想做某事

例句: I am dying to go on vacation.

翻译：我非常渴望去度假。

例句: They are dying to know the result.

翻译：他们迫不及待地想知道结果。

**I don't speak ……**

含义：我不懂……行业术语

例句: I don't speak doctor.

翻译：我不懂医学术语

例句: I don't speak tech.

翻译：我不懂科技术语

**Example ……**

含义：这

例句: X

翻译：这

**★99句英文经典名言**

1.To be both a speaker of words and a doer of deeds.

既当演说家，又做实干家。

2.Variety is the spice of life.

变化是生活的调味品。

3.Bad times make a good man.

艰难困苦出能人。

4.There is no royal road to learning.

求知无坦途。

5.Doubt is the key to knowledge.

怀疑是知识的钥匙。

6.The greatest test of courage on earth is to bear defeat without losing heart.

世界是对勇气的最大考验是忍受失败而不丧失信心。

7.A man's best friends are his ten fingers.

人最好的朋友是自己的十个手指。

8.Only those who fulfill their duties in everyday matters will fulfill them on great occasions.

只有在日常生活中尽责的人才会在重大时刻尽责。

9.The shortest way to do many things is to do only one thing at a time.

做许多事情的捷径就是一次只做一件事。

10.Sow nothing, reap nothing.

春不播，秋不收。

11.Life is real, life is earnest.

人生真实，人生诚挚。

12.Life would be too tedious if it had no rubs in it.

生活苦无波折险阻，就会过于平淡无奇。

16.Life is a horse, and either you ride it or it rides you.

人生像一匹马，你不驾驭它，它便驾驭你。

20.The wealth of the mind is the only wealth.

精神的财富是唯一的财富。

21.You can't judge a tree by its bark.

人不可貌相。

22.Sharp tools make good work.

工欲善其事，必先利其器。

23.Wasting time is robbing oneself.

浪费时间就是掠夺自己。

24.Nurture passes nature.

教养胜过天性。

25.There is no garden without its weeds.

没有不长杂草的花园。

26.A man is only as good as what he loves.

一个人要用他所爱的东西有多好来衡量。

27.Wealth is the test of a man's character.

财富是对一个人品格的试金石。

28.The best hearts are always the bravest.

心灵最高尚的人，也总是最勇敢的人。

29.One never lose anything by politeness.

讲礼貌不吃亏。

30.There's only one corner of the universe you can be sure of imporving, and that's your own self.

这个宇宙中只有一个角落你肯定可以改进，那就是你自己。

31.The world is like a mirror: Frown at it and it frowns at you; smile, and it smiles too.

世界犹如一面镜子：朝它皱眉，它就朝你皱眉；朝它微笑它就朝你微笑。

33.The reason why a great man is great is that he resolves to be a great man.

伟人之所以伟大，是因为他立志要成为伟大的人。

34.Suffering is the most powerful teacher of life.

苦难是人生最伟大的老师。

35.A bosom friend afar brings a distant land never.

海内存知己，天涯若比邻。

36.A common danger causes common action.

同舟共济。

37.A contented mind is a continual feast.

知足常乐。

38.A fail into the pit, a gain in your wit.

吃一堑，长一智。

39.A guest should suit the convenience of the host.

客随主便。

41.All rivers run into the sea.

殊途同归。

42.All time is no time when it is past.

光阴一去不复返。

43.An apple a day keeps the doctor away.

一日一个苹果，身体健康不求医。

44.As heroes think, so thought Bruce.

英雄所见略同。

45.A young idler, an old beggar.

少壮不努力，老大徒伤悲。

46.Behind the mountains there are people to be found.

天外有天，山外有山。

47.Bad luck often brings good luck.

塞翁失马，安知非福。

49.Business is business.

公事公办。

49.Clumsy birds have to start flying early.

笨鸟先飞。

50.Do one thing at a time, and do well.

一次只做一件事，做到最好！

51.Custom makes all things easy.

习惯成自然。

52.Desire has no rest.

人的欲望无止境。

53.Difficult the first time, easy the second.

一回生，二回熟。

54.Do not change horses in mid-stream.

别在河流中间换马。

55.Do not have too many irons in the fire.

贪多嚼不烂。

56.Do not teach fish to swim.

不要班门弄斧。

57.East or west, home is the best.

东奔西跑，还是家里好。

58.Experience is the best teacher.

实践出真知。

59.Faith can move mountains.

信念能移山（精诚所至，金石为开）

60.First impressions are half the battle.

先入为主。

61.Good wine needs no bush.

酒香不怕巷子深。

62.Haste makes waste.

欲速则不达。

63.He that promises too much means nothing.

轻若者寡信。

64.An artist lives everywhere.

一招鲜，吃遍天。

65.He whom would climb the ladder must begin at the bottom.

千里之行，始于足下。

66.Home is where the heart is.

心在哪里，哪里就是家。

67.If you are not inside a house, you do not know about its leaking.

不在屋里，不知漏雨。

68.It is never too late to mend.

亡羊补牢，犹未为晚。

69.Six of one and half a dozen of the Other.

彼此彼此。

70.Justice has long arms.

天网恢恢，疏而不漏。

71.Keep something for a rainy day.

未雨绸缪。

72.Life is a morning dew.

人生如朝露。

73.Man proposes, God disposes.

谋事在人，成事在天。

74.Meet plot with plot.

将计就计。

75.Merry meet, merry part.

好聚好散。

76.Mind acts upon mind.

心有灵犀一点通。

77.Never hit a man when he is down.

不要落井下石。

78.Never judge by appearances.

切莫以貌取人。

79.No fire without smoke.

无风不起浪。

80.One is never too old to learn.

活到老，学到老。

81.One swallow does not maek a summer.

一燕不成夏。

83.Out of sight, out of mind.

眼不见，心不烦。

84.Practice makes perfect.

熟能生巧。

85.Poverty is stranger to industry.

勤劳之人不受苦。

86.Rome was not built in a day.

罗马不是一日建成的。

87.Sense comes with age.

老马识途。

88.So many men, so many minds.

人心各不同。

89.Something is learned every time a book is opened.

开卷有益。

90.Strike while the iron is hot.

趁热打铁。

91.The car will find its way roudn the hill.

车到山前必有路。

92.The heart is seen in wine.

酒后吐真言。

93.Every dog has its day.

风水轮流转。

94.Time tries all things.

时间检验一切。

95.Use legs and have legs.

经常用腿，健步如飞。

96.Virtue never grows old.

美德常青。

97.Walls have ears.

隔墙有耳。

98.What is done cannot be undone.

覆水难收。

99.Wine in, truth out.

酒后吐真言。

**★英语励志名言50句**

1、Genius is an infinite capacity for taking pains.

所谓的天才是不断地承受痛楚。

2、Religion is what keeps the poor from murdering the rich.

信仰使穷人不至于去谋害富人。

3、The man with a new idea is a crank until the idea succeeds.

具有新想法的人在其想法实现之前是个怪人。

4、Adversity is the midwife of genius.

逆境造就天才。

5、The world is his who enjoys it.

活着感到快乐，世界就属于你。

6、Difficult circumstances serve as a textbook of life for people.

困难坎坷是人们的生活教科书。

7、Ideal is the beacon. Without ideal , there is no secure direction ; without direction , there is no life.

理想是指路明灯。没有理想，就没有坚定的方向；没有方向，就没有生活。

8、If you are doing your best,you will not have to worry about failure.

如果你竭尽全力，你就不用担心失败。

9、The world is like a mirror: Frown at itand it frowns at you; smile, and it smiles too.

世界犹如一面镜子：朝它皱眉它就朝你皱眉，朝它微笑它也朝你微笑。

10、The stupid speak of the past, the wise of the present, and fools of the future.

聪明的人谈现在，愚蠢的人谈过去，傻子才谈未来。

11、Living without an aim is like sailing without a compass.

生活没有目标，犹如航海没有罗盘。

12、Proper preparation solves 80 percent of life's problems.

适当的准备能解决生活中80%的问题。

13、Never underestimate your power to change yourself!

永远不要低估你改变自我的能力！

14、Victory belongs to the most persevering.

坚持必将成功。

15、The important thing in life is to have a great aim , and the determination to attain it.

人生重要的事情就是确定一个伟大的目标，并决心实现它。

16、Sharp tools make good work.

工欲善其事，必先利其器。

17、Do not, for one repulse, give up the purpose that you resolved to effect.

不要只因一次失败，就放弃你原来决心想达到的目的。

18、Bad times make a good man.

艰难困苦出能人。

19、Those who turn back never reach the summit.

回头的人永远到不了最高峰！

20、Winners do what losers don't want to do.

胜利者做失败者不愿意做的事！

21、Suffering is the most powerful teacher of life.

苦难是人生最伟大的老师。

22、The reason why a great man is great is that he resolves to be a great man.

伟人之所以伟大，是因为他立志要成为伟大的人。

23、The best hearts are always the bravest.

心灵最高尚的人，也总是最勇敢的人。

24、Logic will get you from A to B. Imagination will take you everywhere.

逻辑会带你从A点到达B点，想象力将把你带到任何地方。

25、Man struggles upwards; water flows downwards.

人往高处走，水往低处流。

26、Only they who fulfill their duties in everyday matters will fulfill them on great occasions.

只有在日常生活中尽责的人才会在重大时刻尽责。

27、Every noble work is at first impossible.

每一个伟大的工程最初看起来都是不可能做到的！

28、Gods determine what you‘re going to be.

人生的奋斗目标决定你将成为怎样的人。

29、There's only one corner of the universe you can be sure of improving, and that's your own self.

这个宇宙中只有一个角落你肯定可以改进，那就是你自己。

30、Failure is the mother of success.

失败乃成功之母。

31、All things in their being are good for something.

天生我才必有用。

32、Politeness costs nothing and gains everything.

礼貌不用花一分钱，却能赢得一切。

33、True mastery of any skill takes a lifetime.

对任何技能的掌握都需要一生的刻苦操练。

34、Don't part with your illusions . When they are gone you may still exist , but you have ceased to live.

不要放弃你的幻想。当幻想没有了以后，你还可以生存，但是你虽生犹死。

35、We improve ourselves by victories over ourselves. There must be contests, and we must win.

我们通过战胜自己来改进自我。 那里一定有竞赛，我们一定要赢！

36、Sweat is the lubricant of success.

汗水是成功的润滑剂。

37、The greatest test of courage on earth is to bear defeat without losing heart.

世界上对勇气的最大考验是忍受失败而不丧失信心。

38、Good is good, but better carries it.

精益求精，善益求善。

39、Plain living and high thinking.

生活要朴素，情操要高尚。

40、Giving is a reward in itself.

给予本身就是一个奖赏。

41、Towering genius disdains a beaten path. It seeks regions hitherto unexplored.

卓越的天才不屑走旁人走过的路。他寻找迄今未开拓的地区。

42、Wealth is the test of a man's character.

财富是对一个人品格的试金石。

43、Live beautifully, dream passionately, love completely.

活要活得美好，梦要梦得热烈，爱要爱得完整。

44、Don't try so hard, the best things come when you least expect them to.

不要着急，最好的总会在最不经意的时候出现。

45、Wasting time is robbing oneself.

浪费时间就是掠夺自己。

46、You have to believe in yourself . That's the secret of success.

人必须相信自己，这是成功的秘诀。

47、Energy and persistence conquer all things.

能量和坚持可以征服一切事情。

48、Fear not that the life shall come to an end, but rather fear that it shall never have a beginning.

不要害怕你的生活将要结束，应该担心你的生活永远不会真正开始。

49、The shortest way to do many things is to only one thing at a time.

做许多事情的捷径就是一次只做一件一件事。

50、Gratitude is the sign of noble souls.

感恩是精神高尚的标志。

**★其他名言/优美句子**

Failing doesn't make you a failure, but quitting makes you a quitter. So, don't quit.

Shallow man believe in luck.

Life is a lively process of the becoming.

Let the storm break in all its fury.

Half a truth is often a great lie.

Everything that is, is reasonable.

Everyone is ignorant, only on different subjects.

Children have more need of models than of critics.

A classic is a book which people praise and doesn't read.

Means only exist to serve an end.

Luck is where opportunity meets preparation.

To think is to differ.

The proper function of man is to live not to exist.

The nation that destroys its soil estroys itself.

The future is purchased by the present.

The beauty of the past belongs to the past.

When you finally let go of the past, something better comes along.

There is no doubt that good things will come, and when it comes, it will be a surprise.

You can't learn if you don't try.

You never know what you can do until you try.

The process of refining oneself is painful, but it will eventually shape a better version of you.

打磨自己的过程很疼，但最终能塑造一个更好的自己。

**★易误解的英语**

|  |  |
| --- | --- |
| sporting house | 妓院 |
| dead president | 美钞，美金 |
| senior citizen | 老年人 |
| wash one's hands | 上厕所 |
| a black sleep | 害群之马 |
| pull one's leg | 开玩笑 |
| eat one's words | 收回前言，改正错误 |
| eleventh hour | 最后时刻，关键时刻 |
| personal remark | 人身攻击 |
| sweet water | 淡水 |
| confidence man | 骗子 |
| horse sense | 常识 |
| capital idea | 好主义 |
| green hand | 新手 |
| have a fit | 勃然大怒 |
| black art | 妖术 |
| red tape | 官僚习气 |
| bad blood | 厌恶感，怨恨，不满 |
| white man | 忠实可靠的人 |
| black stranger | 完全陌生的人 |
| an apple of love | 西红杮 |
| handwriting on the wall | 不祥之兆 |
| bring down the house | 博得满堂喝彩 |
| roadside business | 汽车饭店 |
| yellow book | 黄皮书（政府报告书） |
| blue stocking | 女学者，女才子 |
| English disease | 软骨病 |
| Indian summer | 愉快宁静的晚年 |
| Greek gift | 害人的礼品 |
| Spanish athlete | 吹牛的人 |
| French chalk | 滑石粉 |
| in one's birthday suit | 赤身裸体 |
| pull up one's socks | 鼓起勇气 |
| You dont's say? | 是吗，真的吗，不是吧。 |
| You can say that again. | 说得好 |
| blue blood | 贵族血统 |
| white night | 不眠之夜 |
| black and blue | 遍体鳞伤 |
| white elephant | 没有价值的东西 |
| pink elephant | 幻象 |
| green house | 温室 |
| red letter day | 喜庆的日子 |
| yellow dog | 卑鄙的人 |
| a bad apple | 害群之马 |
| I second you | 我支持你 |
| on the ball | 精明能干 |
| you are lemon | 无用的人 |
| go bananas | 变得疯狂，兴奋 |
| five by five | 一切正常 |
| on the house | 店家请客，免费的 |

**★易出错的100个固定搭配**

|  |  |
| --- | --- |
| a means of | 一种手段 |
| a swarm of | 一群 |
| abandon oneself to sth/doing sth | 抛弃…去做… |
| absence from | 缺席 |
| access to | 接近… |
| account for | 解释… |
| accuse sb of sth | 控告… |
| acquaint sb with sth | 使…熟悉sth |
| adhere to | 坚持、信守 |
| be adjacent to | 邻近 |
| advocate of/for | 提倡 |
| after all | 毕竟 |
| be akin to | 近似，类似于 |
| be liable for | 负有责任 |
| appeal to sb | 对…吸引，感染力 |
| appeal to sb | for sth 呼吁，恳求 |
| appetite for | 对…欲望 |
| aproach... to | ...sth 接近 |
| approve of | 赞成 |
| arrange for | 安排 |
| ascribe A to B | attribute A to B 把A归功于B |
| at one's peril | 自担风险 |
| attest to sth | 证明 |
| aversion to sb/sth | 反感 |
| be accustomed to | 习惯于 |
| be discharged from | 释放，解雇 |
| be engrossed in | 全神贯注 |
| be adept at | 擅长 |
| be teeming with | 充满 |
| break a tie | 打破僵局 |
| cater for/to | 迎合 |
| coax sb into doing | 哄骗 |
| collide with | 碰撞 |
| condemn... as ... | 谴责 |
| confine to sth | 限于…之内 |
| consent to sth | 同意 |
| contribute to sth | 有助于 |
| declain against | 抗议 |
| deduce from | 推断 |
| deprive of | 剥夺 |
| derive from | 源于 |
| decend from | 传下来 |
| be desirous of | 想要 |
| detach from | 从…分离 |
| deviate from | 偏离 |
| discourse on/upon | 讲述 |
| dissolve in | 融入 |
| be eligible to do | 够资格去做 |
| entice sb into doing | 诱使…做… |
| equate... wit... | 等同 |
| excel in/at | 擅长 |
| exclude sb from sth | 排除 |
| exempt from | 免除 |
| fall prey to | 成为…的牺牲品 |
| fancy doing sth | 喜欢做 |
| for fear that | 生怕 |
| give into sth | 屈服 |
| have an advantage over | 优于 |
| hinder from | 妨碍 |
| immerse sb/sth in | 陷入 |
| immune from/to | 免疫 |
| in defiance of | 不顾 |
| be indicative of | 表明 |
| in retrospect | 回顾 |
| in ruins | 成为废墟 |
| incorporate in | 包含 |
| isolate from | 使…隔离 |
| just so... as... | 正如/正好和…一样 |
| just as... as... | 就像…一样 |
| lapse into | 陷入 |
| lash out at | 抨击 |
| linger on | 徘徊 |
| menace to sth | 威胁 |
| on behalf of | 代表 |
| be oblivious of/to | 健忘的 |
| on the verge of | 在…边缘 |
| partake of | 分担 |
| be pertinent to | 相关的 |
| prelude sb from doing | 阻止 |
| prejudice against | 偏见 |
| preoccupation with | 全神贯注 |
| preside over | 主持 |
| prevail on | 胜过 |
| prior to sth | 在…之间 |
| be pronet to sth | 有…倾向的 |
| rail against | 抱怨 |
| reconcile sb to sth | 调停，和解 |
| reign over | 统治 |
| shield from | 庇护 |
| speculate on/about | 推测 |
| be steadfast in | 坚定 |
| stem from | 起源于 |
| stir up | 激起 |
| subscribeto sth | 订阅 |
| summon up | 鼓舞，召唤 |
| surrender to sth | 投降 |
| tamper with | 贿赂，胡乱摆弄 |
| the bulk of | 大多数 |
| be typical of | 是…的典型 |
| be weary of | 疲倦 |

**★屎尿屁-合集**

pee, poop, fart这3个词既是名词，也是动词

**pee**

含义：尿尿

例句:

I have to (go) pee. #我要尿尿

Just go pee. #去尿吧

**piss**

含义：尿尿

例句:

I'm gonna take a piss. #我要撒泡尿

**number one**

含义：小便

例句:

Can I go number one? #我能去小便吗？

I'm going number one. #我去小便

口语中的尿尿：

I gotta go wee.

I gotta take a leak.

后面可跟real bad或so badly 表示很急。

**poop**

含义：拉屎

例句:

I need to poop. #我要去拉屎

He's pooped his pants. #他拉裤子里了

I can't poop. #我拉不出来

I had a normal poop. #我大便正常

I'm stopped up. #拉不出来（口语）

I'm constipated. #我便秘了。

**number two**

含义：大便

例句:

Do a number two. #大便

go number two. #上个大号

**shit**

含义：屎

例句:

I need to shit #我要拉屎

I'm having liquid shits. #我拉稀了

I had liquid shits. #我拉稀了

I got the shits. #我拉稀了

#腹泻

I have diarrhea. #我腹泻，拉肚子

I have the runs. #我腹泻（口语）

That shit gave me the runs. #那玩意儿让我拉肚子。

I get the runs almost every day. #我几乎每天拉肚子。

**dump**

含义：屎

例句:

I gotta take a dump. #我得拉泡大的

**fart**

含义：屁，放屁

例句:

I fart. #我放屁了

Somebody farted. #有人放屁了

My fart smells terrible. #我的屁很臭

**booger**

含义：鼻屎（干的）

例句:

If something hard in your nose, that would be a booger. #干的鼻屎是可数名词。

That's snot. #鼻涕。（液体的，不可数）

**eye booger**

含义：眼屎（可数）

例句:

I have eye boogers.

Wipe your eye boogers with a tissue.

**eye crust**

含义：眼屎（不可数）

**earwax**

含义：耳屎

例句: The yellow stuff in your ears, that's called earwax.

sticky earwas #湿的耳屎

dry earwax #干的耳屎

Hold it. #憋着

I'm not finished. #我还没拉完。

I'm not done. #我还没拉完。

Someone's in here. #有人（厕所里有人）

Sorry, I didn't realize. #我没注意，抱歉

I used to throw up a lot. #我常呕吐

**★第4章、优美英语短文**

**★Forget who hurt you yesterday**

Forget who hurt you yesterday,

but dont't forget those who love you every day.

Forget the past that makes you cry,

and focus on the present that makes you smile.

Forget the pain,

but never the lessons you gained.

**★If you can't see my worth**

If you can't see my worth,

then you have no place in my life.

I don't waste time on people who don't value me.

Respect is earned not given,

and I give respect to those who deserve it.

But the moment you show me that you don't care,

you lose my respect, you lose my trust.

**★The world is big**

The world is big,

people are different.

You don't have to stand out.

Someone will see you as ordinary but radiant.

Like an undefined wind.

So I want you to be free and happy.

Do what you love.

**★Life is great**

Life is great,

So remember to smile.

It's hard to please everyone,

So keep delightful for yourself.

**★It's never too late to change yourself**

It's never too late to change yourself,

no matter how old you are,

no matter how bad your current situation is.

If you set a goal,

and move forward step by step,

life could be turned around at any time.

**★You don't need to prove anything**

You don't need to prove anything,

you are already worthy as you are.

Even with your flaws, you shine.

Your heart is full of goodness.

You are doing your best,

that is more than enough.

**★No matter how long the rain lasts**

No matter how long the rain lasts,

there will be a rainbow in the end.

No matter how sad you may be.

Please believe that,

hapiness is waiting.

**★Embrace change**

Embrace change, change is the only constant in life.

Embrace it with an open mind and a positive attitude.

Change brings new opportunities experiences and growth.

By accepting and adapting to change,

you become resilient and open to life's endless possibilities.

Change the first step is the slowest.

**★It's never too late to start learning English**

It's never too late to start learning English.

Whether you're 20, 40, or beyond,

every step you take brings you closer to fluency.

Consistency and practive are key.

Embrace mistakes as part of the journey.

With abundant resources online, your progress is in your hands.

Stay curious, stay motivated, and watch your skills grow.

Your future self will thank you for starting today.

**★What is the meaning of learning?**

What is the meaning of learning?

To get into a good school?

To make your parents proud?

To find a good job?

Maybe.

But the meaning of learning goes for beyond that.

It's about building your passion for life,

and understanding of society,

increasing your knowledge and broadening your horizons.

It gives you the ability to achieve your dreams,

and create a good life.

No matter where you are, respect life,

and stay positive even when facing difficulties.

Respect others but also keep the ability to think independently.

It helps you have a healthy personality,

stay youthful and be energetic.

This is more important than any test score or degree.

**★It took me 10 years to learn this**

It took me 10 yaers to learn this,

but I will teach it to you in one minute.

Life waits for nobody,

get up every day and keep pushing through no matter what.

Take good care of yourself, if something happens to you,

the world will move on and you will fall behind.

Build your dream life, if you don't,

someone will hire you to build theirs.

Work in silence, celebrate in private,

people love to ruin things.

Don't regret your past,

learn from it and move on, no one cares.

Work harder to become better each day,

ignore advice from those who don't live the life you want.

Rule over your emotions, a calm mind can handle any situation.

If you find someone better than you, don't hate,

ask for advice and cooperate.

You're truly at peace with yourself,

when you mind your own business.

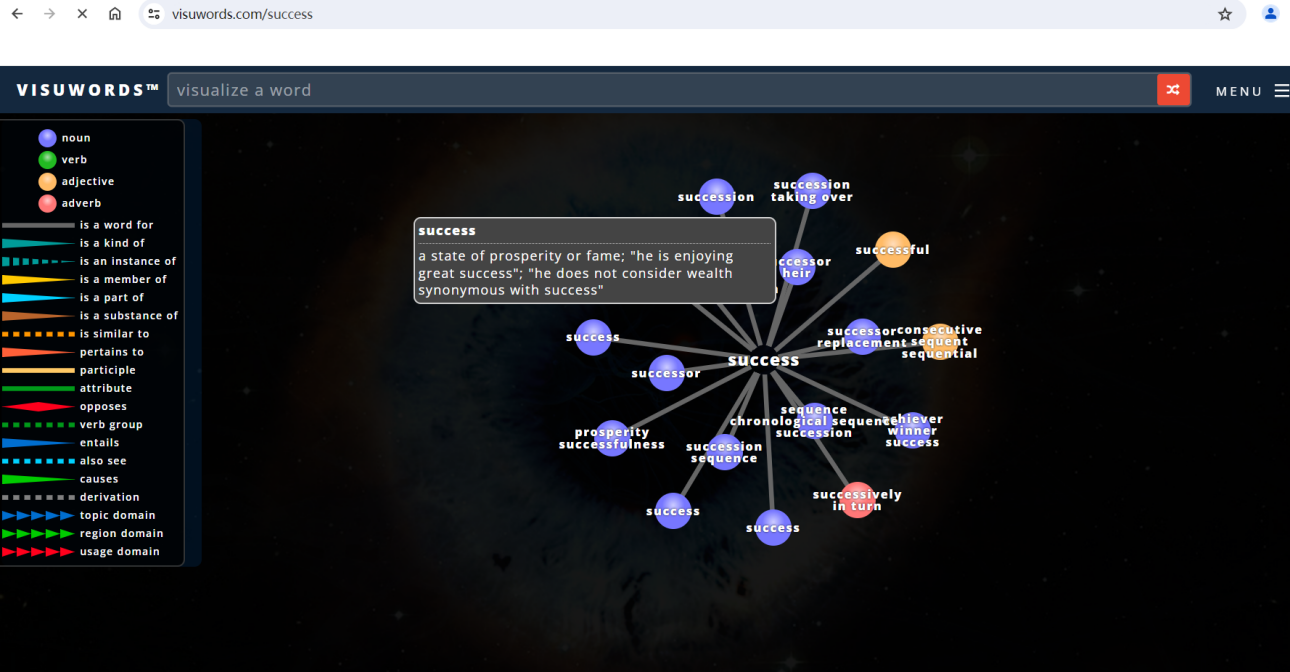
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**★附录、学习网站**

**★查单词相关的家族单词**

https://visuwords.com/

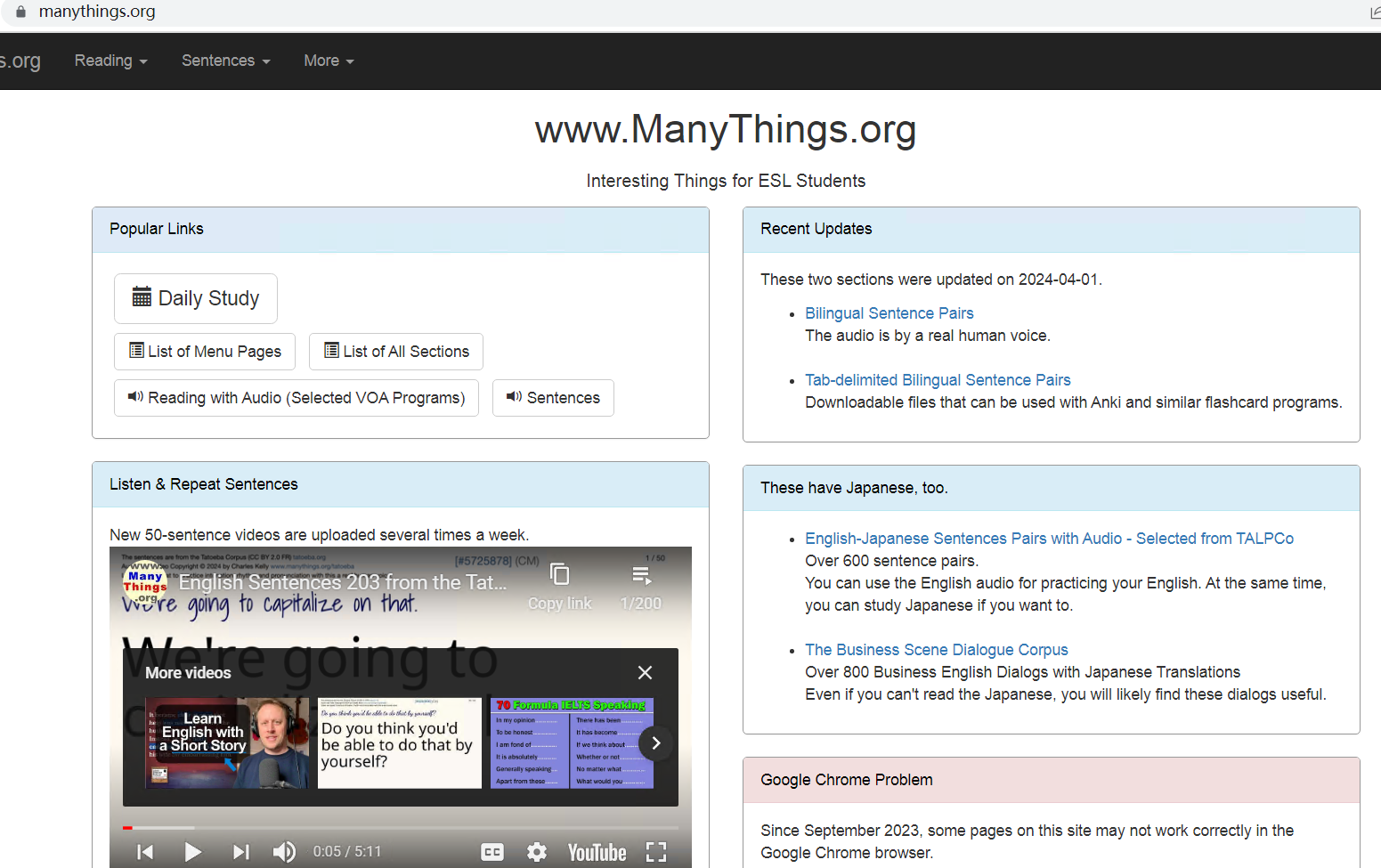
输入一个单词，会展示与此相关的所有单词



**★在线英语学习听力视频**

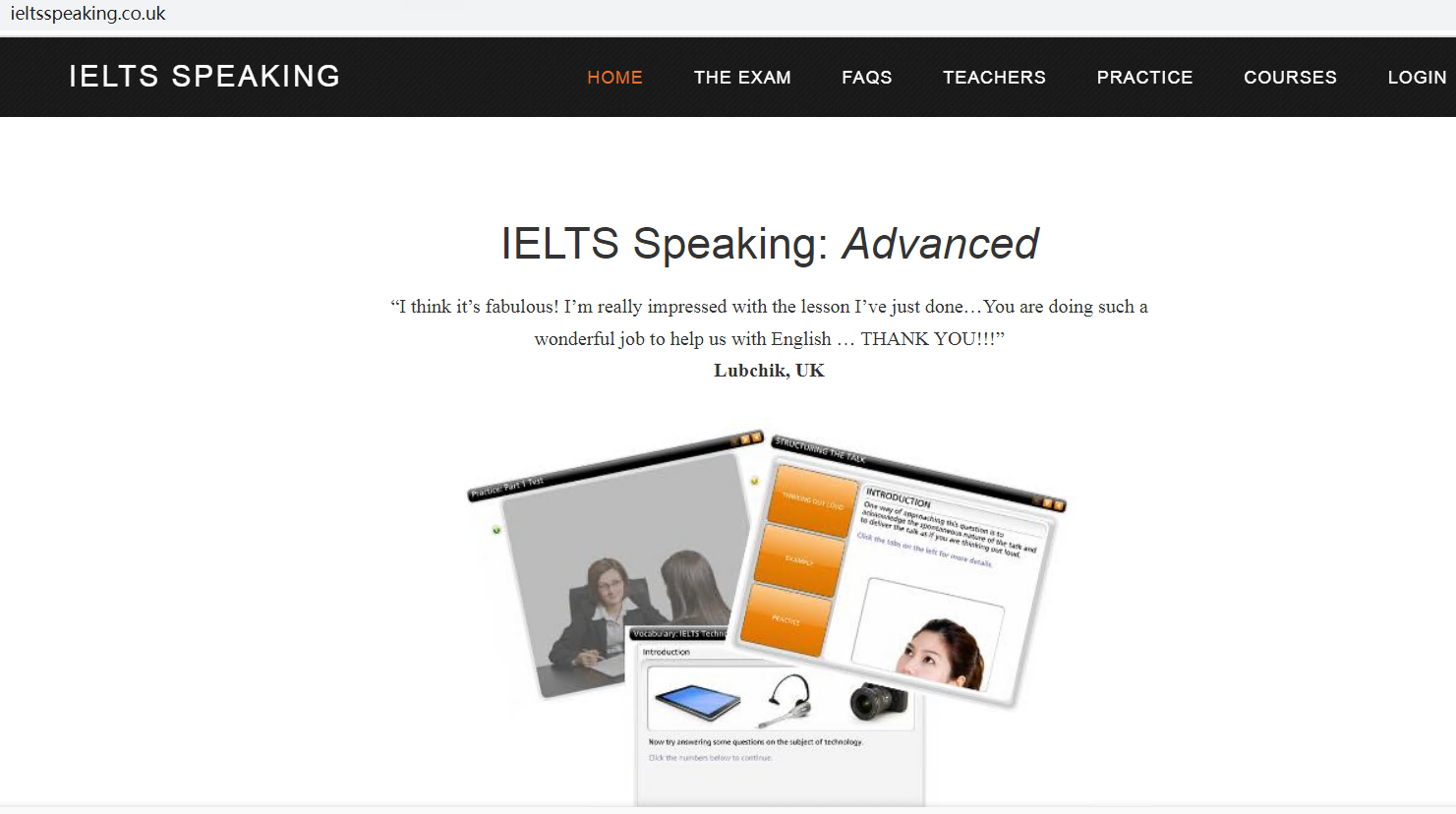
https://www.manythings.org/

按照物件类别分享资源，包括单词列表、mp3听力文件，还有语法、词汇等等



**★雅思口语学习**

https://www.ieltsspeaking.co.uk/



★YouTube

https://www.youtube.com/

