\*\*SOAP Note for Patient R.T.\*\*  
  
\*\*Subjective:\*\*  
  
- \*\*Chief Complaint (CC):\*\* R.T. requires assistance with scheduling reminders for various therapy and social interactions.  
  
- \*\*History of Present Illness (HPI):\*\*   
 - R.T. is managing appointments for physical therapy, speech therapy, social outings, and financial responsibilities. The patient uses dual methods to schedule and remember these appointments - a physical wall calendar and the calendar app on an iPhone. R.T. emphasizes the need for double reinforcement for better recall.  
 - R.T. has scheduled speech therapy sessions twice a week and physical therapy that requires coordination with parents for transportation.  
 - R.T. also attends social hour sessions at a local therapy network and prefers setting alarms an hour beforehand to prepare.  
 - Challenges include initiating communication and preparing for physical and social dynamics, such as putting hair up before therapy sessions and dressing appropriately for social gatherings.  
  
- \*\*Social History:\*\*   
 - R.T. actively works on social skills and independence, including scheduling activities, setting reminders for social engagements, and understanding financial responsibilities.  
 - Engages in social activities, such as family visits to restaurants and outings with friends.  
  
\*\*Objective:\*\*  
  
- \*\*Current Technology & Tools:\*\*  
 - iPhone calendar app and wall calendar for double scheduling.  
 - Use of personal assistants like Alexa for reminders about preparing for appointments.  
   
- \*\*Strategies for Organization:\*\*  
 - Alarms set for an hour before therapy and social appointments.  
 - Visual and auditory reminders critical for task completion.  
 - Involvement of family in transportation logistics for physical therapy.  
  
\*\*Assessment:\*\*  
  
- R.T. shows good insight into utilizing compensatory strategies for managing daily routines and appointments.   
- The dual use of visual (wall calendar, phone) and auditory (phone alarms, Alexa) cues are effective tools but may require further tailoring to enhance independence.  
- The patient’s goals of improving social interaction skills and financial independence are appropriate, with a need for structured guidance and support in initiation and execution.  
  
\*\*Plan:\*\*  
  
1. \*\*Continue using dual scheduling methods (wall calendar and iPhone) for double reinforcement.\*\*  
  
2. \*\*Enhance Compensatory Strategies:\*\*  
 - Utilize Alexa or other smart devices for setting clear, specific daily reminders.  
 - Explore apps or tools specifically designed for individuals needing assistance with initiation and task follow-through.  
  
3. \*\*Therapy Goals:\*\*  
 - Focus on initiation of social interactions in speech therapy sessions.  
 - Introduce role-playing or scenario-based practice to improve conversation skills.  
 - Incorporate financial literacy and independence as part of therapy sessions or separate consultations.  
  
4. \*\*Patient Education & Counseling Services:\*\*  
 - Offer sessions on the importance of routine in reinforcing memory and task completion.  
 - Engage family in discussions to support R.T.'s transportation and preparation needs.  
  
5. \*\*Follow-Up:\*\*  
 - Schedule regular reviews to assess the effectiveness of current strategies.  
 - Adjust plans based on progress in communication skills and engagement in social events.   
  
By addressing these components, we endeavor to enhance R.T.'s quality of life and independence, carefully balancing cognitive challenges with practical strategies.