

Bullying and Suicide



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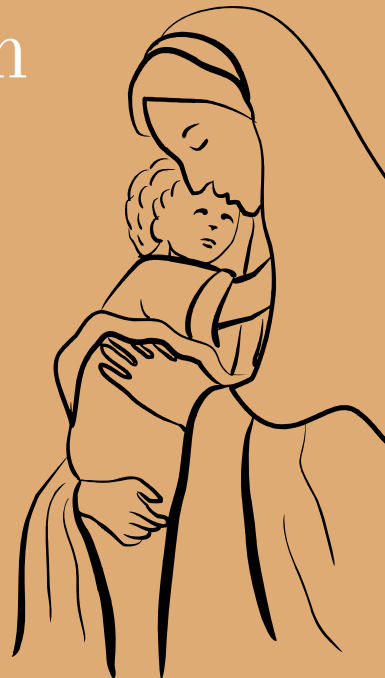
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CHRISTIAN LIVING EDUCATION

Grade 9C

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Introduction of the members



This creative journal aims to bring awareness to those who have been and is a victim of bullying and suicide. Bullying and suicide is no joke. In America, 1.38 million people have attempted suicide, and in the Philippines, one in three young people have been a victim to bullying. And ever since social media was invented, cyber bullying has become quite common. So, with God by our side, we hope to raise awareness to those who have been affected and hope to stop or at least minimize the cause of bullying and suicide. This project makes sure that we are able to lend a voice for those when they were not able to. To ensure that in the future, the life of those survivors will be able to have strength and courage again. To reach our desired outcome and hope to have peace and unite in harmony in the world. To be able to give survivors the confidence to speak up and defend themselves. And hopefully, in the future, there will be no need to create such awareness.

Project Proposal



The members:

1.) Julia Lim

Contributions: HTML Facilitator, Paperwork Facilitator, Organizer, Designer,

- The one who is in charge of the important information for the title page, rationale, and solutions of the Cle performance task

2.) Martin Senope

Contributions: Paperwork Facilitator, Grammar Checker, Co-organizer

- The one who is in charge of the important information for the project proposal and prayer and acknowledgments of the Cle performance task

3.) Katrina Aragon

Contributions: Paperwork contributor

- The one who is in charge of the important information for the Stand of the church (introduction part)

Project Proposal



The members:

4.) Deirdre Sevilla

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- The one who is in charge of the important information for the Background of the issue (introduction part)

5.) Ryan Ferrer

Contributions: Paperwork contributor

- The one who is in charge of the important information for the Root causes (introduction part)

The objectives



1.) To create a community of awareness of how suicide can affect someone's life and by encouraging them to be more respectful by providing the needs of God's wisdom.

2.) To have a genuine understanding of people who suffer from assaults/disorders/suicide attempts by utilizing a deeper connection of our relationship towards God.

3.) To appreciate the life that God has given to us by praying for everyone who is undergoing mental issues, repenting our sins, and fully surrendering ourselves to him.

I LOVE YOU, MOM AND DAD.

ZOOM IN TO SEE



The next day



Students who experienced bullying or cyberbullying are nearly 2 times more likely to attempt suicide (Hinduja & Patchin, 2018)

Suicide ideation and attempts among adolescents have nearly doubled since 2008 (Plemmons et al., 2018), making suicide the 2nd leading cause of death for individuals 10-34 years of age.

Approximately 1 in 20 adolescents experience a suicide in a single year. (Andriessen, Dudley, Draper, & Mitchell, 2018)

So let's start today and make an effort. Help victims of those who are affected by bullying Together, we can stop bullying.

Insights



All members concluded that bullying is one of the main causes of someone's life being threatened or worst, suicide. Suicide has been a problem for decades. It is caused by direct emotional or physical assaults, verbal insults, calling nicknames, and spreading false information (rumors) about someone. One in three people experienced a suicide and have shown it ranges from all ages. As we have gathered valuable sources, we came across one study that signifies that suicide is being viewed as a serious public health issue. Because of that, more than a million people die from suicide each year than from aids, cancer, heart/lung disease, and stroke combined. Moreover, it is evident that 90 percent of people who kill themselves showed a major psychiatric issue (any form of abuse, depression, personality disorder, and much more.) Any oppression towards society, community, and a person, is already a social issue.

Background of the issue



Suicide, or taking one's own life, is a tragic reaction to stressful life situations, made all the more tragic by the fact that suicide can be avoided. Whether you're thinking about suicide or know someone who is, learn the suicide signs and how to get immediate assistance and professional treatment. You could save your own or someone else's life. Suicidal thoughts can be caused by a variety of factors. Suicidal thoughts are frequently the result of feeling helpless in the face of what appears to be an overwhelming life situation. If you have no hope for the future, you may mistakenly believe that suicide is a viable option. You may experience tunnel vision, in which you believe suicide is the only way out of a crisis. Suicide may also have a genetic component. Suicidal people or those who have suicidal thoughts or attitudes are more likely to have a family history of suicidal behavior.

Bullying is defined as repeated behavior that is intended to cause emotional or physical harm to another person. This can be accomplished through the use of spoken words, violent acts, emotions, or the website. Bullying can occur at school, at home, or at work. It causes frustration and harm to the physical and mental health of the person being bullied, both now and in the future. Bullying should be reported to someone in authority so that it can be prevented before it causes harm.

Root causes



Bullying:

1. Asserting Dominance
2. Jealousy/envy
3. Loneliness
4. Hatred or anger towards a person
5. Revenge
6. Problems at home

Suicide:

1. Trauma
2. Depression or any other mental disorder
3. Loss of a loved one
4. Experiencing a stressful life event
5. Substance abuse problem
6. Alcohol

Stand of the church



Everybody is dependable for his life before God who has given it to him. It is God who remains the paramount Ace of life. We are obliged to acknowledge life thankfully and protect it for his honor and the salvation of our souls. In the event that suicide is committed with the purposeful of setting an case, particularly to the youthful, it moreover takes on the gravity of scandal. Grave mental unsettling influences, or grave fear of hardship, enduring, or torment can decrease the obligation of the one committing suicide. We ought to not lose hope of the interminable salvation of people who have taken their own lives. By ways known to him alone, God can give the opportunity for healthy atonement. The Church prays for people who have taken their own lives.

Rationale



This creative journal aims to bring awareness to those who have been and is a victim of bullying and suicide. Bullying and suicide is no joke. In America, 1.38 million people have attempted suicide, and in the Philippines, one in three young people have been a victim to bullying. And ever since social media was invented, cyber bullying has become quite common. So, with God by our side, we hope to raise awareness to those who have been affected and hope to stop or at least minimize the cause of bullying and suicide. This project makes sure that we are able to lend a voice for those when they were not able to. To ensure that in the future, the life of those survivors will be able to have strength and courage again. To reach our desired outcome and hope to have peace and unite in harmony in the world. To be able to give survivors the confidence to speak up and defend themselves. And hopefully, in the future, there will be no need to create such awareness.



Solutions



Defend the person who was being bullied.



Create awareness to spread the sad reality of suicide and bullying



Increase active adult supervision in “hot spots” where bullying occurs.



Solutions

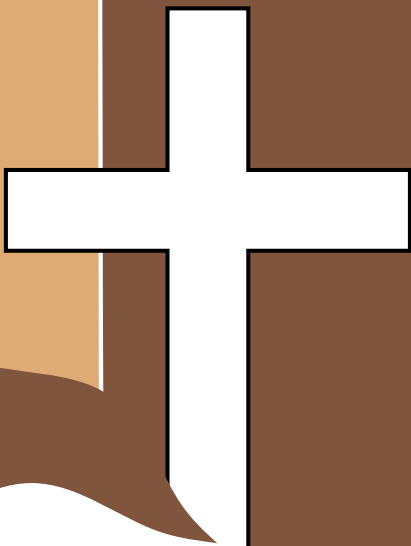


If you see someone that has signs of being suicidal, help them and talk to them.



Listen. Let your friend or loved one vent and unload their feelings. No matter how negative the conversation seems, the fact that it is taking place is a positive sign.

Active Listening



Prayer



O God from above, we gave thanks and glory for things you have done for us. With abundant grace and the word of hope in our lives. We praise the Lord of Almighty God. We want to express our gratitude for the rightful paths you brought upon us. For the lives, health, and people, that impact they have had on us. We are eternally grateful for the gift of life you presented us with, Father. The existence we cherished of our way of living and how we will use it the right way. O God led us to people who need assistance amidst the battle we are dealing with. We may be a source of light and guide to all of their prayers. Let us people be a blessing unto them as you have blessed us. Almighty God, we're sorry for the sins we have committed. Encourage us to correct our wrong-doings and flourish us with full of righteousness ahead of us. Enlighten us with knowledge of the difficulties we are facing. Help us grasp onto the truthfulness and let us out from temptation. We asked for help for us we experienced our ups and downs. The disappointments and stress in our lifetime. From the name of Jesus Christ, we are cleansed from all burdens we go through. Help us replace those deceits with beautiful thoughts. Please hear our prayers, purify us, bring us to your home, and retain our mental fortitude. We give honor and praise, in Jesus Christ's name, we pray, Amen.

Acknowledgments



First of all, we would like to thank God for guiding us and for being with us along this journey. There has been many obstacles, but with his guidance, we were able to face through it. Without him, the group wouldn't have been able to complete this subject in time.

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