## Introductory Psychology: Animal Thinking a first-year seminar Fall 2019

**Instructors:** Heidi Harley, 487-4328, harley@ncf.edu, Bonseigneur House

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Office Hours: HH: Mondays, 3:45-5:15 PM, and by appointment

RR: Thursdays, 3-4:30 PM, and by appointment

JL: Mondays, 7-8 PM, following Monday 6:30-7 PM discussion group, ACE 237

Meeting Times and Location: Wednesdays, 12:30 - 3:20 PM, Bonseigneur House

**Textbook:** Wynne, C.D.L. & Udell, M.A.R. (2013). *Animal Cognition: Evolution, Behavior, Cognition.* New York: Palgrave.

Course Objectives: In this course we'll (1) compare a range of cognitive processes in multiple species and different approaches to thinking about them; (2) explore the methods used to garner the psychological data we discuss; (3) investigate some of NCF's resources and assets; (4) hone skills that make life better: connecting socially, collaborating, managing time, managing projects, responding to feedback, reflecting productively, career planning, and staying healthy. Students' skills should improve in a variety of areas: active reading, critical analysis of ideas, class contributions, collaboration, data collection, data analysis, oral presentations, written reports in APA style, self-reflection and analysis, time management, fruitful planning, self-expression, and navigating New College.

**Community Exploration:** Learning with others about one's community, environment, and resources can be a pleasure and an asset to enjoying one's life in any situation. In this course you will be learning with partners about different areas of New College and Sarasota, and you will share your experiences in a log as well as talking about them with your classmates and peer leader on Mondays from 6:30-7 PM in ACE 237. The following places are referenced in the "CommEx" assignments in the calendar:

- Your contract sponsor (solo)
- CEO (check it out, make an appointment)
- Treasure hunt (9/13)
- Clubs (any one/s you want)
- WRC SWA (Writing Center: work on a paper from one of your classes)
- Bay sunset (picnic?)
- ISPs (ISP workshop)
- Take a **bus** to downtown or a beach or a park
- Library (meet with a reference librarian to find some sources for a paper/project)
- Grab bag (your choice: e.g., RA event, Cross College Alliance school, QRC, anything you want!)
- Dinner at Prof Harley's house (11/25)

**Community Building**: One of the pleasures of being at NCF is being part of the NCF community. Class meetings help create that community. In order to protect your ability to really **be here** during class, please do not use computers, phones, etc., during class meetings.

| Performance Evaluation: Students will be evaluated on:  |
|---|
| (1) class attendance and preparation (Please attend every class; 1 unexcused absence can put satisfactory performance in jeopardy. If you must miss, let us know.)(2) enthusiastic class participation in all activities and venues |
| (3) typed reading notes (used for class discussion and submitted to the instructor)   |
| concerning every chapter and due on the day on which that chapter is to be discussed.   |
| To produce these notes, please <b>engage in at least 2 reading strategies</b> (or more! -   |
| see "Critical Reading Strategies") and indicate that work in your notes and in an   |
| overall activity log. Also please include: (a) an interesting point from each section of  |
| the reading, (b) your responses, as desired, and (c) your favorite experiment (draw   |
| from the entire chapter; be ready to describe this experiment in class) about which   |
| you should provide the following information:   |
| Question/goal   |
| <ul> <li>Frame: Why are the authors asking this question?</li> </ul>  |
| Method: How are they asking the question?   |
| <ul> <li>Results: Answer to the question in terms of the dependent variable</li> </ul>  |
| Conclusion: Answer in broader terms   |
| <ul> <li>Comments: Yours, theirs, future, as you wish</li> </ul>  |
| (4) a collaboratively planned and executed data collection exercise that involves the   |
| entire class and highlights a method from the Wynne reading for that class (submit a  |
| step-by-step, typed, methodological plan on the class before your data collection class)  |
| (5) a 5-10-minute PowerPoint presentation that includes the data collected in the   |
| previous class (use Harley format; submit a handout print-out to instructor)  |
| (6) an APA-formatted report concerning the experiment conducted during the data   |
| collection exercise. Reports must be individually prepared (use Harley guidelines) and  |
| are due two weeks after data collection   |
| (7) a written application of ideas suggesting how you could use conditioning techniques to  |
| make the world a better place (8) community explorations (CommEx) with activity log and reflection(s): Each week you  |
| (8) community explorations (CommEx) with activity log and reflection(s): Each week you and a partner from the class (please engage with at least 3 different partners) will:  |
| <ul> <li>explore some aspect of the community together</li> </ul>   |
| <ul> <li>document your activity in a log</li> </ul>   |
| <ul> <li>tell your classmates about the experience (tips!) on Mondays, 6:30-7 PM,</li> </ul>  |
| in ACE 237 with Jennifer Lin  |
| <ul> <li>write one reflection about this assignment</li> </ul>  |
| (9) Moment of Meaning final reflective and integrative project  |
| (see "Moment of Meaning" handout)   |
| (10) written <b>logs</b> , <b>reflections</b> , & <b>self-ratings</b> throughout the term that address the  |
| following topics (materials and responses mostly in Canvas):  |
| (a) Reading strategies (log, self-rating/reflection)(b) Group collaboration (self/group-ratings, reflection) 1 week post-presentation   |
| (c) Time management (log, self-rating, reflection)  |
| (d) Learning and resilience (self-inventory, reflection)  |
| (e) CEO/career (pre-appt. Focus 2 Career Assessment, 30-min appt by 9/20, reflection)   |
| (f) Moment of Meaning final project (reflection)  |
| (g) Community explorations reflection (log, self-rating, reflection, Mondays)   |
| CAMPUS POLICIES AND RESOURCES   |

New College of Florida is committed to creating a learning environment that meets the needs of its diverse student body. If you are a student with a disability, or think you may have a disability, you are encouraged to initiate a conversation with the office of Student Disability Services (SDS). SDS works with students with disabilities to identify reasonable accommodations and plans ways to implement these with your faculty members. Please visit their website for additional information: <a href="https://www.ncf.edu/student-disability-services/">https://www.ncf.edu/student-disability-services/</a>. You may also contact Student Disability in-person (HCL3), via phone at 941-487-4496 OR via email at <a href="mailto:disabilityservices@ncf.edu">disabilityservices@ncf.edu</a>. Students are welcome to discuss privately any concerns related to barriers to both fully participating and learning in this course. Students with accommodations are highly encouraged to

## Title IX:

New College of Florida is committed to equal access to education pursuant to Title IX of the Educational Amendments of 1972. The law protects all individuals on our campus from gender-based discrimination or exclusion or instances of sexual misconduct. All full-time faculty, full-time staff, and resident advisors are Responsible Employees required to report any known instances of sexual misconduct or gender discrimination to the Title IX Coordinator. Please contact our Title IX coordinator (titleix@ncf.edu) or see the website (https://www.ncf.edu/campus-life/title-ix/) for more information.

## Inclusivity and Diversity:

New College's commitment to excellence can only be realized in a learning environment that is inclusive, characterized by openness to diverse perspectives, and marked by mutual respect. Therefore New College will provide equal access and opportunity to participate fully in all of our programs and facilities, without regard to race, color, creed, religion, political ideology, national origin, age, marital status, disability, public assistance status, veteran status, gender expressions, or sexual orientation.

## Academic Integrity:

Academic integrity is essential to maintaining a vibrant, healthy, and engaging learning environment for which we all must take responsibility. The New College faculty considers academic dishonesty to be a serious violation of community standards. Students are expected to refrain from acts of academic dishonesty, which may include:

- 1. cheating and/or plagiarism (such as: presenting the intellectual work of others as one's own; failing to cite sources; improper paraphrasing via failing to use own words even if a citation is given; partial, incomplete, or inaccurate citation of work of others);
- 2. unauthorized multiple submissions (submission of the same work for different academic activities, without the approval of the instructor);
- 3. false citation (false citation of a source or knowingly attributing work to a source from which the referenced material was not obtained);
- 4. falsifying data (fabricating or altering data to deliberately mislead; for example, changing data to get better experiment results is academically fraudulent);
- 5. falsifying information, signatures, or initials on official and academic forms.

If you are in doubt about what practices are permissible in an examination, you should consult the professor prior to sitting for the exam. If you lack understanding of how, in a paper or other presentation, to distinguish your thoughts from those of others, the faculty can refer you to standard guidelines and discuss specific questions.

| Week of:  | Animal Thinking   | Becoming a Novo Collegian  |
|---|---|--|
| 8/26  | Aloha Introductions: HH, RR, JL Psychology journal articles Surveys & interviews & pronouns Photos: Name Mnemonics  | Semester at a glance: all courses (calendar) Syllabus dates in calendar (agendas, Acad cal) Letters of recommendation: content Monday CommEx Discussions: 6:30 - 7 PM in ACE with Jennifer Lin REQUIRED Name game (beachball!)   |
|   | Approaches  | Reading/Writing  |
| 9/2   | Reading: Wynne/Udell chap. 1  Data collection: HEH  | Allie Maas, WRC, on reading/writing  |
| No Mon  | DC Pres: HEH  | Final project overview   |
| meeting   | Activity: MTS & assignments   | <b>DUE:</b> Semester glance/syllabus calendars   |
| inceting  | Assignment: Conditioning paper *Group sign-ups*   | DUE: Wynne 1 reading notes   |
|   | Group sign-ups  | DUE: CommEx: contract sponsor (solo)  Time Management  |
| 9/9   | Library resources   | Dealing with "crunch weeks"  |
| CE:   | with Winn Wasson  | DUE: Time/activity log (see handout)   |
| CEO   | With Willi Wasson   | DUE: Conditioning application paper (Ch5)  |
| C20   |   | DUE 9/9 CommEx: CEO visit, make appt.,   |
|   | Conditioning  | take the Focus 2 Career Assessment   |
|   | Conditioning  | Animal Training Dogs or Manatees   |
| 9/16  | Reading: Wynne/Udell chap. 5  | <b>DUE:</b> Time management log, reflection,   |
| CE:   | Data collection: None   | self-rating  |
| hunt  | DC pres: None   | DUE: Wynne 5 reading notes   |
| lianc   | Activity: Learning/training   | DUE 9/16 CommEx: Treasure hunt 9/13  |
|   |   |  |
|   | Concept Formation   | Not Yet Challenge  |
| 9/23  | •   | Dweck video & discussion   |
| 9/23<br>CE:   | Reading: Wynne/Udell chap. 3  | Dweck video & discussion<br>Reflection   |
|   | Reading: Wynne/Udell chap. 3 Data collection: Group 1   | Dweck video & discussion Reflection DUE: Wynne 3 reading notes   |
| CE:   | Reading: Wynne/Udell chap. 3 Data collection: Group 1 DC pres: None   | Dweck video & discussion Reflection DUE: Wynne 3 reading notes DUE: Wellness inventory (375)   |
| CE:   | Reading: Wynne/Udell chap. 3 Data collection: Group 1   | Dweck video & discussion Reflection DUE: Wynne 3 reading notes   |
| CE:<br>Clubs  | Reading: Wynne/Udell chap. 3 Data collection: Group 1 DC pres: None Activity: Ethogram Reasoning Reading: Wynne/Udell chap. 6   | Dweck video & discussion Reflection DUE: Wynne 3 reading notes DUE: Wellness inventory (375) DUE 9/23 CommEx: Any club  Stress & Resilience Robin Manning-Williams on stress mgmt. 2:15  |
| CE:<br>Clubs<br>9/30                                      | Reading: Wynne/Udell chap. 3 Data collection: Group 1 DC pres: None Activity: Ethogram Reasoning Reading: Wynne/Udell chap. 6 Data collection: Group 2  | Dweck video & discussion Reflection DUE: Wynne 3 reading notes DUE: Wellness inventory (375) DUE 9/23 CommEx: Any club  Stress & Resilience Robin Manning-Williams on stress mgmt. 2:15 DUE: Wynne 6 reading notes   |
| CE:<br>Clubs<br>9/30<br>CE:                               | Reading: Wynne/Udell chap. 3 Data collection: Group 1 DC pres: None Activity: Ethogram Reasoning Reading: Wynne/Udell chap. 6 Data collection: Group 2 DC pres: Group 1   | Dweck video & discussion Reflection DUE: Wynne 3 reading notes DUE: Wellness inventory (375) DUE 9/23 CommEx: Any club  Stress & Resilience Robin Manning-Williams on stress mgmt. 2:15 DUE: Wynne 6 reading notes DUE: Wellness reflection  |
| CE:<br>Clubs<br>9/30<br>CE:<br>WRC<br>SWAs                | Reading: Wynne/Udell chap. 3 Data collection: Group 1 DC pres: None Activity: Ethogram  Reasoning Reading: Wynne/Udell chap. 6 Data collection: Group 2 DC pres: Group 1 Activity: Pritzker   | Dweck video & discussion Reflection DUE: Wynne 3 reading notes DUE: Wellness inventory (375) DUE 9/23 CommEx: Any club  Stress & Resilience Robin Manning-Williams on stress mgmt. 2:15 DUE: Wynne 6 reading notes DUE: Wellness reflection DUE: 9/30 CommEx: Writing Center SWAs  |
| CE:<br>Clubs<br>9/30<br>CE:<br>WRC<br>SWAs<br>10/7        | Reading: Wynne/Udell chap. 3 Data collection: Group 1 DC pres: None Activity: Ethogram  Reasoning Reading: Wynne/Udell chap. 6 Data collection: Group 2 DC pres: Group 1 Activity: Pritzker  Social Cog & Self-Awareness                              | Dweck video & discussion Reflection DUE: Wynne 3 reading notes DUE: Wellness inventory (375) DUE 9/23 CommEx: Any club  Stress & Resilience Robin Manning-Williams on stress mgmt. 2:15 DUE: Wynne 6 reading notes DUE: Wellness reflection DUE: 9/30 CommEx: Writing Center SWAs  Wellness  |
| CE:<br>Clubs<br>9/30<br>CE:<br>WRC<br>SWAs<br>10/7<br>CE: | Reading: Wynne/Udell chap. 3 Data collection: Group 1 DC pres: None Activity: Ethogram  Reasoning Reading: Wynne/Udell chap. 6 Data collection: Group 2 DC pres: Group 1 Activity: Pritzker   | Dweck video & discussion Reflection DUE: Wynne 3 reading notes DUE: Wellness inventory (375) DUE 9/23 CommEx: Any club  Stress & Resilience Robin Manning-Williams on stress mgmt. 2:15 DUE: Wynne 6 reading notes DUE: Wellness reflection DUE: 9/30 CommEx: Writing Center SWAs  |
| CE:<br>Clubs<br>9/30<br>CE:<br>WRC<br>SWAs<br>10/7        | Reading: Wynne/Udell chap. 3 Data collection: Group 1 DC pres: None Activity: Ethogram  Reasoning Reading: Wynne/Udell chap. 6 Data collection: Group 2 DC pres: Group 1 Activity: Pritzker  Social Cog & Self-Awareness Reading: Wynne/Udell chap. 8 | Dweck video & discussion Reflection DUE: Wynne 3 reading notes DUE: Wellness inventory (375) DUE 9/23 CommEx: Any club  Stress & Resilience Robin Manning-Williams on stress mgmt. 2:15 DUE: Wynne 6 reading notes DUE: Wellness reflection DUE: 9/30 CommEx: Writing Center SWAs  Wellness Yoga with Helen Kessler (Bring a towel!) |

| Week of:                             | Animal Thinking  | Becoming a Novo Collegian  |
|--------------------------------------|--|--|
| 10/21<br>No Mon                      | Field trip:<br>Bishop Museum   | Please make sure to attend the ISP workshop meeting!!!   |
| mtg                                  |  | DUE: Manatee reading   |
|                                      |  |  |
| 10/28<br>ISPs                        | Social Learning Reading: Wynne/Udell chap. 9 Data collection: Group 4 DC pres: Group 3 Activity: Recording: Mo Deimeke | Planning your ISP Halloween! DUE: Wynne 9 reading notes DUE: 10/28 CommEx: ISP workshop DUE: ISP ideas, information, questions   |
| 11/4<br>Go by<br>bus!                | Memory Reading: Wynne/Udell chap. 10 Data collection: Group 5 DC pres: Group 4 Activity: Spectrograms & Dolphin Lab    | Class CommEx: The Waterfront Wear a bathing suit, bring a towel! DUE: Wynne 10 reading notes DUE: 11/4 CommEx: Bus to downtown or beach or a park  |
| 11/11<br>Library                     | Communication  Reading: Wynne/Udell chap. 11  DC pres: Group 5  Activity: Pool sounds                                  | Class CommEx: Pool Party & Picnic Wear a suit, bring a towel & a snack! DUE: Wynne 11 reading notes DUE: 11/11 CommEx: Librarian sources DUE: Reading strategies: reflection, self- rating, activity log |
|                                      | Language   | Wellness and Gratitude   |
| 11/18<br>Your<br>choice!             | Reading: Wynne/Udell chap. 12 Activity: Video  | CWC Speaker DUE: Wynne 12 reading notes DUE: 11/18 CommEx: Your choice!  |
| 11/25<br>Dinner!                     | Monday Moonlight Meal!<br>Dinner at Dr. Harley's -<br>No class meeting on Wed.   | (Thanksgiving Week)  DUE: CommEx self-rating & reflection  DUE: Drafts of Moment of Meaning  project - updates at dinner   |
| 12/2<br>No Mon<br>Group -<br>Off Hrs | Aloha  Reading: Wynne/Udell chap. 13 Activity: Gustatory processing  | DUE: Bring a favorite food to share! DUE: Presentations of Moment of Meaning projects DUE: Wynne 13 reading notes DUE on Monday 12/9: MofM reflection & self-rating                                      |