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The Psychology of Hope: Keys to Greater Success and Happiness (Paperback)

By G A Mohr

Balboa Press Au, United States, 2018. Paperback. Condition: New. Language: English. Brand new Book. Hope, optimism and positivity can play an important role in making our lives, and the lives of others much better. Some of the main topics discussed in this book include: The importance of encouragement and hope for the young. How religions were invented and gave us false hope. Hope improves health, life and longevity. How positive leadership improves workplace productivity. How advertising and propaganda brainwash us. The psychology of attitudes and attitude measurement. The wide range of psychological disorders. The psychology of habits. Contact hypothesis and an attitudinal model of conflict. Treatments for psychological problems. Building self-confidence, hope, and self-reliance. Planning a successful life. Dealing with bad and psychopathic bosses. Measuring and improving the quality of ones life. The 10 laws of a new religion. G.A. Mohr did his PhD in Churchill College, Cambridge He published 50 international papers & more than 20 books, including: A Microcomputer Introduction to the Finite Element Method Finite Elements for Solids, Fluids, and Optimization Curing Cancer & Heart Disease Heart Disease, Cancer and Ageing The Pretentious Persuaders The War of the Sexes The Variant Virus The Doomsday Calculation 2045: A...



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