

Hobart, Australia: Step 7

Topic 1: Appreciating life's simple pleasures: finding balance, trying new things, and savoring moments. Topic 2: Appreciating wine for its taste, quality, and craftsmanship over marketing hype. Topic 3: Finding Balance: Prioritizing Taste, Quality, and Health Benefits in Food and Drink Consumption Topic 4: Appreciating wine for taste, quality, and cultural significance over health benefits Topic 5: Finding a balance between individual wellbeing and societal priorities. Topic 6: Appreciation for craftsmanship and attention to detail in winemaking processes. Topic 7: Finding balance between appreciating good wine and promoting healthy habits. Topic 8: Celebrities' influence on clean wine trend: promoting healthy habits or artistry? Topic 9: **Emphasizing Quality Over Quantity and the Importance of Artisanal Processes** Topic 10: Wine: A way to unwind, share memories with loved ones and enjoy life Topic 11: Wine Appreciation: Focusing on Taste, Quality, and Sustainability Over Clean Label Trend Topic 12: Sustainability in Wine Production: Balancing Quality with Environmental Impact Topic 13: Wine as an Art Form: Appreciating Craftsmanship, Passion, and Creativity Topic 14: Appreciating Wine Without Guilt: Embracing Passion for Good Wine in Moderation Topic 15: Environmental Impact of Large-Scale Commercial Production vs. Sustainability Topic 16: * Prioritizing quality over perceived health benefits in wellness trends. * Appreciating something for its inherent qualities rather than just its health benefits. * The importance of aesthetics and beauty in design and art. * The need to find a balance between wellness and enjoyment in life. * The tendency for people to get caught up in the latest wellness trend. * The emphasis on quality over perceived health benefits in various aspects of life.