



- Topic 1: Alcohol consumption and its effects on health, social habits, and personal choices.
- Topic 2: Preference for organic wine and concerns about additives in commercial wines.
- Topic 3: The Importance of Enjoying Wine Without Judgment or Snobbery
- Topic 4: Is over-reliance on organic products causing unnecessary self-imposed suffering?
- Topic 5: Health risks of excessive drinking and addiction, with focus on wine consumption