

The Stop To Starvation Begins With You



One out of six infants is born with a low birth weight in developing countries. A woman that is undernourished at the time of conception is at risk of serious health issues for both herself and her baby. Malnourished babies are in need of support because the longer that hunger continues to greatly overpower Africa, the more that birth rates will rapidly decrease. Action Against Hunger works to educate mothers about the importance of breast

feeding. Women need to continue to be educated with nutrition advice and given medical attention to make sure that their baby's first moments of life will not be their last. The more people who work towards improving the health of babies, the quicker both malnutrition and hunger can be completely put to an end. Join the fight. Help end hunger today by working to fill the empty stomachs of those who need it most.



For more ways to help,
visit www.actionagainsthunger.org

You Are Their Hope.