

HEALTHY LIVING COMMUNITY



providing
affordable, holistic
healthcare

creating a
sustainable community
of wellness
for all

STANDARD MODEL

The standard health insurance model today has been increasing monthly costs, with higher deductibles and fewer benefits. Several insurance companies have limited their in-network providers. Patients are then forced to see new providers who don't know their history and with whom they don't have a relationship.

Between the costs, fluctuating economic stability and limited insurance coverage, people are often discouraged from getting the care they need.

The transition of Healthy Living Family Medicine is a new care model to increase the accessibility of health care and truly invest in people's health.

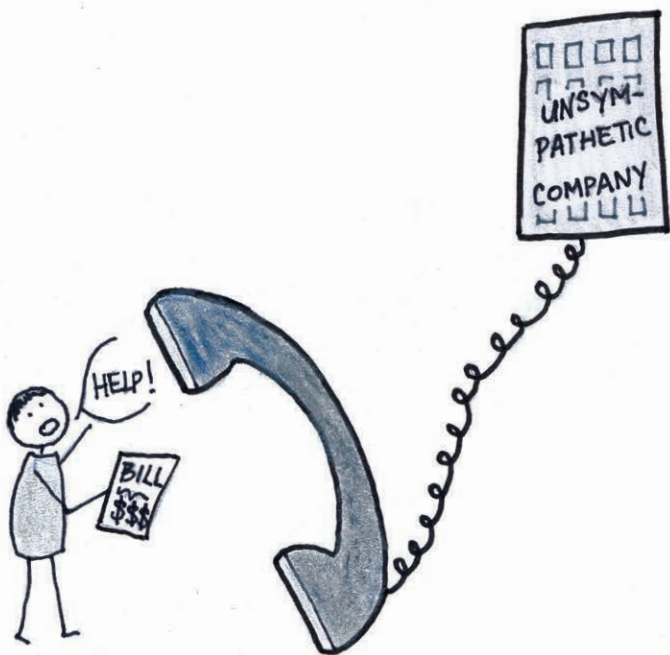
HEALTHY LIVING MODEL

Starting July 1st 2019, Healthy Living Community is shifting to a low cost sliding-scale monthly membership fee and "pay what you can" cost per appointment. Patients will be in control, able to choose what they spend on their health care and have complete transparency for costs as well as the clinic's needs.

The goal is to help patients make a meaningful investment in their, and their community's, health.

Let's create a sustainable community of wellness for all of us here at Healthy Living Community and demonstrate to other health communities that a different approach providing superior care is possible.

QUALITY of



**STANDARD
MODEL**

reduces

You become a cog in a system which encourages arguments and places decision-making power out of your hands.

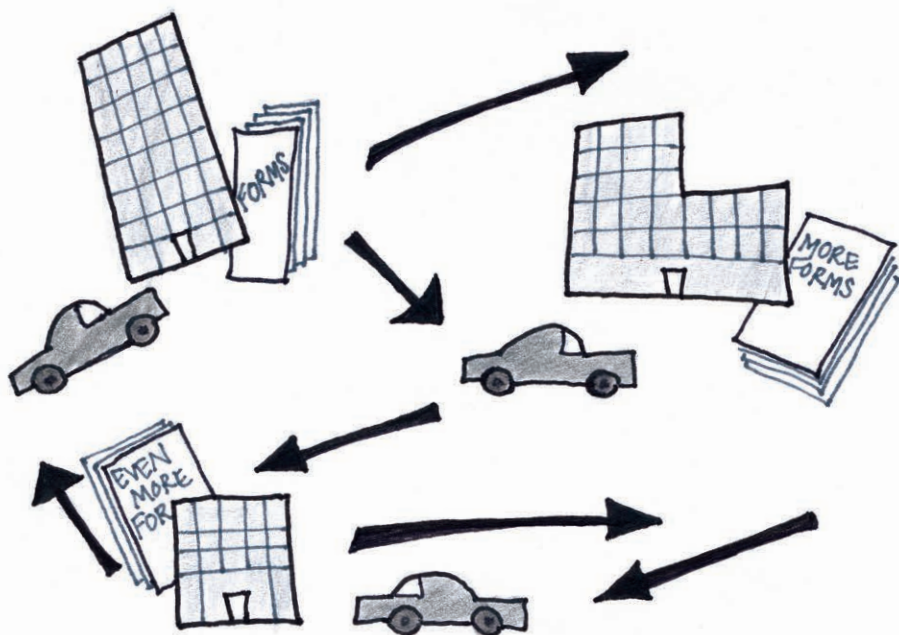
EXPERIENCE



**HEALTHY
LIVING
MODEL**
builds

You get to focus your time and energy on creating a plan with your doctor, enjoying the healing environment and engaging with a community of well-being.

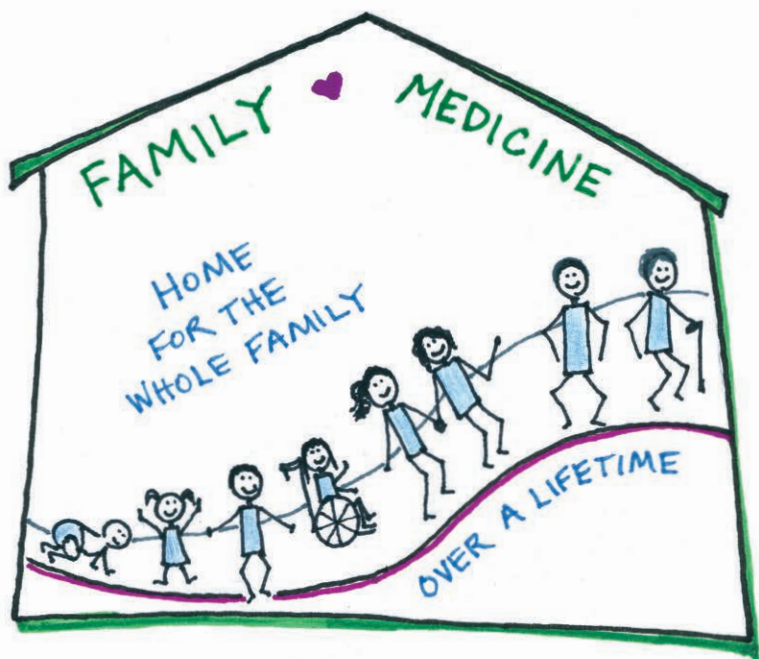
CONTINUITY



**STANDARD
MODEL**
changes

When your work changes plans,
you get a new job, or the
marketplace options change,
you may have to find a new
doctor, who doesn't know
your story.

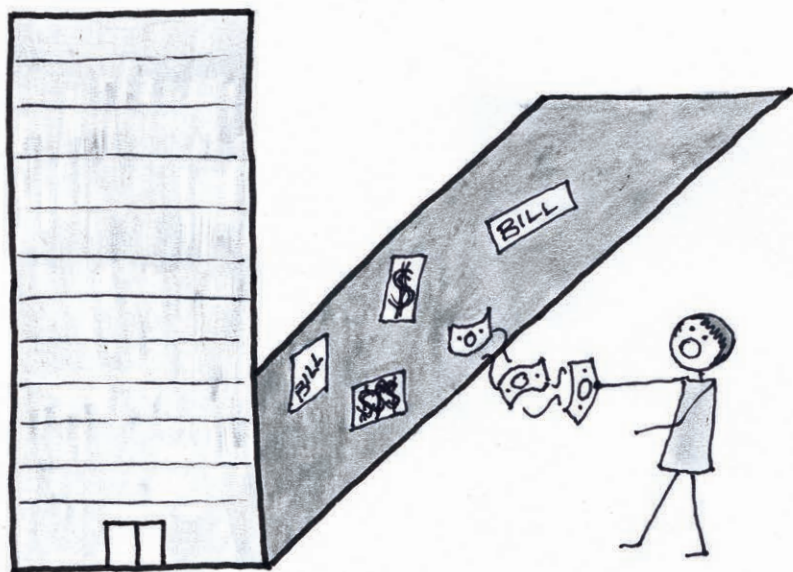
of CARE



**HEALTHY
LIVING
MODEL**
stabilizes

Since you won't have to worry about who your insurance covers, you can maintain continuity of care over your lifetime and through your family.

CLARITY



STANDARD
MODEL
confuses

Bills can lurk in the shadows and jump out at you with surprise. Costs hide!

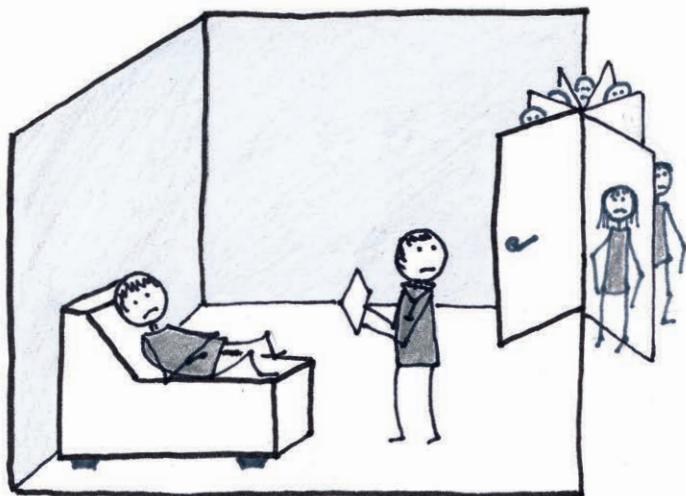
of COSTS



**HEALTHY
LIVING
MODEL**
simplifies

Our costs are transparent and clear. You pay what you're able, putting you in control and making it easier for you to plan.

COMMITMENT



AVERAGE PATIENT-DOCTOR

TIME: ~15 MIN.

STANDARD MODEL

pressures

Doctors are pushed to see more and more patients per hour. Providers do not have the time to get to the root of your concerns.

of **TIME**

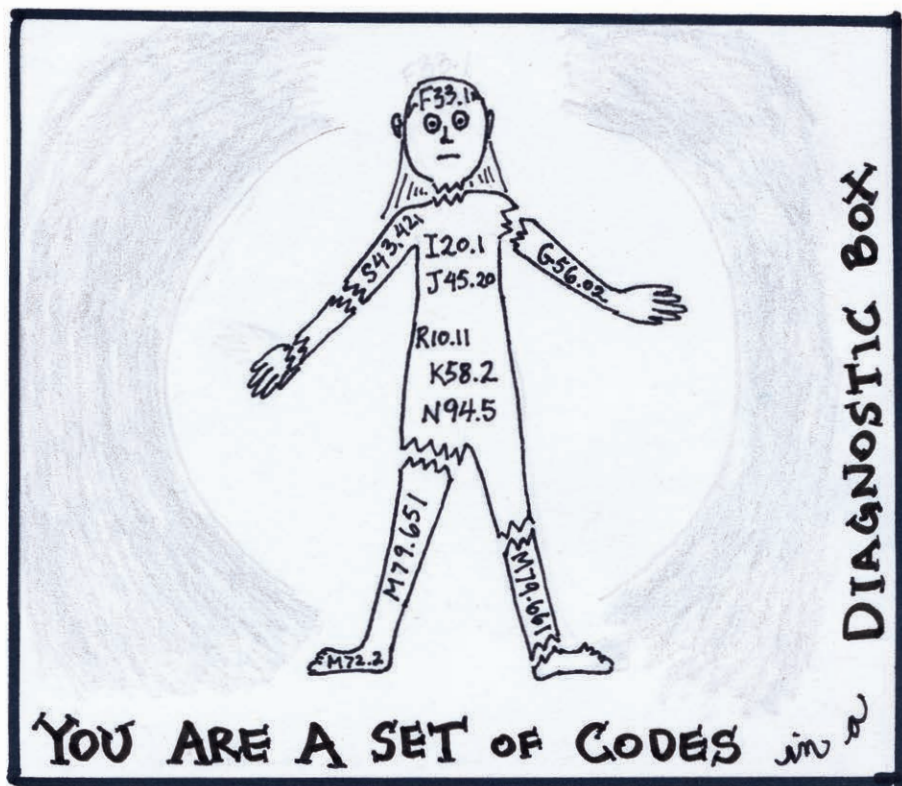


AVERAGE PATIENT-DOCTOR
TIME: ~40 MIN.

**HEALTHY
LIVING
MODEL**
encourages

Longer appointment times
allow for in-depth
conversations, a strong
connection and full
exploration of your concerns.

PERSONALIZING



STANDARD MODEL

breaks

Insurance requires that you be divided into a list of codes that can be stuck on you for your whole life.

the

APPROACH

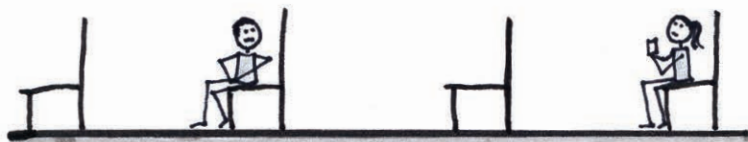


**HEALTHY
LIVING
MODEL**

integrates

We see your body as a connected system. Using food, exercise, mindfulness, nutrients and medications (when necessary) we help you achieve optimal health as a whole being.

CONNECTION

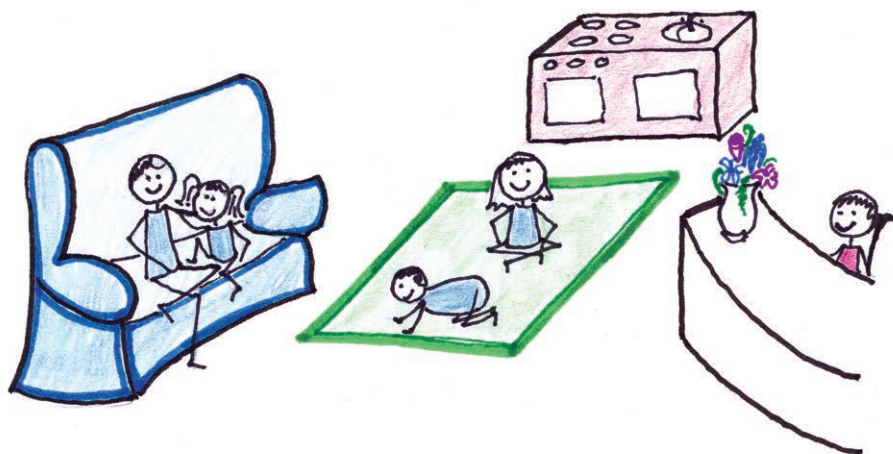


STANDARD MODEL

separates

The sterile environment creates stress and fear, discouraging interaction between patients.

with **COMMUNITY**



**HEALTHY
LIVING
MODEL**
connects

We create a calm, welcoming,
trauma-informed home
within which you can heal
and relate to other like-
minded humans.

