



MEASUREMENT INSTRUCTIONS

Please Fill Corresponding Letter in Spreadsheet

- A) Standing Extended Reach (one arm)
- B) Standing Height
- C) Floor to Arm Pit (Right&Left)
- D) Floor to Navel
- E) Floor to Hip (Right&Left)
- F) Floor to Knee Pit (Right&Left)
- G) Finger tip to Elbow (Right&Left)
- H) Elbow to Arm Pit (Right&Left)
- I) Wingspan (to middle finger tips)
- J) Head Height (top to chin)
- K) Head Circumference (at temples)
- L) Hand length (Right&Left)
- M) Hand width (outstretched) (Right&Left)
- N) Foot Length (Right&Left)

SEE OTHER SIDE

THANKS FOR YOUR HELP!