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# SMOOTHIES

### **VERY BERRY**

Combination of blueberries, raspberries, and strawberries. Mixed with your choice of frozen yogurt or vanilla ice cream. 3.75

## STRAWBERRY AND BANANA

Fresh strawberries mixed with sliced bananas. Mixed with your choice of frozen yogurt or vanilla ice cream.
3.75

# **MANGO DELIGHT**

Tropical blend of fresh mango, and fruit juices. Mixed with your choice of frozen yogurt or vanilla ice cream. 3.75

# SALADS

### CHICKEN CAESAR SALAD

Iceburg lettuce, topped with croutons, freshly grated parmesan cheese, chicken, all tossed with caesar dressing. 6.50

# GREEK GOODNESS COBB WITH CHICKEN

arugula, romaine, and kale mix, topped with fresh tomatoes and pickled red onions. Sliced avocado, bacon, and hard-boiled eggs. Tossed with a delicious green-goodness dressing. 7.00

# SPICY THAI SALAD WITH CHICKEN

Romaine lettuce topped with chicken, roasted cashews, edamame, red peppers, carrots, cilantro, and wonton strips. Tossed with thai chili vinaigrette, and drizzled with peanut sauce. 7.50

# SANDWICHES

# CHIPOTLE AVOCADO MELT

Smoked chicken, fresh Gouda, avocado, and cilantro. Zesty peppers and Chipotle mayo on black pepper Focaccia. 5.75

# STEAK AND WHITE CHEDDAR PANINI

Seared steak with Vermont white cheddar and horseradish sauce on a hoagie roll. 5.30

# MEDITERRANEAN VEGGIE SANDWICH

Zesty sweet Peppadew piquant peppers, feta cheese, cucumbers, lettuce, vine-ripened tomatoes, reconions and cilantro-jalapeño hummus with salt and pepper on thin-sliced Tomato Basil. 5.30

# PASTRIES

### PUMPKIN MUFFIN

Light, luscious, and fluffy muffin mixed with pumpkin spice. Topped with powdered sugar. 2.75

# CLASSIC CHOCOLATE CHIP COOKIE

Traditional recipe, baked fresh with dark chocolate chips. 2.00

### DOUBLE FUDGE BROWNIE

A rich fudge brownie with chunks of chocolate topped with a delicious chocolate flavored icing. 3.00

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