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Apple Nachos

A sprinkle of cacao nibs gives a slightly bitter, chocolatey flavor...

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Apple Nachos

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Apple Nachos

A sprinkle of cacao nibs gives a slightly bitter, chocolatey flavor without added sugar, along with a boost of magnesium, which supports muscle and nerve function.

Ingredients

2 apples
2 tbsp. almond butter
1 tbsp. coconut oil
1 tbsp. maple syrup
1/4 c. toasted coconut flakes
2 tbsp. pepitas
1 tbsp. cacao nibs
1 tbsp. dried currants

Directions

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Apple Nachos

Description

A sprinkle of cacao nibs gives a slightly bitter, chocolatey flavor without added sugar, along with a boost of magnesium, which supports muscle and nerve function.

Ingredients

2 apples
2 tbsp. almond butter
1 tbsp. coconut oil
1 tbsp. maple syrup

Directions

Cut apples into thin wedges and arrange on a plate. In a bowl, whisk together almond butter, oil, and maple syrup.

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