



# Grow With Me - Combining AR Pet with Personal Health Informatics - 2023

The survey will take approximately 6 minutes to complete.

**Grow With Me** is an app that combines personal health data with AR to boost user motivation and help users stick to their own health goals. The app makes use of emotional design by making the user feel connected to an AR dog. Your health data is directly connected to your dog's health and the progress you make towards your health goals is mapped to the dog.

*Some example parameters for association are -*

- *User's water intake mapped to the dog's water intake*
- *User's food intake mapped to the dog's food intake*
- *User's step count is mapped to the dog's exercise levels.*

Through this study, we intend to compare the difference in emotional responses to the 2D prototype and AR version of the application. This survey is adjusted from Narrative Engagement

1. At key moments, I felt I knew exactly what the dog was going through emotionally.

0	1	2	3	4	5	6	7	8	9	10
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Strongly Disagree

Strongly Agree

2. At important moments, I could feel the emotions the dog felt.

0	1	2	3	4	5	6	7	8	9	10
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Strongly Disagree

Strongly Agree

3. Through the scenarios, I felt happy when my dog was happy and I felt sad when it suffered in some way.

0	1	2	3	4	5	6	7	8	9	10
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Strongly Disagree

Strongly Agree

4. I never really shared the emotions of the dog.

0	1	2	3	4	5	6	7	8	9	10
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Strongly Disagree

Strongly Agree

5. The experience affected me emotionally.

0	1	2	3	4	5	6	7	8	9	10
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Strongly Disagree

Strongly Agree

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