

7.3 Trigonometric Substitution

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Definitions & Theorems:

★ 1. Table of Trigonometric Substitutions

Expression	Substitution	Identity
$\sqrt{a^2 - x^2}$	$x = a \sin \theta, -\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2}$	$1 - \sin^2 \theta = \cos^2 \theta$
$\sqrt{x^2 + a^2}$	$x = a \tan \theta, -\frac{\pi}{2} < \theta < \frac{\pi}{2}$	$1 + \tan^2 \theta = \sec^2 \theta$
$\sqrt{x^2 - a^2}$	$x = a \sec \theta, 0 \leq \theta < \frac{\pi}{2} \text{ or } \pi \leq \theta < \frac{3\pi}{2}$	$\sec^2 \theta - 1 = \tan^2 \theta$

Examples:

$$1. \int \frac{\sqrt{25x^2 - 4}}{x} dx = \int \frac{\sqrt{(5x)^2 - 2^2}}{x} dx$$

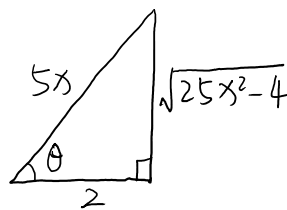
$$\text{Let } 5x = 2 \sec \theta \rightarrow x = \frac{2}{5} \sec \theta, dx = \frac{2}{5} \sec \theta \tan \theta d\theta$$

$$\int \frac{\sqrt{(5x)^2 - 2^2}}{x} dx = \int \frac{\sqrt{(2 \sec \theta)^2 - 2^2}}{\frac{2}{5} \sec \theta} \left(\frac{2}{5} \sec \theta \tan \theta d\theta \right) = 2 \int |\tan \theta| \tan \theta d\theta$$

$$0 \leq \theta < \frac{\pi}{2} \rightarrow \tan \theta \geq 0$$

$$2 \int |\tan \theta| \tan \theta d\theta = 2 \int \tan \theta \tan \theta d\theta = 2 \int (\sec^2 \theta - 1) d\theta = 2 \tan \theta - 2\theta + C$$

$$= \sqrt{25x^2 - 4} - 2 \operatorname{arcsec} \frac{5x}{2} + C$$



$$2. \int_{\frac{2}{5}}^{\frac{4}{5}} \frac{\sqrt{25x^2 - 4}}{x} dx$$

$$x = \frac{2}{5} \sec \theta \Rightarrow$$

$$x = \frac{2}{5} = \frac{2}{5} \sec \theta \rightarrow \sec \theta = 1 \rightarrow \theta = 0$$

$$x = \frac{4}{5} = \frac{2}{5} \sec \theta \rightarrow \sec \theta = 2 \rightarrow \theta = \frac{\pi}{3}$$

$$\int_{\frac{2}{5}}^{\frac{4}{5}} \frac{\sqrt{25x^2 - 4}}{x} dx = 2 \int_0^{\frac{\pi}{3}} (\sec^2 \theta - 1) d\theta = 2 \tan \theta - 2\theta \Big|_0^{\frac{\pi}{3}} = 2\sqrt{3} - \frac{2}{3}\pi$$

$$3. \int e^{4x} \sqrt{1 + e^{2x}} dx$$

a. Method 1:

$$\text{Let } t = e^{2x} + 1 \rightarrow dt = 2e^{2x} dx$$

$$\int e^{4x} \sqrt{1 + e^{2x}} dx = \frac{1}{2} \int e^{2x} \sqrt{1 + e^{2x}} 2e^{2x} dx = \frac{1}{2} \int (t - 1) \sqrt{t} dt = \frac{1}{2} \int t^{\frac{3}{2}} dt - \frac{1}{2} \int t^{\frac{1}{2}} dt$$

$$= \frac{1}{2} \left(\frac{t^{\frac{5}{2}}}{\frac{5}{2}} - \frac{t^{\frac{3}{2}}}{\frac{3}{2}} + C \right) = \frac{(e^{2x} + 1)^{\frac{5}{2}}}{5} - \frac{(e^{2x} + 1)^{\frac{3}{2}}}{3} + C$$

b. Method 2:

$$\int e^{4x} \sqrt{1 + e^{2x}} dx = \int e^{4x} \sqrt{1^2 + (e^x)^2} dx$$

$$\text{Let } e^x = 1 \tan \theta \rightarrow e^x dx = \sec^2 \theta d\theta$$

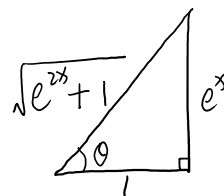
$$\int e^{4x} \sqrt{1^2 + (e^x)^2} dx = \int e^{3x} \sqrt{1^2 + (e^x)^2} e^x dx = \int \tan^3 \theta \sqrt{1^2 + (\tan \theta)^2} \sec^2 \theta d\theta = \int \tan^3 \theta |\sec \theta| \sec^2 \theta d\theta$$

$$-\frac{\pi}{2} < \theta < \frac{\pi}{2} \rightarrow \sec \theta > 0$$

$$\int \tan^3 \theta |\sec \theta| \sec^2 \theta d\theta = \int \tan^3 \theta \sec^3 \theta d\theta = \int \tan^2 \theta \sec^2 \theta \tan \theta \sec \theta d\theta = \int (\sec^2 \theta - 1) \sec^2 \theta \tan \theta \sec \theta d\theta$$

$$\text{Let } u = \sec \theta \rightarrow du = \sec \theta \tan \theta d\theta$$

$$\begin{aligned} \int (\sec^2 \theta - 1) \sec^2 \theta \tan \theta \sec \theta d\theta &= \int (u^2 - 1)u^2 du = \frac{u^5}{5} - \frac{u^3}{3} + C = \frac{\sec^5 \theta}{5} - \frac{\sec^3 \theta}{3} + C \\ &= \frac{(e^{2x} + 1)^{\frac{5}{2}}}{5} - \frac{(e^{2x} + 1)^{\frac{3}{2}}}{3} + C \end{aligned}$$



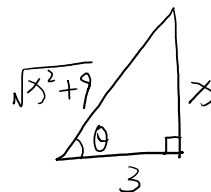
$$4. \int \frac{dx}{x^2 \sqrt{x^2 + 9}}$$

$$\text{Let } x = 3 \tan \theta \rightarrow dx = 3 \sec^2 \theta d\theta$$

$$\int \frac{dx}{x^2 \sqrt{x^2 + 9}} = \int \frac{3 \sec^2 \theta d\theta}{9 \tan^2 \theta \sqrt{9 \tan^2 \theta + 9}} = \int \frac{3 \sec^2 \theta d\theta}{9 \tan^2 \theta \sqrt{9 \tan^2 \theta + 9}} = \frac{1}{9} \int \frac{\cos \theta}{\sin^2 \theta} d\theta$$

$$\text{Let } u = \sin \theta \rightarrow du = \cos \theta d\theta$$

$$\begin{aligned} \frac{1}{9} \int \frac{\cos \theta}{\sin^2 \theta} d\theta &= \frac{1}{9} \int \frac{1}{u^2} du = -\frac{1}{9u} + C = -\frac{1}{9 \sin \theta} + C \\ &= -\frac{\sqrt{x^2 + 9}}{9x} + C \end{aligned}$$



$$5. \int_0^{\frac{1}{6}} \frac{x^5}{(36x^2 + 1)^{\frac{3}{2}}} dx = \int_0^{\frac{1}{6}} \frac{x^5}{(\sqrt{(6x)^2 + 1^2})^3} dx$$

$$\text{Let } 6x = \tan \theta \rightarrow x = \frac{1}{6} \tan \theta, dx = \frac{1}{6} \sec^2 \theta d\theta$$

$$x = 0 = \frac{1}{6} \tan \theta \rightarrow \tan \theta = 0 \rightarrow \theta = 0$$

$$x = \frac{1}{6} = \frac{1}{6} \tan \theta \rightarrow \tan \theta = 1 \rightarrow \theta = \frac{\pi}{4}$$

$$\int_0^{\frac{1}{6}} \frac{x^5}{(\sqrt{(6x)^2 + 1^2})^3} dx = \int_0^{\frac{\pi}{4}} \frac{\left(\frac{1}{6} \tan \theta\right)^5}{(\sec \theta)^3} \left(\frac{1}{6} \sec^2 \theta d\theta\right) = \frac{1}{6^6} \int_0^{\frac{\pi}{4}} \frac{(1 - \cos^2 \theta)^2}{\cos^4 \theta} \sin \theta d\theta$$

$$\text{Let } u = \cos \theta \rightarrow du = -\sin \theta d\theta$$

$$\theta = 0 \rightarrow u = \cos \theta = 1$$

$$\theta = \frac{\pi}{4} \rightarrow u = \cos \theta = \frac{\sqrt{2}}{2}$$

$$\frac{1}{6^6} \int_0^{\frac{\pi}{4}} \frac{(1 - \cos^2 \theta)^2}{\cos^4 \theta} \sin \theta d\theta = \frac{1}{6^6} \int_1^{\frac{\sqrt{2}}{2}} \frac{(1 - u^2)^2}{u^4} (-du) = \frac{1}{6^6} \int_{\frac{\sqrt{2}}{2}}^1 \left(\frac{1}{u^4} - \frac{2}{u^2} + 1\right) du = -\frac{1}{3u^3} + \frac{2}{u} + u \Big|_{\frac{\sqrt{2}}{2}}^1$$

$$6. \int \frac{x}{\sqrt{3 - 2x - x^2}} dx = \int \frac{x}{\sqrt{2^2 - (x + 1)^2}} dx$$

$$\text{Let } x + 1 = 2 \sin \theta \rightarrow dx = 2 \cos \theta d\theta$$

$$\int \frac{x}{\sqrt{2^2 - (x + 1)^2}} dx = \int \frac{2 \sin \theta - 1}{2 \sqrt{1 - (\sin \theta)^2}} (2 \cos \theta d\theta) = \int (2 \sin \theta - 1) d\theta = -2 \cos \theta - \theta + C$$

$$= -2 \left(\frac{\sqrt{4 - (x + 1)^2}}{2} \right) - \arcsin \left(\frac{x + 1}{2} \right) + C$$

