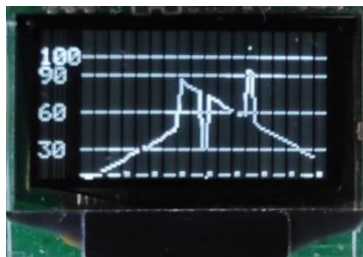


User manual - pedometer

1. main screen:

- When the pedometer is turned on for the first time, the digital clock is displayed in the 12H display on the main screen.
- This screen display will change depending on the selections made in the menu - a digital clock (12H or 24H), or an analog clock, or a step graph will be displayed.
- If a movement is detected, an animated icon of steps and a step counter will be displayed in the upper left corner. (Digital or analog clock display only).
- Pressing the black button will lead to the main menu.

Examples for illustration -



Steps graph display



Analog clock display



12H digital clock display

2. Main Menu:

- Navigate between the various menu options by pressing the UP and DOWN buttons.
- Current option is marked with a white background.
- Pressing the R button will lead to the highlighted selection.
- Pressing the L button will lead back to the main screen.

Illustration -



3. Display mode menu:

- Navigate between the various menu options by pressing the UP and DOWN buttons.
- Current option is marked with a white background.
- Pressing the black button will lead to select the highlighted selection and return to the main menu.
- Pressing the L button will lead back to the main screen.

Illustration -



4. 12H / 24H interval menu:

- Navigate between the various menu options by pressing the UP and DOWN buttons.
- Current option is marked with a white background.
- Pressing the black button will lead to select the highlighted selection and return to the main menu.
- Pressing the L button will lead back to the main screen.

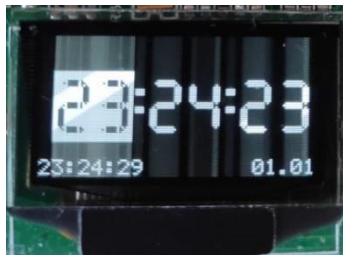
Illustration -



5. Set time screen:

- Navigation between the different cells (hours, minutes, seconds) by pressing R and L buttons respectively.
- Current cell marked with a white background.
- Change values in each cell, by pressing the UP and DOWN buttons respectively.
- Pressing the black button will save the newly set time and return to the main menu.
- Pressing the L button while standing on the "hours" cell will lead back to the main screen.

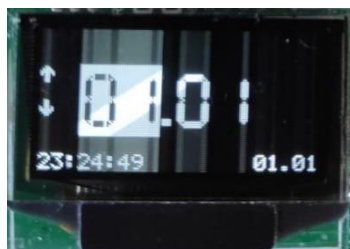
Illustration -



6. Set date screen:

- Navigation between the different cells (days, months) by pressing R and L buttons respectively.
- Current cell marked with a white background.
- Change values in each cell, by pressing the UP and DOWN buttons respectively.
- Pressing the black button will save the newly set date and return to the main menu.
- Pressing the L button while standing on the "days" cell will lead back to the main screen.

Illustration -



7. Pedometer screen:

- This screen view is divided into three:
 - On the left side, the current step length and the option to change it will be displayed:
 - Change the value in the cell by pressing the UP and DOWN buttons respectively.
 - Pressing the black button will save the newly set step length and return to the main menu.
 - Pressing the L button will lead back to the main screen.
 - In the center of the screen, the number of steps in the last day will be displayed, and above them a step icon.
 - On the right side, the cumulative length in meters passed by the user in the last day will be displayed.

Illustration -

