



# Sports Participation in the US:

## A Statistical Analysis

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# 1. INTRODUCTION

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## 1.1 Background

The 2010 American Time Use Survey (ATUS) was conducted by United States Bureau of Labor Statistics. The survey collects demographic data and information on the amount of time people spent doing various activities in 2010. Respondents were interviewed only once and were randomly selected from a subset of households that have completed their final month of interviews for the Current Population Survey.

The dataset was obtained from the Inter-university Consortium for Political and Social Research (ICPSR) website. The ICPSR is an international consortium of about 700 academic institutions and research organizations that provides access to more than 500,000 files of research in the social science, making ICPSR the world's largest archive of digital social science data.

The raw data file (30901-0007-Data.txt) is called the “Activity Summary File” and contains demographic information about respondents and the total time (in minutes) they spent doing each activity that day. The file is in fixed-column format, containing 170 variables (columns) and 13,260 records (rows). The record length is 3,309 and there is one record per unique respondent. There are no missing values in the raw data file. The activity variables correspond to the total number of minutes that each respondent spent doing each 6-digit activity. The 6-digit coding can be found in the documentation provided.

## 1.2 Problem Statement

The objective of this report was to apply analysis techniques to the 2010 American Time Use Survey (ATUS) to answer research questions related to the participation in sports activities. The main goal of the analysis was to determine if the participation in sports can be predicted by explanatory variables. More specifically, does the participation rate in sports differ by demographic groups? What factors are the most significant in determining sports participation? Is there any relationship between time spent on sports and time spent on other activities? The analysis techniques discussed in this report were aimed at answering these research questions.

## 2. METHODS

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### 2.1 Analysis

Before performing a rigorous analysis, an exploratory analysis was conducted by computing descriptive statistics to provide a quantitative and graphical summary of the data, to detect patterns in the data, and to help avoid incorrect assumptions for the statistical analysis. In addition, the exploratory analysis was used to generate potential hypothesis for statistical testing. For the categorical variables, the descriptive statistics included frequencies and proportions for the various categories of the variables. For the continuous variables, the descriptive analysis consisted of computing central tendency (e.g. mean, dispersion (e.g. range and standard deviation) and distribution measures (e.g. skewness).

The next step was to perform an associative analysis to determine the presence of a relationship between variables. Spearman rank correlation was chosen to test the correlation because the method is non-parametric (e.g. no normality assumption) and does not assume linearity. The second method used to evaluate the association between variables was the Chi-square test. The chi-square tests measures if a significant relationship between the row and column variable exists, but they do not indicate the direction or strength of the relationship. More specifically, the Chi-square tests differences between observed and expected frequencies (Pearson and likelihood ratio are for general testing of association, while Mantel-Haenszel is for testing of trend).

For the people that participated in sports, an inferential analysis was conducted to detect significant differences in the time spent on sports among different groups of the categorical variables. Based on the descriptive analysis discussed previously, the assumption of normality is not reasonable. Thus, a non-parametric method for testing the differences in medians among groups was used. The chosen method was the Kruskal-Wallis test, which does not assume normality and is based on ranks of the data. The test assumes identically shaped and scaled distribution for each group, which seems to be a reasonable assumption based on the descriptive analysis.

The last step of the statistical analysis involved conducting a predictive analysis. Due to the dichotomous nature of the sports participation variable, a logistic regression model of this variable as a function of the explanatory variables was fitted to model the probability of observing the outcome of sports participation. Furthermore, a logistic model was selected because the previous analysis indicated that assumptions of normality, linearity and equal variance within each group might not be reasonable. The logistic model does not make these assumptions and there are no assumptions regarding the distribution of the independent variables.

The purpose of the predictive analysis was to discover relationships between the response variable and explanatory variables, and ultimately determine an adequate model capable of predicting the likelihood of participating in sports. The analysis started with the construction of an initial model by fitting the binary sports participation variable as a function of the predictor variables, which included the time activities as continuous variables and all demographic variables as categorical variables. The best model was found by stepwise selection, and a final model was chosen. Diagnostic for this model were performed and results were discussed.

The statistical analysis is summarized below in Figure 1 along with the SAS procedures utilized in each step of the analysis.

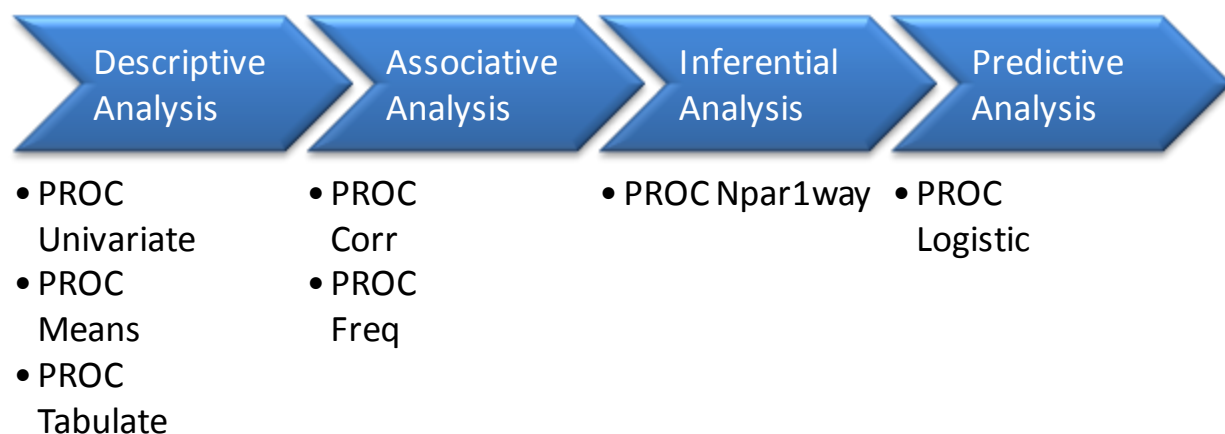


Figure 1. Flow chart of the statistical analysis

## 2.2 Variables

The time activities variables chosen are shown in Table 1. In order to answer the research question and fit a logistic regression model, the time spent on sports was converted to a binary variable which takes the value of 1 when the sports participation time is greater than zero and, takes the value of 0 when it is not. Thus, the binary variable represents the participation in sports. Additional variables were created by converting the time spent sleeping, eating and watching TV to categorical variable for the purpose of detecting group differences and comparing different models. The time spent smoking was also converted to a categorical variable which takes the value of 1 when the smoking time is greater than zero, and takes the value of 0 when it is not. Therefore, this binary variable indicates whether the participant smoked or did not smoke. The list of the categorical variables is shown in Table 2 in the following page.

Table 1. Continuous Variables

Name	Description	Type	Values
<b>TSleep</b>	Time Sleeping	Continuous	0-1395 min
<b>TEat</b>	Time Eating and Drinking	Continuous	0-805 min
<b>TSocial</b>	Time Socializing & Communicating	Continuous	0-940 min
<b>TSmoke</b>	Time Consuming Tobacco & Drug Use	Continuous	0-300 min
<b>TTV</b>	Time Watching TV	Continuous	0-1215 min
<b>TSPORTS</b>	Time Participating in Sports	Continuous	0-777 min



Table 2. Categorical Variables

Name	Description	Type	Values
<b>Sex</b>	Sex of respondent	Nominal	Male
			Female
<b>Age</b>	Age of respondent	Ordinal	15 to 18 years
			20 to 24 years
			25 to 34 years
			35 to 59 years
			60 years and over
<b>Race</b>	Race of respondent	Nominal	White only
			Black only
			Native only
			Asian only
			Mixed or Other
<b>Hispanic</b>	Hispanic ethnicity of respondent	Nominal	Hispanic Non-Hispanic
<b>Child</b>	Presence of child < 18 years in household	Ordinal	No Child
			Child
<b>Status</b>	Labor for status of respondent	Nominal	Employed
			Unemployed
			Not in labor force
<b>Earnings</b>	Weekly earnings of respondent	Ordinal	No Income
			Low Income
			Medium Income
			High Income
<b>Degree</b>	Education attainment of respondent	Ordinal	No High School Diploma
			High School Diploma
			Bachelors degree
			Advanced degree
<b>Metropolitan</b>	Metropolitan location of respondent	Nominal	Metropolitan
			Non-Metropolitan
<b>Smoke</b>	Tobacco or drug use	Nominal	No Smoke
			Smoke
<b>Sleep</b>	Sleeping	Ordinal	Low Sleep
			Medium Sleep
			High Sleep
<b>Eat</b>	Eating and Drinking	Ordinal	Low Eat
			Medium Eat
			High Eat
<b>TV</b>	Watching TV	Ordinal	Low TV
			Medium TV
			High TV
<b>Sports</b>	Participation in sports	Nominal	No
			Yes

### 3. RESULTS

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#### 3.1 Exploratory Analysis

##### 3.1.1 Time Activities

The descriptive statistics for the continuous variables of the time activities are shown in Table 11. It can be seen that if non-participants of sports activities are considered, the mean time spent on sports is about 16 minutes and the median is 0 min. The table also shows that the mean is greater than the median for all time activities, suggesting positive-skewed distributions. In addition, it can be seen that the range is wide, with the maximum value being very large. For instance, for the time spent sleeping or watching television, the maximum is over 20 hours. Thus, this might suggest potential outliers in the data.

**Table 3. Descriptive statistics for continuous variables**

<i>Variable</i>	<i>Label</i>	<i>N</i>	<i>Mean</i>	<i>Median</i>	<i>Minimum</i>	<i>Maximum</i>	<i>Std Dev</i>
TSPORTS	Time Participating in Sports	6492	15.95	0.00	0.00	777.00	47.17
TSLEEP	Time Sleeping	6492	502.03	495.00	0.00	1395.00	129.66
TEAT	Time Eating & Drinking	6492	64.78	55.00	0.00	805.00	53.56
TSOCIAL	Time Socializing & Communicating	6492	29.93	0.00	0.00	940.00	71.38
TTV	Time Watching TV	6492	151.33	110.00	0.00	1215.00	163.33
TSMOKE	Time Tobacco & Drug Use	6492	0.36	0.00	0.00	300.00	5.88

##### 3.1.2 Time Spent on Sports

Figure 2 shows the overall participation in sports during weekdays, indicating that only 1188 out of the 6492 respondents participated in a sports activity. Focusing only on the people that participated in sports, the descriptive statistics of the time spent in sports were computed and are shown in Table 4 . The results indicate that participants in sports activity spent on average 87 minutes. The median time was much lower (60 minutes), suggesting that there are more values below the mean (i.e. more count in the tail than expected in a normal distribution). This is confirmed by the positive skewness (measure of asymmetry), which indicates that the mass of the time distribution is concentrated on the left (i.e. lower values of time).

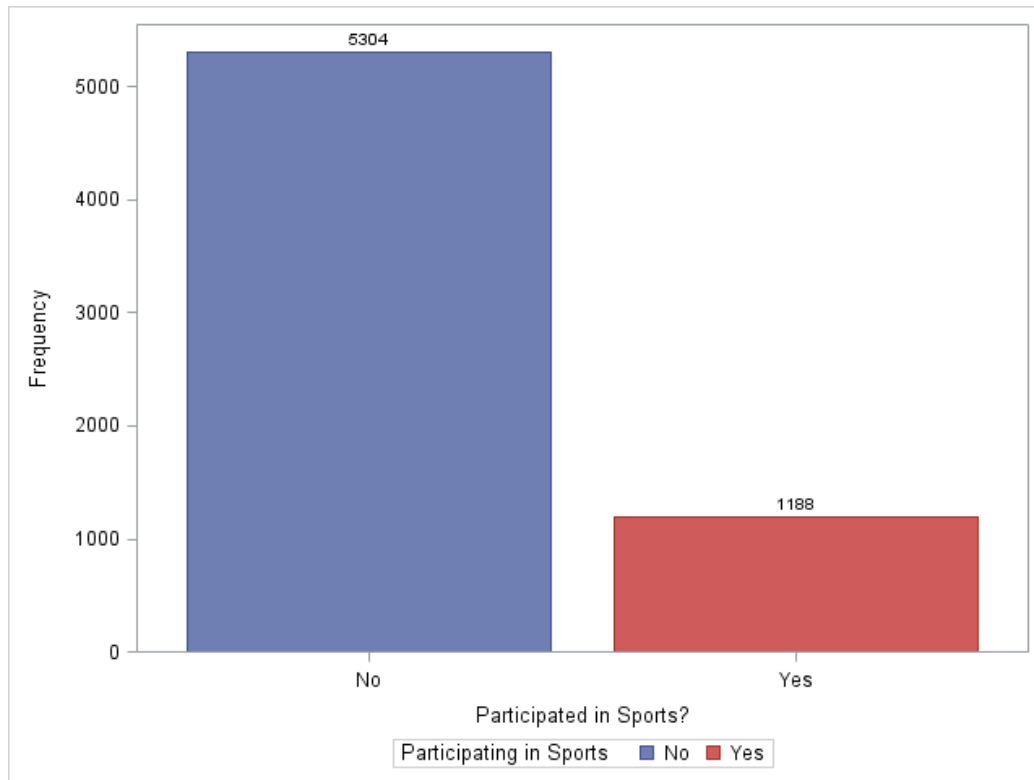


Figure 2. Sports participation

Table 4. Descriptive statistics of times for sports participants

Moments			
<i>N</i>	1188	<i>Sum Weights</i>	1188
<i>Mean</i>	87.1380471	<i>Sum Observations</i>	103520
<i>Std Deviation</i>	77.1970278	<i>Variance</i>	5959.3811
<i>Skewness</i>	2.67704398	<i>Kurtosis</i>	10.9659878
<i>Uncorrected SS</i>	16094316	<i>Corrected SS</i>	7073785.36
<i>Coeff Variation</i>	88.5916431	<i>Std Error Mean</i>	2.23971294

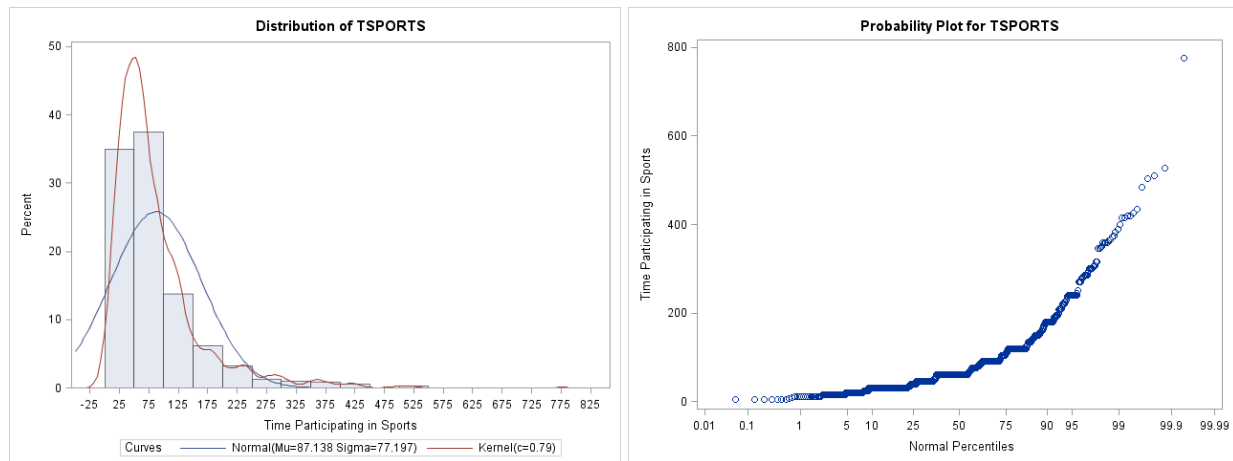
  

Basic Statistical Measures			
Location		Variability	
<i>Mean</i>	87.13805	<i>Std Deviation</i>	77.19703
<i>Median</i>	60.00000	<i>Variance</i>	5959
<i>Mode</i>	60.00000	<i>Range</i>	772.00000
		<i>Interquartile Range</i>	69.50000

The null hypothesis for the tests of normality (e.g. sample came from a normal distribution) is rejected at the 0.05 significance level (Table 5), suggesting that the distribution is of the time spent on sports is not normal. These results are graphically represented in Figure 3 which shows the histogram and probability plot.

**Table 5. Test for normality**

<i>Tests for Normality</i>				
<i>Test</i>	<i>Statistic</i>		<i>p Value</i>	
<i>Shapiro-Wilk</i>	<i>W</i>	0.748136	<i>Pr &lt; W</i>	<0.0001
<i>Kolmogorov-Smirnov</i>	<i>D</i>	0.203227	<i>Pr &gt; D</i>	<0.0100
<i>Cramer-von Mises</i>	<i>W-Sq</i>	13.75046	<i>Pr &gt; W-Sq</i>	<0.0050
<i>Anderson-Darling</i>	<i>A-Sq</i>	77.54448	<i>Pr &gt; A-Sq</i>	<0.0050



**Figure 3. Histogram and probability plot of sports time of participants**

### 3.1.3 Time Spent on Sports by categorical variables

Histograms showing the distribution of the time for sports participants by the levels of each categorical variable were also constructed. Figure 4 shows the sports time distribution by sex of the participant. It can be seen that the distributions do not appear to be normal but the shape of the distributions of the sports time for men and women are very similar. This observation was consistent for the rest of the categorical variables (see Appendix A for details).

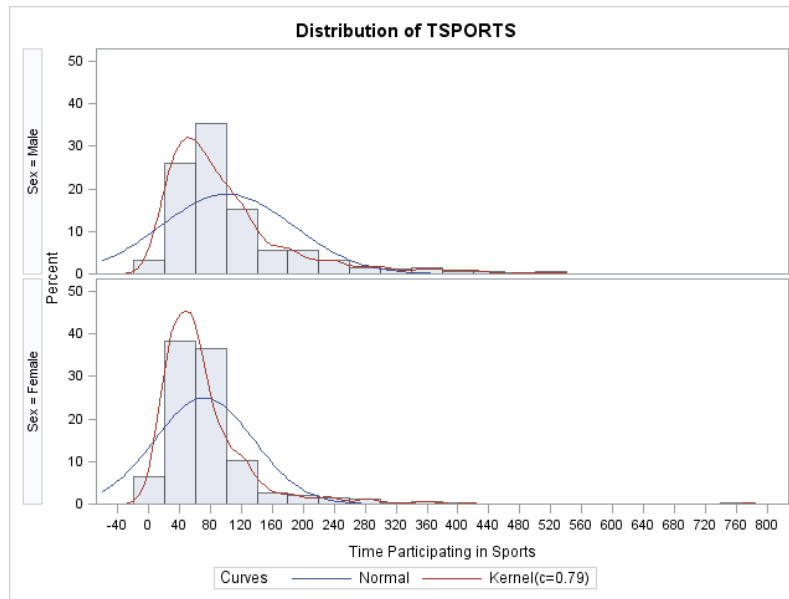


Figure 4. Histogram of TSPORTS by sex

For a further analysis, the time activities were broken down by categorical variables. For example, Figure 5 shows the mean time spent on activities by sex for all participants and non-participants of the activities. The plot suggests that there seems to be a significant difference between males and females regarding time spent watching TV and playing sports, with the latter one being almost twice of that of females for males.

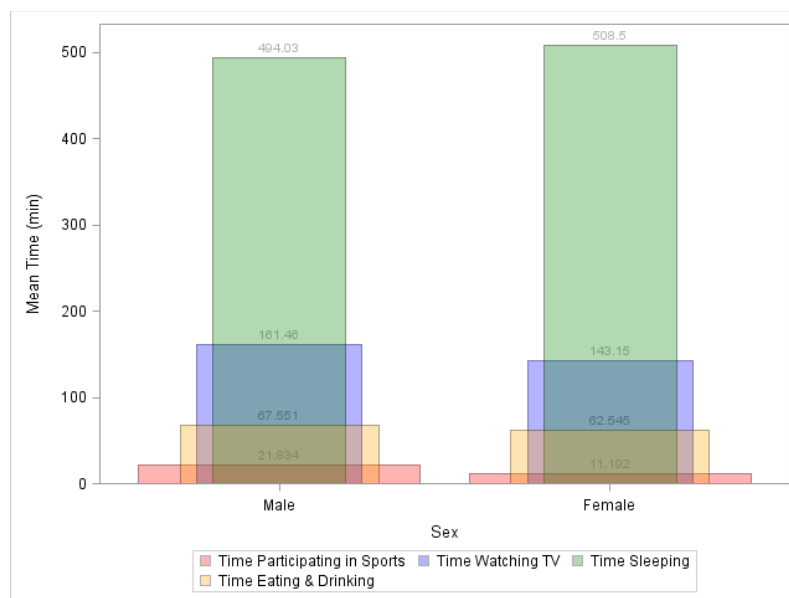


Figure 5. Time activities by sex

Focusing only on the people that participated in sports, the time spent on sports was further broken down by the rest of the categorical variables by constructing boxplot and cross-tabulations. The boxplot (Figure 6) and cross-tabulation (Table 6) of the time spent on sports by education and labor force status show that there seems to be a difference in the mean times and variation of the groups for both categorical variables.

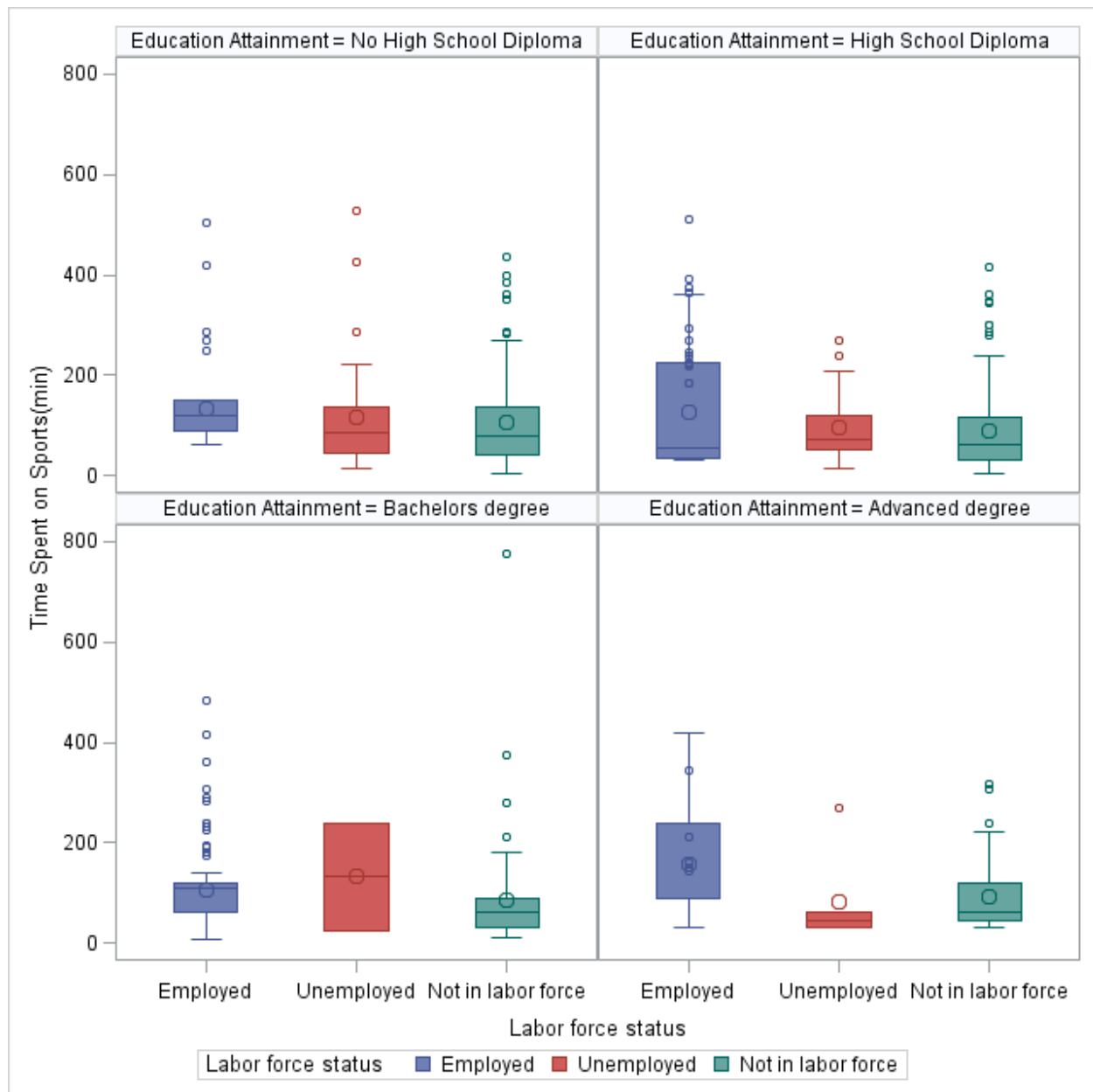
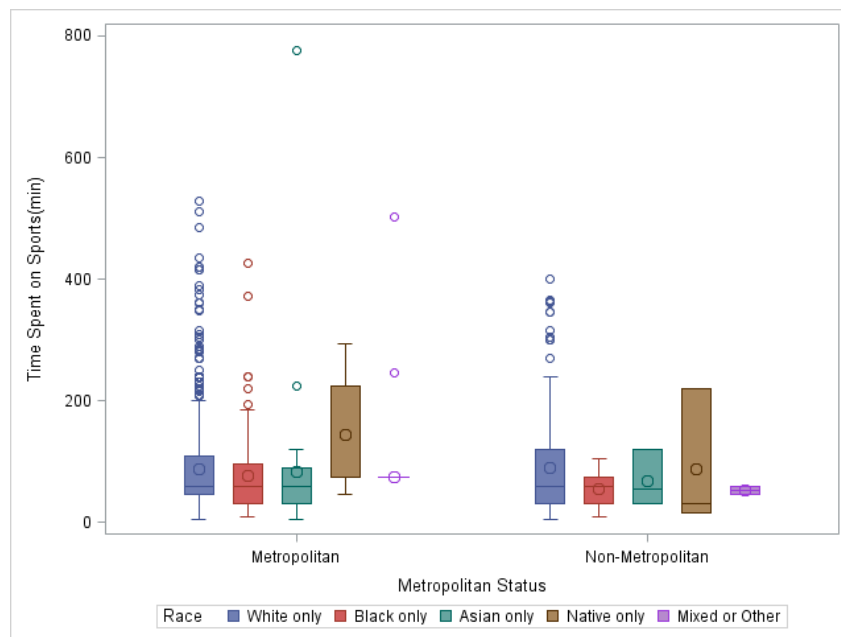


Figure 6. TSPORS by labor force and education

**Table 6. TSPORTS by labor force and education**

		Mean	Std	N
<i>Education Attainment</i>	<i>Laborforce status</i>			
<i>No High School Diploma</i>	<i>Employed</i>	111.55	92.21	56
	<i>Unemployed</i>	116.84	105.59	37
	<i>Not in laborforce</i>	106.37	90.68	113
<i>High School Diploma</i>	<i>Employed</i>	82.12	70.77	287
	<i>Unemployed</i>	104.44	74.05	45
	<i>Not in laborforce</i>	87.05	75.46	182
<i>Bachelors degree</i>	<i>Employed</i>	77.60	66.12	215
	<i>Unemployed</i>	95.91	64.20	11
	<i>Not in laborforce</i>	85.19	109.15	63
<i>Advanced degree</i>	<i>Employed</i>	71.20	58.75	127
	<i>Unemployed</i>	80.33	93.67	6
	<i>Not in laborforce</i>	91.00	67.16	46

Figure 7 and Table 7 indicate that the mean sports time seems to differ across different races, but not between metropolitan statuses. The boxplot also shows the high variability in the native only group due to the small sample of this group.

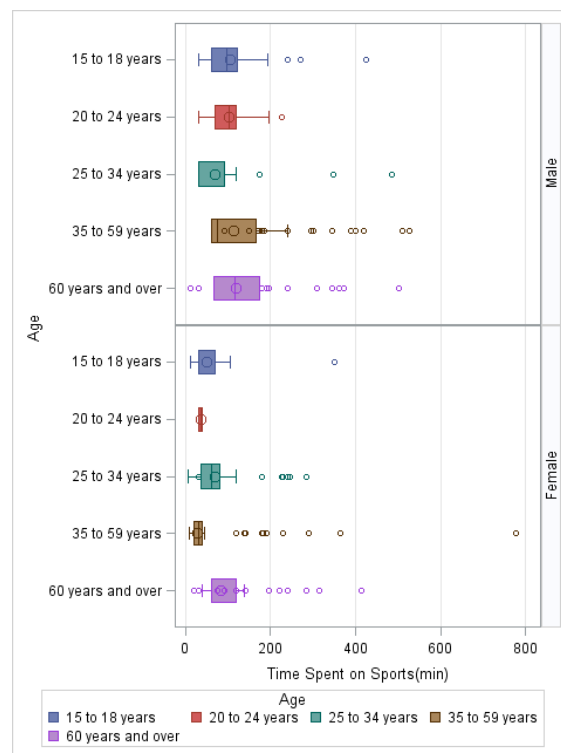


**Figure 7. TSPORTS by metropolitan status and race**

**Table 7. TSPORTS by metropolitan status and race**

		Mean	Std	N
<i>Metropolitan Status</i>	<i>Race</i>			
<i>Metropolitan</i>	<i>White only</i>	88.31	74.58	800
	<i>Black only</i>	77.21	63.69	131
	<i>Native only</i>	142.80	109.97	5
	<i>Asian only</i>	82.66	115.31	44
	<i>Mixed or Other</i>	105.62	114.28	21
<i>Non-Metropolitan</i>	<i>White only</i>	90.24	82.56	165
	<i>Black only</i>	53.69	31.61	13
	<i>Native only</i>	88.33	114.27	3
	<i>Asian only</i>	68.33	46.46	3
	<i>Mixed or Other</i>	45.00	15.00	3

Looking at the sports time broken down by age and sex variables, Figure 8 and Table 8 suggest that seems to be a difference in the mean times of the groups for both categorical variables. For the sex variable, the mean and variation in time spent by males seems to be larger than that for females.



**Figure 8. TSPORTS by age and sex**



Table 8. TSPORTS by age and sex

		Mean	Std	N
Sex	Age			
Male	15 to 18 years	135.71	89.70	85
	20 to 24 years	110.97	61.05	37
	25 to 34 years	95.51	74.15	87
	35 to 59 years	94.84	86.19	269
	60 years and over	94.27	87.44	147
Female	15 to 18 years	96.91	70.15	45
	20 to 24 years	79.64	63.31	14
	25 to 34 years	73.11	55.52	85
	35 to 59 years	66.04	66.11	253
	60 years and over	71.10	61.62	166

Figure 9 and Table 9 indicate that the mean sports time seems to differ slightly across different earnings levels, but not between Hispanic and non-Hispanic ethnicity. Regarding the smoke and child categorical variables (and), there seems to be a difference in the groups for both categorical variables, with the smoking group having a higher mean and child group having a lower mean. In all the boxplots shown above, a potential outlier with time spent on sports activities of about 800 min was detected.

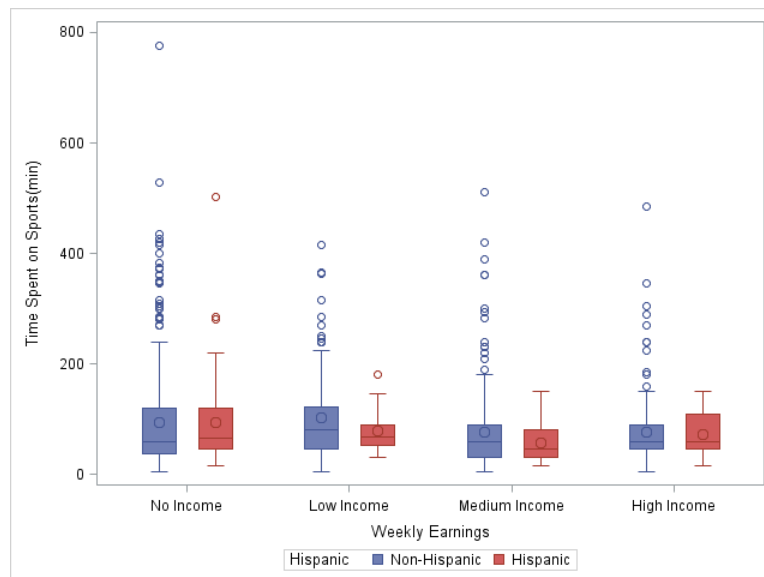


Figure 9. TSPORTS by earnings and race

Table 9. TSPORTS by earnings and race

		Mean	Std	N
<i>Weekly Earnings</i>				
<i>No Income</i>	<i>Hispanic</i>	92.77	74.20	81
	<i>Non-Hispanic</i>	94.49	86.51	503
<i>Low Income</i>	<i>Hispanic</i>	78.25	40.76	20
	<i>Non-Hispanic</i>	102.08	81.35	116
<i>Medium Income</i>	<i>Hispanic</i>	57.08	35.14	36
	<i>Non-Hispanic</i>	76.94	70.78	245
<i>High Income</i>	<i>Hispanic</i>	72.27	40.33	11
	<i>Non-Hispanic</i>	75.99	61.54	176

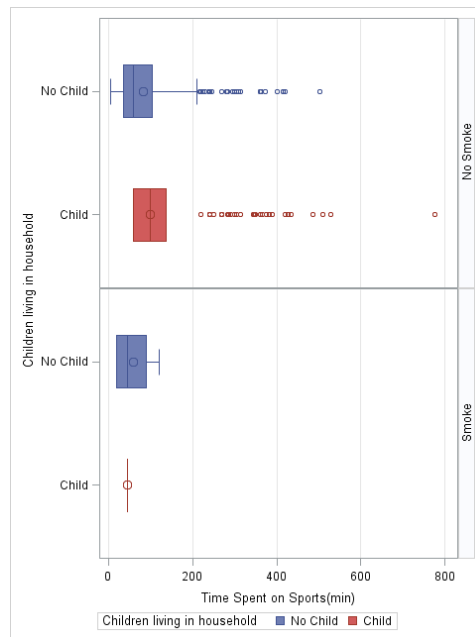


Figure 10. TSPORTS by smoke and child

Table 10. TSPORTS by smoke and child

		Mean	Std	N
<i>Tobacco &amp; Drug Use</i>				
<i>Children living in household</i>				
<i>No Smoke</i>	<i>No Child</i>	82.59	70.30	635
	<i>Child</i>	93.02	84.71	543
<i>Smoke</i>	<i>No Child</i>	59.29	40.25	7
	<i>Child</i>	50.00	8.66	3

### 3.1.4 Participation in Sports by categorical variables

The frequency distributions of the categorical variables are shown in Table 11 in the next page. Some features that can be pointed out are the low frequency of native only and smokers. The cross-tabulation of the participation rates in sports and the categorical variables is discussed in the next section. In this section, several plots of the number of participants in sports by categorical variables were constructed to continue the explorative analysis of the data. Note that the plots only show the number of participants rather than the proportion of participants, which is addressed in the following sections. Thus, no inferences on differences in sports participation between groups can be made in this section.

Figure 11 shows the participation in sports by age and sex. It can be seen that the relative number of male and females participating in sports is about the same except for the younger groups, in which there are more males than females participating based on the sample. The plot also shows that there are more observations for the older groups in the sample.

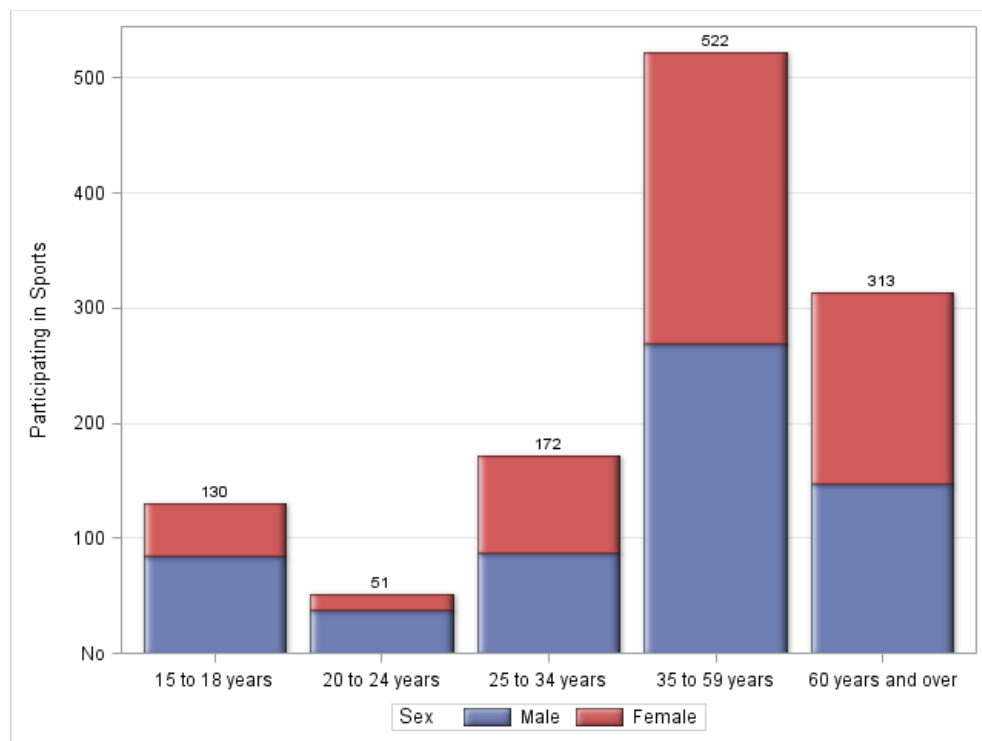
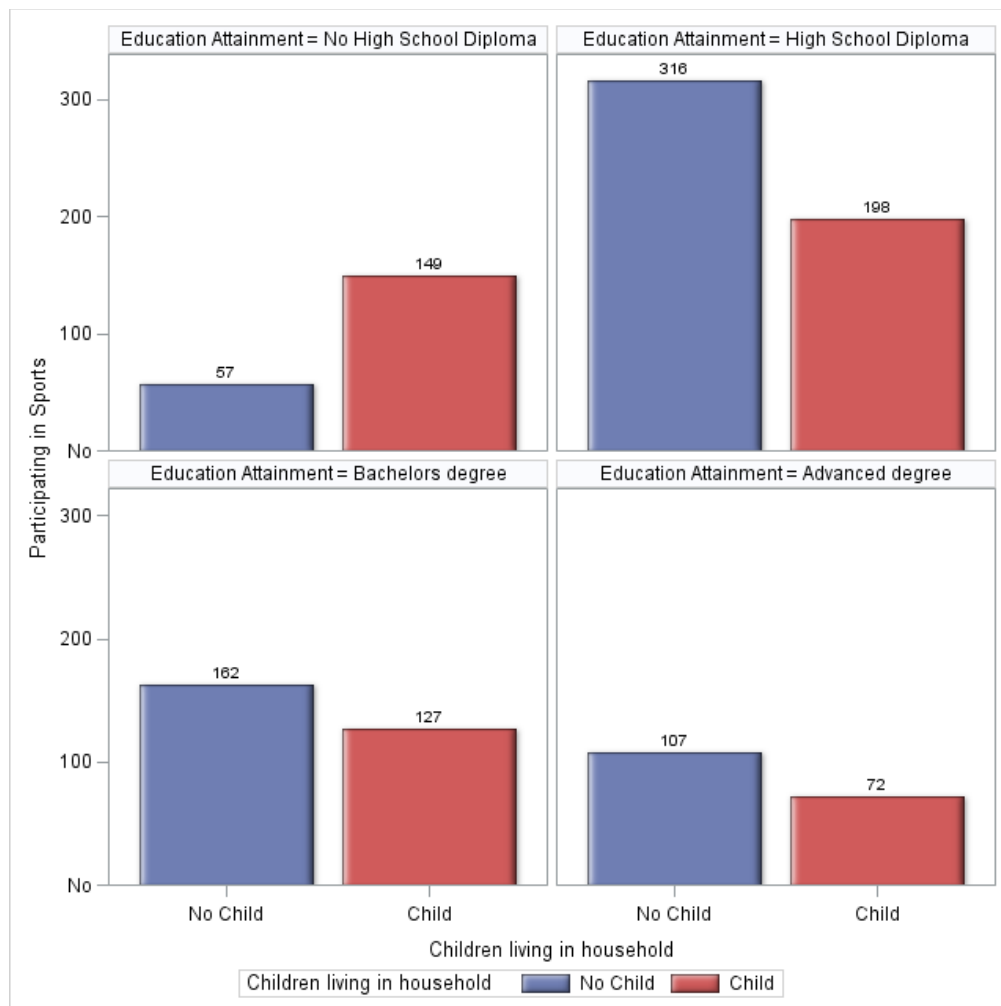


Figure 11. Participation in sports by sex and age

Table 11. Frequencies of categorical variables

Variable	Value	Frequency	Percent
<b>Sex</b>	Male	2900	44.67
	Female	3592	55.33
<b>Age</b>	15 to 18 years	358	5.51
	20 to 24 years	321	4.94
	25 to 34 years	1085	16.71
	35 to 59 years	3064	47.20
	60 years and over	1664	25.63
<b>Race</b>	White only	5127	78.97
	Black only	959	14.77
	Native only	62	0.96
	Asian only	229	3.53
	Mixed or Other	115	1.77
<b>Hispanic</b>	Hispanic	912	14.05
	Non-Hispanic	5580	85.95
<b>Child</b>	No Child	3456	53.23
	Child	3036	46.77
<b>Status</b>	Employed	3942	60.72
	Unemployed	452	6.96
	Not in labor force	2098	32.32
<b>Earnings</b>	No Income	3038	46.80
	Low Income	964	14.85
	Medium Income	1683	25.92
	High Income	807	12.43
<b>Degree</b>	No High School Diploma	1059	16.31
	High School Diploma	3386	52.16
	Bachelors degree	1314	20.24
	Advanced degree	733	11.29
<b>Metropolitan</b>	Metropolitan	5359	82.55
	Non-Metropolitan	1133	17.45
<b>Smoke</b>	No Smoke	6385	98.35
	Smoke	107	1.65
<b>Sleep</b>	Low Sleep	1971	30.36
	Medium Sleep	3280	50.52
	High Sleep	1241	19.12
<b>Eat</b>	Low Eat	1319	20.32
	Medium Eat	3554	54.74
	High Eat	1619	24.94
<b>TV</b>	Low TV	1567	24.14
	Medium TV	3600	55.45
	High TV	1325	20.41

Looking at the sports participation broken down by education and child variables, Figure 12 shows that the highest number of participants in sports in the sample was for the education attainment of high school diploma. The plot also shows that there are more sports participants in the sample with no child for people with at least a high school degree. As expected, for no high school degree, there are more participants in sports if there is a child present in the household because the participant is most likely to be a child.



**Figure 12. Participation in sports by education and child**

Figure 13 shows that the sample contains more sports participants from metropolitan areas than non-metropolitan areas and this is consistent across different income levels. Figure 14 indicates that the sample has only a few sports participants who are smokers and that the sample contains more sports participants of the race white only.

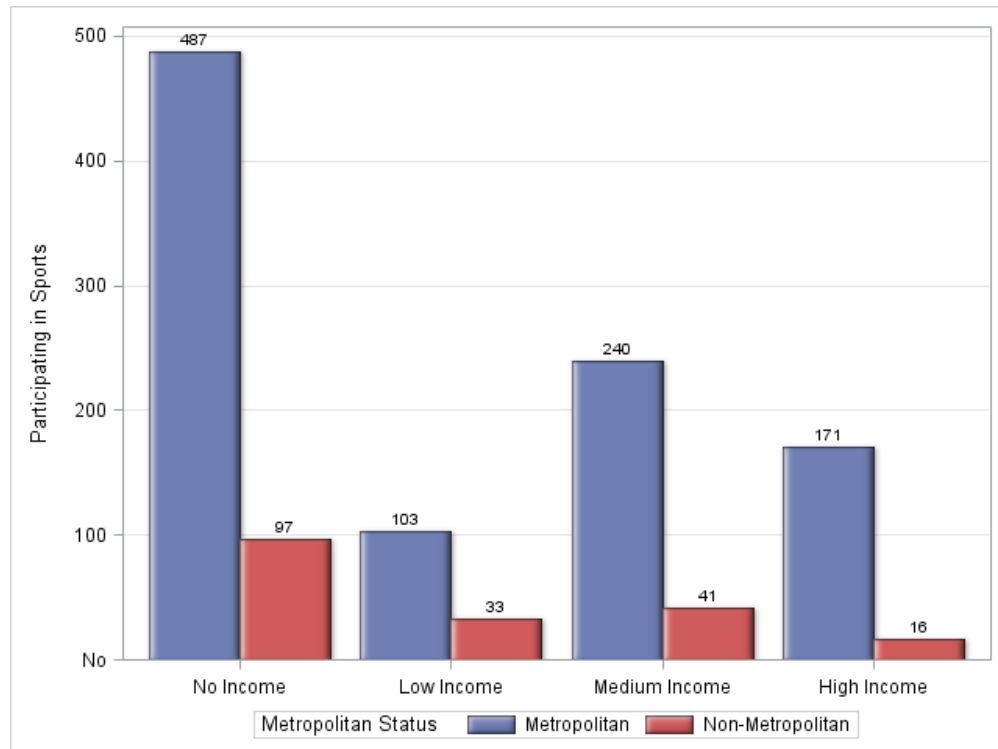


Figure 13. Participation in sports by metropolitan status and earnings

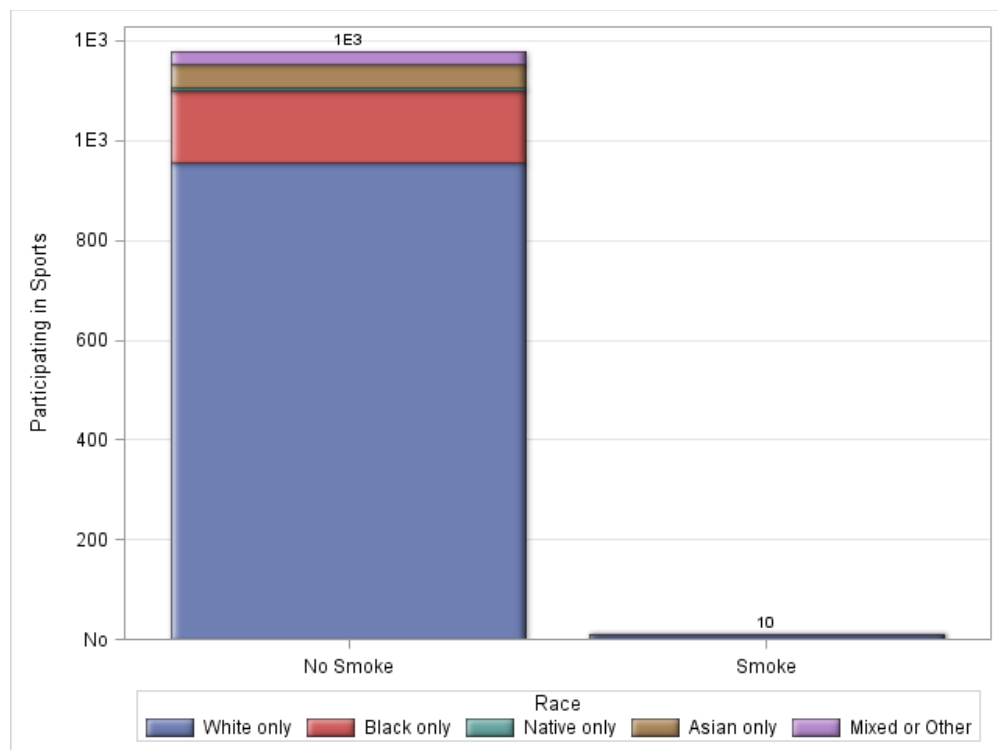


Figure 14. Participation in sports by race and smoke

Finally, Figure 15 shows that the relative sports participation distribution of the labor force status in the sample was about the same of Hispanic and non-Hispanic ethnicity. It can be seen that the sample contains more non-Hispanic observations and that there are more sports participants that are employed compared to not in the labor force or unemployed.

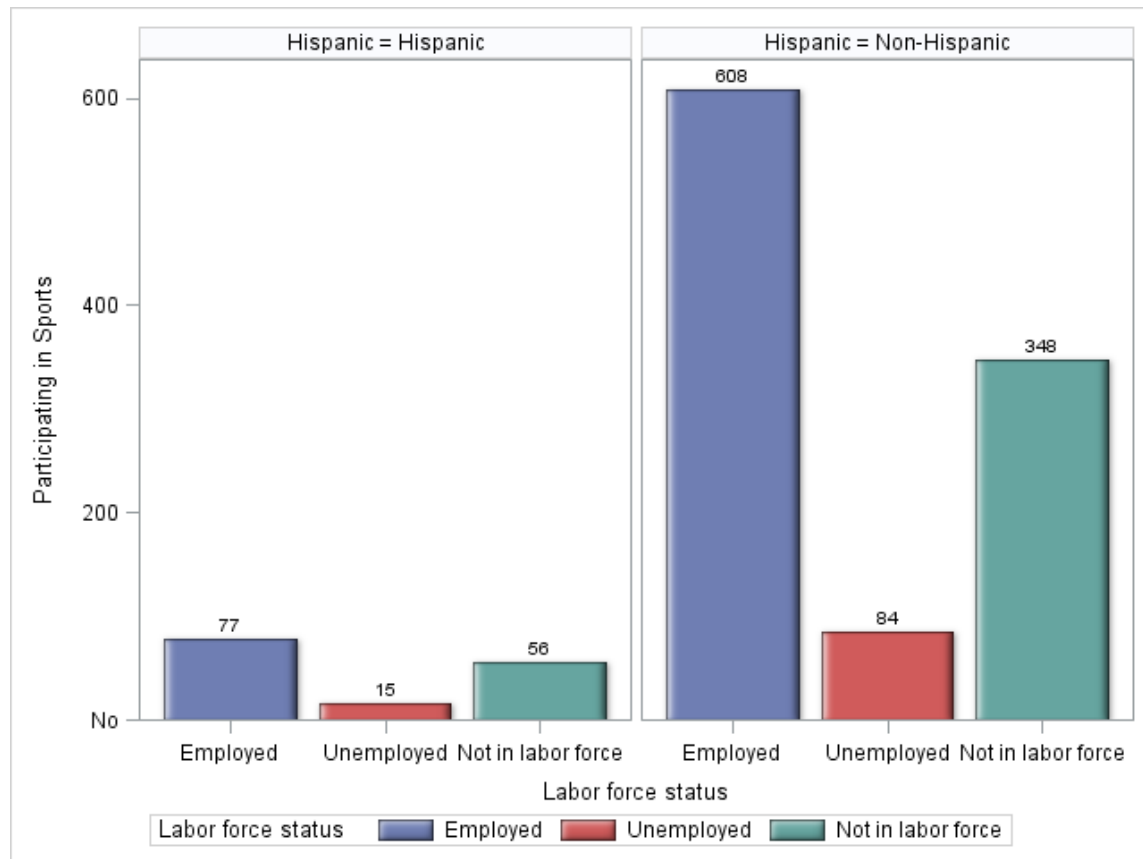


Figure 15. Participation in sports by labor force status and Hispanic ethnicity

### 3.2 Associative Analysis

The scatter plot (Figure 16) shown in the next page for the continuous variables indicates that there does not seem to be a linear relationship between variables and that the strength of the correlation is very weak or negligible. The Spearman correlation for the time activities is shown in Table 12 and suggests that the correlation between time spent on sports and time sleeping, eating and watching TV are statistically significant but the strength of the correlation is negligible, which might be due to the large sample.

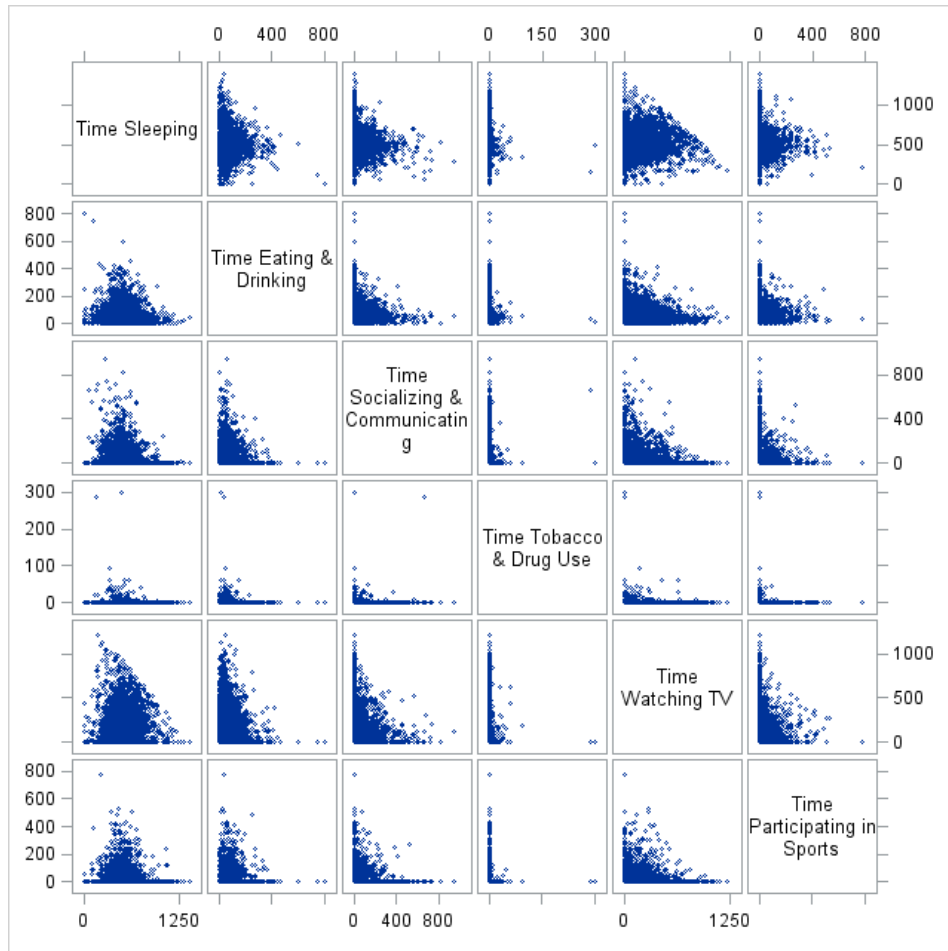


Figure 16. Scatter plot for continuous variables

Table 12. Correlation matrix for continuous variables

Spearman Correlation Coefficients, $N = 6492$ Prob > $ r $ under $H_0: \text{Rho}=0$					
	<i>TSLEEP</i>	<i>TEAT</i>	<i>TSOCIAL</i>	<i>TTV</i>	<i>TSPORTS</i>
<i>TSLEEP</i> Time Sleeping	1.00000	-0.04257 0.0006	-0.05675 <.0001	0.13185 <.0001	-0.03090 0.0128
<i>TEAT</i> Time Eating & Drinking	-0.04257 0.0006	1.00000	-0.01473 0.2352	-0.03596 0.0038	0.03679 0.0030
<i>TSOCIAL</i> Time Socializing & Communicating	-0.05675 <.0001	-0.01473 0.2352	1.00000	-0.08391 <.0001	0.02213 0.0746
<i>TTV</i> Time Watching TV	0.13185 <.0001	-0.03596 0.0038	-0.08391 <.0001	1.00000	-0.05331 <.0001
<i>TSPORTS</i> Time Participating in Sports	-0.03090 0.0128	0.03679 0.0030	0.02213 0.0746	-0.05331 <.0001	1.00000



A similar result can be seen in the Spearman correlation for the dichotomous variables (Table 13), in which the correlation between participation in sports and the variables sex and smoke is statistically significant but the strength of the correlation is negligible. The sign of the correlation coefficient indicates the direction of the correlation. In this case, the negative signs of the coefficients between participation in sports and the variables sex and smoke make sense, since female and smokers tend to participate less in sports compared to males and non-smokers respectively.

**Table 13. Correlation matrix for continuous variables**

Spearman Correlation Coefficients, N = 6492 Prob >  r  under H0: Rho=0						
	SEX	CHILD	HISPANIC	METRO	SMOKE	SPORTS
SEX Sex	1.00000	0.03941 0.0015	0.01481 0.2329	-0.01284 0.3009	-0.02491 0.0448	-0.07558 <.0001
CHILD Children living in household	0.03941 0.0015	1.00000	-0.08264 <.0001	-0.01136 0.3602	-0.00168 0.8925	-0.00498 0.6880
HISPANIC Hispanic	0.01481 0.2329	-0.08264 <.0001	1.00000	0.09080 <.0001	0.02110 0.0891	0.02166 0.0810
METRO Metropolitan Status	-0.01284 0.3009	-0.01136 0.3602	0.09080 <.0001	1.00000	0.01948 0.1166	-0.02082 0.0935
SMOKE Tobacco & Drug Use	-0.02491 0.0448	-0.00168 0.8925	0.02110 0.0891	0.01948 0.1166	1.00000	-0.02997 0.0157
SPORTS Participating in Sports	-0.07558 <.0001	-0.00498 0.6880	0.02166 0.0810	-0.02082 0.0935	-0.02997 0.0157	1.00000

A cross-tabulation for the participation in sports and the demographic variable sex is shown in Table 14. The cross-tabulation indicates that 21.55% of men and 15.67% of women participated in sports. In order to test if the difference in sports participation rates is statistically significant, chi-square tests were conducted and are shown in Table 15. The low p-values for the three tests indicate that the null hypothesis (i.e. there are approximately equal numbers of cases in each group) should be rejected in favor of the alternative hypothesis at the 0.05 level of significance. In other words, there is significant evidence of an association between participation in sports and sex of the participant (e.g. the sports participation rates are significantly different for men and women).

**Table 14. Cross-tabulation for sports and sex**

<i>Table of SPORTS by SEX</i>			
<i>SPORTS(Participating in Sports)</i>	<i>SEX(Sex)</i>		
<i>Frequency Col Pct</i>	<i>Male</i>	<i>Female</i>	<i>Total</i>
No	2275 78.45	3029 84.33	5304
Yes	625 21.55	563 15.67	1188
Total	2900	3592	6492

**Table 15. Chi-square test for sports and sex**

<i>Statistic</i>	<i>DF</i>	<i>Value</i>	<i>Prob</i>
Chi-Square	1	37.0811	<.0001
Likelihood Ratio Chi-Square	1	36.8849	<.0001
Continuity Adj. Chi-Square	1	36.6890	<.0001
Mantel-Haenszel Chi-Square	1	37.0754	<.0001
Phi Coefficient		-0.0756	
Contingency Coefficient		0.0754	
Cramer's V		-0.0756	

The analysis was repeated for the rest of the demographic variables and the results are summarized in Table 16 (insignificant associations with sports participation are highlighted in red). The full details of the analysis can be found in Appendix B.

Table 16. Chi-Square Tests

Variable	Chi-Square	Likelihood Ratio Chi-Square	Mantel- Haenszel Chi-Square
SEX	<.0001	<.0001	<.0001
AGE	<.0001	<.0001	<b>0.1217</b>
RACE	<b>0.0353</b>	<b>0.0296</b>	<b>0.6637</b>
HISPANIC	<b>0.0810</b>	<b>0.0771</b>	<b>0.0810</b>
CHILD	<b>0.5381</b>	<b>0.5380</b>	<b>0.5381</b>
STATUS	0.0241	0.0262	0.0494
EARNINGS	<.0001	<.0001	0.0050
DEGREE	<.0001	<.0001	0.0112
METRO	<b>0.0855</b>	<b>0.0823</b>	<b>0.0856</b>
SMOKE	0.0157	0.0090	0.0157
SLEEP	0.0006	0.0004	0.0717
TV	0.0002	0.0001	<.0001
EAT	0.0221	0.0204	0.0179

### 3.3 Inferential Analysis

The results of Kruskal-Wallis test for determining significance difference in the time spent in sports (for the people that participated) between males and females is shown in Table 17 and Figure 17. The figure shows a boxplot for the scores by the sex variable, which seems to show a difference in the Wilcoxon score between men and women. The table indicates that the low p-value suggests that the null hypothesis (i.e. samples come from populations with identical locations) should be rejected at the 0.05 significance level. Thus, there is evidence that suggest at least one of the population medians differs from the others. In this case, this means that the median time spent on sports by men is significantly higher than that of the women.

Table 17. Kruskal-Wallis Test

Kruskal-Wallis Test	
Chi-Square	53.8647
DF	1
Pr > Chi-Square	<.0001



Figure 17. Box plot of Wilcoxon scores for TSPORTS

A similar analysis was carried out for the rest of the demographic variables and the results are summarized in Table 18 (significant difference in sports time among groups is highlighted in green). The full details of the analysis can be found in Appendix C.

**Table 18. Kruskal-Wallis Test Summary**

Variable	Pr > Chi-Square
SEX	<.0001
AGE	<.0001
RACE	0.2530
HISPANIC	0.9058
CHILD	0.0313
STATUS	0.0036
EARNINGS	<.0001
DEGREE	0.0001
METRO	0.3248
SMOKE	0.1859
SLEEP	0.0630
TV	0.0014
EAT	0.1821

Note that the tests performed in the previous sections involve determining statistical significant differences (i.e. reject the null hypothesis), meaning that the differences are not likely due to chance or sampling variability. However, statistical significant differences can be found if the sample size is large enough and might not be practically significant.

## 3.4 Predictive Analysis

### 3.4.1 Model Selection

An initial model was constructed by fitting the binary sports participation variable as a function of the predictor variables, which included the time activities as continuous variables and all demographic variables as categorical variables. The best model was found by stepwise selection, and a final model was chosen. The full output of the stepwise selection can be found in Appendix D. The stepwise selection summary with type 3 analysis of effects and ROC curves are shown below in Table 19 and Figure 18 respectively.

**Table 19. Stepwise Selection Summary**

<i>Summary of Stepwise Selection</i>								
<i>Step</i>	<i>Effect</i>		<i>DF</i>	<i>Number In</i>	<i>Score Chi-Square</i>	<i>Wald Chi-Square</i>	<i>Pr &gt; ChiSq</i>	<i>Variable Label</i>
	<i>Entered</i>	<i>Removed</i>						
1	AGE		4	1	86.8509		<.0001	Age
2	DEGREE		3	2	78.7494		<.0001	EducationAttainment
3	SEX		1	3	32.9711		<.0001	Sex
4	TTV		1	4	18.9077		<.0001	TimeWatchingTV
5	STATUS		2	5	13.6808		0.0011	Labor forcestatus
6	TSLEEP		1	6	8.9586		0.0028	TimeSleeping
7	CHILD		1	7	4.5772		0.0324	Children living in household

<i>Type 3 Analysis of Effects</i>			
<i>Effect</i>	<i>DF</i>	<i>Wald</i>	
		<i>Chi-Square</i>	<i>Pr &gt; ChiSq</i>
SEX	1	38.1780	<.0001
AGE	4	76.4926	<.0001
CHILD	1	4.5722	0.0325
STATUS	2	18.0390	0.0001
DEGREE	3	61.3474	<.0001
TTV	1	26.0760	<.0001
TSLEEP	1	9.4614	0.0021

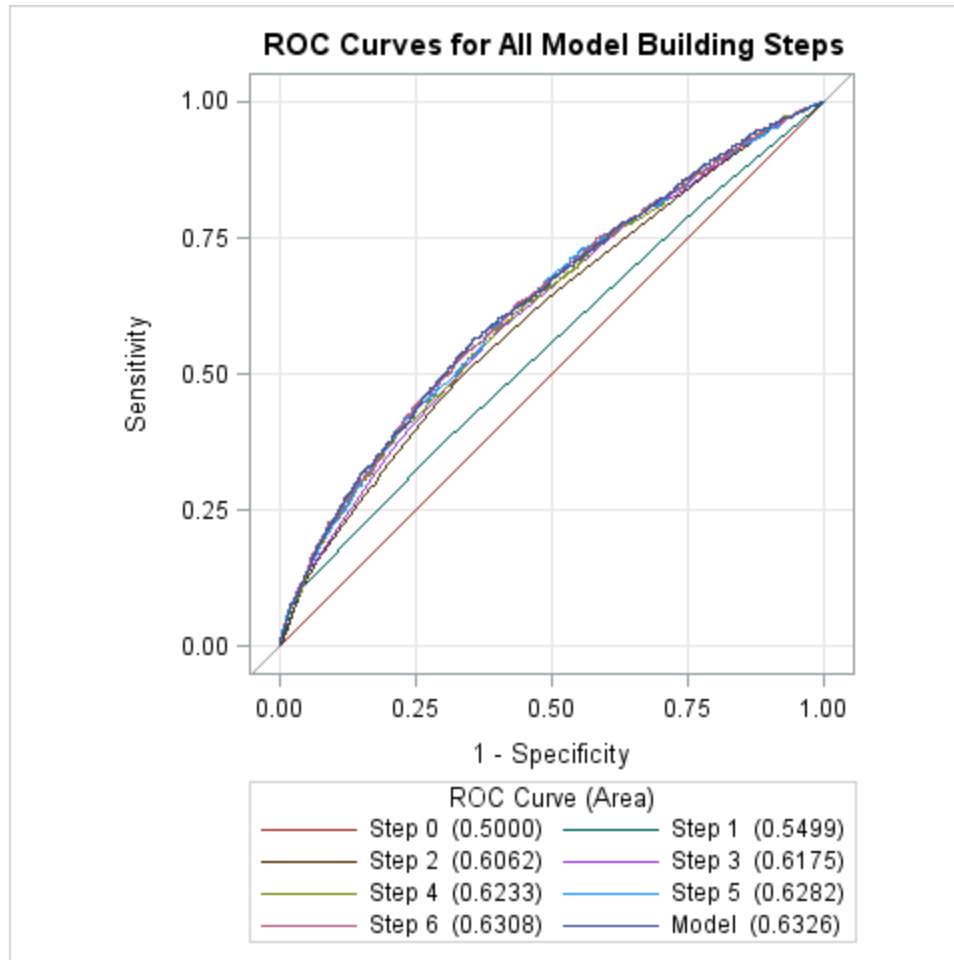


Figure 18. ROC curves for stepwise selection

The results show that based on the stepwise selection procedure, the best model is composed of 7 significant predictors of the 14 explanatory variables in the initial model. The selected demographic variables (categorical) are age, degree, sex, labor force status and presence of a child. The time activities variables (continuous) are sleeping and watching TV. The summary table and type 3 analysis (amount of variation that predictors add to the model given all other predictors are in the model) show consistent results, indicating that all selected predictors are significant at 0.05 level. The ROC curve shows that the area under the curve (AUC) is highest for the selected model. AUC is a measure of discrimination or predictive power, where 0.5 means that the model does not predict better than chance and 1.0 that the model discriminates perfectly. Thus, the selected model is predicting better than chance, but the AUC is not very high, suggesting that the model is barely acceptable and there is still room for improvement.

### 3.4.2 Model Fit

Measures of model fit include testing the global null hypothesis that the model coefficients are equal to zero, conducting a residual chi-square test, and performing a Hosmer-Lemeshow goodness of fit test. The results (Table 20) show that the global null hypothesis is rejected, indicating that at least one of the coefficients is different than zero. In addition, the residual chi-square test shows that the selected reduced model is adequate (null hypothesis that the reduced model is adequate is not rejected). The Hosmer-Lemeshow test shows that the model fits the data well (null hypothesis that there is no difference between observed and predicted values of the response variable is not rejected).

**Table 20. Goodness of fit tests**

<i>Testing Global Null Hypothesis: BETA=0</i>			
<i>Test</i>	<i>Chi-Square</i>	<i>DF</i>	<i>Pr &gt; ChiSq</i>
<i>Likelihood Ratio</i>	231.0671	13	<.0001
<i>Score</i>	239.5551	13	<.0001
<i>Wald</i>	225.3341	13	<.0001

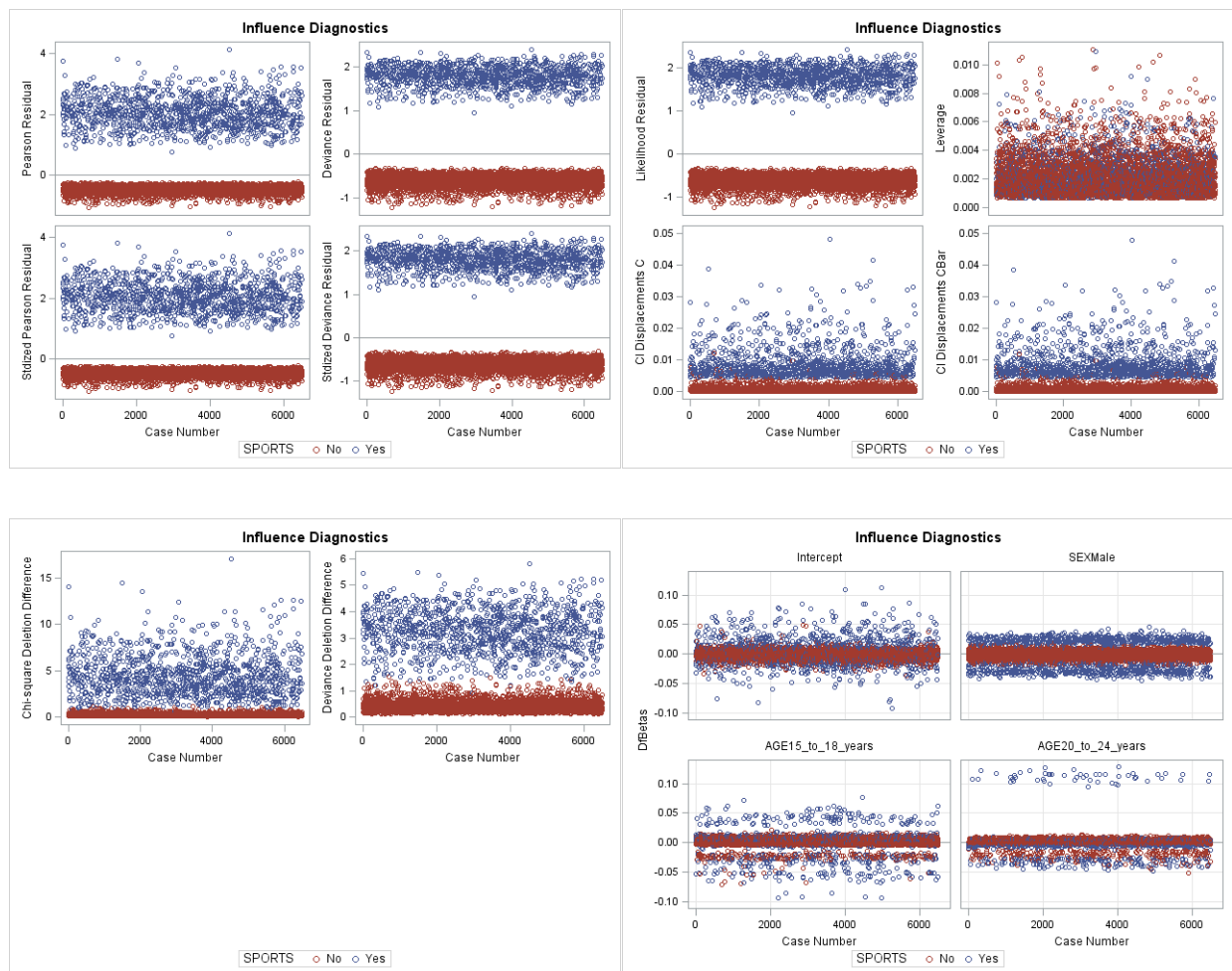
<i>Residual Chi-Square Test</i>		
<i>Chi-Square</i>	<i>DF</i>	<i>Pr &gt; ChiSq</i>
14.7921	12	0.2530

<i>Hosmer and Lemeshow Goodness-of-Fit Test</i>		
<i>Chi-Square</i>	<i>DF</i>	<i>Pr &gt; ChiSq</i>
8.6179	8	0.3755



### 3.4.3 Model Diagnostics

Diagnostics were conducted to assess the validity of the model. The assessment included influence diagnostics to identify highly influential points by considering differences between fitted and observed values. Predicted probability diagnostics and leverage diagnostics were also conducted. The diagnostic plots are shown below in Figure 19 . The residual in the influential plots fall along a horizontal band and also fall within the expected  $\pm 3$  for the standardized residuals, indicating that there does not seem to be potential outlier or highly influential points. The predicted probability plots did not show any suspicious point not following the trends. The displacement measures and deviance deletion differences, which capture the effect of influential points in the coefficients, were not found to be a problem. Therefore, based on the diagnostics and goodness of fit, it was determined that the model was adequate.



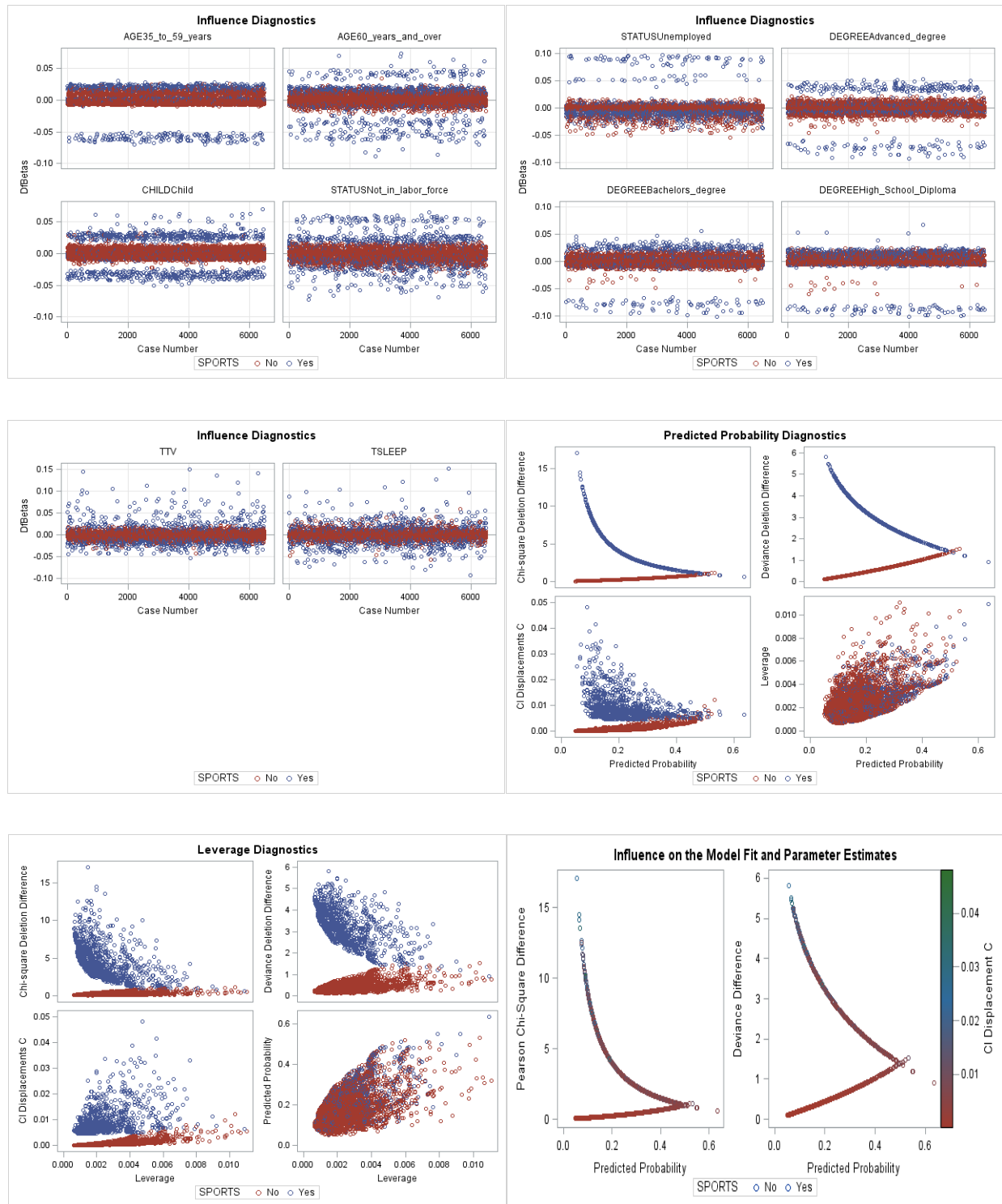


Figure 19. Diagnostics Plots

### 3.4.4 Model Discussion

The coefficient estimates of the final model are shown below in Table 21. The maximum likelihood estimates are the coefficients estimates of the linear combination of the predictor variables that model the log odds of the response. For example, the coefficient of the parameter sex is 0.4151, which means that for one unit change in the predictor (e.g. sex), the difference in log-odds for the outcome is expected to change by 0.4151, given the other variables in the model remain constant. In this case, female was set as the reference level, so the difference in log-odds is expected to be 0.4151 units higher for males compared to females, given the other variables are held constant. The sign indicates whether the change in the predictor will increase (positive sign) or decrease (negative sign) the log odds. In this case, only the coefficients of child and time spent watching TV and sleeping are negative. The small coefficient of the latter two variables suggests a very small negative effect of these predictors on the log odds. The variables highlighted below in red indicate statistical insignificance of the corresponding coefficient terms.

**Table 21. Logistic model coefficient estimates**

<i>Analysis of Maximum Likelihood Estimates</i>						
<i>Parameter</i>		<i>DF</i>	<i>Estimate</i>	<i>Standard Error</i>	<i>Wald Chi-Square</i>	<i>Pr &gt; ChiSq</i>
<i>Intercept</i>		1	-1.7601	0.2132	68.1848	<.0001
<i>SEX</i>	<i>Male</i>	1	0.4151	0.0672	38.1780	<.0001
<i>AGE</i>	<i>15 to 18 years</i>	1	1.4579	0.1773	67.6083	<.0001
<b><i>AGE</i></b>	<b><i>20 to 24 years</i></b>	<b>1</b>	<b>0.1350</b>	<b>0.1782</b>	<b>0.5745</b>	<b>0.4485</b>
<b><i>AGE</i></b>	<b><i>35 to 59 years</i></b>	<b>1</b>	<b>0.0734</b>	<b>0.0977</b>	<b>0.5654</b>	<b>0.4521</b>
<b><i>AGE</i></b>	<b><i>60 years and over</i></b>	<b>1</b>	<b>0.2009</b>	<b>0.1234</b>	<b>2.6518</b>	<b>0.1034</b>
<i>CHILD</i>	<i>Child</i>	1	-0.1659	0.0776	4.5722	0.0325
<i>STATUS</i>	<i>Not in labor force</i>	1	0.3314	0.0880	14.1847	0.0002
<i>STATUS</i>	<i>Unemployed</i>	1	0.3761	0.1301	8.3551	0.0038
<i>DEGREE</i>	<i>Advanced degree</i>	1	0.8380	0.1469	32.5218	<.0001
<i>DEGREE</i>	<i>Bachelors degree</i>	1	0.7317	0.1352	29.2883	<.0001
<i>DEGREE</i>	<i>High School Diploma</i>	1	0.2655	0.1230	4.6609	0.0309
<i>TTV</i>		1	-0.00123	0.000240	26.0760	<.0001
<i>TSLEEP</i>		1	-0.00083	0.000270	9.4614	0.0021

Taking the exponential of the coefficients of the categorical variables leads to the odds ratio, which is a measure of the effect size indicating the strength of association between the binary values. The odds ratio is a ratio of probabilities, which implies how much more (or less) likely is the participation in sports is under different set of conditions. For example, the odds ratio for sex (Male vs Female) is 1.514, which means that males are more likely than females to participate of sports. Table 22 shows the odds ratio estimates along with the 95% confidence limits. The coefficients highlighted in red indicate insignificant effect since the confidence limits include the odds ratio of 1 (e.g. equally likely). The only odds ratio less than 1 is the child, which implies that participation in sports is likely if the person has a child (reference level is no child).

**Table 22. Odds Ratio Estimates and Wald Confidence Intervals**

<i>Label</i>	<i>Estimate</i>	<i>95% Confidence Limits</i>	
SEX Male vs Female	1.514	1.328	1.728
AGE 15 to 18 years vs 25 to 34 years	4.297	3.036	6.083
<b>AGE 20 to 24 years vs 25 to 34 years</b>	<b>1.145</b>	<b>0.807</b>	<b>1.623</b>
<b>AGE 35 to 59 years vs 25 to 34 years</b>	<b>1.076</b>	<b>0.889</b>	<b>1.303</b>
<b>AGE 60 years and over vs 25 to 34 years</b>	<b>1.223</b>	<b>0.960</b>	<b>1.557</b>
CHILD Child vs No Child	0.847	0.728	0.986
STATUS Not in labor force vs Employed	1.393	1.172	1.655
STATUS Unemployed vs Employed	1.457	1.129	1.880
DEGREE Advanced degree vs No High School Diploma	2.312	1.733	3.083
DEGREE Bachelors degree vs No High School Diploma	2.079	1.595	2.709
DEGREE High School Diploma vs No High School Diploma	1.304	1.025	1.660

The results of the logistic model make sense. Males, teens, and people with no children are more likely to participate in sports than females, adults, and people with children respectively. The analysis also suggests that being people that are unemployed or not in the labor force are more likely to participate compared to people that are employed. This also makes sense since people that are employed have less free time than people that are not currently working. An interesting result that is not intuitive is that the higher the educational attainment, the more likely the person is to engage in sports activities. A graphical representation of the odds ratio comparison all pairs of variables (not against the reference level) is shown in Figure 20.

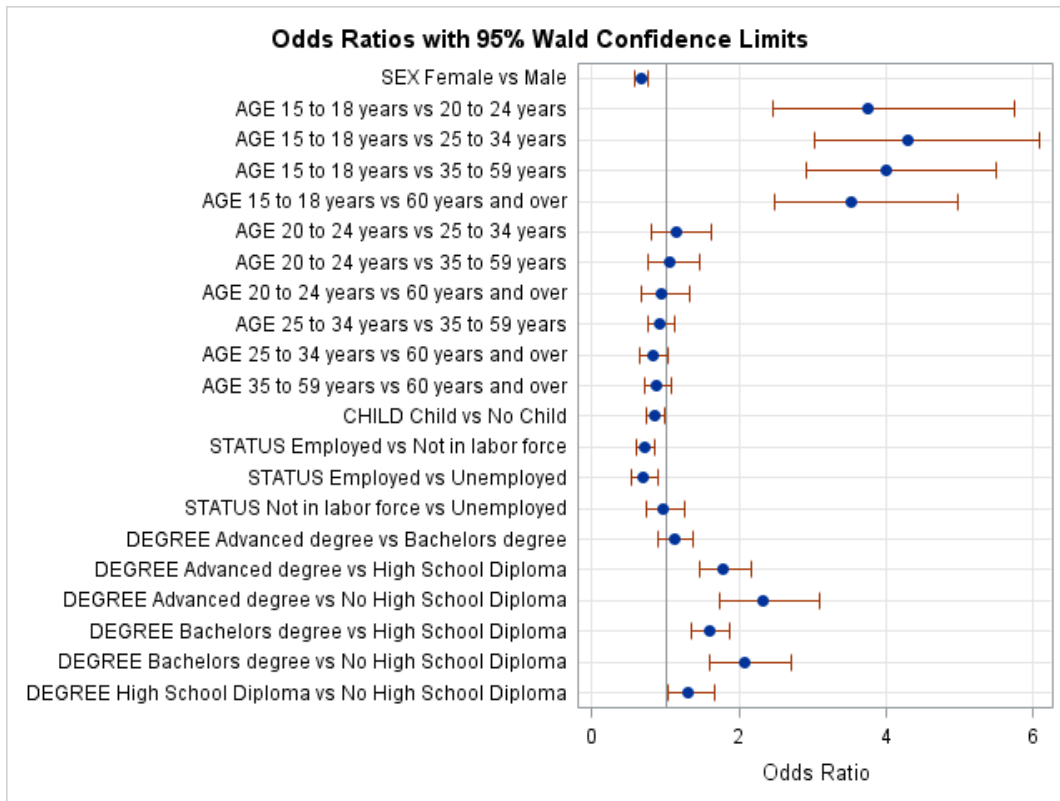


Figure 20. Odds Ratios for all pair of variables

The predicted probability for the participation in sports was plotted at specified levels of the categorical variables. The plots illustrate the conclusions discussed above, in which the probability decreases with increase watching TV and sleeping time. From Figure 21, it can be seen that the probability is higher for males and for people with no children.

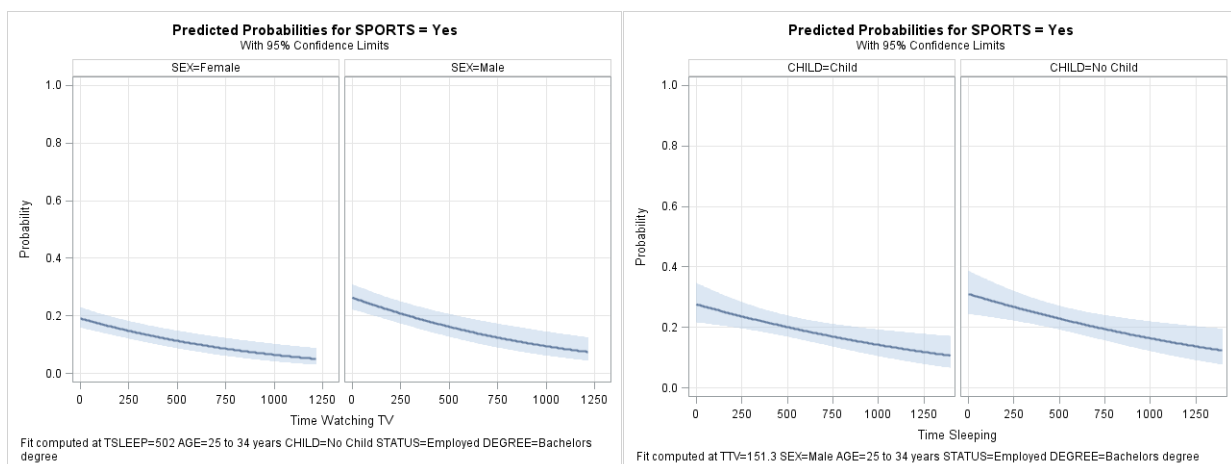


Figure 21. Predicted probabilities for levels of sex and child

The plots in Figure 22 indicate the same trend for time watching TV and sleeping holds. As expected from the previous analysis, it can be also seen that the teens, holders of advanced degrees and unemployed people have the highest probability in their corresponding groups.

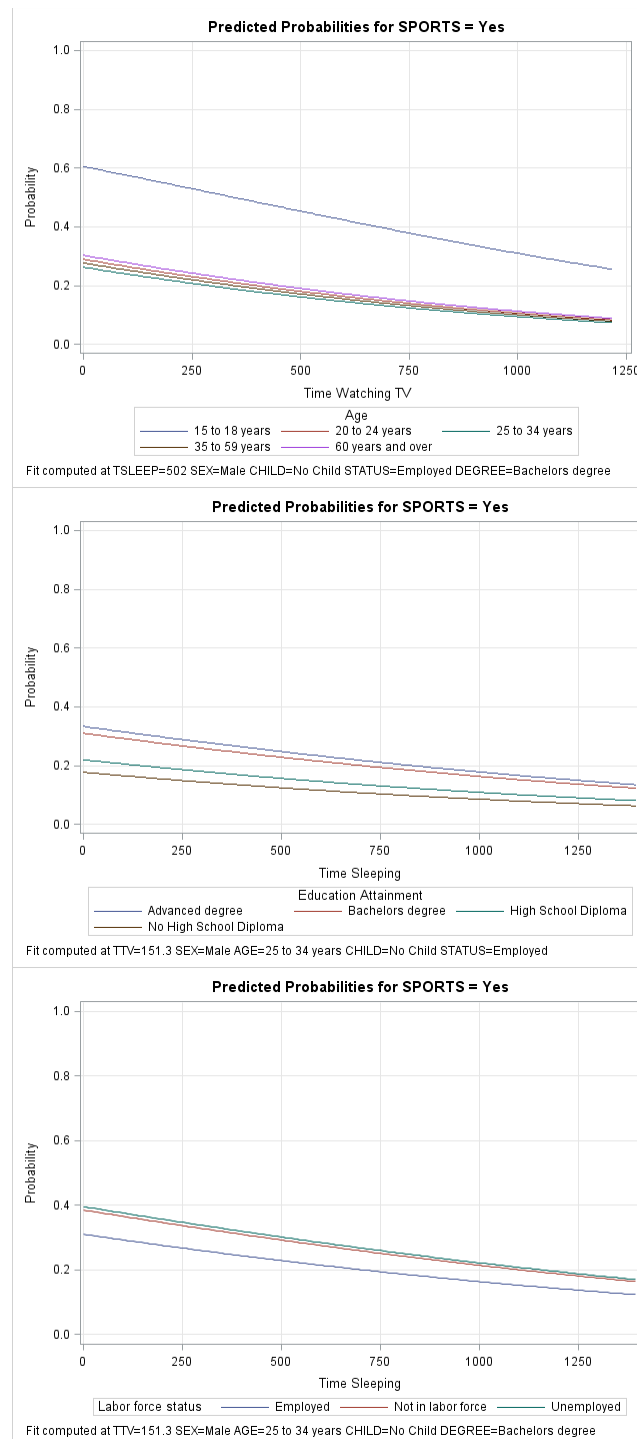


Figure 22. Predicted probability for levels of age, degree and labor force status

## 4. CONCLUSIONS

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### 4.1 Summary

The analysis techniques to answer the research questions included an exploratory, associative, inferential, and predictive analysis. The inferences and conclusions based on the analysis are discussed in detail the results section and the main highlights are summarized below.

The exploratory analysis studied the distribution of the time spent on sports by the different categorical variables and revealed possible differences in time spent on sports and number of participants among the different groups of the categorical variables. The associative analysis showed a statistical significant but very weak negative correlation between the sports time and other time activities. Similar results were obtained for the participation in sports and other demographic variables. The associative analysis also showed signification association between sports participation and demographic variables. The inferential analysis was also able to detect significant differences in the median time spent on sports among some groups of the demographic variables. The predictive analysis fitted the best model and determined factors that had a significant effect in the probability of participating in sports. The odds ratio provided a measure to compare different groups and their likelihood in engaging in sports.

The results revealed relationship among variables and showed that the participation in sports and time spent in sports differs among different groups of the population. Furthermore, the results of the predictive model determined significant factors and seemed to be consistent with common expectations. In conclusion, the analysis techniques conducted in this report were successful in addressing the research questions related to the participation in sports activities.

## 4.2 Future Work

Future work might involve considering possible interactions to improve the predictive power of the model. In addition, a test data set should be used to test the accuracy of the model. An interesting follow up might involve comparing models for the weekdays and weekends, or using the weekday model and predict the participation of sports during weekends. Other statistical methods that can be applied include clustering, principal component analysis or factor analysis to reduce dimension or determine underlying features of people that are more likely to participate in sports. Finally, it might also be interesting to see if the predictive model depends on the type of sport.



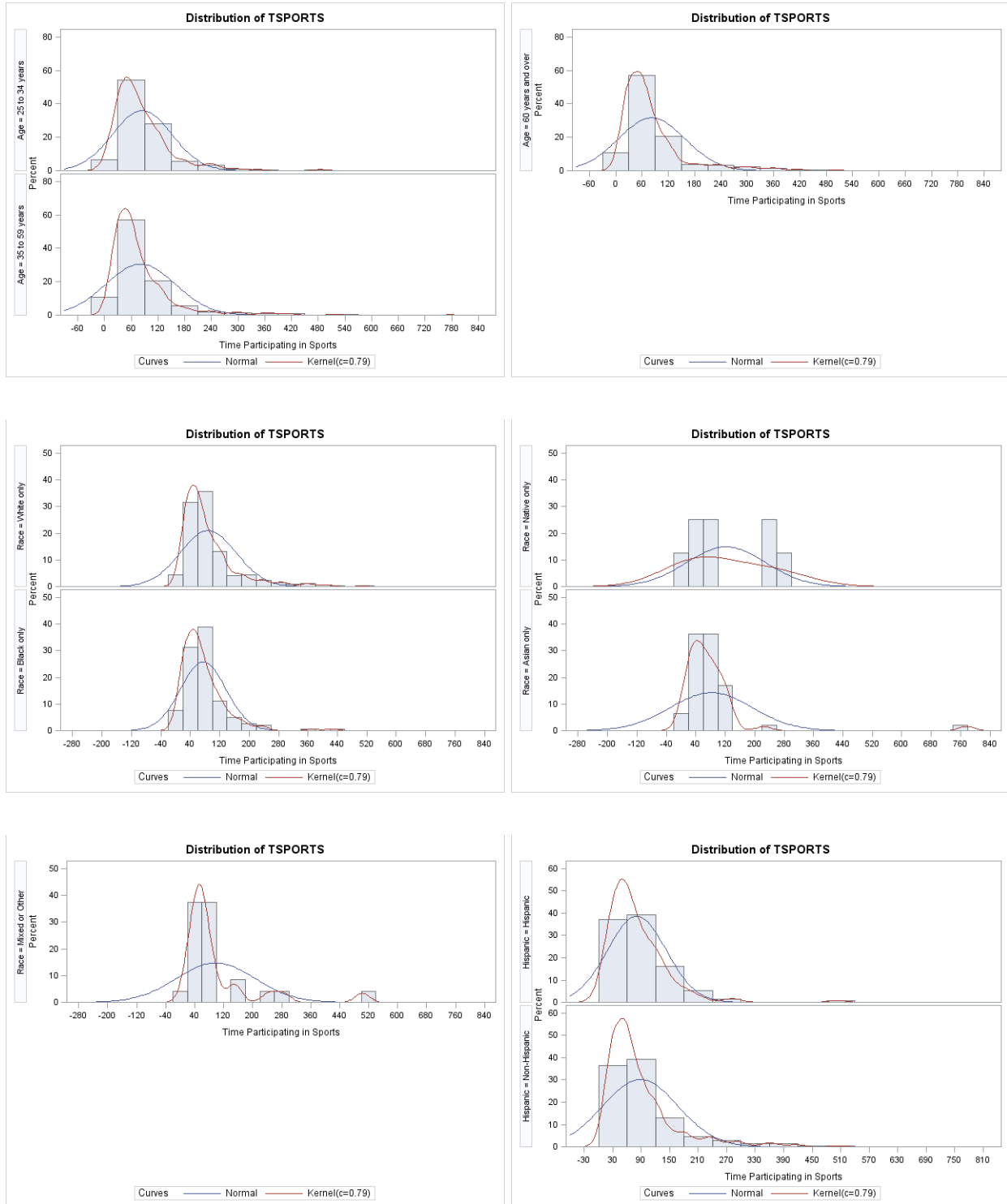
## REFERENCES

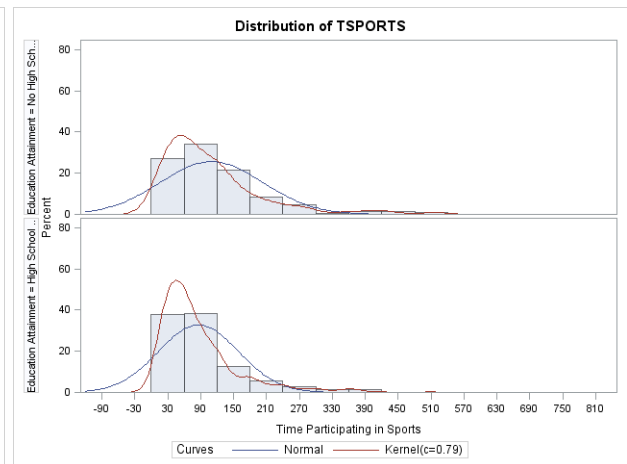
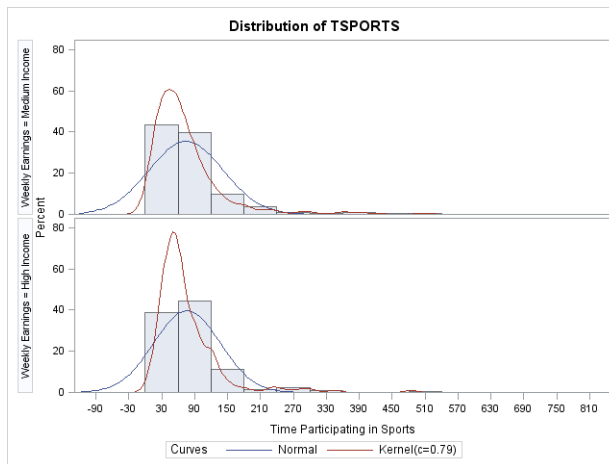
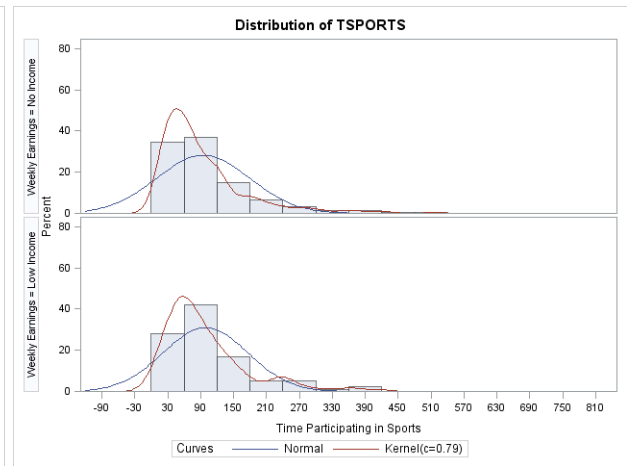
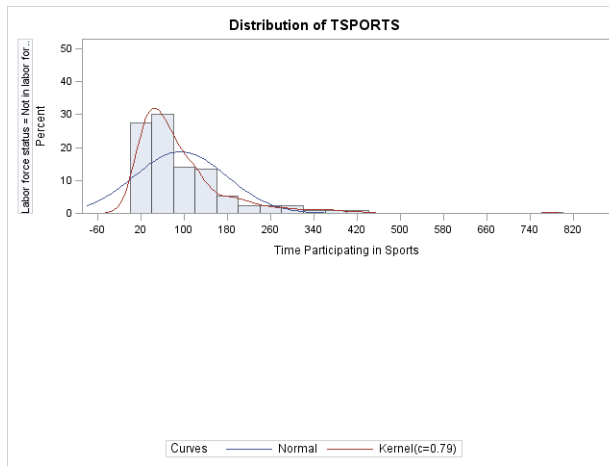
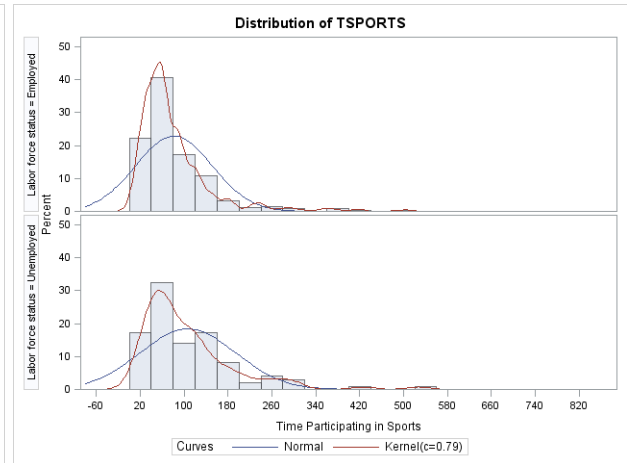
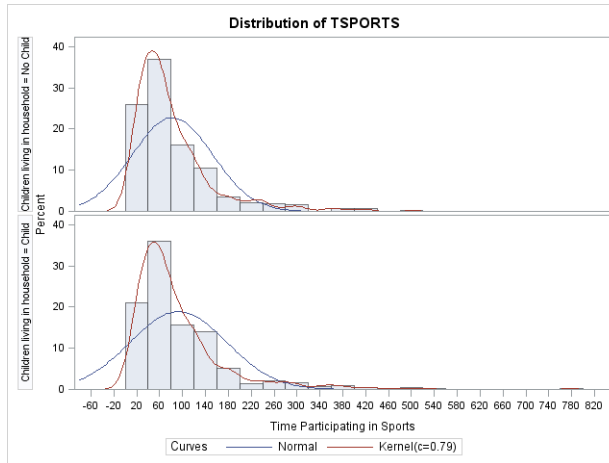
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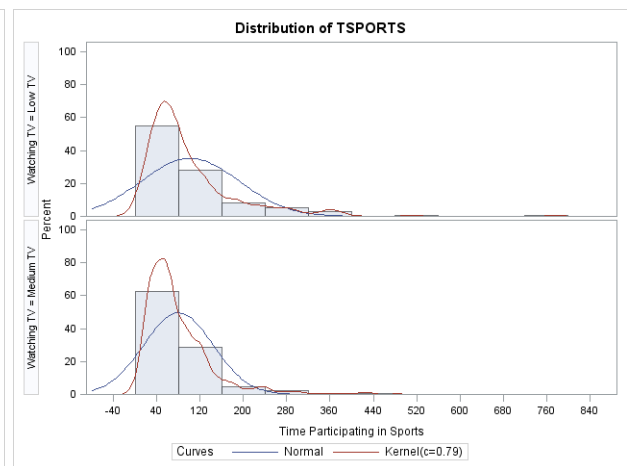
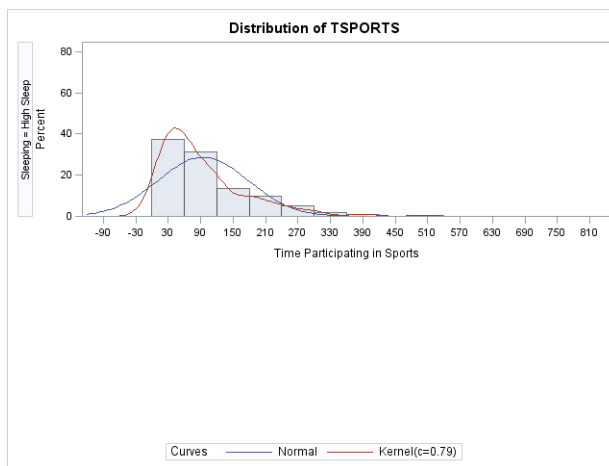
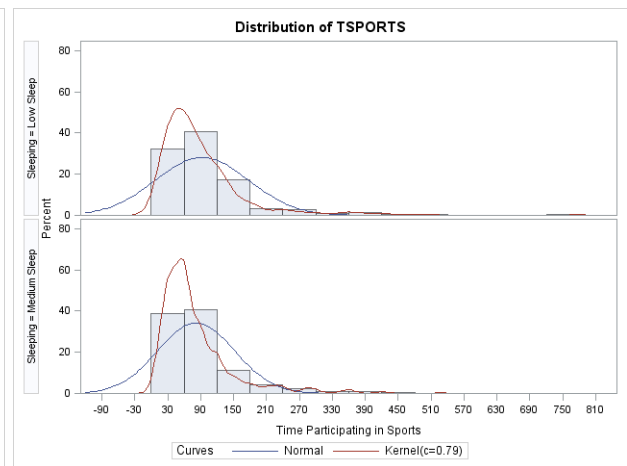
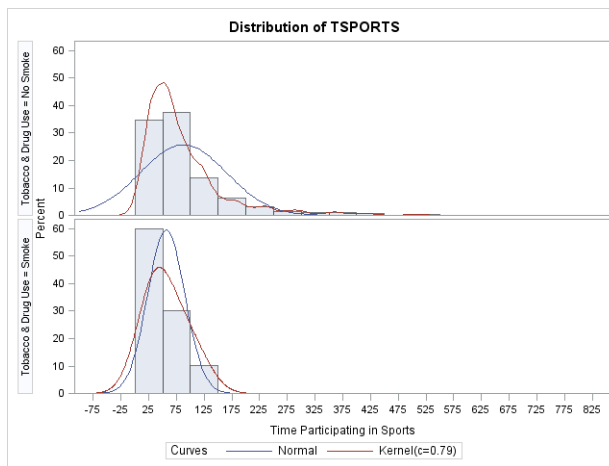
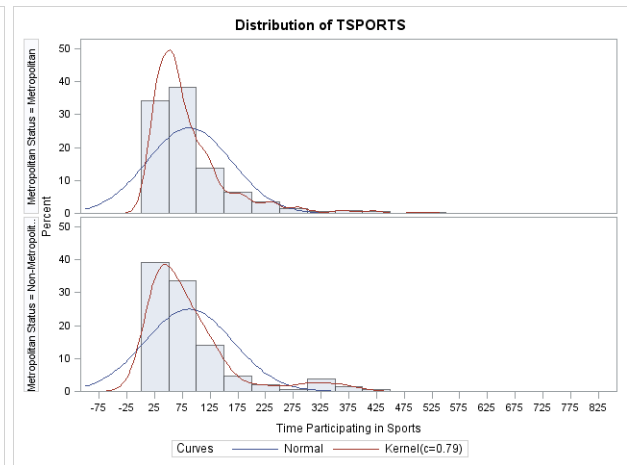
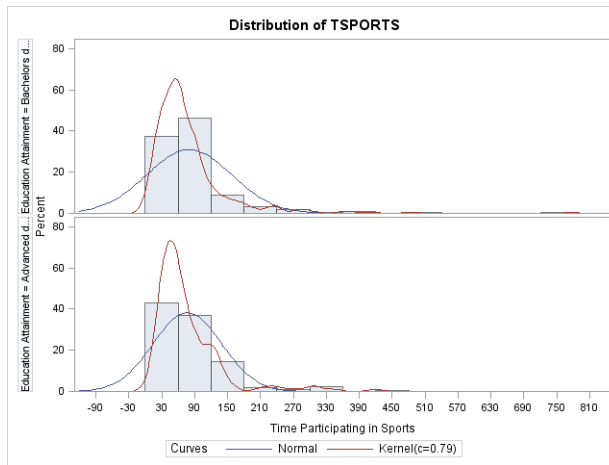
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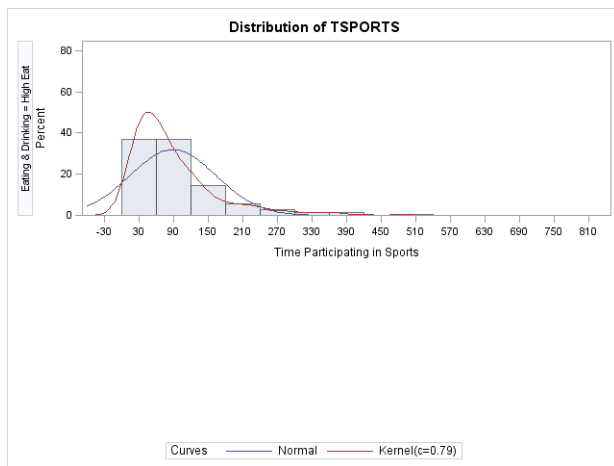
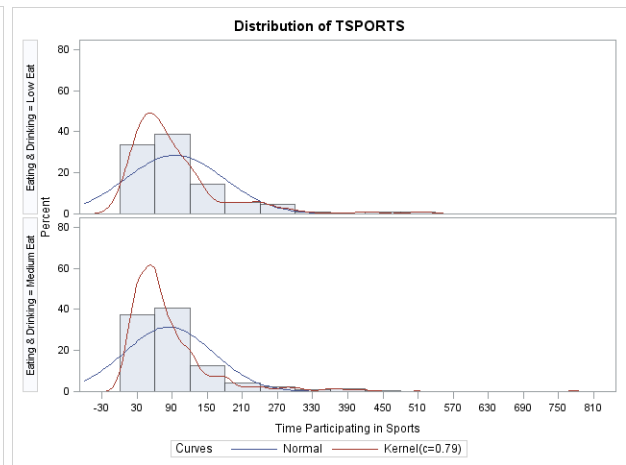
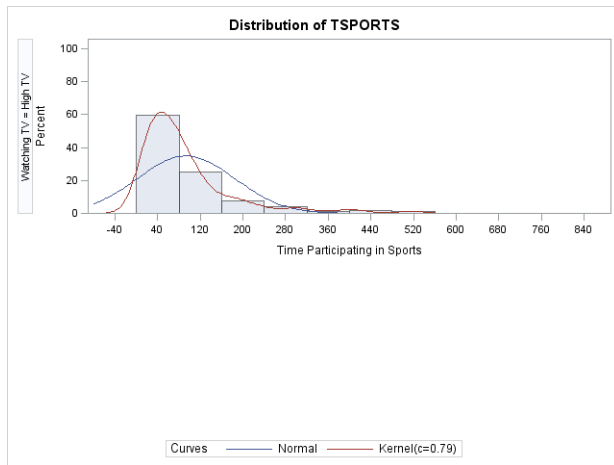
## APPENDIX

### A. Histograms of TSPORTS by categorical variable









## B. Chi-square tests for sports and categorical variables

<i>Table of SPORTS by AGE</i>						
<i>SPORTS(Participating in Sports)</i>	<i>AGE(Age)</i>					
<i>Frequency Col Pct</i>	<i>15 to 18 years</i>	<i>20 to 24 years</i>	<i>25 to 34 years</i>	<i>35 to 59 years</i>	<i>60 years and over</i>	<i>Total</i>
No	228 63.69	270 84.11	913 84.15	2542 82.96	1351 81.19	5304
Yes	130 36.31	51 15.89	172 15.85	522 17.04	313 18.81	1188
Total	358	321	1085	3064	1664	6492

<i>Statistic</i>	<i>DF</i>	<i>Value</i>	<i>Prob</i>
Chi-Square	4	86.8509	<.0001
Likelihood Ratio Chi-Square	4	74.0175	<.0001
Mantel-Haenszel Chi-Square	1	2.3954	0.1217
Phi Coefficient		0.1157	
Contingency Coefficient		0.1149	
Cramer's V		0.1157	

<i>Table of SPORTS by RACE</i>						
<i>SPORTS(Participating in Sports)</i>	<i>RACE(Race)</i>					
<i>Frequency Col Pct</i>	<i>White only</i>	<i>Black only</i>	<i>Native only</i>	<i>Asian only</i>	<i>Mixed or Other</i>	<i>Total</i>
No	4162 81.18	815 84.98	54 87.10	182 79.48	91 79.13	5304
Yes	965 18.82	144 15.02	8 12.90	47 20.52	24 20.87	1188
Total	5127	959	62	229	115	6492

<i>Statistic</i>	<i>DF</i>	<i>Value</i>	<i>Prob</i>
Chi-Square	4	10.3267	0.0353
Likelihood Ratio Chi-Square	4	10.7454	0.0296
Mantel-Haenszel Chi-Square	1	0.1890	0.6637
Phi Coefficient		0.0399	
Contingency Coefficient		0.0399	
Cramer's V		0.0399	

<i>Table of SPORTS by HISPANIC</i>			
<i>SPORTS(Participating in Sports)</i>	<i>HISPANIC(Hispanic)</i>		
<i>Frequency Col Pct</i>	<i>Hispanic</i>	<i>Non-Hispanic</i>	<i>Total</i>
No	764 83.77	4540 81.36	5304
Yes	148 16.23	1040 18.64	1188
Total	912	5580	6492

<i>Statistic</i>	<i>DF</i>	<i>Value</i>	<i>Prob</i>
<i>Chi-Square</i>	1	3.0450	0.0810
<i>Likelihood Ratio Chi-Square</i>	1	3.1246	0.0771
<i>Continuity Adj. Chi-Square</i>	1	2.8860	0.0894
<i>Mantel-Haenszel Chi-Square</i>	1	3.0446	0.0810
<i>Phi Coefficient</i>		0.0217	
<i>Contingency Coefficient</i>		0.0217	
<i>Cramer's V</i>		0.0217	

<i>Table of SPORTS by CHILD</i>			
<i>SPORTS(Participating in Sports)</i>	<i>CHILD(Children living in household)</i>		
<i>Frequency</i>	<i>No</i>	<i>Child</i>	<i>Total</i>
<i>Col Pct</i>	<i>Child</i>	<i>Child</i>	
<i>No</i>	2814	2490	5304
	81.42	82.02	
<i>Yes</i>	642	546	1188
	18.58	17.98	
<i>Total</i>	3456	3036	6492

<i>Statistic</i>	<i>DF</i>	<i>Value</i>	<i>Prob</i>
<i>Chi-Square</i>	1	0.3791	0.5381
<i>Likelihood Ratio Chi-Square</i>	1	0.3793	0.5380
<i>Continuity Adj. Chi-Square</i>	1	0.3405	0.5595
<i>Mantel-Haenszel Chi-Square</i>	1	0.3791	0.5381
<i>Phi Coefficient</i>		-0.0076	
<i>Contingency Coefficient</i>		0.0076	
<i>Cramer's V</i>		-0.0076	

<i>Table of SPORTS by STATUS</i>				
<i>SPORTS(Participating in Sports)</i>	<i>STATUS(Labor force status)</i>			
<i>Frequency</i>	<i>Not in labor force</i>			<i>Total</i>
<i>Col Pct</i>	<i>Employed</i>	<i>Unemployed</i>	<i>force</i>	
<i>No</i>	3257	353	1694	5304
	82.62	78.10	80.74	
<i>Yes</i>	685	99	404	1188
	17.38	21.90	19.26	
<i>Total</i>	3942	452	2098	6492

<i>Statistic</i>	<i>DF</i>	<i>Value</i>	<i>Prob</i>
<i>Chi-Square</i>	2	7.4540	0.0241
<i>Likelihood Ratio Chi-Square</i>	2	7.2860	0.0262
<i>Mantel-Haenszel Chi-Square</i>	1	3.8622	0.0494
<i>Phi Coefficient</i>		0.0339	
<i>Contingency Coefficient</i>		0.0339	
<i>Cramer's V</i>		0.0339	

Table of SPORTS by EARNINGS					
SPORTS(Participating in Sports) Frequency Col Pct	EARNINGS(Weekly Earnings)				Total
	No	Low	Medium	High	
	Income	Income	Income	Income	
No	2454	828	1402	620	5304
	80.78	85.89	83.30	76.83	
Yes	584	136	281	187	1188
	19.22	14.11	16.70	23.17	
Total	3038	964	1683	807	6492

Statistic	DF	Value	Prob
Chi-Square	3	28.7715	<.0001
Likelihood Ratio Chi-Square	3	28.8100	<.0001
Mantel-Haenszel Chi-Square	1	7.8671	0.0050
Phi Coefficient		0.0666	
Contingency Coefficient		0.0664	
Cramer's V		0.0666	

Table of SPORTS by DEGREE					
SPORTS(Participating in Sports) Frequency Col Pct	DEGREE(Education Attainment)				Total
	No High	High	Bachelors	Advanced	
	School	School	degree	degree	
No	853	2872	1025	554	5304
	80.55	84.82	78.01	75.58	
Yes	206	514	289	179	1188
	19.45	15.18	21.99	24.42	
Total	1059	3386	1314	733	6492

Statistic	DF	Value	Prob
Chi-Square	3	53.3411	<.0001
Likelihood Ratio Chi-Square	3	52.4778	<.0001
Mantel-Haenszel Chi-Square	1	6.4279	0.0112
Phi Coefficient		0.0906	
Contingency Coefficient		0.0903	
Cramer's V		0.0906	

Table of SPORTS by METRO			
SPORTS(Participating in Sports) Frequency Col Pct	METRO(Metropolitan Status)		Total
	Metropolitan	Non-Metropolitan	
No	4358	946	5304
	81.32	83.50	
Yes	1001	187	1188
	18.68	16.50	
Total	5359	1133	6492

Statistic	DF	Value	Prob
Chi-Square	1	2.9566	0.0855
Likelihood Ratio Chi-Square	1	3.0192	0.0823
Continuity Adj. Chi-Square	1	2.8130	0.0935
Mantel-Haenszel Chi-Square	1	2.9561	0.0856
Phi Coefficient		-0.0213	



<i>Statistic</i>	<i>DF</i>	<i>Value</i>	<i>Prob</i>
Contingency Coefficient		0.0213	
Cramer's V		-0.0213	

<i>Table of SPORTS by SMOKE</i>			
<i>SPORTS(Participating in Sports)</i>	<i>SMOKE(Tobacco &amp; Drug Use)</i>		
<i>Frequency</i>	<i>No</i>	<i>Smoke</i>	<i>Total</i>
<i>Col Pct</i>	<i>Smoke</i>	<i>Smoke</i>	
No	5207	97	5304
	81.55	90.65	
Yes	1178	10	1188
	18.45	9.35	
Total	6385	107	6492

<i>Statistic</i>	<i>DF</i>	<i>Value</i>	<i>Prob</i>
Chi-Square	1	5.8336	0.0157
Likelihood Ratio Chi-Square	1	6.8314	0.0090
Continuity Adj. Chi-Square	1	5.2406	0.0221
Mantel-Haenszel Chi-Square	1	5.8327	0.0157
Phi Coefficient		-0.0300	
Contingency Coefficient		0.0300	
Cramer's V		-0.0300	

<i>Table of SPORTS by SLEEP</i>				
<i>SPORTS(Participating in Sports)</i>	<i>SLEEP(Sleeping)</i>			
<i>Frequency</i>	<i>Low</i>	<i>Medium</i>	<i>High</i>	<i>Total</i>
<i>Col Pct</i>	<i>Sleep</i>	<i>Sleep</i>	<i>Sleep</i>	
No	1597	2646	1061	5304
	81.02	80.67	85.50	
Yes	374	634	180	1188
	18.98	19.33	14.50	
Total	1971	3280	1241	6492

<i>Statistic</i>	<i>DF</i>	<i>Value</i>	<i>Prob</i>
Chi-Square	2	14.8832	0.0006
Likelihood Ratio Chi-Square	2	15.5669	0.0004
Mantel-Haenszel Chi-Square	1	3.2448	0.0717
Phi Coefficient		0.0479	
Contingency Coefficient		0.0478	
Cramer's V		0.0479	

<i>Table of SPORTS by TV</i>				
<i>SPORTS(Participating in Sports)</i>	<i>TV(Watching TV)</i>			
<i>Frequency</i>	<i>Low</i>	<i>Medium</i>	<i>High</i>	<i>Total</i>
<i>Col Pct</i>	<i>TV</i>	<i>TV</i>	<i>TV</i>	
No	1259	2911	1134	5304
	80.34	80.86	85.58	
Yes	308	689	191	1188
	19.66	19.14	14.42	
Total	1567	3600	1325	6492

<i>Statistic</i>	<i>DF</i>	<i>Value</i>	<i>Prob</i>
<i>Chi-Square</i>	2	16.9956	0.0002
<i>Likelihood Ratio Chi-Square</i>	2	17.7698	0.0001
<i>Mantel-Haenszel Chi-Square</i>	1	16.9796	<.0001
<i>Phi Coefficient</i>		0.0512	
<i>Contingency Coefficient</i>		0.0511	
<i>Cramer's V</i>		0.0512	

<i>Table of SPORTS by EAT</i>				
<i>SPORTS(Participating in Sports)</i>	<i>EAT(Eating &amp; Drinking)</i>			
<i>Frequency</i>	<i>Low</i>	<i>Medium</i>	<i>High</i>	
<i>Col Pct</i>	<i>Eat</i>	<i>Eat</i>	<i>Eat</i>	<i>Total</i>
<i>No</i>	1110	2894	1300	5304
	84.15	81.43	80.30	
<i>Yes</i>	209	660	319	1188
	15.85	18.57	19.70	
<i>Total</i>	1319	3554	1619	6492

<i>Statistic</i>	<i>DF</i>	<i>Value</i>	<i>Prob</i>
<i>Chi-Square</i>	2	7.6230	0.0221
<i>Likelihood Ratio Chi-Square</i>	2	7.7803	0.0204
<i>Mantel-Haenszel Chi-Square</i>	1	5.6053	0.0179
<i>Phi Coefficient</i>		0.0343	
<i>Contingency Coefficient</i>		0.0342	
<i>Cramer's V</i>		0.0343	

### C. Kruskal-Wallis Test for TSPORTS and categorical variables

Order: Age, Race, Hispanic, Child, Status, Earnings, Degree, Metro, Smoke, Sleep, TV

<i>Kruskal-Wallis Test</i>	
Chi-Square	57.1979
DF	4
Pr > Chi-Square	<.0001

<i>Kruskal-Wallis Test</i>	
Chi-Square	5.3528
DF	4
Pr > Chi-Square	0.2530

<i>Kruskal-Wallis Test</i>	
Chi-Square	0.0140
DF	1
Pr > Chi-Square	0.9058

<i>Kruskal-Wallis Test</i>	
Chi-Square	4.6337
DF	1
Pr > Chi-Square	0.0313

<i>Kruskal-Wallis Test</i>	
Chi-Square	11.2779
DF	2
Pr > Chi-Square	0.0036

<i>Kruskal-Wallis Test</i>	
Chi-Square	21.5592
DF	3
Pr > Chi-Square	<.0001

<i>Kruskal-Wallis Test</i>	
Chi-Square	20.5559
DF	3
Pr > Chi-Square	0.0001

<i>Kruskal-Wallis Test</i>	
Chi-Square	0.9693
DF	1
Pr > Chi-Square	0.3248

<i>Kruskal-Wallis Test</i>	
Chi-Square	1.7498
DF	1
Pr > Chi-Square	0.1859

<i>Kruskal-Wallis Test</i>	
Chi-Square	5.5300
DF	2
Pr > Chi-Square	0.0630

<i>Kruskal-Wallis Test</i>	
Chi-Square	13.2072
DF	2
Pr > Chi-Square	0.0014

<i>Kruskal-Wallis Test</i>	
Chi-Square	3.4064
DF	2
Pr > Chi-Square	0.1821

## D. Logistic Regression Stepwise

Model Information		
Data Set	WORK.ATUSCAT	
Response Variable	SPORTS	Participating in Sports
Number of Response Levels	2	
Model	binary logit	
Optimization Technique	Fisher's scoring	

Number of Observations Read	6492
Number of Observations Used	6492

Response Profile		
Ordered Value	SPORTS	Total Frequency
1	Yes	1188
2	No	5304

**Probability modeled is SPORTS='Yes'.**

### Stepwise Selection Procedure

Class Level Information		
Class	Value	Design Variables
SEX	Female	0
	Male	1
AGE	15 to 18 years	1 0 0 0
	20 to 24 years	0 1 0 0
	25 to 34 years	0 0 0 0
	35 to 59 years	0 0 1 0
	60 years and over	0 0 0 1
RACE	Asian only	1 0 0 0
	Black only	0 1 0 0
	Mixed or Other	0 0 1 0
	Native only	0 0 0 1
	White only	0 0 0 0
HISPANIC	Hispanic	1
	Non-Hispanic	0
CHILD	Child	1
	No Child	0
STATUS	Employed	0 0
	Not in labor force	1 0
	Unemployed	0 1
EARNINGS	High Income	1 0 0
	Low Income	0 0 0
	Medium Income	0 1 0
	No Income	0 0 1

Class Level Information				
Class	Value	Design Variables		
DEGREE	Advanced degree	1	0	0
	Bachelors degree	0	1	0
	High School Diploma	0	0	1
	No High School Diploma	0	0	0
METRO	Metropolitan	1		
	Non-Metropolitan	0		
SMOKE	No Smoke	0		
	Smoke	1		

**Step 0. Intercept entered:**

Model Convergence Status			
Convergence criterion (GCONV=1E-8) satisfied.			

$$-2 \text{ Log } L = 6179.136$$

Residual Chi-Square Test			
Chi-Square	DF	Pr > ChiSq	
252.5388	25	<.0001	

**Step 1. Effect AGE entered:**

Model Convergence Status			
Convergence criterion (GCONV=1E-8) satisfied.			

Model Fit Statistics		
Criterion	Intercept Only	Intercept and Covariates
AIC	6181.136	6115.118
SC	6187.914	6149.010
-2 Log L	6179.136	6105.118

Testing Global Null Hypothesis: BETA=0			
Test	Chi-Square	DF	Pr > ChiSq
Likelihood Ratio	74.0175	4	<.0001
Score	86.8509	4	<.0001
Wald	81.1549	4	<.0001

Residual Chi-Square Test			
Chi-Square	DF	Pr > ChiSq	
169.8726	21	<.0001	

**Note:** No effects for the model in Step 1 are removed.

**Step 2. Effect DEGREE entered:**

Model Convergence Status	
Convergence criterion (GCONV=1E-8) satisfied.	

Model Fit Statistics		
Criterion	Intercept Only	Intercept and Covariates
AIC	6181.136	6043.900
SC	6187.914	6098.127
-2 Log L	6179.136	6027.900

Testing Global Null Hypothesis: BETA=0			
Test	Chi-Square	DF	Pr > ChiSq
Likelihood Ratio	151.2358	7	<.0001
Score	162.1985	7	<.0001
Wald	154.0215	7	<.0001

Residual Chi-Square Test		
Chi-Square	DF	Pr > ChiSq
93.4175	18	<.0001

**Note:** No effects for the model in Step 2 are removed.

**Step 3. Effect SEX entered:**

Model Convergence Status	
Convergence criterion (GCONV=1E-8) satisfied.	

Model Fit Statistics		
Criterion	Intercept Only	Intercept and Covariates
AIC	6181.136	6013.096
SC	6187.914	6074.101
-2 Log L	6179.136	5995.096

Testing Global Null Hypothesis: BETA=0			
Test	Chi-Square	DF	Pr > ChiSq
Likelihood Ratio	184.0395	8	<.0001
Score	194.6546	8	<.0001
Wald	184.3872	8	<.0001

Residual Chi-Square Test		
Chi-Square	DF	Pr > ChiSq
60.5262	17	<.0001

**Note:** No effects for the model in Step 3 are removed.

**Step 4. Effect TTV entered:**

<i>Model Convergence Status</i>	
Convergence criterion (GCONV=1E-8) satisfied.	

<i>Model Fit Statistics</i>		
	<i>Intercept Only</i>	<i>Intercept and Covariates</i>
AIC	6181.136	5995.222
SC	6187.914	6063.005
-2 Log L	6179.136	5975.222

<i>Testing Global Null Hypothesis: BETA=0</i>			
<i>Test</i>	<i>Chi-Square</i>	<i>DF</i>	<i>Pr &gt; ChiSq</i>
Likelihood Ratio	203.9144	9	<.0001
Score	212.9865	9	<.0001
Wald	201.2523	9	<.0001

<i>Residual Chi-Square Test</i>		
<i>Chi-Square</i>	<i>DF</i>	<i>Pr &gt; ChiSq</i>
41.6771	16	0.0004

**Note:** No effects for the model in Step 4 are removed.

**Step 5. Effect STATUS entered:**

<i>Model Convergence Status</i>	
Convergence criterion (GCONV=1E-8) satisfied.	

<i>Model Fit Statistics</i>		
	<i>Intercept Only</i>	<i>Intercept and Covariates</i>
AIC	6181.136	5985.708
SC	6187.914	6067.048
-2 Log L	6179.136	5961.708

<i>Testing Global Null Hypothesis: BETA=0</i>			
<i>Test</i>	<i>Chi-Square</i>	<i>DF</i>	<i>Pr &gt; ChiSq</i>
Likelihood Ratio	217.4283	11	<.0001
Score	226.2065	11	<.0001
Wald	213.2254	11	<.0001

<i>Residual Chi-Square Test</i>		
<i>Chi-Square</i>	<i>DF</i>	<i>Pr &gt; ChiSq</i>
28.3661	14	0.0127

**Note:** No effects for the model in Step 5 are removed.

**Step 6. Effect TSLEEP entered:**

<i>Model Convergence Status</i>	
Convergence criterion (GCONV=1E-8) satisfied.	

<i>Model Fit Statistics</i>		
	<i>Intercept Only</i>	<i>Intercept and Covariates</i>
<i>AIC</i>	6181.136	5978.638
<i>SC</i>	6187.914	6066.756
<i>-2 Log L</i>	6179.136	5952.638

<i>Testing Global Null Hypothesis: BETA=0</i>			
<i>Test</i>	<i>Chi-Square</i>	<i>DF</i>	<i>Pr &gt; ChiSq</i>
<i>Likelihood Ratio</i>	226.4982	12	<.0001
<i>Score</i>	235.1340	12	<.0001
<i>Wald</i>	221.3069	12	<.0001

<i>Residual Chi-Square Test</i>		
<i>Chi-Square</i>	<i>DF</i>	<i>Pr &gt; ChiSq</i>
19.4464	13	0.1099

**Note:** No effects for the model in Step 6 are removed.

**Step 7. Effect CHILD entered:**

<i>Model Convergence Status</i>	
Convergence criterion (GCONV=1E-8) satisfied.	

<i>Model Fit Statistics</i>		
	<i>Intercept Only</i>	<i>Intercept and Covariates</i>
<i>AIC</i>	6181.136	5976.069
<i>SC</i>	6187.914	6070.965
<i>-2 Log L</i>	6179.136	5948.069



Testing Global Null Hypothesis: $BETA=0$			
Test	Chi-Square	DF	Pr > ChiSq
Likelihood Ratio	231.0671	13	<.0001
Score	239.5551	13	<.0001
Wald	225.3341	13	<.0001

Residual Chi-Square Test		
Chi-Square	DF	Pr > ChiSq
14.7921	12	0.2530

**Note:** No effects for the model in Step 7 are removed.

**Note:** No (additional) effects met the 0.05 significance level for entry into the model.

Summary of Stepwise Selection								
	Effect			Number	Score	Wald		Variable
Step	Entered	Removed	DF	In	Chi-Square	Chi-Square	Pr > ChiSq	Label
1	AGE		4	1	86.8509		<.0001	Age
2	DEGREE		3	2	78.7494		<.0001	Education Attainment
3	SEX		1	3	32.9711		<.0001	Sex
4	TTV		1	4	18.9077		<.0001	Time Watching TV
5	STATUS		2	5	13.6808		0.0011	Labor force status
6	TSLEEP		1	6	8.9586		0.0028	Time Sleeping
7	CHILD		1	7	4.5772		0.0324	Children living in household

Type 3 Analysis of Effects			
Effect	DF	Chi-Square	Pr > ChiSq
SEX	1	38.1780	<.0001
AGE	4	76.4926	<.0001
CHILD	1	4.5722	0.0325
STATUS	2	18.0390	0.0001
DEGREE	3	61.3474	<.0001
TTV	1	26.0760	<.0001
TSLEEP	1	9.4614	0.0021

Analysis of Maximum Likelihood Estimates						
Parameter		DF	Estimate	Standard Error	Wald Chi-Square	Pr > ChiSq
Intercept		1	-1.7601	0.2132	68.1848	<.0001
SEX	Male	1	0.4151	0.0672	38.1780	<.0001
AGE	15 to 18 years	1	1.4579	0.1773	67.6083	<.0001
AGE	20 to 24 years	1	0.1350	0.1782	0.5745	0.4485
AGE	35 to 59 years	1	0.0734	0.0977	0.5654	0.4521
AGE	60 years and over	1	0.2009	0.1234	2.6518	0.1034
CHILD	Child	1	-0.1659	0.0776	4.5722	0.0325
STATUS	Not in labor force	1	0.3314	0.0880	14.1847	0.0002
STATUS	Unemployed	1	0.3761	0.1301	8.3551	0.0038
DEGREE	Advanced degree	1	0.8380	0.1469	32.5218	<.0001
DEGREE	Bachelors degree	1	0.7317	0.1352	29.2883	<.0001
DEGREE	High School Diploma	1	0.2655	0.1230	4.6609	0.0309
TTV		1	-0.00123	0.000240	26.0760	<.0001
TSLEEP		1	-0.00083	0.000270	9.4614	0.0021

<i>Association of Predicted Probabilities and Observed Responses</i>			
<i>Percent Concordant</i>	63.3	<i>Somers' D</i>	0.265
<i>Percent Discordant</i>	36.7	<i>Gamma</i>	0.265
<i>Percent Tied</i>	0.0	<i>Tau-a</i>	0.079
<i>Pairs</i>	6301152	<i>c</i>	0.633

<i>Odds Ratio Estimates and Wald Confidence Intervals</i>			
<i>Label</i>	<i>Estimate</i>	<i>95% Confidence Limits</i>	
SEX Male vs Female	1.514	1.328	1.728
AGE 15 to 18 years vs 25 to 34 years	4.297	3.036	6.083
AGE 20 to 24 years vs 25 to 34 years	1.145	0.807	1.623
AGE 35 to 59 years vs 25 to 34 years	1.076	0.889	1.303
AGE 60 years and over vs 25 to 34 years	1.223	0.960	1.557
CHILD Child vs No Child	0.847	0.728	0.986
STATUS Not in labor force vs Employed	1.393	1.172	1.655
STATUS Unemployed vs Employed	1.457	1.129	1.880
DEGREE Advanced degree vs No High School Diploma	2.312	1.733	3.083
DEGREE Bachelors degree vs No High School Diploma	2.079	1.595	2.709
DEGREE High School Diploma vs No High School Diploma	1.304	1.025	1.660