SEEMA MANISH 

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PERSONAL SUMMARY

Passionate and dedicated registered nurse with 16 years of experience in providing compassionate care in various healthcare settings. Skilled in clinical assessments, patient education, and care planning. Known for maintaining high standards of patient care and fostering positive relationships with patients and multidisciplinary teams. Committed to ongoing professional development and staying abreast of the latest medical advancements. Seeking to leverage my expertise and empathy to contribute to Mammen Memorial Hospital's mission of delivering exceptional patient care and outcomes*.*

KEY SKILLS AND ACHIEVEMENTS

* Proficient in clinical assessments, treatment planning, and medication administration, ensuring accurate and timely patient care.
* Skilled in utilizing evidence-based practices to optimize patient outcomes and promote a culture of safety.
* Recognized for exceptional communication skills, fostering trust and collaboration among patients, families, and healthcare teams.
* Proven track record of effectively managing complex patient cases and emergencies, maintaining composure and efficiency under pressure.
* Committed to continuous learning and professional development, actively seeking opportunities to enhance clinical skills and knowledge.

EMPLOYMENT HISTORY AND EXPERIENCE

**Registered Nurse**  | **Operation Teater and ED** 10/11/2022 – Till the Date

**Mammen Memorial Hospital, Chengannur**

# Proficient in preoperative, intraoperative, and postoperative patient care, ensuring optimal outcomes in the surgical setting.

# Skilled in preparing operating rooms, surgical instruments, and equipment for various procedures, maintaining strict adherence to sterile techniques and infection control protocols.

* Adaptable and versatile, with the ability to seamlessly transition to the Emergency Department during periods of low surgical volume, effectively utilizing critical care skills to manage emergent cases.
* Proven track record of maintaining composure and professionalism in high-pressure situations, collaborating effectively with interdisciplinary teams to deliver comprehensive care to patients in both the operation theatre and emergency department environments.

**Career break 2020 – 2021**

* Took a career break to prioritize maternity and childcare responsibilities, fostering a nurturing environment for family development during that time.

**Registered Nurse**  | **Operation Teater and ED** 15/11/2015 – 31/03/2019

**Mammen Memorial Hospital, Chengannur**

* + Extensive experience in perioperative nursing, with a focus on delivering high-quality patient care before, during, and after surgical procedures in the operation theatre.
  + Adaptable and versatile, with the ability to seamlessly transition to the Emergency Department during periods of low surgical volume, effectively utilizing critical care skills to manage emergent cases.
  + Skilled in assessing, prioritizing, and managing a wide range of medical emergencies in the Emergency Department setting, ensuring timely interventions and optimal patient outcomes.

Proven track record of maintaining composure and professionalism in high-pressure situations, collaborating effectively with interdisciplinary teams to deliver comprehensive care to patients in both the operation theatre and emergency department environments

**Career break 2011 – 2014**

* Took a career break to prioritize maternity and childcare responsibilities, fostering a nurturing environment for family development during that time.

**Senior Staff Nurse**  | **Obstetrics & Gynae Ward** 11/11/2008 – 23/05/2010

**Columbia Asia Hospital, Gurgaon**

* + Proficient in providing comprehensive care to obstetric and gynaecological patients, demonstrating expertise in antepartum, intrapartum, and postpartum nursing practices.
  + Skilled in conducting assessments, monitoring fatal and maternal well-being, and assisting in labour and delivery procedures, ensuring the safety and comfort of both mother and baby.

EDUCATION AND QUALIFICATIONS

General Nursing And Midwifery Kerala Nurses And Midwives Council 07/2002

Pre-Degree Examination Mahatma Gandhi University 05/1998

SSLC Kerala State Public Examination 05/1996

ABOUT ME / ADDITIONAL INFORMATION

In my spare time, I find joy in the simple yet rewarding act of cultivating household vegetables, experimenting with new recipes in the kitchen to satisfy my inner foodie, and I cherish the opportunity to engage with my children, offering guidance and support in their studies.

REFERENCES

Sr. Mollykutty

Nursing Superintend Mammen Memorial Hospital

PH: 9426083525

Sr. Ann Felix

Principal, Marian Medical Centre, Pala

PH: 04822-201519