

# Perplexity Memory: Personalization Without Repeating Yourself

One friction point in everyday AI use is surprisingly basic: repeating yourself. You explain your preferences, your ongoing project, your constraints—then a week later you’re back at zero because the context window is gone. Perplexity’s “AI assistants with memory” is a direct attempt to fix that by making context persistent across conversations.

## What “memory” changes in practice

The interesting part isn’t just that the assistant can remember details—it’s that the system can preload relevant context so you don’t keep paying the “re-explain tax” every time you open a new thread. In theory that means preferences like dietary needs, favorite brands, or recurring topics become part of your default working setup, not something you restate manually.

Perplexity positions this differently from “training on your chats”: rather than treating your history as generic training data, it retrieves specific, relevant items from your memory store to answer the question you’re asking now. That’s a subtle but important distinction, because it makes memory feel like a user-controlled context layer rather than an opaque model update.

## Privacy and control

A memory feature only works if it’s controllable. Perplexity emphasizes that memory can be turned off, and that memory and search history are automatically disabled in incognito mode (and prompts in incognito aren’t retained for memory). Data is encrypted, and there’s also an option to opt out of contributing to model improvement via data retention settings.

## Context portability across models

Another underrated benefit is “context portability”: being able to switch between different models without losing the personalization you’ve built up. That matters because model choice is increasingly task-dependent—sometimes a fast model is enough, sometimes a reasoning model is better, and sometimes a specialized model wins—yet the context you’ve accumulated shouldn’t reset each time you change engines.

If this works well, it pushes assistants closer to something people actually want: not a single brilliant conversation, but a long-running relationship with your projects, preferences, and working style—without forcing you to trade away privacy to get it.

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