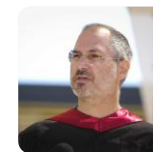




## Chapter 1 Lesson 1

# Speech at Stanford University

-Steve Jobs



### Content:







- Fill in the Blanks 6'
- Retell 7'
- Imitation 5'
- Language Points 4'

### Teaching and Learning Goals:

- listen to the material for 2 times
- retell the speech
- imitate the intonation (语调)
- get the main idea



Scan the questions first. Then listen to the audio and fill in the blanks below.

- 
1. If you live each day as if it was your last, someday you'll most \_\_\_\_\_ be right. 
2. And whenever the answer has been "No" for too many days \_\_\_\_\_, I know I need to change something. 
3. Remembering that I'll be dead soon is the most important tool I've ever \_\_\_\_\_ to help me make the big choices in life. 
4. ...all external expectations, all \_\_\_\_\_, all fear of embarrassment or failure... 
5. You are already \_\_\_\_\_. There is no reason not to follow your heart. 

1'08"

Tutor: Please let the student scan the questions and do the exercises. Listen to it again if the student cannot get the answer for the first time. The keys are on the next page.



Check your answers.

1. **certainly**
2. **in a row**
3. **encountered**
4. **pride**
5. **naked**

Tutor: Please check the answers with the student.





Fill in the Blanks  
6 mins

**Retell**  
**7 mins**

Imitation  
5 mins

Language Points  
4 mins

After class

Listen to the audio again, make notes,  
and retell the speech in your own words.

### Part 1

Why do I know I need to  
change something?

Hints:

a quote  
looked in a mirror  
the last day/want to do/No



### Part 2

What is the tool that helps  
me to make big choices?

I'll be dead soon  
everything/fall away/  
truly important  
something to lose/follow heart



Tutor: Please let the student retell twice (retell – feedback – retell), and correct his/her mistakes.



Listen and read each sentence, imitating the intonation.

1. And whenever the answer has been “No” for too many days in a row...  
And **when****'never** the **answe ras** been **'“No”** for too many days **i na** **'row...**
2. ...all external expectations, all pride, all fear of embarrassment or failure...  
...all ex**'**ternal expectations, all **'pride**, all **'fearo** em**'**barrassment **o****'failure**...
3. Remembering that you are going to die is the best way I know...  
Remembering **tha you're** going to **'die** is the **bes** way I **'know...**

Tutor: Please help the student to imitate the speech with appropriate intonation.



Learn the words and expressions.

- Remembering that I'll be dead soon is the most important tool I've ever **encountered** to help me make the big choices in life.
- ...almost everything — all external expectations, all pride, all fear of embarrassment or failure — **fall away** in the face of death...
- Remembering that you are going to die is the best way I know to avoid the **trap** of thinking you have something to lose.

**encounter:** to experience something unexpectedly  
*e.g. When did you first encounter these difficulties?*

**fall away:** break off(折断) and drop to the ground  
*e.g. The rear sections of the rocket fell away.*

**trap:** a bad situation from which it is difficult or to escape  
*e.g. Simply by answering the letter, Robin had fallen into a trap.*

Tutor: Please teach the words and phrases shortly. Let the student make sentences. Keep it in 4 mins.

Fill in the Blanks  
6 mins

Retell  
7 mins

Imitation  
5 mins

Language Points  
4 mins

**After class**



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read and listen to more  
materials.

### Full Text

When I was 17, I read a quote that went something like: “If you live each day as if it was your last, someday you’ll most certainly be right.” It made an impression on me, and since then, for the past 33 years, I have looked in the mirror every morning and asked myself: “If today were the last day of my life, would I want to do what I am about to do today?” And whenever the answer has been “No” for too many days in a row, I know I need to change something.

Remembering that I’ll be dead soon is the most important tool I’ve ever encountered to help me make the big choices in life. Because almost everything — all external expectations, all pride, all fear of embarrassment or failure — these things just fall away in the face of death, leaving only what is truly important. Remembering that you are going to die is the best way I know to avoid the trap of thinking you have something to lose. You are already naked. There is no reason not to follow your heart.

**Script  
of the whole  
speech**

**Audio track  
of the whole  
speech**





# Speech at Stanford University

**Bye!**

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