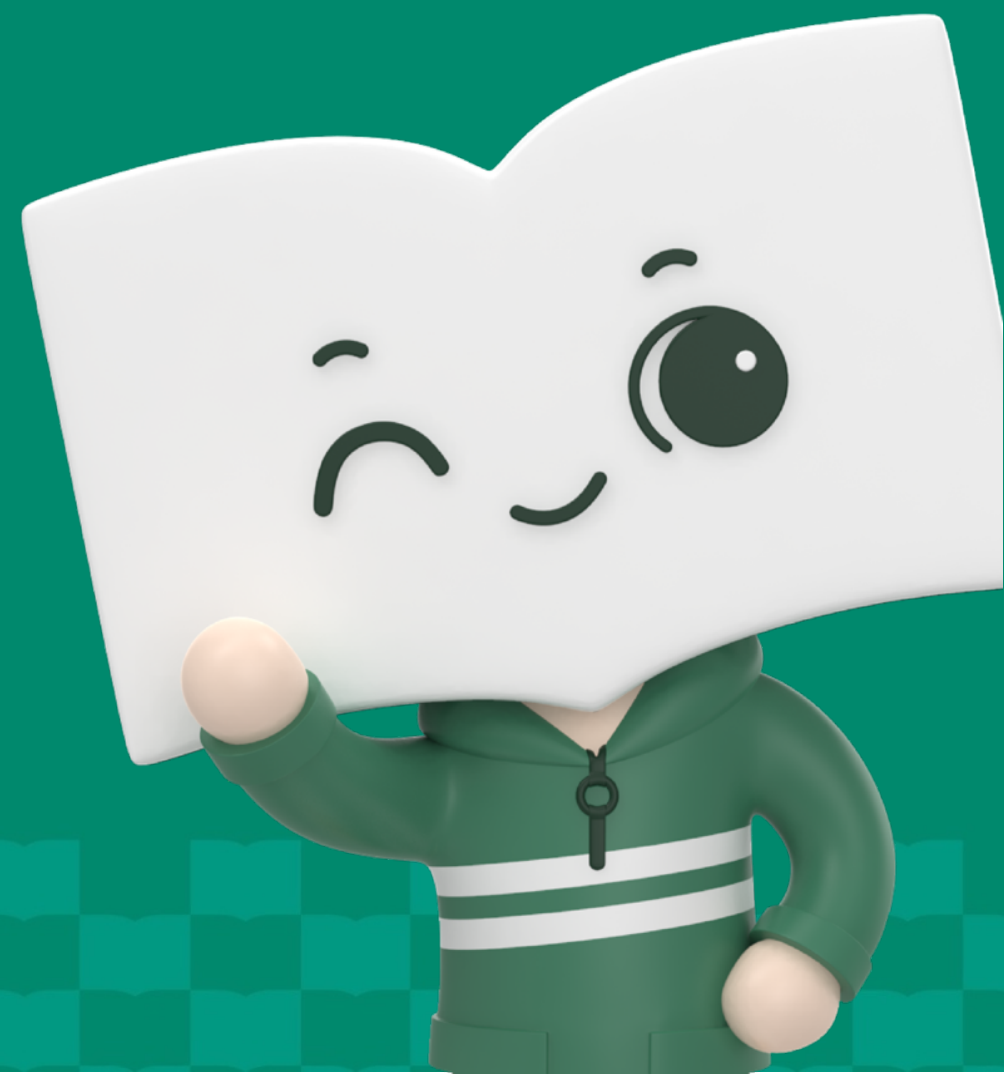


阅读方法论第四讲

授课人：王铎悦



真题讲解 (unit 2 text1) P35

学习目标：

1. 观点来源区分
2. 句子含义题解题方法
3. 主旨题解题方法



1.①While still catching up to men in some spheres of modern life, women appear to be way ahead in at least one undesirable category. ②“Women are particularly susceptible to developing depression and anxiety disorders in response to stress compared to men,” according to Dr.Yehuda, chief psychiatrist at New York’s Veteran’s Administration Hospital.

2.①Studies of both animals and humans have shown that sex hormones somehow affect the stress response, causing females under stress to produce more of the trigger chemicals than do males under the same conditions. ②In several of the studies, when stressed-out female rats had their ovaries (the female reproductive organs) removed, their chemical responses became equal to those of the males.



21. Which of the following is true according to the first two paragraphs?

- [A] Women are biologically more vulnerable to stress.
- [B] Women are still suffering much stress caused by men.
- [C] Women are more experienced than men in coping with stress.
- [D] Men and women show different inclinations when faced with stress.



1.②“Women are particularly susceptible to developing depression and anxiety disorders in response to stress compared to men,” according to Dr.Yehuda, chief psychiatrist at New York’s Veteran’s Administration Hospital.

21.Which of the following is true according to the first two paragraphs?

- [A] Women are biologically more vulnerable to stress.
- [B] Women are still suffering much stress caused by men.
- [C] Women are more experienced than men in coping with stress.
- [D] Men and women show different inclinations when faced with stress.



知识点：

cope with

deal with

handle

tackle

address

approach

inclination

be inclined to do sth



3. ① Adding to a woman's increased dose of stress chemicals, are her increased "opportunities" for stress. ② "It's not necessarily that women don't cope as well. It's just that they have so much more to cope with," says Dr. Yehuda. ③ "Their capacity for tolerating stress may even be greater than men's," she observes, "it's just that they're dealing with so many more things that they become worn out from it more visibly and sooner."

22. Dr. Yehuda's research suggests that women _____.

[A] need extra doses of chemicals to handle stress.

[B] have limited capacity for tolerating stress.

[C] are more capable of avoiding stress.

[D] are exposed to more stress.



笔记1:

问观点找观点

笔记2:

他人观点：

作者观点：



3. ① Adding to a woman's increased dose of stress chemicals, are her increased "opportunities" for stress.



3. ① Adding to a woman's increased dose of stress chemicals, are her increased "opportunities" for stress.

3. ① Her increased "opportunities" for stress are adding to a woman's increased dose of stress chemicals.



笔记1:

问观点找观点

笔记2:

他人观点：大写、引号

作者观点：we, I, 情态动词should

若作者观点和他人观点之间无转折，则_____。



例1: 2015-E1-28 P163

①They should start by discarding California's lame argument that exploring the contents of a smart phone is similar to, say, rifling through a suspect's purse. ②The court has ruled that police don't violate the Fourth Amendment when they go through the wallet or pocketbook of an arrestee without a warrant. ③ But exploring one's smartphone is more like entering his or her home. ④ A smartphone may contain an arrestee's reading history, financial history, medical history and comprehensive records of recent correspondence.

28.The author believes that exploring one's phone contents is comparable to_____.

- [A] getting into one's residence
- [B] handling one's historical records
- [C] scanning one's correspondences
- [D] going through one's wallet



P36

4.①Dr. Yehuda notes another difference between the sexes. ②“I think that the kinds of things that women are exposed to tend to be in more of a chronic or repeated nature. ③Men go to war and are exposed to combat stress. ④Men are exposed to more acts of random physical violence. ⑤The kinds of interpersonal violence that women are exposed to tend to be in domestic situations, by, unfortunately, parents or other family members, and they tend not to be one-shot deals. ⑥The wear-and-tear that comes from these longer relationships can be quite devastating.”

23. According to Paragraph 4, the stress women confront tends to be.

[A] domestic and temporary.

[B] irregular and violent.

[C] durable and frequent.

[D] trivial and random.



4.②“I think that the kinds of things that women are exposed to tend to be in more of a chronic or repeated nature. ⑤The kinds of interpersonal violence that women are exposed to tend to be in domestic situations, by, unfortunately, parents or other family members, and they tend not to be one-shot deals.

23. According to Paragraph 4, the stress women confront tends to be

[A] domestic and temporary.

[B] irregular and violent.

[C] durable and frequent.

[D] trivial and random.



笔记3：

语义题（ ）

1. 题干标志：“考察句” (line x, para y) +mean/ indicate/ imply/ show/
suggest



练习：找出句子含义题

1. (英二 2010-21) In the first paragraph, Damien Hirst's sale was referred to as "a last victory" because _____.
2. (英二 2010-27) Judging from the context, the phrase "wreaking havoc" (line 3, para 2) most probably means _____.
3. (2008-24) The sentence "I lived from paycheck to paycheck" (line 4, para 5) shows that _____.



笔记3：

语义题（句子含义）

1. 题干标志：“考察句” (line x, para y) +mean/ indicate/ imply/ show/ suggest

2. 答案方向

上下文—核心名词、情感色彩



P36 (1) 核心名词 (2) 情感色彩

5.①Adeline Alvarez married at 18 and gave birth to a son, but was determined to finish college. ②“I struggled a lot to get the college degree. ③I was living in so much frustration that that was my escape, to go to school, and get ahead and do better.” ④Later, her marriage ended and she became a single mother. ⑤“It’s the hardest thing to take care of a teenager, have a job, pay the rent, pay the car payment, and pay the debt. ⑥I lived from paycheck to paycheck.”

24. The sentence “I lived from paycheck to paycheck” (Line 6, Para. 5) shows that _____.

- [A] Alvarez cared about nothing but making money.
- [B] Alvarez’s salary barely covered her household expenses.
- [C] Alvarez got paychecks from different jobs.
- [D] Alvarez paid practically everything by check



5.⑤“It’s the hardest thing to take care of a teenager, have a job, pay the rent, pay the car payment, and pay the debt. ⑥I lived from paycheck to paycheck.”

24. The sentence “I lived from paycheck to paycheck” (Line 6, Para. 5) shows that _____.

[A] Alvarez cared about nothing but making money.

[B] Alvarez’s salary barely covered her household expenses.

[C] Alvarez got paychecks from different jobs.

[D] Alvarez paid practically everything by check



例:英语二 (1) 核心名词 (2) 情感色彩

1.①Whatever happened to the death of newspaper? ②A year ago the end seemed near. ③The recession threatened to remove the advertising and readers that had not already fled to the internet. ④Newspapers like the San Francisco Chronicle were chronicling their own doom. ⑤America's Federal Trade Commission launched a round of talks about how to save newspapers. ⑥Should they become charitable corporations? ⑦Should the state subsidize them? ⑧It will hold another meeting soon. ⑨But the discussions now seem out of date.

2.①In much of the world there is the sign of crisis...

26. By saying "Newspapers like ... their own doom" (Lines 3-4, Para. 1), the author indicates that newspaper _____.

[A]neglected the sign of crisis

[B]failed to get state subsidies

[C]were not charitable corporations

[D]were in a desperate situation



P36

25. Which of the following would be the best title for the text?

- [A] Strain of Stress: No Way Out?
- [B] Responses to Stress: Gender Difference
- [C] Stress Analysis: What Chemicals Say
- [D] Gender Inequality: Women Under Stress



笔记4:

主旨题

1. 题干标志 : title/main idea/mainly about/the text intends to tell that...



笔记4:

主旨题

1. 题干标志：title/main idea/mainly about/the text intends to tell that...

2. 答案方向：主题词+核心态度

(1) 快速做法：

(2) 特殊做法：

(3) 常规做法：各段落主旨



25. Which of the following would be the best title for the text?

[A] Strain of Stress: No Way Out?

[B] Responses to Stress: Gender Difference

[C] Stress Analysis: What Chemicals Say

[D] Gender Inequality: Women Under Stress



21. Which of the following is true according to the first two paragraphs?

22. Dr. Yehuda's research suggests that women _____.

23. According to Paragraph 4, the stress women confront tends to be _____.

24. The sentence "I lived from paycheck to paycheck (Line 6, Para. 5) shows that _____.



1.①While still catching up to men in some spheres of modern life, women appear to be way ahead in at least one undesirable category. ②“Women are particularly susceptible to developing depression and anxiety disorders in response to stress compared to men,” according to Dr. Yehuda, chief psychiatrist at New York’s Veteran’s Administration Hospital.

2.①Studies of both animals and humans have shown that sex hormones somehow affect the stress response, causing females under stress to produce more of the trigger chemicals than do males under the same conditions. ②In several of the studies, when stressed-out female rats had their ovaries (the female reproductive organs) removed, their chemical responses became equal to those of the males.



3.①Adding to a woman's increased dose of stress chemicals, are her increased "opportunities" for stress. ②"It's not necessarily that women don't cope as well. It's just that they have so much more to cope with," says Dr. Yehuda. ③"Their capacity for tolerating stress may even be greater than men's," she observes, "it's just that they're dealing with so many more things that they become worn out from it more visibly and sooner."



4.①Dr. Yehuda notes another difference between the sexes. ②“I think that the kinds of things that women are exposed to tend to be in more of a chronic or repeated nature. ③Men go to war and are exposed to combat stress. ④Men are exposed to more acts of random physical violence. ⑤The kinds of interpersonal violence that women are exposed to tend to be in domestic situations, by, unfortunately, parents or other family members, and they tend not to be one-shot deals. ⑥The wear-and-tear that comes from these longer relationships can be quite devastating.”



5.①Adeline Alvarez married at 18 and gave birth to a son, but was determined to finish college. ②“I struggled a lot to get the college degree. ③I was living in so much frustration that that was my escape, to go to school, and get ahead and do better.” ④Later, her marriage ended and she became a single mother. ⑤“It’s the hardest thing to take care of a teenager, have a job, pay the rent, pay the car payment, and pay the debt. ⑥I lived from paycheck to paycheck.”

6.①Not everyone experiences the kinds of severe chronic stresses Alvarez describes. ②But most women today are coping with a lot of obligations, with few breaks, and feeling the strain. ③Alvarez’s experience demonstrates the importance of finding ways to diffuse stress before it threatens your health and your ability to function.

