Colette V Gordon Mood ratings across the semester 5 3 2 Variable Energy Pleasantness -2 -3 -4 -5 1. Intro-7. Habits 2. Goals 3. Practice 6. Mentors 8. Intrests 9. Values 4. Feedback 5. Failure & Stress 10. Strengths 12. Goal Hierarchies 13. Pay it Forward

Class

Value