Bo Huang Mood ratings across the semester 5 3 2 -Variable Energy Pleasantness -2 -3 -4 -5 1. Intro-2. Goals 7. Habits 8. Intrests 3. Practice 6. Mentors 9. Values 13. Pay it Forward 4. Feedback 5. Failure & Stress 10. Strengths 12. Goal Hierarchies

Class

Value