Table 1:

	bedtime	saving	healthy eating	work
		Dependent variable:		
		sc_self		
	(1)	(2)	(3)	(4)
friend_minutes	−0.091	−0.108	0.065	−0.098
	(0.080)	(0.104)	(0.114)	(0.162)
exemplar_minutes	−0.275***	−0.108	−0.209	0.032
	(0.078)	(0.106)	(0.111)	(0.180)
self_minutes	0.641***	0.713***	0.566***	0.097
	(0.080)	(0.093)	(0.120)	(0.170)
Constant	−0.000	−0.000	−0.000	−0.000
	(0.077)	(0.082)	(0.100)	(0.150)
Difference between friend and role model beta	.185	-.000	.274	-.130
p for difference	.112	.999	.105	.644
Observations	92	90	73	47
R^2	0.469	0.420	0.298	0.018
Adjusted R^2	0.451	0.400	0.267	−0.050
Residual Std. Error	0.741 (df = 88)	0.775 (df = 86)	0.856 (df = 69)	1.025 (df = 43)
F Statistic	25.886*** (df = 3; 88)	20.750*** (df = 3; 86)	9.750*** (df = 3; 69)	0.263 (df = 3; 43)

Note: *p<0.05; **p<0.01; ***p<0.001

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Table 2:

		Dependent variable:
		sc_self
conditionsaving		−0.384
		(0.330)
conditionwork		−0.095
		(0.392)
conditionbedtime		−0.198
		(0.328)
friend_minutes		0.151
		(0.279)
exemplar_minutes		−0.485
		(0.272)
self_minutes		1.318***
		(0.295)
conditionsaving:friend_minutes		−0.436
		(0.396)
conditionwork:friend_minutes		−0.377
		(0.433)
conditionbedtime:friend_minutes		−0.408
		(0.359)
conditionsaving:exemplar_minutes		0.202
		(0.395)
conditionwork:exemplar_minutes		0.560
		(0.458)
conditionbedtime:exemplar_minutes		−0.292
		(0.350)
conditionsaving:self_minutes		0.560
		(0.387)
conditionwork:self_minutes		−1.095*
		(0.455)
conditionbedtime:self_minutes		0.492
		(0.372)
Constant		6.329***
		(0.245)
Observations	2	302
R^2		0.367
Adjusted R^2		0.333
Note:		*p<0.05; **p<0.01; ***p<0.001

Table 3:

| | sc_self | | | | |
	(1)	(2)	(3)	(4)	(5)	
friend_minutes_sqrt	0.288	0.313			0.228***	
	(0.211)	(0.209)			(0.047)	
exemplar_minutes_sqrt	−0.274	−0.313			0.752***	
	(0.212)	(0.209)			(0.047)	
friend_minutes			0.268	0.293*		
			(0.180)	(0.177)		
exemplar_minutes			−0.261	−0.300*		
			(0.180)	(0.177)		
bl_age	0.057		0.057		0.001	
	(0.059)		(0.059)		(0.013)	
bl_genderFemale	−0.065		−0.061		0.019	
	(0.117)		(0.117)		(0.026)	
bl_raceWhite	−0.072		−0.061		0.055*	
	(0.135)		(0.136)		(0.030)	
Constant	0.091	0.000	0.081	0.000	−0.047	
	(0.130)	(0.058)	(0.130)	(0.057)	(0.029)	
Observations	298	302	298	302	298	
R^2	0.012	0.008	0.013	0.010	0.952	
Adjusted R^2	−0.005	0.001	−0.004	0.003	0.951	
Residual Std. Error	1.004 (df = 292)	1.000 (df = 299)	1.003 (df = 292)	0.999 (df = 299)	0.222 (df = 292)	0.
F Statistic	0.713 (df = 5; 292)	1.145 (df = 2; 299)	0.788 (df = 5; 292)	1.444 (df = 2; 299)	1,151.288*** (df = 5; 292)	2,818.3

Note:

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Table 4:

			sc_self			
	(1)	(2)	(3)	(4)	(5)	(6)
standard10	0.486	0.373	0.223	0.483	0.375	0.212
	(0.420)	(0.536)	(0.506)	(0.424)	(0.545)	(0.516)
standard5	−0.712	−0.695	−0.651	−0.684	−0.675	−0.628
	(0.491)	(0.491)	(0.492)	(0.496)	(0.495)	(0.497)
standard0	0.223	0.239	0.227	0.215	0.232	0.221
	(0.160)	(0.160)	(0.160)	(0.162)	(0.163)	(0.162)
friend_minutes		0.323*			0.298	
		(0.194)			(0.199)	
exemplar_minutes		−0.229			−0.206	
		(0.327)			(0.331)	
friend_minutes_sqrt			0.360*			0.339
			(0.218)			(0.221)
exemplar_minutes_sqrt			−0.147			−0.118
			(0.286)			(0.291)
bl_genderFemale				−0.062	−0.038	−0.042
				(0.118)	(0.119)	(0.118)
bl_age				0.059	0.053	0.054
				(0.059)	(0.059)	(0.059)
bl_raceWhite				−0.084	−0.068	−0.070
				(0.136)	(0.136)	(0.136)
Constant	−0.000	−0.000	−0.000	0.099	0.074	0.078
	(0.058)	(0.057) 4	(0.057)	(0.130)	(0.131)	(0.131)
Observations	302	302	302	298	298	298
R^2	0.009	0.019	0.018	0.014	0.022	0.022
Adjusted R^2	−0.001	0.002	0.002	−0.007	−0.005	−0.005
Residual Std. Error	1.001 (df = 298)	0.999 (df = 296)	0.999 (df = 296)	1.005 (df = 291)	1.004 (df = 289)	1.004 (df =
F Statistic	0.879 (df = 3; 298)	1.126 (df = 5; 296)	1.102 (df = 5; 296)	0.664 (df = 6; 291)	0.804 (df = 8; 289)	0.812 (df = 8;