

Writing Our Lives: A Funding Request for Creative Writing Workshops for Older Adults at the Saint John Free Public Library-Central Branch (SJFPL-C)

About the Library

- **Who we serve:** Our **18,500 patrons** and the **broader Saint John community**
- **What we do:** Offer resources, programming, events, and space for the community. And a lot of books—**240,000!**

About the Project

- A **three-month pilot** project
- **Creative writing workshops** for **older adults** in Saint John
- Focused on life writing

20.5% of Saint John residents are 65 or over, and are not served by current library programming

We want to change that

Problems faced by older adults:

- Age-related cognitive decline
- Isolation
- Lack of community and connection

These workshops will:

- Strengthen participants' minds through their creative work
- Allow participants to explore their creativity in a supportive environment
- Create community and connection for participants
- Prevent cognitive decline

Other Potential Partnerships, Funding Sources, and Affiliates

- New Brunswick Senior Citizens Federation
- New Brunswick Writers' Federation
- CanAge
- Active Aging Canada
- ArtsNB

Setting a Precedent: Similar Projects

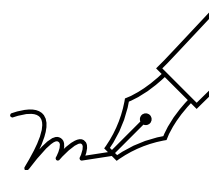
- *Montréal, QC:* Bibliothèque Benny runs creative writing workshops
- *Dollard-des-Ormeaux (DDO), QC:* DDO Public Library holds weekly creative writing workshops focused on self-expression
- *Campbellton, NB:* Campbellton Centennial Library hold regular life-writing workshops for older adults

Our Ask

- The SJFPL-C is asking for **\$2000**

What Will Your Support Cover?

- Workshop facilitator honorariums
- Printing costs for workshop participants
- Other costs as required (receipts will be provided)



Questions? Reach out to Lisa Banks, our librarian in charge of this project! You can find them at

lisa.banks@mail.mcgill.ca