Lisa Yakubowski Creative Coding I September 8, 2019

MINDSET

Mindset, as a concept, is something that I was familiar with prior, though not directly. For me personally, I've always been a proponent of the concepts set forth in Mindset, and lean very strongly to the "Growth Mindset". To me, a "Fixed Mindset" seems incredibly limiting, and in a way, self defeating.

I scored 0 Fixed Mind statements, and 8 Growth Mind statements in the test, and I attribute this fully to my lifelong view of advancing oneself, and working to better oneself.

As an older student I feel that I'm very much an example of the idea being put forth with Mindset. Computer coding, and technology in general weren't my chosen ideas of easy or fun to deal with a few years ago, but as I've continued to learn I've seen that I can adapt just as anyone else can, and just as easily as someone younger could. It takes a bit of effort, but the main thing required is the willingness to learn and grow.

For me this is exemplified in my more recent pursuits in Media Arts. Five years ago I'd have never considered that this is the field I'd end up in, but here I am today, pushing forward through multiple ranges and formats in it, and aiming to not just work through them, but to excel and adapt the skills I'm learning to further my goals of helping others.

I truly feel that keeping one's mind open to growing and always learning is a true key to success. Often we're our own worst enemies, but as long as we keep learning there's nothing we can't achieve.